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July - December 2024
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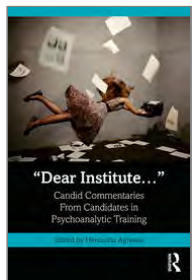


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“Dear Institute...”

Candid commentaries from candidates in psychoanalytic training



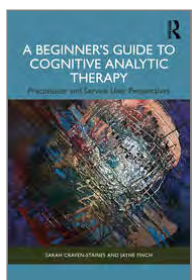
Edited by **Himanshu Agrawal**

This book is a collection of commentaries by 40 psychoanalysts-in training spanning across 29 different countries, shedding light on the state of contemporary psychoanalysis- its training, practice and relevance. Each contributor shares a piece of their mind-and their heart-about the trials and tribulations of the process of psychoanalytic training- what they cherished, what they loathed, why they spoke up, why they dropped out. This book is an important read for both prospective candidates as well as veteran psychoanalysts and institutional leaders.

Routledge
October 2024:296
Pb: 978-1-032-73675-4: **£27.99**
Hb: 978-1-032-73677-8: **£130**
* For full contents and more information, visit: www.routledge.com/9781032736754

A Beginner's Guide to Cognitive Analytic Therapy

Practitioner and Service User Perspectives



Sarah Craven-Staines, Jayne Finch

This text provides an accessible, reader-friendly guide to conducting Cognitive Analytic Therapy (CAT) on a one-to-one basis, developed in partnership with service users who have lived experience of CAT. A straightforward, beginner's introduction to practicing CAT, this book will be useful for trainee practitioners, assistant and trainee clinical/counselling psychologists, and those practising CAT informed therapy in supervision.

Routledge
June 2024:199
Pb: 978-1-032-31133-3: **£26.99**
Hb: 978-1-032-31142-5: **£120**
* For full contents and more information, visit: www.routledge.com/9781032311333

A Field-Centred Approach to Gestalt Therapy

Agency and Response-ability in a Changing World



Lothar Gutjahr

Series: *Gestalt Therapy Book Series*

In Gestalt therapy, sociological, political, and economic research is often neglected or ignored. Drawing on analyses about current societal conditions, this book considers that there is no such thing as a 'postmodern' therapy and offers a new approach to Gestalt therapy. This important new book is at the cutting edge of the current discussion of relational and field-oriented approaches to Gestalt therapy, and will be of particular interest to practitioners of Gestalt therapy, psychotherapists, phenomenologists, as well as theorists of philosophy, sociology and therapy.

Routledge
May 2024:158
Pb: 978-1-032-59461-3: **£29.99**
Hb: 978-1-032-59462-0: **£120**
eBook: 978-1-003-45480-9
* For full contents and more information, visit: www.routledge.com/9781032594613

A Jungian Analysis of Toxic Modern Society

Fighting the Culture of Loneliness



Erik Goodwyn

Using evidence from anthropology, neuroscience, psychiatry, analytical psychology and evolutionary biology, within this book Dr Erik Goodwyn explores the current cultural psyche, and how elements of modern society are contributing to the current loneliness epidemic. This will be an insightful read for depth psychologists and scholars of analytical psychology, as well as health care providers, therapists, sociologists, and those with an interest in cross-cultural studies.

Routledge
August 2024:174
Pb: 978-1-032-72136-1: **£29.99**
Hb: 978-1-032-72133-0: **£160**
* For full contents and more information, visit: www.routledge.com/9781032721361

A Jungian Perspective on the Therapist-Patient Relationship in Film

Cinema As Our Therapist



Ruth Netzer

Within this book, Ruth Netzer explores the archetypal components of therapist-patient relations in cinema from the perspective of Jungian archetypal symbolism, and within the context of myth and ritual. This book will be a fascinating read for Jungian analysts, psychologists, psychiatrists and therapists with an interest in the link between cinema and therapy, as well as filmmakers, students and teachers of film studies.

Routledge
May 2024:154
Pb: 978-1-032-60834-1: **£29.99**
Hb: 978-1-032-60837-2: **£120**
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* For full contents and more information, visit: www.routledge.com/9781032608341

A Life of One's Own



Marion Milner

Series: *Routledge Classics*

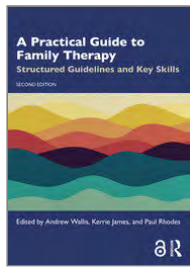
In *A Life of One's Own* Marion Milner, a renowned British psychoanalyst, artist and autobiographer takes us on an extraordinary seven-year inward journey to discover what it is that makes her happy. On its first publication, W. H. Auden found the book "as exciting as a detective story" and, as Milner searches out clues, the reader quickly becomes involved in the chase. Anticipating the contemporary phenomenon of mindfulness, *A Life of One's Own* is a great adventure in thinking and living whose insights remain as fresh today as they were on the book's first publication in the 1930s. This Routledge Classics edition includes a revised Introduction by Rachel Bowlby.

Routledge
May 2024:276
Pb: 978-1-032-75755-1: **£16.99**
Hb: 978-1-032-75759-9: **£130**
eBook: 978-1-003-47551-4
* For full contents and more information, visit: www.routledge.com/9781032757551

2ND EDITION

A Practical Guide to Family Therapy

Structured Guidelines and Key Skills



Edited by **Andrew Wallis** Australia, **Kerrie James** UNSW, Australia, **Paul Rhodes** University of Sydney, Australia

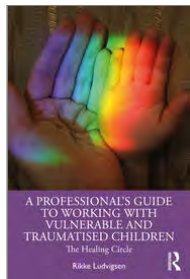
Grounded in systemic family therapy and drawing on a variety of other models to enhance skills development, this book is a comprehensive, practical guide to working with families. Lead by an expert team committed to innovative and contextual practice, this book is for experienced clinicians who want to learn to work with families and for beginning therapists to learn from a structured approach to developing complex skills.

Routledge
July 2024:314
Pb: 978-1-032-78983-5: £32.99
Hb: 978-1-032-78984-2: £130

* For full contents and more information, visit: www.routledge.com/9781032789835

A Professional's Guide to Working with Vulnerable and Traumatized Children

The Healing Circle



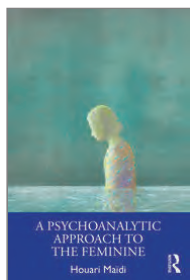
Rikke Ludvigsen

This book presents "The Circle of Safety and Reconnection", a compassionate reflection model on working with vulnerable and traumatized children and young people in a nurturing way, providing hope for post-traumatic healing and growth. This text is written for all professionals working in the field including therapists and psychologists, social workers, educators, foster parents, nurses, day care workers, and students.

Routledge
June 2024:234
Pb: 978-1-032-34534-5: £26.99
Hb: 978-1-032-34536-9: £130
eBook: 978-1-003-32267-2

* For full contents and more information, visit: www.routledge.com/9781032345345

A Psychoanalytic Approach to the Feminine



Houari Maïdi

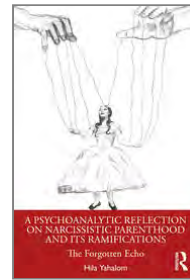
A Psychoanalytic Approach to the Feminine sees Houari Maïdi dissect the concepts and characteristics of the feminine in both male and females, separating them from womanhood and femininity, and equipping readers with the tools to better understand pathologies such as masochism, narcissism, depression, and paranoia. Using clinical vignettes throughout, this book is essential reading for psychoanalysts and those interested in the intersection between gender and analysis.

Routledge
August 2024:214
Pb: 978-1-032-53737-5: £29.99
Hb: 978-1-032-53907-2: £130

* For full contents and more information, visit: www.routledge.com/9781032537375

A Psychoanalytic Reflection on Narcissistic Parenthood and its Ramifications

The Forgotten Echo



Hila Yahalom

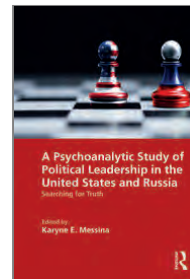
A Psychoanalytic Reflection on Narcissistic Parenthood and its Ramifications: The Forgotten Echo proposes a new perspective on narcissism, focusing on its destructive impact within relationships. A Psychoanalytic Reflection on Narcissistic Parenthood and its Ramifications will be of great interest to psychoanalysts and other clinicians working with narcissism, parenthood and dysfunctional family relationships.

Routledge
July 2024:168
Pb: 978-1-032-62537-9: £29.99
Hb: 978-1-032-62538-6: £130

* For full contents and more information, visit: www.routledge.com/9781032625379

A Psychoanalytic Study of Political Leadership in the United States and Russia

Searching for Truth



Edited by **Karyne E. Messina**

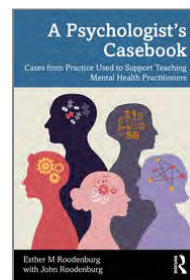
A Psychoanalytic Study of Political Leadership in the United States and Russia provides psychoanalytic insight into the motives of this complex and contradictory figure. A Psychoanalytic Study of Political Leadership in the United States and Russia will be of great interest to psychoanalysts and to readers seeking to understand the complex dynamics of populist leadership.

Routledge
May 2024:162
Pb: 978-1-032-63774-7: £29.99
Hb: 978-1-032-63779-2: £130
eBook: 978-1-032-63782-2

* For full contents and more information, visit: www.routledge.com/9781032637747

A Psychologist's Casebook

Cases from Practice Used to Support Teaching Mental Health Practitioners



Esther M Roodenburg, John Roodenburg

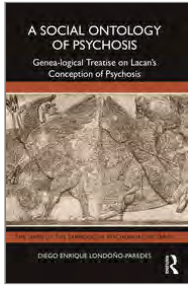
Drawing on examples from clinical practice, this book presents evidence-based psychological principles in an applied context to support effective practice in the helping professions. This book takes a narrative approach, presenting a collection of case studies to complement the traditionally theory-heavy education and training of mental health professionals. Rich with examples from the authors' many years of clinical psychology practice and graduate teaching, this book is written for students and practitioners alike.

Routledge
October 2024:240
Pb: 978-1-032-75554-0: £32.99
Hb: 978-1-032-75556-4: £135

* For full contents and more information, visit: www.routledge.com/9781032755540

A Social Ontology of Psychosis

Genea-logical Treatise on Lacan's Conception of Psychosis



Diego Enrique Londoño-Paredes

Series: The Lines of the Symbolic in Psychoanalysis Series

In *A Social Ontology of Psychosis*, Diego Enrique Londoño-Paredes explores how to interpret and apply the concept of the signifier of the Name-of-the-Father in Lacanian theory, particularly in the context of working with psychosis. The book examines the evolution of the figure and the signifier of the Father from ancient Mesopotamia to Modernity. It aligns Searle's social ontology with Lacan's discourses, highlighting psychosis as an illustration of being outside discourse, particularly when the Name-of-the-Father is foreclosed. This book will be of interest to practitioners and scholars in psychoanalysis, philosophy, humanities, and the history of mental health and knowledge.

Routledge
November 2024:200
Pb: 978-1-032-66353-1: £31.99
Hb: 978-1-032-66357-9: £130

* For full contents and more information, visit: www.routledge.com/9781032663531

A Systemic Approach to Integrative Counselling



Rick Murphy

This book presents systemic psychotherapy to integrative counsellors by using the most common counselling modalities and turning them into systemic approaches. The Systemic Model for Integrative Counsellors teaches systemic theory and techniques gradually, delving into various ways for integrative counsellors to think from a systemic perspective, reframing a client's presenting problem as emerging from relationships and social context. It will provide qualified and trainee counsellors with an in-depth systemic outlook on counselling modalities. It is also a helpful guide for scholars and researchers in related fields.

Routledge
August 2024:164
Pb: 978-1-032-77002-4: £26.99
Hb: 978-1-032-77004-8: £130

* For full contents and more information, visit: www.routledge.com/9781032770024

A Therapist's Guide to Adolescent Development

Supporting Teens and Young Adults in Their Families and Communities



Edited by **Kimberly M. Jayne** Saybrook University, California, USA, **Katherine E. Purswell** Texas State University, USA

A Therapist's Guide to Adolescent Development is a practical guide to understanding adolescent development and applying developmental knowledge in therapeutic practice. This unique and meaningful book will benefit any mental health professional or student who wants to integrate developmental knowledge into practice in a way that educates, empowers, and promotes collaboration with adolescents rather than pathologizing them.

Routledge
September 2024:212
Pb: 978-1-032-05042-3: £29.99
Hb: 978-1-032-05043-0: £130

* For full contents and more information, visit: www.routledge.com/9781032050423

A Therapist's Guide to Private Practice

Building a Values-based Business



Sarah Rees

This book is a comprehensive guide to setting up, running and growing a successful private therapy practice that resonates with your values and professional goals. A motivational and inspiring read for therapists, psychotherapists, coaches, and counselors. Get ready to turn your dream into reality and create something profoundly impactful and uniquely yours.

Routledge
July 2024:184
Pb: 978-1-032-51256-3: £24.99
Hb: 978-1-032-51257-0: £130

* For full contents and more information, visit: www.routledge.com/9781032512563

A Transactional Analysis of Motherhood and Disturbances in the Maternal

From Pre-conception to Human Being



Emma Haynes

Series: Innovations in Transactional Analysis: Theory and Practice

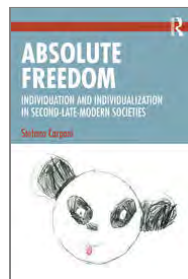
Grounded in research and clinical experience and with plenty of case examples, this book provides a relational Transactional Analysis diagnosis and treatment strategy to give immediate relief for maternal mental illness. Written in a clear and concise style, this book will be valuable reading for TA psychotherapists and students, and anyone wanting to enlarge their knowledge of motherhood and parenting.

Routledge
November 2024:292
Pb: 978-1-032-43134-5: £29.99
Hb: 978-1-032-43138-3: £120

* For full contents and more information, visit: www.routledge.com/9781032431345

Absolute Freedom

Individuation and Individualization in Second-Late-Modern Societies



Stefano Carpani

Within this book, the fields of analytical psychology and sociology combine to examine and explore current social theory and the concept that the author has termed 'absolute freedom'. This compelling new book will be of great interest to academics, scholars and students in the fields of analytical psychology, sociology and psychosocial studies.

Routledge
July 2024:184
Pb: 978-1-032-48784-7: £29.99
Hb: 978-1-032-48785-4: £120

* For full contents and more information, visit: www.routledge.com/9781032487847

ADHD and Sex

A Workbook for Exploring Sexuality and Increasing Intimacy



Lyne Piché

This innovative workbook allows couples and individuals to explore the intersection of ADHD and sexuality and its many manifestations in a couple's sex life and relationship. This book is essential for adults with ADHD looking to embrace their sexualities as well as therapists, counselors, and coaches who work with clients with ADHD.

Routledge
November 2024:216
Pb: 978-1-032-71046-4: **£29.99**
Hb: 978-1-032-72274-0: **£130**

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Advances in Group Psychotherapy

Living in the Passionate Bad Fit



Stewart L. Aledort, Lee Kassin

Series: The New International Library of Group Analysis

Advances in Group Psychotherapy presents an exploration of the work of Stewart Aledort in group psychotherapy. Advances in Group Psychotherapy will be of great interest to all group psychotherapy and group analysis practitioners in practice and in training.

Routledge
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Pb: 978-1-032-70579-8: **£31.99**
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Affects, Cognition, and Language as Foundations of Human Development



Paul C. Holinger

Affects, Cognition, and Language as Foundations of Human Development considers human development from the three most basic systems—affects (our earliest feelings), cognition, and language. Holinger explores how these systems enhance potential and help prevent problems, both in individuals and in societies. Affects, Cognition, and Language as Foundations of Human Development will not only appeal to psychologists, psychoanalysts, psychiatrists, and social workers but is also accessible to parents, educators, and policymakers.

Routledge
October 2024:200
Pb: 978-0-367-19635-6: **£29.99**
Hb: 978-0-367-19634-9: **£130**

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An Experiment in Leisure



Marion Milner

Series: Routledge Classics

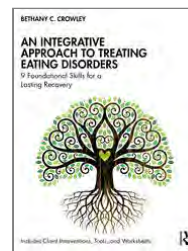
What is it that stops people from knowing what they want? How much of our experience is shaped by images, symbols and early memories - and do such things help or hinder one becoming an adult? Written in 1936, An Experiment in Leisure continues Marion Milner's unique and compelling investigation into how we lead our lives, complementing the account she began in A Life of One's Own. With a new foreword by Akshi Singh, it remains a striking and captivating adventure in thinking and living with uncertainty, whose insights remain fresh and relevant today.

Routledge
May 2024:234
Pb: 978-1-032-75753-7: **£16.99**
Hb: 978-1-032-75756-8: **£130**
eBook: 978-1-003-47550-7

* For full contents and more information, visit: www.routledge.com/9781032757537

An Integrative Approach to Treating Eating Disorders

9 Foundational Skills for a Lasting Recovery



Bethany C. Crowley

An Integrative Approach to Treating Eating Disorders walks therapists through how to effectively resolve the most common yet nuanced struggles that clients with disordered eating face on a daily basis. Each foundational skill is presented in its own chapter, complete with data, case vignettes, worksheets, and exercises developed over 25 years of research and client management. With this book, therapists both new and experienced will boost their confidence, gain practical tools, and bring more efficiency to their individual or group sessions.

Routledge
June 2024:232
Pb: 978-1-032-63512-5: **£27.99**
Hb: 978-1-032-65139-2: **£130**
eBook: 978-1-032-65140-8

* For full contents and more information, visit: www.routledge.com/9781032635125

Animal-Assisted School Counseling



Edited by Elizabeth Kjellstrand Hartwig

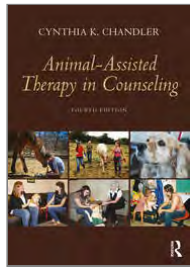
Animal-Assisted School Counseling (AASC) is a hands-on resource that provides invaluable information for school counselors interested in partnering with a therapy animal on campus to help students meet social and emotional goals. Ideal for the school counselor, social worker, or psychologist who may not have specific training in AASC, this book will encourage school mental health practitioners to seek out training programs to become an AASC team.

Routledge
June 2024:318
Pb: 978-1-032-49163-9: **£29.99**
Hb: 978-1-032-49164-6: **£29.99**

* For full contents and more information, visit: www.routledge.com/9781032491639

4TH EDITION

Animal-Assisted Therapy in Counseling



Cynthia K. Chandler University of North Texas, USA

The fourth edition of *Animal-Assisted Therapy in Counseling* is the most comprehensive book available dedicated to training mental-health practitioners in the performance of animal-assisted therapy in counseling. This unique resource is an indispensable guide for any counselor or psychotherapist looking to develop and implement animal-assisted therapy techniques in practice.

Routledge
May 2024:474
Pb: 978-1-032-19346-5: £48.99
Hb: 978-1-032-19351-9: £140
eBook: 978-1-003-26044-8

* For full contents and more information, visit: www.routledge.com/9781032193465

Anti-Oppressive Psychotherapeutic Practice

Finding Liberation Through Unlearning



Florie St. Aime

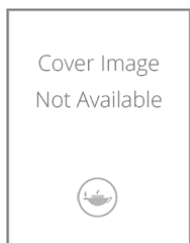
This book supports mental health practitioners in showing how they personally intersect with oppression, helping them explore how it shows up in their practice and providing them with tools to offer anti-oppressive care. This book is essential reading for clinical social workers in practice and in training, as well as for psychotherapists, counselors, marriage and family therapists, and other mental health practitioners.

Routledge
August 2024:200
Pb: 978-1-032-07459-7: £26.99
Hb: 978-1-032-07461-0: £130

* For full contents and more information, visit: www.routledge.com/9781032074597

Art that Tells the Truth

Creative Methods in Guidance and Counselling



Cover Image
Not Available

Edited by **Reinecke Lengelle**, **Deirdre Hughes** Warwick University, UK, **Liane Hambly** Coventry University, UK

This enriching and inspiring book on creative methods demonstrates the power and effectiveness of the creative approach in guidance and counselling settings. The twenty chapters in this volume focus on the importance and joys of play, creative expression, and imagination in effective learning: as we develop, observe, and interact with our own creations we can arrive at fresh insights by tapping into the wisdom of the unconscious mind. Creative methods often provide a new perspective on difficult emotions and allow us to perceive what they're trying to tell us. The chapters in this book were originally published as special issues in *British Journal of Guidance and Counselling*.

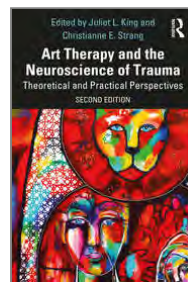
Routledge
June 2024:272
Hb: 978-1-032-62957-5: £130
eBook: 978-1-032-62965-0

* For full contents and more information, visit: www.routledge.com/9781032629575

2ND EDITION

Art Therapy and the Neuroscience of Trauma

Theoretical and Practical Perspectives



Edited by **Juliet L. King** The George Washington University, Washington, DC, USA, **Christianne E. Strang** University of Alabama at Birmingham, USA

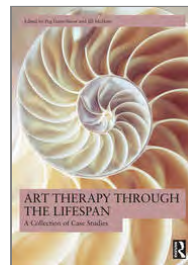
Art Therapy and the Neuroscience of Trauma, 2nd ed, lays out a unified framework of neural plasticity and resilience and places it within a broader social context. Using a lens grounded in multicultural humility, renowned figures in art therapy have updated chapters with content that takes a systematic yet inclusive approach. New chapters and new authors offer stimulating insights into individual and community factors that drive comprehensive care. This revitalized second edition offers an accessible and comprehensive text intended for novice and sage art therapists and students.

Routledge
August 2024:295
Pb: 978-1-032-38076-6: £29.99
Hb: 978-1-032-38078-0: £130

* For full contents and more information, visit: www.routledge.com/9781032380766

Art Therapy Through the Lifespan

A Collection of Case Studies



Edited by **Peg Dunn-Snow**, **Jill McNutt**

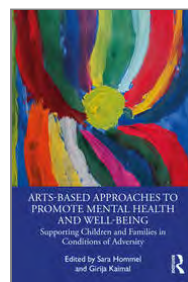
Art Therapy Through the Lifespan: A Collection of Case Studies introduces theories and models of human development highlighted by case studies written by art therapists and broken down by developmental age ranges. The first of its kind, this book encourages and supports readers to develop their knowledge of art therapy and human development across the lifespan with a focus on safety, material quality, and artistic intent.

Routledge
October 2024:244
Pb: 978-1-032-34992-3: £38.99
Hb: 978-1-032-34993-0: £130

* For full contents and more information, visit: www.routledge.com/9781032349923

Arts-Based Approaches to Promote Mental Health and Well-Being

Supporting Children and Families in Conditions of Adversity



Edited by **Sara Hommel**, **Girija Kaimal**

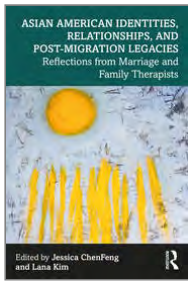
This book focuses on arts-based approaches to psychosocial health among children, youth, and their caregivers living in conditions of adversity around the world. Creative arts therapists, public health professionals, healthcare providers, policymakers, and humanitarian groups seeking to provide cost-effective support to communities in need will find this book full of unique findings on the impact of large-scale arts-based interventions in a range of public health settings.

Routledge
November 2024:240
Pb: 978-1-032-43480-3: £29.99
Hb: 978-1-032-43481-0: £130

* For full contents and more information, visit: www.routledge.com/9781032434803

Asian American Identities, Relationships, and Post-Migration Legacies

Reflections from Marriage and Family Therapists



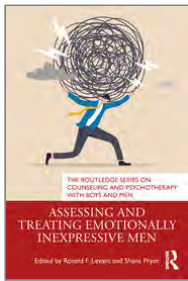
Edited by **Jessica ChenFeng**, **Lana Kim**

Bringing together the personal and professional narratives of Asian American family therapists, this book offers insight into the Asian American experience through systemic theory and frameworks, individual and community stories, and clinical considerations. This book is essential reading for marriage and family therapists and other mental health clinicians who want to deepen their understanding of, relationship with, and clinical support for the Asian Americans in their lives, whether friends, colleagues, supervisees, or clients.

Routledge
October 2024:224
Pb: 978-1-032-34338-9: **£29.99**
Hb: 978-1-032-34339-6: **£130**

* For full contents and more information, visit: www.routledge.com/9781032343389

Assessing and Treating Emotionally Inexpressive Men



Edited by **Ronald F. Levant** University of Akron, Ohio, USA, **Shana Pryor** University of Akron, Ohio, USA

Series: *The Routledge Series on Counseling and Psychotherapy with Boys and Men*

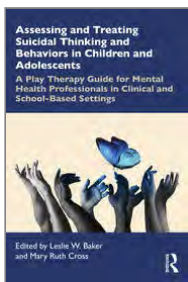
What if your new client, a man in his early 40s, cannot answer basic questions in your initial assessment interview? You were aware that many men do not like to talk about their feelings, but this client seems kind of frozen. You think he might be alexithymic, but you do not know how to assess for that, or even more importantly, how to treat it. *Assessing and Treating Emotionally Inexpressive Men* has answers. Clinicians will come away from this book with a clear sense for how to treat alexithymia in the early sessions of psychotherapy and thereby improve treatment uptake and outcomes.

Routledge
July 2024:212
Pb: 978-1-032-44469-7: **£34.99**
Hb: 978-1-032-44470-3: **£130**

* For full contents and more information, visit: www.routledge.com/9781032444697

Assessing and Treating Suicidal Thinking and Behaviors in Children and Adolescents

A Play Therapy Guide for Mental Health Professionals in Clinical and School-Based Settings



Edited by **Leslie W. Baker** Therapy2Thrive Ruby Hill Marriage and Family Counseling Center, California, USA, **Mary Ruth Cross** Treehouse Family Counseling Services, California, USA

Assessing and Treating Suicidal Thinking and Behaviors in Children and Adolescents is a guide to working with children and young people who present with either obvious or hidden suicidal thoughts, preoccupations, or plans. Expressive therapists, school-based counselors, and other clinicians who work with at-risk children and adolescents from diverse communities and backgrounds will come away from this book with the tools they need to integrate the individual child's capabilities, sources of distress, and internal and external resources in order to build a developmentally sensitive treatment plan.

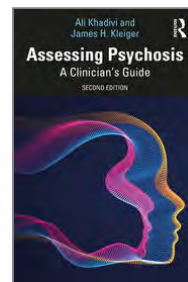
Routledge
August 2024:238
Pb: 978-1-032-41082-1: **£28.99**
Hb: 978-1-032-41084-5: **£130**

* For full contents and more information, visit: www.routledge.com/9781032410821

2ND EDITION

Assessing Psychosis

A Clinician's Guide



Ali Khadivi Private Practice, New York, NY, USA, **James H. Kleiger** Private Practice, Bethesda, MD, USA

This new edition includes two new chapters and updated diagnostic criteria considering the new DSM-5-TR. Practicing psychiatrists, psychologists, social workers, psychiatric nurses and students will find this a valuable resource for clinical practice, training, and teaching purposes.

Routledge
July 2024:344
Pb: 978-1-032-54085-6: **£39.99**
Hb: 978-1-032-54112-9: **£130**

* For full contents and more information, visit: www.routledge.com/9781032540856

Autism and Inclusive Education

A Guide for Teachers, Practitioners and Parents



Chandra Lebenhagen

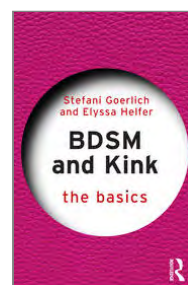
This handbook provides educators and school practitioners with a practical resource to successfully support speaking and non-speaking autistic students in K-12 school settings. This handbook's flexible and easy-to-use design can be used in its entirety or as a reference tool for school practitioners, teachers, and parents.

Routledge
July 2024:222
Pb: 978-1-032-59881-9: **£27.99**
Hb: 978-1-032-68796-4: **£130**
eBook: 978-1-032-68792-6

* For full contents and more information, visit: www.routledge.com/9781032598819

BDSM and Kink

The Basics



Stefani Goerlich, **Elyssa Helfer**

Series: *The Basics*

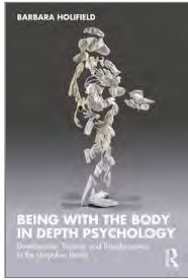
BDSM and Kink: The Basics provides an essential overview of knowledge that every clinician should have about alternative sexualities. This book is essential for mental health and medical providers, educators, and individuals interested in learning more about BDSM and Kink.

Routledge
September 2024:256
Pb: 978-1-032-32063-2: **£16.99**
Hb: 978-1-032-32102-8: **£130**

* For full contents and more information, visit: www.routledge.com/9781032320632

Being with the Body in Depth Psychology

Development, Trauma, and Transformation in the Unspoken Realm



Barbara Holifield

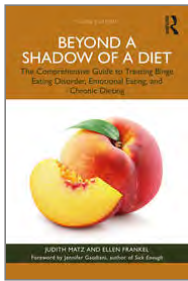
Featuring a foreword by Donald Kalsched, this important book examines the integration of the subjectively experienced body in the practice of depth psychology. This book offers guiding principles for psychotherapists and clinicians of all levels to engage the bodily basis of experience in their clinical practice. It will appeal to general readers interested in integrating mind and body, including those in the healing arts, fine arts, dance, athletics, meditation, yoga, and martial arts.

Routledge
November 2024:236
Pb: 978-1-032-28608-2: **£29.99**
Hb: 978-1-032-30590-5: **£120**
* For full contents and more information, visit: www.routledge.com/9781032286082

3RD EDITION

Beyond a Shadow of a Diet

The Comprehensive Guide to Treating Binge Eating Disorder, Emotional Eating, and Chronic Dieting.



Judith Matz, Ellen Frankel

Now in its third edition, *Beyond a Shadow of a Diet* is the most comprehensive book available for professionals working with clients who struggle with binge and emotional eating, chronic dieting, and body image. Trauma-informed and filled with compelling client stories and step by step strategies, *Beyond a Shadow of a Diet* offers professionals and their clients a positive, evidence-based model for making peace with food, their bodies, and themselves.

Routledge
May 2024:390
Pb: 978-1-032-24886-8: **£31.99**
Hb: 978-1-032-24887-5: **£130**
eBook: 978-1-003-28058-3
* For full contents and more information, visit: www.routledge.com/9781032248868

Bion in the Consulting Room

An Implicit Method of Clinical Inquiry



Joseph Aguayo Psychoanalytic Center of California, USA, **R. Hinshelwood** Centre for Psychoanalytic Studies, UK, **Sira Dermen** British Psychoanalytical Society, UK, **Nicola Abel-Hirsch** British Psychoanalytical Society, UK

Series: *The Routledge Wilfred R. Bion Studies Book Series*

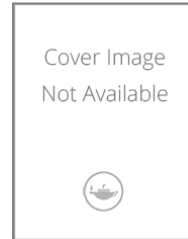
Bion in the Consulting Room addresses the long unanswered question of Bion's clinical and supervisory technique and examines the way Bion's conceptual model and clinical practices informed his theoretical work. This illuminating book is essential reading for psychoanalysts, psychotherapists and psychologists interested in the work of Wilfred Bion and the importance of his legacy in contemporary practice.

Routledge
August 2024:162
Pb: 978-1-032-50633-3: **£29.99**
Hb: 978-1-032-51376-8: **£130**
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Black Film Through a Psychodynamic Lens

Katherine Marshall Woods

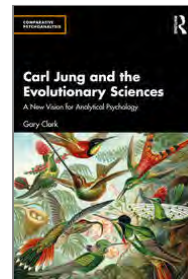
Black Film Through a Psychodynamic Lens delves into the nuanced character development and narrative themes within the struggles and successes presented in Black films over the last five decades. From *Do The Right Thing*, *The Color Purple* and *Malcolm X* to contemporary classics like *12 Years a Slave*, *Black Panther* and *American Fiction*, this book is an essential read for those interested in the intersection between Psychology, Psychoanalysis, Film Theory and African American cultural identity.



Routledge
November 2024:176
Pb: 978-1-032-50839-9: **£29.99**
Hb: 978-1-032-50841-2: **£130**
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Carl Jung and the Evolutionary Sciences

A New Vision for Analytical Psychology



Gary Clark

Series: *Comparative Psychoanalysis*

This book reevaluates Carl Jung's ideas in the context of contemporary research in the evolutionary sciences. Seeking to build bridges between analytical psychology and contemporary evolutionary studies and associated fields, this book will appeal to scholars of analytical and depth psychology, as well as researchers in the evolutionary and brain sciences.

Routledge
October 2024:236
Pb: 978-1-032-62451-8: **£29.99**
Hb: 978-1-032-62453-2: **£120**
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Case Conceptualization in Couple Therapy

Comparing and Contrasting Theories



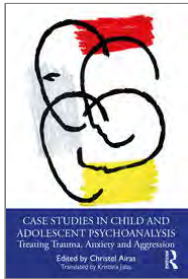
Edited by **Michael D Reiter**

This textbook provides undergraduate and master's students with a comprehensive and in-depth exploration of the primary models of couples counseling, allowing them to compare and contrast each theory alongside a single case. This textbook is a core text for graduate marriage and family therapy, mental health counseling, clinical psychology, and social work students. The book will also be useful for practicing professionals who want to explore how to apply a specific model of counseling to couples.

Routledge
August 2024:332
Pb: 978-1-032-43841-2: **£39.99**
Hb: 978-1-032-43842-9: **£130**
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Case Studies in Child and Adolescent Psychoanalysis

Treating Trauma, Anxiety and Aggression



Edited by **Christel Airas**

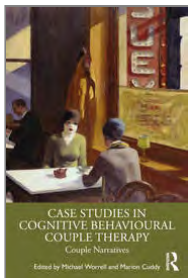
Case Studies in Child and Adolescent Psychoanalysis presents a wide range of full case presentations of children and adolescents undergoing psychoanalytic treatment, covering key issues such as trauma, aggression, depression and sexual development. This book is a dynamic and much-needed resource for all analysts in practice and training working with child and adolescent patients, as well as policy makers looking at the mental wellbeing of young people and those interested in the curative factors of psychoanalytic treatment.

Routledge
June 2024:164
Pb: 978-1-032-59009-7: **£29.99**
Hb: 978-1-032-59010-3: **£130**
eBook: 978-1-003-45253-9

* For full contents and more information, visit: www.routledge.com/9781032590097

Case Studies in Cognitive Behavioural Couple Therapy

Couple Narratives



Edited by **Michael Worrell, Marion Cuddy**

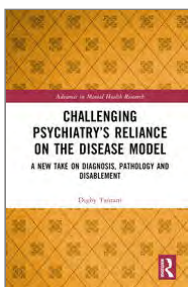
This book gives readers a rich and detailed understanding of what it is like to work with a diverse range of couple presentations from a CBT perspective. In this book, authors working in a wide range of clinical settings describe how they have drawn upon and applied CBT Couple therapy across couple distress, sexual issues, infidelity, inter-partner violence, transition to parenthood, separation issues, personality disorders, and more. Case Studies in Cognitive Behavioural Couple Therapy will be required reading for both beginning and experienced couple therapists who wish to draw upon the wide range of evidence-based strategies available in Cognitive Behavioural Couple therapy.

Routledge
September 2024:320
Pb: 978-0-367-45633-7: **£29.99**
Hb: 978-0-367-45634-4: **£120**

* For full contents and more information, visit: www.routledge.com/9780367456337

Challenging Psychiatry's Reliance on the Disease Model

A New Take on Diagnosis, Pathology and Disablement



Digby Tantam Middlesex University, UK

Series: *Advances in Mental Health Research*

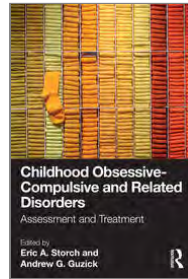
This volume critiques and challenges the use and promotion of the disease model in psychiatry, arguing that its misconceived approach prevents the preferred disablement model from becoming the default method to understand mental health conditions, including schizophrenia.

Routledge
September 2024:288
Hb: 978-1-032-70425-8: **£130**

* For full contents and more information, visit: www.routledge.com/9781032704258

Childhood Obsessive-Compulsive and Related Disorders

Assessment and Treatment



Edited by **Eric A. Storch, Ph.D., Andrew G. Guzick, Ph.D.**

This book is a comprehensive evidence-based guide for clinicians and trainees on the assessment and treatment of youth with obsessive-compulsive and related disorders (OCDs). This book is essential for clinicians specializing in OCD and related disorders in children and adolescents. It is also applicable to clinicians, trainees, and students across a wide range of mental health disciplines.

Routledge
November 2024:288
Pb: 978-1-032-47862-3: **£36.99**
Hb: 978-1-032-47863-0: **£130**

* For full contents and more information, visit: www.routledge.com/9781032478623

Clinical Storytelling, Art and the Problems of Being

The Analyst's Necessary Vertigo



Jade McGleughlin

Series: *Relational Perspectives*

In a series of overlapping clinical essays—sometimes highly personal, sometimes bristling with theory, sometimes employing experimental writing—Jade McGleughlin upends the ways we tell a psychoanalytic story. Drawing from film, literature, and art, including her own paintings, as well as extensive clinical experience, this book is essential reading for all psychoanalysts, psychotherapists, and anyone wanting to understand how communication in a clinical space can transcend the verbal.

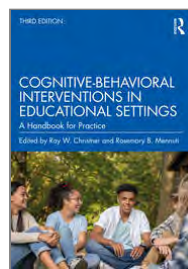
Routledge
August 2024:344
Pb: 978-1-032-67032-4: **£31.99**
Hb: 978-1-032-67033-1: **£130**

* For full contents and more information, visit: www.routledge.com/9781032670324

3RD EDITION

Cognitive-Behavioral Interventions in Educational Settings

A Handbook for Practice



Edited by **Ray W. Christner, Rosemary B. Mennuti**

The third edition of this book offers readers a way to think strategically about the individual student and plan for effective and specific interventions based on the student's age, developmental level, and presenting problem. Written by established professionals who offer structured and creative approaches to cognitive-behavior therapy (CBT), this volume presents evidence-based interventions for issues commonly seen in schools and offers innovative and well-established approaches to working with children and adolescents in a school setting. With new chapters and contributors, the third edition of this text reflects the current and predicted future trends in the use of CBT in schools.

Routledge
November 2024:792
Pb: 978-1-032-49166-0: **£52.99**
Hb: 978-1-032-49167-7: **£180**

* For full contents and more information, visit: www.routledge.com/9781032491660

Collected Writings of Giles Clark

Recycling Madness with Jung, Spinoza and Santayana



Edited by **Judith Pickering**, **Geoffrey Samuel** Cardiff University, UK

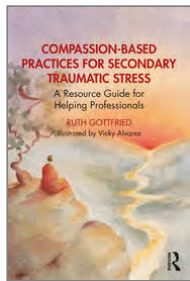
This timeless and thought-provoking volume makes available the collected writings of Giles Clark (1947-2019), whose original clinical theory constitutes a major contribution to the areas of analytical psychology, psychoanalysis, and philosophy. The Collected Writings of Giles Clark is of great interest to Jungian analysts, analytical psychologists, and psychotherapists in practice and in training, as well as anyone interested in understanding interface between depth psychology, philosophy, and neuropsychology, and in the mind-body problem more generally.

Routledge
September 2024:318
Pb: 978-1-032-18704-4: £29.99
Hb: 978-1-032-18706-8: £120

* For full contents and more information, visit: www.routledge.com/9781032187044

Compassion-Based Practices for Secondary Traumatic Stress

A Resource Guide for Helping Professionals



Edited by **Ruth Gottfried** David Yellin Academic College of Education, Israel

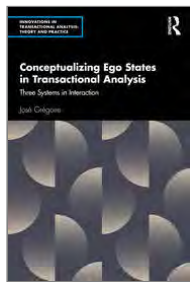
Compassion-Based Practices for Secondary Traumatic Stress is a workbook of individual and group compassion-based practices that incorporate mindfully contemplative stress-reduction activities and arts-based practices. Unlike many activity-based workbooks, this workbook is anchored in scientific research, allowing readers to identify the connections between the compassion-based practices and the science of recovery and healing.

Routledge
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Conceptualizing Ego States in Transactional Analysis

Three Systems in Interaction



Edited by **José Grégoire**

Series: *Innovations in Transactional Analysis: Theory and Practice*

Within this book, Grégoire reviews and extends the founding concepts ego states in Transactional Analysis, starting with Eric Berne's foundational thinking about ego states, and then examining and integrating the evolution of subsequent models and thinking. Providing a greater comprehension of Berne's texts and the multilevel concept of ego states, this book will be a valuable resource for transactional analysts, both in practice and in training.

Routledge
August 2024:206
Pb: 978-1-032-65767-7: £29.99
Hb: 978-1-032-73576-4: £120

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Containment, Organisations and the Working Task



Edited by **Tiago Mendes**, **R. D. Hinshelwood** Centre for Psychoanalytic Studies, UK

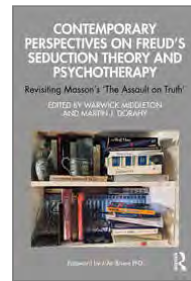
With close attention to Wilfred Bion's influence on the literature about groups and organisations, this book explores how containment has been transposed from the clinical setting to enlighten the work being carried out by psychodynamic practitioners and researchers, especially within organisations. Drawing on their own experiences, the authors highlight how psychoanalytic concepts impact their own practice, contributing to a collection that will prove essential for psychoanalysts, managers, policymakers, consultants and researchers in a wide range of professional and clinical settings.

Routledge
July 2024:226
Pb: 978-1-138-50513-1: £27.99
Hb: 978-1-138-50511-7: £105

* For full contents and more information, visit: www.routledge.com/9781138505131

Contemporary Perspectives on Freud's Seduction Theory and Psychotherapy

Revisiting Masson's 'The Assault on Truth'



Edited by **Warwick Middleton**, **Martin J. Dorahy** University of Canterbury, New Zealand

This edited collection brings together the perspectives of a broad spectrum of experts who reflect on Freud's Seduction Theory, psychoanalysis and the reality of child abuse through the work of Jeffrey Masson. This book examines how 'The Assault on Truth' came to be written, why it sparked such an extreme reaction, and the issues Masson was grappling with. Complete with an extended Foreword by John Briere, a luminary of the modern trauma field, this book will be essential reading for practitioners, students and researchers involved in contemporary psychoanalysis, psychotherapy, psychology and especially trauma care, women's mental health, child safety and the study of memory.

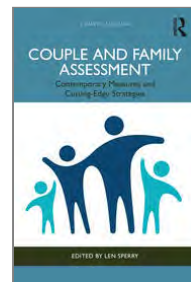
Routledge
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Pb: 978-1-032-55634-5: £32.99
Hb: 978-1-032-55522-5: £135

* For full contents and more information, visit: www.routledge.com/9781032556345

4TH EDITION

Couple and Family Assessment

Contemporary Measures and Cutting-Edge Strategies



Edited by **Len Sperry** Florida Atlantic University, USA

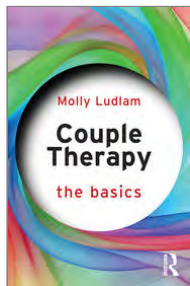
This fourth edition text features the latest, most common, and important assessment measures and strategies for addressing problematic clinical issues related to working with families, couples, and children. This book is essential reading for both students in family and couple therapy courses as well as practitioners working with families, couples, and children.

Routledge
September 2024:472
Pb: 978-1-032-46889-1: £39.99
Hb: 978-1-032-46894-5: £130

* For full contents and more information, visit: www.routledge.com/9781032468891

Couple Therapy

The Basics



Molly Ludlam

Series: *The Basics*

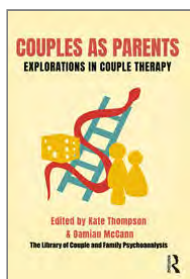
Couple Therapy: The Basics provides a comprehensive introduction to couple therapy. Taking both a general overview and a psychoanalytic focus, it addresses the basic questions which both couples and those interested in becoming couple therapists can expect to ask. This book is essential for early career therapists as well as those undertaking or interested in couple therapy.

Routledge
August 2024:212
Pb: 978-1-032-31709-0: £16.99
Hb: 978-1-032-32210-0: £130

* For full contents and more information, visit: www.routledge.com/9781032317090

Couples as Parents

Explorations in Couple Therapy



Edited by **Kate Thompson , Damian McCann**

Series: *The Library of Couple and Family Psychoanalysis*

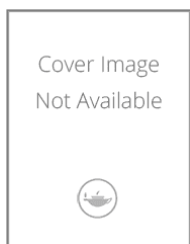
Couples as Parents: Explorations in Couple Therapy explores the complex task of parenting from the perspective of the couple relationship. The book considers the historical context of couple relationships, utilises research and psychoanalytic ways of thinking to further understanding for psychotherapists and interested parents as well as offering a variety of therapeutic approaches to the specific needs of parents, whether as a couple, separated, or single.

Routledge
July 2024:240
Pb: 978-1-032-48216-3: £24.99
Hb: 978-1-032-48217-0: £130

* For full contents and more information, visit: www.routledge.com/9781032482163

Creating Empowering Environments for People with Dementia

Addressing Inclusive Design from Homes to Cities



Edited by **Kevin Charras** University Hospital of Rennes, France, **Eef Hogervorst** Loughborough University, UK, **Sarah Wallcook** Stockholm University, Sweden, **Saskia Kuliga** German Centre for Neurodegenerative Diseases (DZNE), Germany, **Bob Woods** Bangor University, UK

Series: *Ageing and Mental Health Research*

This edited volume addresses the environments that exacerbate, exclude, and stigmatise those living with dementia to explore designs and processes that can optimise well-being and independence. Ultimately, this timely volume focuses on person-centred design that enables empowerment, quality of life, health and citizenship in people living with dementia. It will be of value to researchers, scholars, and postgraduate students studying gerontology, dementia specifically, and those involved with architecture and the built environment for societal benefit more broadly.

Routledge
August 2024:232
Hb: 978-1-032-54303-1: £130

* For full contents and more information, visit: www.routledge.com/9781032543031

Creating Meaning in Funerals

How Families and Communities Make Sense of Death



William G. Hoy Baylor University, Texas, USA

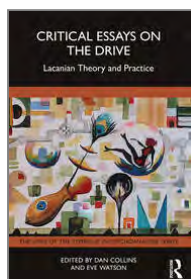
Creating Meaning in Funerals is a book about the ways in which bereaved families and communities create meaningful ceremonies against a backdrop of what is culturally appropriate, even when their choices might make little economic sense to those outside the culture. Readers will be repeatedly challenged to suspend their own biases and provide counseling support and encouragement to bereaved individuals for whom funerals were or were not effective means of coping with their loss. Discussion questions at the end of each chapter make the book useful for educational settings such as funeral service classroom instruction, thanatology classes, and grief counseling courses.

Routledge
August 2024:198
Pb: 978-1-032-39832-7: £22.99
Hb: 978-1-032-39837-2: £130

* For full contents and more information, visit: www.routledge.com/9781032398327

Critical Essays on the Drive

Lacanian Theory and Practice



Edited by **Dan Collins , Eve Watson**

Series: *The Lines of the Symbolic in Psychoanalysis Series*

This thorough text provides a complete overview of the drive in Lacanian psychoanalysis. Critical Essays on the Drive will be essential reading for psychoanalysts, psychologists, psychotherapists, and psychiatrists in practice and in training. It will also be of great interest to academics and scholars of psychoanalytic and Lacanian theory, critical theory, and cultural theory.

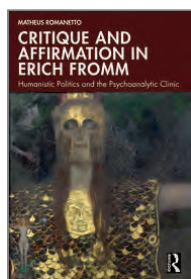
Routledge
June 2024:282
Pb: 978-1-032-29249-6: £31.99
Hb: 978-1-032-29250-2: £130

eBook: 978-1-003-30064-9

* For full contents and more information, visit: www.routledge.com/9781032292496

Critique and Affirmation in Erich Fromm

Humanistic Politics and the Psychoanalytic Clinic



Matheus Romanetto

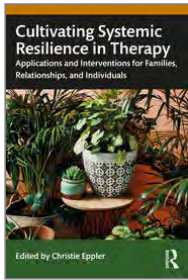
Critique and Affirmation in Erich Fromm explores the relations between Erich Fromm's theory and practice in politics and the psychoanalytic clinic – their points of continuity and contradiction. Critique and Affirmation in Erich Fromm will be of great interest to psychoanalysts and to academics and scholars of psychoanalytic studies, sociology, contemporary philosophy, political theory, and critical theory.

Routledge
August 2024:297
Pb: 978-1-032-70844-7: £31.99
Hb: 978-1-032-70845-4: £130

* For full contents and more information, visit: www.routledge.com/9781032708447

Cultivating Systemic Resilience in Therapy

Applications and Interventions for Families, Relationships, and Individuals



Edited by **Christie Eppler**

Therapists intuitively know that the families, partnerships, and individuals they treat have strengths, but may not know how to identify or utilize them. This edited collection aims to help therapists understand and apply concepts of systemic resilience in clinical practice, supporting them in conceptualizing cases, treatment planning, and developing supportive therapeutic relationships. This is essential reading for students and professionals in counseling, clinical social work, and marriage and family therapy.

Routledge
July 2024:254
Pb: 978-1-032-44707-0: **£29.99**
Hb: 978-1-032-44705-6: **£120**

* For full contents and more information, visit: www.routledge.com/9781032447070

Cultural Complexes and Europe's Many Souls

Jungian Perspectives on Brexit and the War in Ukraine



Edited by **Jörg Rasche, Thomas Singer**

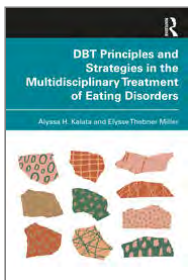
Series: *The Cultural Complex Series*

This timely and important new volume examines the impacts of Brexit and the war in Ukraine from the lens of the cultural complex model, in an exploration of the underlying dynamic relationships within and between countries. This will be an important read for Jungian analysts interested in the underlying dynamic fuelling Brexit and the Ukraine-Russia war as well as those interested in Jungian studies, analysis and political activism, and international affairs from a Jungian perspective.

Routledge
August 2024:240
Pb: 978-1-032-69508-2: **£29.99**
Hb: 978-1-032-69511-2: **£120**

* For full contents and more information, visit: www.routledge.com/9781032695082

DBT Principles and Strategies in the Multidisciplinary Treatment of Eating Disorders



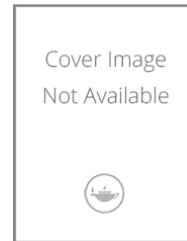
Alyssa H. Kalata, Elyse Thebner Miller

DBT Principles and Strategies in the Multidisciplinary Treatment of Eating Disorders is an in-depth exploration of DBT strategies and principles that can be applied by all members of a client's multidisciplinary team, including dietitians and psychiatric providers. This book is an accessible, practical guide for eating-disorder professionals of all disciplines who would like to integrate DBT principles and strategies into patient care.

Routledge
August 2024:335
Pb: 978-1-032-79722-9: **£31.99**
Hb: 978-1-032-80129-2: **£130**

* For full contents and more information, visit: www.routledge.com/9781032797229

Decent Work, Inclusion and Sustainability



Edited by **Deirdre Hughes** Warwick University, UK, **Maria Eduarda-Duarte** University of Lisbon, Portugal

This content-rich and inspirational book offers complementary theoretical and practical perspectives from detailed research and analysis of decent work, inclusion and sustainability issues in Brazil, Canada, Iceland, Ireland, Italy, Portugal, Singapore, the United Kingdom, United States and West Africa. With a new chapter, conclusion, and a revised introduction, this book will be beneficial to students, researchers, teachers, policymakers, guidance and counselling practitioners who have an interest in decent work, inclusion and sustainability, and human psychology, to name a few. The other chapters were originally published in the British Journal of Guidance and Counselling.

Routledge
June 2024:206
Hb: 978-1-032-66221-3: **£130**
eBook: 978-1-032-66225-1

* For full contents and more information, visit: www.routledge.com/9781032662213

2ND EDITION

Deciding Children's Futures

An Expert Guide to Assessments for Safeguarding and Promoting Children's Welfare in the Family Court



Joyce Scaife

The second edition of Deciding Children's Futures addresses the thorny task of assessing parents and children who belong to struggling families where there are issues of neglect or significant harm, and when separating parents are contesting arrangements for the care of their children in family court. Providing a comprehensive understanding of assessment for the family court, this user-friendly volume will be of great interest to 'expert' witnesses, family therapists, practising social workers, and anyone else working in the family court system.

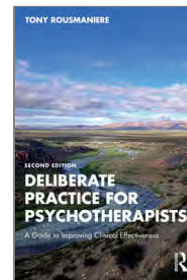
Routledge
July 2024:426
Pb: 978-1-032-56588-0: **£32.99**
Hb: 978-1-032-56589-7: **£130**

* For full contents and more information, visit: www.routledge.com/9781032565880

2ND EDITION

Deliberate Practice for Psychotherapists

A Guide to Improving Clinical Effectiveness



Tony Rousmaniere Member of the Clinical Psychology faculty University of Washington, Seattle, USA

This book explores how psychotherapists can use deliberate practice to improve their clinical effectiveness. By sourcing through decades of research on how experts in diverse fields achieve skill mastery, this book shows it is possible for any therapist to dramatically improve their clinical skills. Enriched with insightful clinical experiences and anecdotes, Deliberate Practice for Psychotherapists is an important read for graduate students, trainees, and practicing psychotherapists.

Routledge
August 2024:256
Pb: 978-1-032-49104-2: **£36.99**
Hb: 978-1-032-50997-6: **£150**

* For full contents and more information, visit: www.routledge.com/9781032491042

Delivering Effective Adventure Therapy

A Therapist's Guide to Producing Transformative Change for Clients



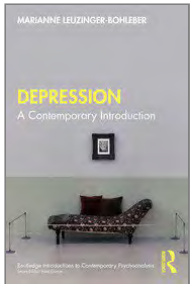
Michael A. Gass

Delivering Effective Adventure Therapy: A Therapist's Guide to Producing Transformative Change for Clients provides effective interventions for enriching therapeutic techniques using experiential methodology infused with metaphor. This text is essential for mental health clinicians, including psychologists, social workers, and family/marriage therapists. As well as, therapists working in adventure, wilderness, outdoor, and alternative treatment settings.

Routledge
September 2024:168
Pb: 978-1-032-64025-9: **£34.99**
Hb: 978-1-032-64028-0: **£130**
* For full contents and more information, visit: www.routledge.com/9781032640259

Depression

A Contemporary Introduction



Marianne Leuzinger-Bohleber Sigmund-Freud-Institut, Germany

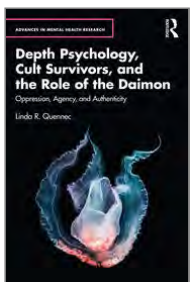
Series: Routledge Introductions to Contemporary Psychoanalysis

This book serves as a practical and comprehensive introduction to depression, and its deep roots in trauma. Including a review of both classical psychoanalytic texts and state-of-the-art empirical research, this introductory book is an invaluable resource for psychoanalysts and psychotherapists in private practice and Public Health institutions alike. The clear and accessible style also make it a vital resource for students of clinical psychology, medicine, anthropology, cultural studies, the educational sciences and beyond.

Routledge
November 2024:136
Pb: 978-1-032-59596-2: **£19.99**
Hb: 978-1-032-59597-9: **£130**
* For full contents and more information, visit: www.routledge.com/9781032595962

Depth Psychology, Cult Survivors, and the Role of the Daimon

Oppression, Agency, and Authenticity



Linda R. Quennec

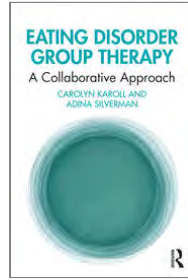
Series: Advances in Mental Health Research

This book explores the possibilities that exist for navigating out of and away from multiple levels of oppression through memoir-based research, via the idea of "the daimon" and perspectives of Jungian and post-Jungian depth psychology. Suggesting a more aligned approach to working with varying levels of psychological constraint, and utilising a phenomenological hermeneutic study based in participant memoir, it will appeal to scholars and professionals in depth psychology, and other psychological orientations, who are interested in more deeply understanding the psychological mechanisms involved in leaving a high-demand group or other oppressive situations.

Routledge
June 2024:208
Pb: 978-1-032-55090-9: **£35.99**
Hb: 978-1-032-54787-9: **£130**
eBook: 978-1-003-42897-8
* For full contents and more information, visit: www.routledge.com/9781032550909

Eating Disorder Group Therapy

A Collaborative Approach



Carolyn Karoll, Adina Silverman

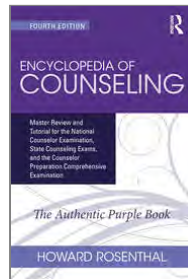
This is the only book that teaches clinicians how to run an effective, evidence-informed, and multi-disciplinary eating disorder group, incorporating psychoeducation, process group dynamics, and experiential elements. Suitable for clinicians and students alike in the eating disorder field, this guide on how to successfully begin and run your own group is a necessary resource.

Routledge
April 2024:244
Pb: 978-1-032-55495-2: **£27.99**
Hb: 978-1-032-55497-6: **£130**
eBook: 978-1-003-43096-4
* For full contents and more information, visit: www.routledge.com/9781032554952

4TH EDITION

Encyclopedia of Counseling Package

Complete Review Package for the NCE, CPCE, CECE, and State Counseling Exams



Howard Rosenthal

This three-item package is a complete study guide program for preparation for the National Counselor Examination (NCE), state counseling exams, the Counselor Preparation Comprehensive Examination (CPCE), and the Counselor Education Comprehensive Examination (CECE). It includes the newly updated and revised Master Lecture Series 4th ed, Encyclopedia of Counseling, 4th ed, and the Human Services Dictionary, 2nd ed.

Routledge
May 2024:612
Pb: 978-1-032-60291-2: **£115**
* For full contents and more information, visit: www.routledge.com/9781032602912

Enhancing Pleasure for Gay Men

A Clinical Guide for Healing and Acceptance Through Better Sex



Israel Martinez

This book aims to help therapists understand the challenges gay men face in their sex lives, providing professionals and gay men with evidence-based interventions and clinical tools to help them heal and live overall healthier lives. With special focus on marginalized communities within the LGBTQIA+ community, such as trans men, BIPOC, aging, disabled, and chronically ill voices, this book is essential reading for sex therapists and mental health professionals working with gay men, as well as gay men themselves looking to live authentically and happily in their sexual lives.

Routledge
July 2024:168
Pb: 978-1-032-47870-8: **£26.99**
Hb: 978-1-032-47871-5: **£120**
* For full contents and more information, visit: www.routledge.com/9781032478708

Erich Fromm

A Contemporary Introduction



Sandra Buechler William Alanson White Institute, New York, USA

Series: Routledge Introductions to Contemporary Psychoanalysis

In this illuminating volume, Sandra Buechler introduces Erich Fromm's groundbreaking contributions to psychoanalysis, sociology, philosophy, political action and social criticism. Assuming no prior knowledge of Fromm's work, this book offers students in clinical and social psychology, sociology, and philosophy a vital insight into his theoretical contributions. It will also be of interest to psychoanalysts, psychologists and social workers.

Routledge
June 2024:162
Pb: 978-1-032-61343-7: £19.99
Hb: 978-1-032-69351-4: £130
eBook: 978-1-032-69352-1

* For full contents and more information, visit: www.routledge.com/9781032613437

Erotic Transference

A Contemporary Introduction



Andrea Celenza

Series: Routledge Introductions to Contemporary Psychoanalysis

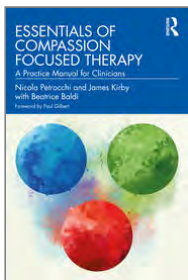
Erotic Transferences: A Contemporary Introduction offers a comprehensive introduction to this key, yet challenging aspect of the psychoanalytic process. Providing practitioners with the tools to deal with the intense feelings that inevitably arise with erotic transferences, this book is vital reading for all psychoanalysts, psychodynamic practitioners and instructors of candidates and trainees.

Routledge
July 2024:142
Pb: 978-1-032-47106-8: £19.99
Hb: 978-1-032-48832-5: £130

* For full contents and more information, visit: www.routledge.com/9781032471068

Essentials of Compassion Focused Therapy

A Practice Manual for Clinicians



Nicola Petrocchi John Cabot University, Italy, **James Kirby** University of Queensland, Australia, **Beatrice Baldi**

This book presents a comprehensive, 12-module transdiagnostic program to deliver Compassion Focused Therapy (CFT) in group and individual settings. Offering an accessible step-by-step guide to the essentials of CFT and its application to a range of contexts, this book provides clinicians with clear guidelines to deliver the modules. This practice guide will be the authoritative resource in CFT for clinicians, trainers, supervisors, researchers, and clients with previous CFT experience who wish to deepen their practice.

Routledge
July 2024:516
Pb: 978-1-032-56554-5: £29.99
Hb: 978-1-032-56553-8: £130

* For full contents and more information, visit: www.routledge.com/9781032565545

Ethics, Identity, and the Dramatherapy-informed Classroom

Processes of Identity Negotiation and Performance



Jeanne Roberts Columba 1400, UK

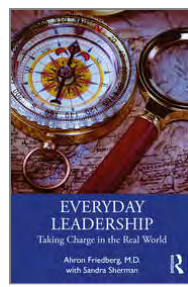
Using the drama classroom to shape an active, student-centred space and foster a new perspective for understanding the dramatherapeutic change process, this book explores the processes that underpin the ways young people negotiate and perform their identities as ethical people. This innately multidisciplinary book will be of use to scholars, researchers and postgraduate students studying drama education, dramatherapy, and curriculum studies more broadly. Drama teachers and educators will also find this volume of use.

Routledge
August 2024:164
Hb: 978-1-032-72985-5: £130

* For full contents and more information, visit: www.routledge.com/9781032729855

Everyday Leadership

Taking Charge in the Real World



Ahron Friedberg, M.D., Sandra Sherman

Everyday Leadership examines how individuals in everyday, relatively small settings can succeed in leadership positions. This book is an essential read for HR professionals, executive coaches, management consultants, leadership trainers, and organizational psychologists as well as those facing leadership challenges in their profession.

Routledge
May 2024:172
Pb: 978-1-032-56911-6: £24.99
Hb: 978-1-032-56909-3: £130
eBook: 978-1-003-43763-5

* For full contents and more information, visit: www.routledge.com/9781032569116

Expanding Psychoanalysis

The Contributions of Susie Orbach



Edited by Brett Kahr Tavistock Institute of Medical Psychology, UK

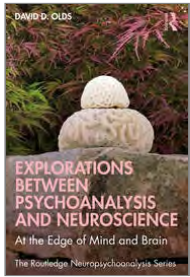
Expanding Psychoanalysis explores the work of the acclaimed psychoanalyst, writer, and activist Susie Orbach. *Expanding Psychoanalysis* will be essential for all readers interested in the work of Susie Orbach.

Routledge
November 2024:240
Pb: 978-1-032-86195-1: £29.99
Hb: 978-1-032-74615-9: £130

* For full contents and more information, visit: www.routledge.com/9781032861951

Explorations Between Psychoanalysis and Neuroscience

At the Edge of Mind and Brain



David D. Olds

Series: *The Routledge Neuropsychoanalysis Series*

Explorations Between Psychoanalysis and Neuroscience brings together the life's work of David Olds, pioneering psychoanalyst, psychiatrist, philosopher, and key figure in neuropsychoanalysis. This book will be essential reading to psychoanalysts and psychiatrists, as well as anybody interested in neuropsychoanalysis and the importance of an interdisciplinary approach to analytic thinking and practice.

Routledge
May 2024:304
Pb: 978-1-032-47388-8: **£29.99**
Hb: 978-1-032-50766-8: **£130**
eBook: 978-1-003-39955-1

* For full contents and more information, visit: www.routledge.com/9781032473888

Exploring the Work of Michael Eigen (2 Volume Set)

Primary Process Impacts, Dreaming the Undreamable Object, Toxic Nourishment and Damaged Bonds



Edited by **Loray Daws** Psychologist in private practice, Canada, **Keri S. Cohen**

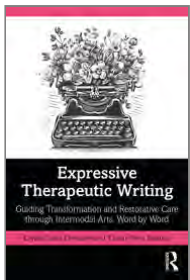
These books explore key aspects and themes present in the work of Michael Eigen. Primary Process Impacts and Dreaming the Undreamable Object in the Work of Michael Eigen examines Eigen's rich phenomenological work on becoming a welcoming object. Toxic Nourishment and Damaged Bonds in the Work of Michael Eigen examines Eigen's rich phenomenological work on the Obstructive Object. These books will be of great interest to psychoanalysts, psychotherapists, and all those with an interest in psychoanalytic and spiritual psychology.

Routledge
June 2024:488
Pb: 978-1-032-76847-2: **£44.99**

* For full contents and more information, visit: www.routledge.com/9781032768472

Expressive Therapeutic Writing

Guiding Transformation and Restorative Care through Intermodal Arts, Word by Word



Krystal Leah Demaine , Tamar Reva Einstein

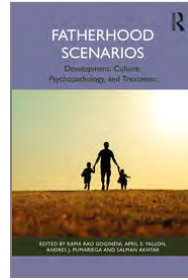
This book brings engagement and conversation to a cross-pollination of creative and expressive writing and multi-modal art forms. Creative arts and expressive therapists searching for creative self-reflective writing practice will find this book a rewarding resource.

Routledge
September 2024:240
Pb: 978-1-032-49015-1: **£29.99**
Hb: 978-1-032-49019-9: **£130**

* For full contents and more information, visit: www.routledge.com/9781032490151

Fatherhood Scenarios

Development, Culture, Psychopathology, and Treatment



Edited by **Rama Rao Gogineni , April E. Fallon , Andres J. Pumariega , Salman Akhtar**

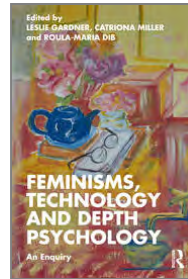
Fatherhood Scenarios offers a wide range of perspectives, including different cultural and ethnic perspectives and chapters considering the role of the father throughout the lifespan, including experiences of gay fathers, adoptive fathers, and disabled fathers. Spanning a vast terrain of psychosocial concern, Fatherhood Scenarios will be of great appeal to mental health professionals, psychotherapists, child psychiatrists, and family welfare workers in practice and in training.

Routledge
May 2024:316
Pb: 978-1-032-75564-9: **£34.99**
Hb: 978-1-032-75567-0: **£130**
eBook: 978-1-003-47457-9

* For full contents and more information, visit: www.routledge.com/9781032755649

Feminisms, Technology and Depth Psychology

An Enquiry



Edited by **Leslie Gardner** University of Essex, UK, **Catriona Miller , Roula Maria Dib**

Feminisms, Technology and Depth Psychology explores the intersection of a variety of feminist thought with technology through the lens of depth psychology and investigates how current approaches to technology impact female life globally—from internet use, to biotechnology, to how female creators imagine life. Feminisms, Technology and Depth Psychology will appeal to Jungian analysts and psychotherapists, and analytical psychologists. It also offers insightful perspectives to academic and students of psychology, gender studies and politics.

Routledge
June 2024:206
Pb: 978-1-032-18679-5: **£29.99**
Hb: 978-1-032-18681-8: **£130**
eBook: 978-1-003-25572-7

* For full contents and more information, visit: www.routledge.com/9781032186795

Film Psychoanalysis

Relational Approaches to Film Interpretation



Andreas Hamburger

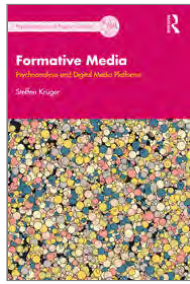
Through the development of psychoanalytically-informed film interpretation, Andreas Hamburger provides new insights into the experience of watching films and their influence upon our internal lives. Giving readers an interdisciplinary perspective that crosses the study of popular culture with psychoanalytic theory, this book will be required reading not only for students and scholars of film, but also for psychoanalysts in practice and in training.

Routledge
May 2024:268
Pb: 978-0-367-42429-9: **£29.99**
Hb: 978-0-367-42430-5: **£130**
eBook: 978-0-367-82406-8

* For full contents and more information, visit: www.routledge.com/9780367424299

Formative Media

Psychoanalysis and Digital Media Platforms



Steffen Krüger

Series: The Psychoanalysis and Popular Culture Series

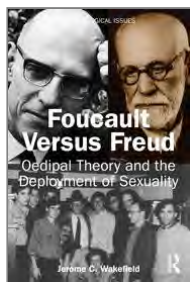
Formative Media presents a psychoanalytic and psychosocial inquiry into the significance of the most widely used digital platforms – including Facebook, Google, YouTube, Twitter (X) and Instagram – and the relational styles that users cultivate and habituate in their interplay with these platforms. Showing in detail how digital media platforms have advanced into central “socialisation agencies,” Formative Media will be of great interest to academics and scholars of psychoanalytic, psychocultural and psychosocial theory, critical digital media studies and interactional theory.

Routledge
August 2024:234
Pb: 978-1-032-30853-1: £29.99
Hb: 978-1-032-30859-3: £130

* For full contents and more information, visit: www.routledge.com/9781032308531

Foucault Versus Freud

Oedipal Theory and the Deployment of Sexuality



Jerome C. Wakefield

Series: Psychological Issues

In Foucault Versus Freud, Jerome C. Wakefield offers a novel analysis of one of the great intellectual clashes of our times, the attack on Sigmund Freud's influential sexual theories by the eminent French philosopher and historian of ideas Michel Foucault. This book is written to be understandable for those who are not steeped in philosophy or familiar with Foucault's philosophy, offering a lucid introduction to Foucault's ideas and his clash with Freud that will be of interest to clinicians, students, and scholars alike.

Routledge
July 2024:362
Pb: 978-1-032-76923-3: £31.99
Hb: 978-1-032-76925-7: £130

* For full contents and more information, visit: www.routledge.com/9781032769233

Freud's British Family

Reclaiming Lost Lives in Manchester and London



Roger Willoughby

Series: History of Psychoanalysis

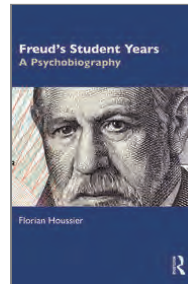
Freud's British Family presents ground-breaking research into the lives of the British branch of the Freud family, their connections to the founder of psychoanalysis, and into Freud's relationship to Britain. Freud's British Family will be of great interest to psychoanalysts and psychotherapists in practice and in training, and to scholars of the history of psychoanalysis, twentieth century history, psychosocial studies, and Jewish studies.

Routledge
November 2024:320
Pb: 978-1-032-65198-9: £31.99
Hb: 978-1-032-65201-6: £130

* For full contents and more information, visit: www.routledge.com/9781032651989

Freud's Student Years

A Psychobiography



Florian Houssier Psychoanalyst (Société de Psychanalyse Freudienne), France

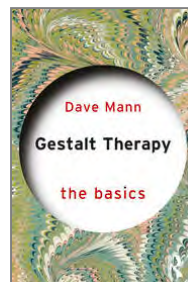
In Freud's Student Years, Florian Houssier presents the life experiences and inner conflicts of Sigmund Freud from [year] to [year], showing how these experiences informed his later theories. Accessible in style and thorough in its assessments of Freud's personal experiences, this book is an essential read for psychoanalysts and psychologists, as well as students and scholars interested in the history of psychoanalysis and the enduring legacy of Freudian thought.

Routledge
August 2024:132
Pb: 978-1-032-56768-6: £29.99
Hb: 978-1-032-56769-3: £130

* For full contents and more information, visit: www.routledge.com/9781032567686

Gestalt Therapy

The Basics



Dave Mann

Series: The Basics

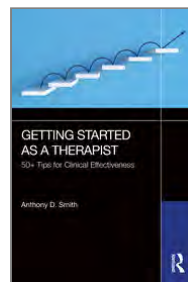
Gestalt Therapy: The Basics provides an accessible and concise overview of the approach and its substantial theory. This book is essential reading for Gestalt trainees, as well as counsellors and psychotherapists wanting to learn more about the Gestalt approach.

Routledge
June 2024:186
Pb: 978-1-032-32113-4: £16.99
Hb: 978-1-032-32115-8: £130
eBook: 978-1-003-31288-8

* For full contents and more information, visit: www.routledge.com/9781032321134

Getting Started as a Therapist

50+ Tips for Clinical Effectiveness



Anthony D. Smith Private practice, Massachusetts, USA

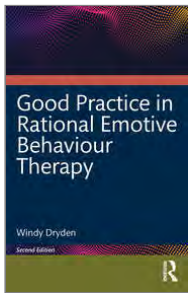
Getting Started as a Therapist provides students and new therapists a bridge between education and practice. The succinct chapters come alive with real-life examples and are often followed by suggestions for further reading and worksheets that help readers to refine their practice.

Routledge
October 2024:218
Pb: 978-1-032-62343-6: £24.99
Hb: 978-1-032-62346-7: £130

* For full contents and more information, visit: www.routledge.com/9781032623436

2ND EDITION

Good Practice in Rational Emotive Behaviour Therapy



Windy Dryden Goldsmiths, University of London, UK

Good Practice in REBT does exactly what it promises. It helps the Rational Emotive Behaviour therapist to pinpoint areas of good practice helping them to make progress towards becoming competent REBT practitioners. This highly accessible and practical book is an indispensable guide for anyone embarking on a career in the REBT field.

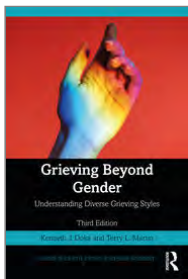
Routledge
October 2024:200
Pb: 978-1-032-72986-2: £24.99
Hb: 978-1-032-72989-3: £130

* For full contents and more information, visit: www.routledge.com/9781032729862

3RD EDITION

Grieving Beyond Gender

Understanding Diverse Grieving Styles



Kenneth J. Doka The College of New Rochelle, New York, USA, **Terry L. Martin** Hood College, Maryland, USA
Series: Series in Death, Dying, and Bereavement

The third edition of *Grieving Beyond Gender* explores the different ways that individuals grieve, noting that gender is only one factor that affects an individual's style or pattern of grief. Doka and Martin present a model firmly grounded in social science theory and research, and place special emphasis on the model's clinical implications. Clinicians will come away from this book with concrete tools for supporting different types of grievers through individual counseling or group support.

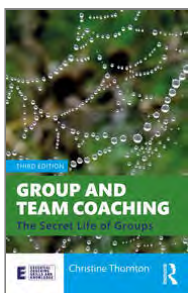
Routledge
August 2024:260
Pb: 978-1-032-43339-4: £27.99
Hb: 978-1-032-43337-0: £130

* For full contents and more information, visit: www.routledge.com/9781032433394

3RD EDITION

Group and Team Coaching

The Secret Life of Groups



Christine Thornton group analyst and executive coach, UK

Series: Essential Coaching Skills and Knowledge

Group and Team Coaching is a best-seller offering a new perspective on the 'secret life of groups', the subconscious and non-verbal processes through which people learn and communicate in groups and teams. Originally published in 2010 and designed for easy navigation, it is a highly-regarded team coaching handbook, required reading on many courses. Based on research and including many vignettes and case studies, this new edition is essential reading for coaches working with groups and teams, and leaders working with their own teams or commissioning coaching.

Routledge
November 2024:410
Pb: 978-1-032-46587-6: £22.99
Hb: 978-1-032-46588-3: £120

* For full contents and more information, visit: www.routledge.com/9781032465876

Group Coaching for Women Leaders

Belonging and Thriving Through Collective Leadership Development



Hélène Seiler

This book is an invaluable resource for those looking to lead high-functioning women groups, and a testament to the power of group coaching for women leaders. *Group Coaching for Women Leaders* is an essential resource for group coaches working with women leaders internationally, for academic leaders looking to extend their offerings for student coaches, and for corporate sponsors interested in augmenting the power of women leadership development initiatives in their organizations.

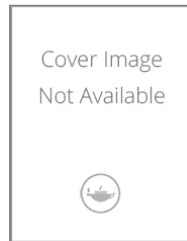
Routledge
November 2024:160
Pb: 978-1-032-72324-2: £29.99
Hb: 978-1-032-73302-9: £130

* For full contents and more information, visit: www.routledge.com/9781032723242

2ND EDITION

Handbook of Cognitive-Behavior Group Therapy with Children and Adolescents

Specific Settings and Presenting Problems



Edited by **Ray W. Christner**, **Jessica L. Stewart**, **Christy A. Mulligan**

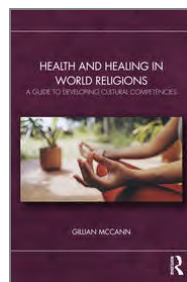
Now in its second edition, the *Handbook of Cognitive-Behavior Group Therapy with Children and Adolescents* offers a review of cognitive-behavior therapy (CBT) fundamentals, evidence-based group interventions, and practical guidelines for group psychotherapy. This book is an invaluable reference for professionals providing therapeutic intervention to children and adolescents.

Routledge
October 2024:326
Pb: 978-0-815-38048-1: £88.99
Hb: 978-0-815-38047-4: £205
eBook: 978-1-351-21307-3

* For full contents and more information, visit: www.routledge.com/9780815380481

Health and Healing in World Religions

A Guide to Developing Cultural Competencies



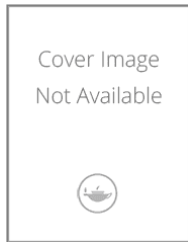
Gillian McCann Nipissing University, Ontario, Canada

Health and Healing in World Religions is a comprehensive introduction to the field that explores the research that links spirituality and well being, including work with addiction and trauma. Each chapter includes an introduction to and summary of each tradition, questions at the conclusion, and boxes that highlight key ideas from the chapter using an example and interviews with medical professionals and other healers. *Health and Healing in World Religions* is a vital guide to understanding cultural competency in the healing professions and the need to understand the cultural and spiritual traditions of clients.

Routledge
November 2024:256
Pb: 978-1-032-73923-6: £38.99
Hb: 978-1-032-73924-3: £130

* For full contents and more information, visit: www.routledge.com/9781032739236

Hope, Forgiveness, and Positive Psychology in Couple Therapy



Everett L. Worthington Jr. , Jennifer S. Ripley

This guide introduces the Hope-Focused Approach to couple therapy and provides a hands-on, practical resource for clinicians and students who want to integrate it effectively into practice. Drawing from positive psychology, virtue theory, and forgiveness theory, the book describes how therapists can design a hope-focused treatment plan - focusing on communication training and conflict resolution - to promote intimacy, strengthen emotional bonds, and to build trust and encourage reconciliation. Over 100 evidence-based techniques, case studies, and interventions are included to illustrate the process, with a focus on diversity, from race and sexuality, to values such as religion and politics.

Routledge
September 2024:200
Pb: 978-0-367-44384-9: £30.99
Hb: 978-0-367-44382-5: £120

* For full contents and more information, visit: www.routledge.com/9780367443849

Hosting Earth

Facing the Climate Emergency



Edited by **Richard Kearney** Boston College, USA, **Peter Klapes** Boston College, USA, **Urwa Hameed** Free Immigrations Services, USA

Series: Psychology and the Other

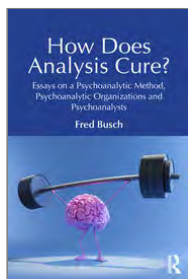
Hosting Earth is a timely and much-needed volume in the emerging literature of environmental philosophy, drawing upon art, science, and politics to explore alternatives to the traditional domination of nature by humans. Focusing on the central role that the human psyche plays in answering our current ecological emergency, Hosting Earth is for anybody invested in the future of our planet and how psychological, psychoanalytic, and philosophical thought can reorient the current conversation about ecology.

Routledge
August 2024:272
Pb: 978-1-032-59949-6: £29.99
Hb: 978-1-032-59948-9: £130

* For full contents and more information, visit: www.routledge.com/9781032599496

How Does Analysis Cure?

Essays on a Psychoanalytic Method, Psychoanalytic Organizations and Psychoanalysts



Fred Busch Training and Supervising Analyst, Boston Psychoanalytic Institute and Society

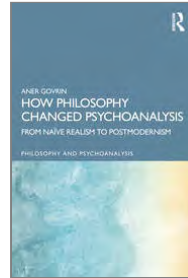
Building upon fifty years of clinical experience, Fred Busch addresses a central question facing all psychoanalysts: What is essential to a psychoanalytic curative process, and what are the methods of working that can bring this about? Continuing decades of significant theoretical work on clinical concepts, this book offers a unique perspective on how psychoanalysts and psychotherapists can work effectively to achieve the best possible outcomes for their patients.

Routledge
August 2024:256
Pb: 978-1-032-65868-1: £31.99
Hb: 978-1-032-65872-8: £130

* For full contents and more information, visit: www.routledge.com/9781032658681

How Philosophy Changed Psychoanalysis

From Naive Realism to Postmodernism



Aner Govrin Bar-Ilan University, Israel

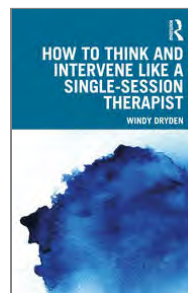
Series: Philosophy and Psychoanalysis

Through this book, philosopher and psychoanalyst Aner Govrin demonstrates how psychoanalysis' engagement with philosophy formed a crucial factor in the evolution of new psychoanalytic theories in three areas: perception of truth, developmental theories, and study of psychoanalytic treatment. Exploring the intricate relationship between psychoanalysis and philosophy, this book will be of interest to clinicians, scholars, teachers, and students of contemporary psychoanalysis across a broad spectrum of theoretical orientations, as well as those in the fields of philosophy of science, epistemology, and neuropsychology.

Routledge
October 2024:216
Pb: 978-1-032-80699-0: £29.99
Hb: 978-1-032-80700-3: £135

* For full contents and more information, visit: www.routledge.com/9781032806990

How to Think and Intervene Like a Single-Session Therapist



Windy Dryden Goldsmiths, University of London, UK

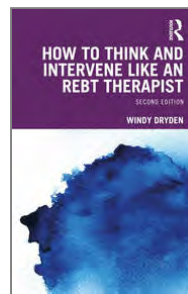
Therapists new to Single Session Therapy (SST) will often struggle to bring the SST mindset to the work and will in turn struggle to help their clients get the most out of the time that they choose to spend together. This highly practical guide will be essential reading for any therapist who is new to or has recently been introduced to the practice of SST.

Routledge
June 2024:194
Pb: 978-1-032-65735-6: £24.99
Hb: 978-1-032-65736-3: £130
eBook: 978-1-032-65775-2

* For full contents and more information, visit: www.routledge.com/9781032657356

2ND EDITION

How to Think and Intervene Like an REBT Therapist



Windy Dryden Goldsmiths, University of London, UK

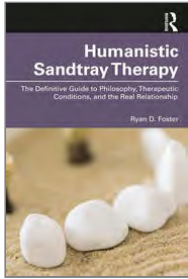
Trainee therapists often stick rigidly to the therapeutic guidelines that are taught to them on their training course, or adopted from a book, regardless of their approach. This book provides the trainee with an opportunity to discover how experienced therapists think, and how their thoughts influence their interventions when using Rational Emotive Behaviour Therapy (REBT). This highly practical guide remains essential reading for all those who have recently been introduced to REBT.

Routledge
June 2024:294
Pb: 978-1-032-60176-2: £24.99
Hb: 978-1-032-63027-4: £130

* For full contents and more information, visit: www.routledge.com/9781032601762

Humanistic Sandtray Therapy

The Definitive Guide to Philosophy, Therapeutic Conditions, and the Real Relationship



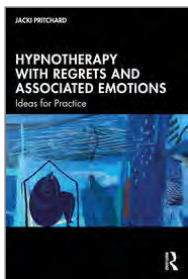
Ryan D. Foster Tarleton State University, Texas, USA
 Humanistic Sandtray Therapy: The Definitive Guide to Philosophy, Therapeutic Conditions, and the Real Relationship provides a comprehensive exploration of the underlying theory, necessary skills, and practical applications behind Humanistic Sandtray Therapy (HST) based on a person-centered gestalt model. Written with a genuine human touch, invaluable materials such as an HST treatment manual and a weblink to videos of HST sessions with real clients are included to assist academics and researchers in designing HST treatment outcome studies.

Routledge
 November 2024:238
 Pb: 978-1-032-65807-0: £28.99
 Hb: 978-1-032-66019-6: £130

* For full contents and more information, visit: www.routledge.com/9781032658070

Hypnotherapy with Regrets and Associated Emotions

Ideas for Practice



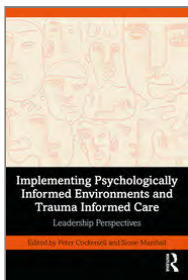
Jacki Pritchard
 This book helps hypnotherapists to focus on the subject of regrets and associated emotions when working with clients. This practical volume will be of use to student hypnotherapists, trainers and training schools, supervisors, newly qualified and experienced hypnotherapists. Although the main focus of the book is regrets and associated emotions, the book can be used for an abundance of other concerns e.g. lack of confidence or self-esteem; fears; anxiety and panic attacks.

Routledge
 August 2024:266
 Pb: 978-1-032-73590-0: £26.99
 Hb: 978-1-032-74239-7: £130

* For full contents and more information, visit: www.routledge.com/9781032735900

Implementing Psychologically Informed Environments and Trauma Informed Care

Leadership Perspectives



Edited by Sione Marshall, Peter Cockersell CEO, Community Housing and Therapy, UK
 This book gathers together the experiences of leaders across sectors, organisations and client groups to help readers introduce, develop and maintain Psychologically Informed Environments (PIE) and Trauma Informed Care (TIC) within their workspaces. This book will be an invaluable resource for aspiring and new, as well as experienced, leaders who are interested in implementing and enabling PIE and TIC in their organisations.

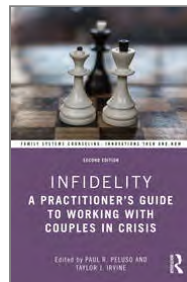
Routledge
 October 2024:256
 Pb: 978-1-032-54078-8: £26.99
 Hb: 978-1-032-54079-5: £130

* For full contents and more information, visit: www.routledge.com/9781032540788

2ND EDITION

Infidelity

A Practitioner's Guide to Working with Couples in Crisis



Edited by Paul R. Peluso, Taylor J. Irvine
 Series: Family Systems Counseling: Innovations Then and Now

This second edition brings together an impressive array of experts to discuss and provide understanding to the treatment of infidelity. With revised referrals and resources at the end of each chapter, additional infidelity treatment methods and examinations of gender, race, and power, this guide is essential reading for all practicing and training marriage and family therapists, counselors, psychotherapists, and social workers.

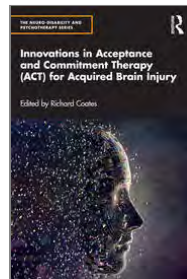
Routledge
 June 2024:352
 Pb: 978-1-032-32388-6: £29.99
 Hb: 978-1-032-32308-4: £120
 eBook: 978-1-003-31477-6

* For full contents and more information, visit: www.routledge.com/9781032323886

Innovations in Acceptance and Commitment Therapy (ACT) for Acquired Brain Injury

Edited by Richard Coates

Series: The Neuro-Disability and Psychotherapy Series



Acceptance and Commitment Therapy (ACT) allows people with acquired brain injury to develop psychological flexibility, in order to lead a vital life, despite all the difficult thoughts, feelings and brain injury symptoms that are present. This book will be a valuable resource for clinical psychologists, clinical neuropsychologists, counselling psychologists, cognitive behaviour therapists, psychiatrists and counsellors working therapeutically with clients with acquired brain injury.

Routledge
 October 2024:240
 Pb: 978-1-032-04548-1: £29.99
 Hb: 978-1-032-04547-4: £130

* For full contents and more information, visit: www.routledge.com/9781032045481

Internet-Delivered CBT

Distinctive Features



Gerhard Andersson Linköping University, Sweden
 Series: CBT Distinctive Features

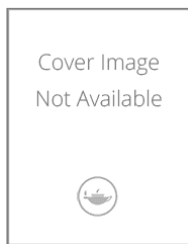
Internet-Delivered CBT: Distinctive Features offers a concise overview of how internet-delivered CBT and related methods (such as smartphones) can be used as single interventions as well as part of regular CBT in the form of "blended treatments". The book also describes different applications and adaptations of internet treatments for different target groups (young persons, adults and older adults) and cultures/languages. The book is written for clinical psychologists, psychotherapists and also students in these fields. It is also suitable for researchers in the field of digital treatments.

Routledge
 October 2024:220
 Pb: 978-1-032-59192-6: £19.99
 Hb: 978-1-032-59193-3: £130

* For full contents and more information, visit: www.routledge.com/9781032591926

4TH EDITION

Introduction to Multicultural Counseling for Helping Professionals



Wanda M. L. Lee, Graciela L. Orozco San Francisco State University, California, **Kwong-Liem Karl Kwan** San Francisco State University, California

Introduction to Multicultural Counseling for Helping Professionals, 4th ed, is the essential introductory text for studying multicultural counseling. Providing a broad survey of counseling concepts and techniques for different marginalized ethnic and cultural groups, it is at once practical and easily understood. The fourth edition has been updated and revised to reflect an inclusive ecological framework and social justice context for counseling. It offers a broad perspective on multicultural counseling theory, including thought from other disciplines, reflections on race and Whiteness in counseling, and new contributions from diverse cultural voices.

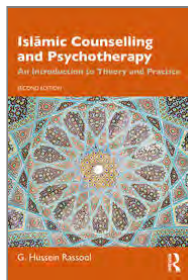
Routledge
August 2024:404
Pb: 978-1-032-18930-7: £48.99
Hb: 978-1-032-18935-2: £130

* For full contents and more information, visit: www.routledge.com/9781032189307

2ND EDITION

Islāmic Counselling and Psychotherapy

An Introduction to Theory and Practice



G. Hussein Rassool Charles Sturt University, Australia

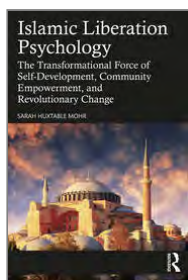
Islāmic Counselling and Psychotherapy: An Introduction to Theory and Practice provides a foundation level knowledge of and perspective on the fundamental principles and practices of counselling and psychotherapy from an Islāmic perspective. This text provides a clear understanding of the nature, scope and process of Islāmic psychotherapy for Islāmic practitioners or clinicians working with Muslim clients.

Routledge
October 2024:400
Pb: 978-1-032-58634-2: £29.99
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* For full contents and more information, visit: www.routledge.com/9781032586342

Islamic Liberation Psychology

The Transformational Force of Self-Development, Community Empowerment, and Revolutionary Change



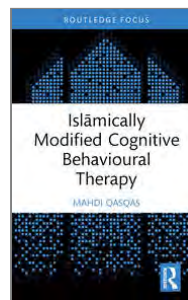
Sarah Huxtable Mohr Independent scholar, California, USA

Islamic Liberation Psychology is a thoughtful and groundbreaking guide to liberatory and decolonial thought. This book makes a substantial contribution to a greater understanding of a variety of topics including anti-racism, feminism, utopianism, community development, arts and creativity, and other topics central to Islamic liberation psychology.

Routledge
August 2024:176
Pb: 978-1-032-62500-3: £38.99
Hb: 978-1-032-62347-4: £130

* For full contents and more information, visit: www.routledge.com/9781032625003

Islāmically Modified Cognitive Behavioural Therapy



Mahdi Qasqas Q&A Psychological Services, Canada

Series: *Islamic Psychology and Psychotherapy*

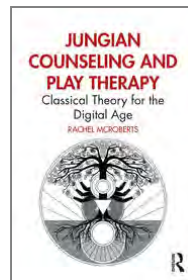
This book outlines the methods and practice of Islāmically Modified Cognitive Behavioural Therapy (IMCBT), a modified version of CBT adapted to the Muslim client's preferences, culture, and religion. This text will appeal to practitioners, educators, and students who are seeking deeper ways of adapting their practice, teaching, or learning to the Muslim client's needs while also maintaining fidelity to the core features of CBT.

Routledge
June 2024:144
Hb: 978-1-032-42765-2: £48.99

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Jungian Counseling and Play Therapy

Classical Theory for the Digital Age



Rachel McRoberts University of the Cumberlands, Tennessee, USA

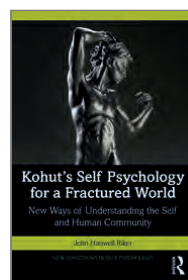
Jungian Counseling and Play Therapy is a textbook for graduate-level counseling students and supervisees. It is both an introduction to Jung's theory and a practical guide to Jungian-informed practice. This is an ideal text for a psychodynamic theory, or methods class, or to support counseling students and supervisors becoming interested in, or familiar with, the work of Carl Jung.

Routledge
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Pb: 978-1-032-55983-4: £38.99
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Kohut's Self Psychology for a Fractured World

New Ways of Understanding the Self and Human Community



John Hanwell Riker

Series: *New Directions in Self Psychology*

Drawing from Kohut's conceptualisation of self, Riker sets out how contemporary America's formulation of persons as autonomous, self-sufficient individuals is deeply injurious to the development of a vitalizing self-structure—a condition which lies behind much of the mental illness and social malaise of today's world. Informed by self psychology and philosophy, this book is essential reading for psychoanalysts, psychotherapists and philosophers, seeking to revisit and revise constructions of both self and humanity.

Routledge
May 2024:290
Pb: 978-1-032-30150-1: £24.99
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Lacan and Psychoanalytic Obsolescence

The Importance of Lacan as Irritant



Jean-Michel Rabaté

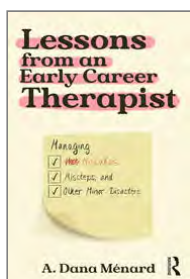
This book explores the importance of Lacan's role as an irritant within psychoanalysis, and how Freud and Lacan saw that as key to ensuring that psychoanalysis remained fresh and vital rather than becoming obsolescent. This book is key reading for all those seeking to understand why Lacan's work remains so important and so challenging for contemporary psychoanalysis.

Routledge
October 2024:232
Pb: 978-1-032-71579-7: £31.99
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Lessons from An Early Career Therapist

Managing Mistakes, Missteps, and Other Minor Disasters from Training to Treatment



A. Dana Ménard

This book is a reassuring guide both for novice therapists and those further along in their journey, normalizing, validating, and empathizing with the human aspects of the profession and supporting readers to feel empowered and confident managing real-life situations with real-life clients. This book will provide mental health professionals with the tools and skills they need to problem-solve these situations and others on the road from graduate school and licensure to independent practice.

Routledge
October 2024:202
Pb: 978-1-032-40929-0: £19.99
Hb: 978-1-032-40928-3: £130

* For full contents and more information, visit: www.routledge.com/9781032409290

LGBTQ+ Intimate Partner Violence

A Guide for Mental Health Practitioners



Susan Holt Los Angeles LGBT Center, USA, **Amir Ahuja** Los Angeles LGBT Center, USA

This book explores the unique issues involved in assessing, diagnosing, intervening, and treating intimate partner violence (IPV) in the LGBTQ+ population. This book will empower clinicians to assess for and treat LGBTQ+ IPV whenever and wherever they encounter it.

Routledge
July 2024:275
Pb: 978-0-367-14345-9: £32.99
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* For full contents and more information, visit: www.routledge.com/9780367143459

2ND EDITION

Making Research Relevant

Applied Research Designs for the Mental Health Practitioner



Edited by **Kelly L. Wester** University of North Carolina at Greensboro, USA, **Carrie A. Wachter Morris** University of North Carolina at Greensboro, USA

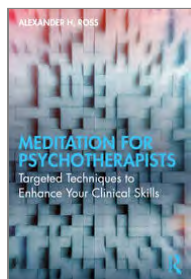
Making Research Relevant is the ideal core textbook for master's-level introduction to research methods courses in any mental health field. Easy to read, conversational chapters are infused with case examples from diverse settings, paired with brief video lectures (available on the Routledge website), as well as practice-based applications that will walk students and practitioners through their own client or case scenario. Readers will come away from the book with a variety of tools for applying research methods in ways that can benefit mental health practitioners in real-world scenarios.

Routledge
November 2024:256
Pb: 978-1-032-69008-7: £48.99
Hb: 978-1-032-69843-4: £130

* For full contents and more information, visit: www.routledge.com/9781032690087

Meditation for Psychotherapists

Targeted Techniques to Enhance Your Clinical Skills



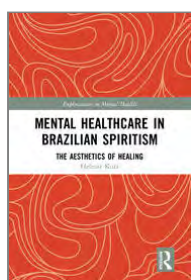
Alexander H. Ross Private practice, London, UK

Meditation for Psychotherapists provides students and practitioners of psychotherapy with specific meditation techniques. The book is accompanied by a website with audio guided meditations and courses directed to an international audience across multiple psychotherapy models.

Routledge
October 2024:238
Pb: 978-1-032-45351-4: £27.99
Hb: 978-1-032-45350-7: £135

* For full contents and more information, visit: www.routledge.com/9781032453514

Mental Healthcare in Brazilian Spiritism: The Aesthetics of Healing



Helmar Kurz University of Münster, Germany

Series: *Explorations in Mental Health*

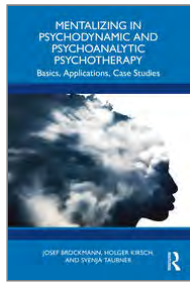
This volume addresses the diversification of mental healthcare provision and patients' health-seeking behavior by putting Brazilian Spiritism and its translocal relations at the center of its inquiry. Establishing a novel analytical and interdisciplinary perspective on embodied aspects of sensory experience and perception, this compelling volume will be of interest to scholars, researchers, and postgraduate students involved with mental health research, medical anthropology, spiritualism, and cross-cultural psychology. Practitioners in the fields of transcultural psychiatry and the sociology of religion will also find the volume of use.

Routledge
June 2024:198
Hb: 978-1-032-63417-3: £130
eBook: 978-1-032-63716-7

* For full contents and more information, visit: www.routledge.com/9781032634173

Mentalizing in Psychodynamic and Psychoanalytic Psychotherapy

Basics, Applications, Case Studies



Josef Brockmann, Holger Kirsch, Svenja Taubner

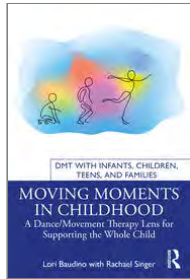
Mentalizing in Psychodynamic and Psychoanalytic Psychotherapy explains how mentalization-based therapy (MBT) can be used within the framework of depth psychology and analytical psychotherapies. Mentalizing in Psychodynamic and Psychoanalytic Psychotherapy will be of great interest to psychoanalysts and psychoanalytic psychotherapists in training and in practice who are looking to integrate mentalizing into their work.

Routledge
October 2024:208
Pb: 978-1-032-67397-4: **£31.99**
Hb: 978-1-032-67403-2: **£130**

* For full contents and more information, visit: www.routledge.com/9781032673974

Moving Moments in Childhood

A Dance/Movement Therapy Lens for Supporting the Whole Child



Lori Baudino, Rachael Singer

Series: DMT with Infants, Children, Teens, and Families

Moving Moments in Childhood provides a roadmap to truly understanding and embodying mental and physical health for children through the lens of dance/movement therapy. Moving Moments in Childhood highlights the transformative potential of therapeutic movement for a child's mental, physical, social, and psychological health and is an indispensable guide for mental health professionals, educators, and their clients.

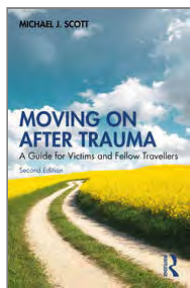
Routledge
September 2024:198
Pb: 978-1-032-42612-9: **£26.99**
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2ND EDITION

Moving On After Trauma

A Guide for Victims and Fellow Travellers



Michael J. Scott Consultant Psychologist, UK

The effects of extreme trauma can have devastating emotional, relational, physical, and legal effects. This book offers hope, providing survivors, family and friends with a roadmap for managing obstacles to recovery. This one-of-a-kind trauma survivor guide will be beneficial for any survivor of trauma along with their fellow travellers to recovery, including family, friends, therapists, managers, clergy and lawyers. It can also serve as a companion volume to Personalising Trauma Treatment: Reframing and Reimagining (2022) for mental health professionals.

Routledge
June 2024:280
Pb: 978-1-032-58341-9: **£19.99**
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eBook: 978-1-003-45042-9

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2ND EDITION

Multiculturalism and Diversity in Applied Behavior Analysis

Bridging Theory and Application



Edited by Brian M. Conners, Shawn Thomas Capell

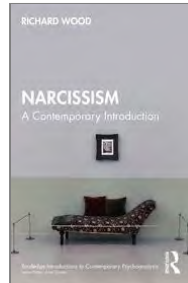
This textbook provides a theoretical and clinical framework for addressing multiculturalism and diversity in the field of applied behavior analysis (ABA). This book is essential for graduate students and faculty in ABA programs, supervisors looking to enhance a supervisee's understanding of working with diverse clients and practicing behavior analysts in the field wanting to increase their awareness of working with diverse populations.

Routledge
September 2024:160
Pb: 978-1-032-51405-5: **£38.99**
Hb: 978-1-032-51406-2: **£130**

* For full contents and more information, visit: www.routledge.com/9781032514055

Narcissism

A Contemporary Introduction



Richard Wood Psychologist in Private Practice, Canada

Series: Routledge Introductions to Contemporary Psychoanalysis

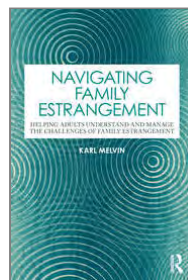
Narcissism: A Contemporary Introduction provides a historical overview of this key foundational concept within psychoanalytic thought. Using clinical examples throughout, Wood aids psychoanalysts and psychologists in training and practice in recognising, evaluating and treating patients with narcissistic personality traits. His thorough and jargon-free approach will also support students looking for a comprehensive overview of narcissism.

Routledge
October 2024:144
Pb: 978-1-032-64951-1: **£19.99**
Hb: 978-1-032-64952-8: **£130**

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Navigating Family Estrangement

Helping Adults Understand and Manage the Challenges of Family Estrangement



Karl Melvin

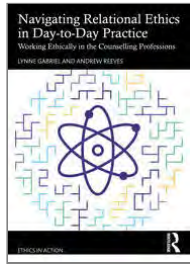
Family estrangement and the stigma attached to it are complex phenomena affecting a great number of people in various ways. In response, Navigating Family Estrangement offers a deep dive into the reality of being estranged in contemporary society. This book offers a clear and collaborative approach to a topic that will be relevant for a range of professionals, including psychotherapists, psychologists, counsellors and social workers.

Routledge
June 2024:206
Pb: 978-1-032-42306-7: **£24.99**
Hb: 978-1-032-42310-4: **£130**
eBook: 978-1-003-36220-3

* For full contents and more information, visit: www.routledge.com/9781032423067

Navigating Relational Ethics in Day-to-Day Practice

Working Ethically in the Counselling Professions



Lynne Gabriel York St John Communities Centre, York St John University, UK, **Andrew Reeves** British Association for Counselling & Psychotherapy (BACP), UK

Series: Ethics In Action

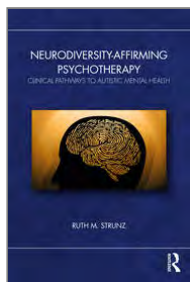
The first in a new series on ethics in the counselling professions, *Navigating Relational Ethics in Day-to-Day Practice* contextualises the series and provides a practical 'how to' guide for bringing the theoretical concepts of ethics into practice. This text supports trainees and practitioners in taking ethical frameworks into their direct work with clients and in their wider role in practice.

Routledge
September 2024:124
Pb: 978-1-032-40849-1: £22.99
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* For full contents and more information, visit: www.routledge.com/9781032408491

Neurodiversity-Affirming Psychotherapy

Clinical Pathways to Autistic Mental Health



Ruth M. Strunz

Neurodiversity-Affirming Psychotherapy: Clinical Pathways To Autistic Mental Health provides an attachment-based framework within which clinicians can support autistic/neurodivergent clients to benefit from effective, trauma-informed psychotherapy. This book delivers practical guidance and clinical insight, offering therapists a clear understanding of the mental health issues commonly experienced by autistic/neurodivergent adults, and guiding them and their clients along a robust pathway to autistic mental health.

Routledge
October 2024:208
Pb: 978-1-032-55392-4: £29.99
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* For full contents and more information, visit: www.routledge.com/9781032553924

3RD EDITION

New Directions in Sex Therapy

Innovations and Alternatives



Edited by **Peggy J. Kleinplatz**

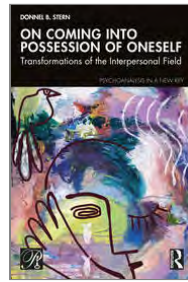
New Directions in Sex Therapy: Innovations and Alternatives, 3rd Edition focuses on new and cutting-edge therapy paradigms as alternatives to conventional clinical strategies, challenging practitioners to expand our thinking about how to deal with sexual concerns. In the 3rd edition of this award-winning book, Peggy J. Kleinplatz, Ph.D., brings together the best therapists and sexologists to advance beyond predominant approaches to sexual difficulties. This book is intended for students and clinicians who deal with sexual issues and concerns in therapy – clinicians of every kind, novices and advanced practitioners – rather than only those who define themselves as sex therapists.

Routledge
September 2024:360
Pb: 978-1-032-48383-2: £29.99
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On Coming into Possession of Oneself

Transformations of the Interpersonal Field



Donnel B. Stern

Series: Psychoanalysis in a New Key

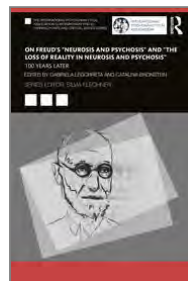
This book is Donnel B. Stern's latest contribution to the kind of understanding of psychotherapeutic and psychoanalytic process offered by field theory. With valuable contributions to theory and emotionally immediate clinical vignettes, this book is essential for all psychoanalysts and psychoanalytic psychotherapists wishing to understand how the analyst's interventions grow from the analyst's emotional involvement in the clinical process.

Routledge
September 2024:324
Pb: 978-1-032-68887-9: £32.99
Hb: 978-1-032-68891-6: £130

* For full contents and more information, visit: www.routledge.com/9781032688879

On Freud's "Neurosis and Psychosis" and "The Loss of Reality in Neurosis and Psychosis"

100 Years Later



Edited by **Gabriela Legorreta**, **Catalina Bronstein** British Psychoanalytical Society, UK

Series: The International Psychoanalytical Association Contemporary Freud Turning Points and Critical Issues Series

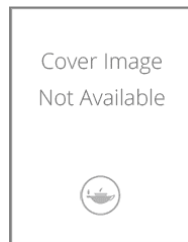
On Freud's "Neurosis and Psychosis" and "The Loss of Reality in Neurosis and Psychosis" explores these two key papers on the topics of psychosis and neurosis and their relationship to the unconscious and to reality. This book will be essential reading for psychoanalysts and psychoanalytically oriented clinicians in practice and in training. It will also be of interest to academics and scholars of psychoanalytic studies and to readers interested in how modern clinicians interpret Freud's work.

Routledge
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Pb: 978-1-032-46999-7: £29.99
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Ornette Coleman, Psychoanalysis, Discourse

Movements in Harmolodic Space



A. L. James

Series: The Lines of the Symbolic in Psychoanalysis Series

Ornette Coleman, *Psychoanalysis, Discourse* develops tools from psychoanalysis for the analysis of Ornette Coleman's discourse. Ornette Coleman, *Psychoanalysis, Discourse* will be of great interest to psychoanalysts, musicians, and musicologists. It will be relevant for academics and scholars of psychoanalytic and Lacanian studies, music, and cultural studies.

Routledge
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Pb: 978-1-032-53484-8: £35.99
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Otto Kernberg

A contemporary Introduction



Frank E. Yeomans, Diana Diamond, Eve Caligor

Series: Routledge Introductions to Contemporary Psychoanalysis

In this book, Frank Yeomans, Diana Diamond and Eve Caligor provide a systemic review of Otto Kernberg's multiple contributions to psychoanalysis, psychiatry, psychology and our understanding of the mind and group behaviour. Including an overview of Kernberg's critique and expansion of traditional psychoanalytic training, as well as his role in developing Transference-Focused Psychotherapy, this book is an invaluable guide to students, researchers and analysts in practice and training looking to integrate Kernberg's ideas into their own clinical and theoretical work.

Routledge
August 2024:138
Pb: 978-0-367-51334-4: £19.99
Hb: 978-0-367-51333-7: £130

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Overcoming Anxiety in Sex and Relationships

A Comprehensive Guide to Intimate and Emotional Freedom



Paula Leech

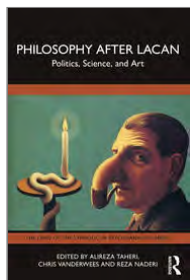
This book gives readers an accessible and comprehensive understanding of how anxiety, stress, and pressure can have a profound impact on pleasure, connection, and sexual functioning, offering practical tips and techniques for resolving common sexual struggles. This guide is essential reading for established and training sex therapists as well as for those who experience anxiety-based sexual challenges with their partner.

Routledge
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Philosophy After Lacan

Politics, Science, and Art



Edited by Alireza Taheri, Chris Vanderwees, Reza Naderi

Series: The Lines of the Symbolic in Psychoanalysis Series

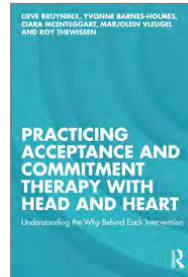
Philosophy After Lacan: Politics, Science, and Art brings together reflections on contemporary philosophy inspired by and in dialogue with Lacanian theory. This book will not only appeal to psychotherapists and psychoanalysts, but also to students and professors of philosophy, critical theory, psychology, politics, history, and literature.

Routledge
May 2024:256
Pb: 978-1-032-54645-2: £29.99
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* For full contents and more information, visit: www.routledge.com/9781032546452

Practicing Acceptance and Commitment Therapy with Head and Heart

Understanding the Why Behind Each Intervention



Lieve Bruyinx, Yvonne Barnes-Holmes, Ciara McEntegart, Marjolein Vleugel, Roy Thewissen

This book will help readers balance the essential scientific concepts underlying Acceptance and Commitment Therapy (ACT) with their clinical practice, reconnecting ACT with its behavioural therapeutic roots and Relational Frame Theory. This manual is a must-read for any ACT trainee or practitioner, helping them systematically connect techniques with the rationale for their use.

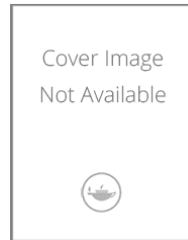
Routledge
September 2024:184
Pb: 978-1-032-67278-6: £26.99
Hb: 978-1-032-69967-7: £130

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7TH EDITION

Practicum and Internship

Textbook and Resource Guide for Counseling and Psychotherapy



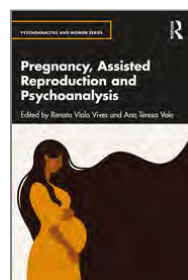
Christin M. Jungers Franciscan University of Steubenville, Ohio, USA, **Judith Scott** Private practice, Pennsylvania, USA, **Jocelyn Gregoire** Independent scholar, Pennsylvania, USA

The seventh edition of Practicum and Internship is a practical resource that provides students and supervisors with thorough coverage of all stages and aspects of the practicum and internship process. With comprehensive information that spans across therapeutic approaches, concerns, and topics, this remains an essential foundational text for counseling and psychotherapy students and their supervisors.

Routledge
October 2024:322
Pb: 978-1-032-54560-8: £56.99
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Pregnancy, Assisted Reproduction and Psychoanalysis



Edited by Renata Viola Vives, Ana Teresa Vale

Series: Psychoanalysis and Women Series

Pregnancy, Assisted Reproduction and Psychoanalysis reflects on contemporary views on pregnancy, while offering guidance on how to work with women and couples experiencing infertility as well as the unique issues raised by having a child through Assisted Reproduction Technologies. This book is an essential read for psychoanalysts and other professionals working in the field of ART, as well as those interested in motherhood and its vicissitudes and intersection with psychoanalysis.

Routledge
September 2024:200
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Primary Process Impacts and Dreaming the Undreamable Object in the Work of Michael Eigen

Becoming the Welcoming Object



Edited by **Loray Daws** Psychologist in private practice, Canada, **Keri S. Cohen**

Primary Process Impacts and Dreaming the Undreamable Object in the Work of Michael Eigen examines Eigen's rich phenomenological work on becoming a welcoming object. Presenting a key aspect of Michael Eigen's transformational aesthetic, this book will be of great interest to psychoanalysts, psychotherapists, and all those with an interest in psychoanalytic and spiritual psychology.

Routledge
June 2024:228
Pb: 978-1-032-34604-5: £29.99
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Problems of Psychoanalytic Technique in Freud and Lacan

What Does a Psychoanalyst Do?



Bruno Bonoris

Problems of Psychoanalytic Technique in Freud and Lacan contributes to the everyday work of contemporary psychoanalysts through a critical examination of psychoanalytic technique. The book is essential reading for students and trainees of psychoanalysis and psychoanalytic studies. It is also of interest to readers who wish to learn more about psychoanalysis and psychodynamic therapies. Bonoris revisits and questions key concepts including free association, evenly suspended attention, transference, interpretation, and construction, with reference to Freud, Lacan, and the work of contemporary philosophers, psychologists, and psychoanalysts.

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Psychoanalysis and Severe Disorders in Young Children

Clinical and Community Work with Autism Spectrum Disorder and Child Mental Health



Nahir Bonifacino

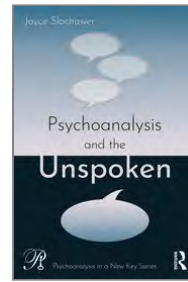
Series: *The International Psychoanalytical Association Current Challenges in Psychoanalysis*

Psychoanalysis and Severe Disorders in Young Children presents case material and resources for professionals working with young children in the clinic and in the community. Psychoanalysis and Severe Disorders in Young Children will be of great interest to child psychoanalysts and psychoanalytic psychotherapists, clinical and educational psychologists, child psychiatrists, social workers, teachers, and carers.

Routledge
October 2024:192
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Psychoanalysis and the Unspoken



Joyce Slochower New York University Postdoctoral Program in Psychotherapy and Psychoanalysis, USA

Series: *Psychoanalysis in a New Key*

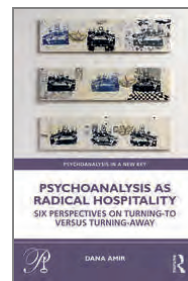
What do therapists not talk about? What do we ignore/miss/sidestep? What factors—personal, social, political—inform our areas of blindness? This book names and explores what psychoanalytic theory often skips over or simplifies—how, when, and why we fail to uphold the professional ideal. Turning a critical eye on her own theory, Slochower reflects on how it, she, and the field have evolved and what remains unspoken. In so doing, she pushes us to do the same. With its sharp focus on both theory and clinical work, this book is essential reading for psychoanalysts and psychotherapists.

Routledge
June 2024:252
Pb: 978-1-032-69152-7: £29.99
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Psychoanalysis as Radical Hospitality

Six Perspectives on Turning-to versus Turning-Away



Dana Amir Faculty Member, Haifa University, Israel

Series: *Psychoanalysis in a New Key*

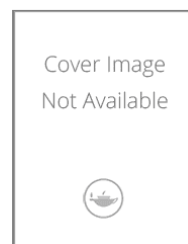
This book focuses on different forms of turning toward versus turning away from speech across a range of experiences in clinical treatment and general life. Each chapter sheds light on a different angle of the psyche's ability to spot its own leverage point and use it to transcend the infinite varieties of helpless victimhood: from the position of the victim to the position of the witness, from being the object of the narrative to being its subject, and from the position of righteousness to the willingness to forgive and be forgiven. This book is a must read for psychoanalysts, psychotherapists, literary scholars, as well as philosophers of language and of the mind.

Routledge
June 2024:114
Pb: 978-1-032-71574-2: £29.99
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Psychoanalytic Principles in Psychiatric Practice

A Remedy by Truth



Mark Kinet Psychoanalyst in private practice, Belgium

In this approachable book, Mark Kinet offers a unique methodology for integrating psychoanalytic work in the psychiatric setting. Written in Kinet's trademark accessible and personable manner, Psychoanalytic Principles in Psychiatric Practice will inspire the training psychiatrist and psychotherapist, as well as the more experienced practitioner, to consider a more panoptic approach to working with patients.

Routledge
August 2024:216
Pb: 978-1-032-68620-2: £29.99
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Psychoanalytic Psychotherapy Between Identity and Change



Edited by **Luigia Cresti, Isabella Lapi**

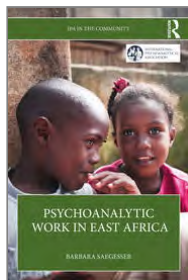
Series: *The EFPP Monograph Series*

Psychoanalytic Psychotherapy Between Identity and Change reconsiders psychoanalytic psychotherapy for contemporary contexts. Psychoanalytic Psychotherapy Between Identity and Change will be of interest to psychoanalytic psychotherapists and psychoanalysts in practice and in training.

Routledge
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Psychoanalytic Work in East Africa



Barbara Saegesser

Series: *IPA in the Community*

Psychoanalytic Work in East Africa presents a unique insight into psychoanalytic practice with urban populations in Eastern Africa. Psychoanalytic Work in East Africa will be of great interest to psychoanalysts and psychoanalytic psychotherapists looking to learn more about working with people in complex and challenging, also dangerous situations, across cultures, and in areas where psychoanalysis is not at all known.

Routledge
October 2024:168
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Hb: 978-1-032-58809-4: **£130**

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6TH EDITION

Psychopathology

Foundations for a Contemporary Understanding



Edited by **James E Maddux, Barbara A Winstead**

Psychopathology: Foundations for a Contemporary Understanding is a comprehensive textbook about the etiology and treatment of the most important psychological disorders. This book is the go-to textbook on psychopathology for graduate students in clinical and counseling psychology programs and related programs such as social work. It can also be used as a useful reference source for practitioners and researchers.

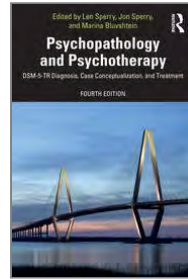
Routledge
September 2024:704
Pb: 978-1-032-44434-5: **£59.99**
Hb: 978-1-032-45221-0: **£130**

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4TH EDITION

Psychopathology and Psychotherapy

DSM-5-TR Diagnosis, Case Conceptualization, and Treatment



Edited by **Len Sperry** Florida Atlantic University, USA, **Jon Sperry** Lynn University, Boca Raton, Florida, USA, **Marina Bluvshstein**

Psychopathology and Psychotherapy, Fourth Edition, targets the most common diagnostic conditions seen in everyday counseling and psychotherapy practice and integrates DSM-5-TR criteria with the Adlerian view of psychopathology and psychotherapy. It highlights cases that Adler himself treated or consulted on. Written by practicing clinicians with expertise in specific disorders, this book will be an invaluable resource to both novice and experienced clinicians, as well as students.

Routledge
August 2024:346
Pb: 978-1-032-46449-7: **£35.99**
Hb: 978-1-032-47833-3: **£130**

* For full contents and more information, visit: www.routledge.com/9781032464497

Psychosis, Spirit Possession and Child Sexual Abuse

A Jungian, Depth and Liberation Psychology Perspective



Hazel Da Breo

This distinctive volume examines the psychological claims of spirit possession and psychosis as they are linked to child sexual abuse, intimate partner violence, and poor mental health. Psychosis, Spirit Possession and Child Sexual Abuse offers an alternative framework for understanding mental processes that lead to symptoms such as auditory or visual hallucinations that often get misdiagnosed and mistreated. This is important reading for practitioners and scholars of depth psychology and is of keen interest to academics in the fields of foreign and cultural studies, as well as students and researchers in sociology, religion or anthropology.

Routledge
October 2024:166
Pb: 978-1-032-12211-3: **£29.99**
Hb: 978-1-032-12212-0: **£120**

* For full contents and more information, visit: www.routledge.com/9781032122113

Psychosocial Group Work with Vulnerable Children

Eclectic Group Conductors and Creative Play



Maria Leticia Castrechini Fernandes Franieck, Niko Bittner

Series: *The Forensic Psychotherapy Monograph Series*

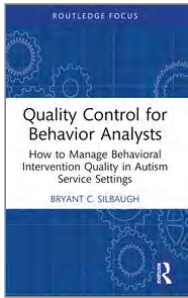
Psychosocial Group Work with Vulnerable Children presents a simple, accessible, and preventative approach to psychotherapeutic interventions. Psychosocial Group Work with Vulnerable Children will be a key reading for psychotherapists and other professionals working with vulnerable children including psychologists, psychiatrists, and social workers.

Routledge
August 2024:208
Pb: 978-1-032-73945-8: **£29.99**
Hb: 978-1-032-73946-5: **£130**

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Quality Control for Behavior Analysts

How to Manage Behavioral Intervention Quality in Autism Service Settings



Bryant C. Silbaugh

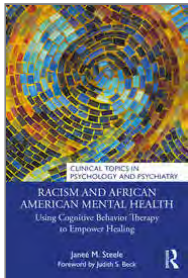
Quality Control for Behavior Analysts helps practitioners apply concepts of quality planning, control, and improvement to implement high-quality behavioral interventions that behavior analysts need to deliver to maximize care value through superior clinical outcomes. This guide is a vital resource for any BCBA committed to providing high-quality ABA therapy and making a difference in the lives of individuals with autism.

Routledge
October 2025:152
Pb: 978-1-032-75666-0: £18.99
Hb: 978-1-032-75384-3: £48.99

* For full contents and more information, visit: www.routledge.com/9781032756660

Racism and African American Mental Health

Using Cognitive Behavior Therapy to Empower Healing



Janeé M. Steele Kalamazoo Cognitive and Behavioral Therapy, Michigan, USA

Series: *Clinical Topics in Psychology and Psychiatry*

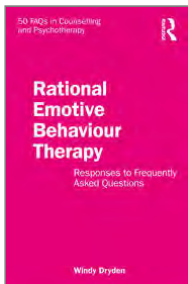
Racism and African American Mental Health examines the psychological impacts of racism within the African American community and offers a culturally adapted model of cognitive behavior therapy for more culturally relevant case conceptualization and treatment planning with this population. Reflection questions and guided practice are incorporated throughout the text to assist readers with application of the strategies discussed in their own clinical settings.

Routledge
September 2024:352
Pb: 978-1-032-05049-2: £29.99
Hb: 978-1-032-05050-8: £130

* For full contents and more information, visit: www.routledge.com/9781032050492

Rational Emotive Behaviour Therapy

Responses to Frequently Asked Questions



Windy Dryden

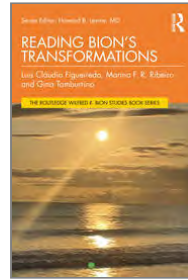
Series: *50 FAQs in Counselling and Psychotherapy*

This book aims to answer the 50 most frequently asked questions on REBT by trainees, novice practitioners, and clients themselves. The book will appeal to a wide range of counsellors and psychotherapists. It will provide trainee and novice therapists with answers to some of their own questions, give trainers and supervisors helpful responses to frequently asked questions in training and aid all levels of practitioners in answering questions from clients.

Routledge
August 2024:256
Pb: 978-1-032-69205-0: £19.99
Hb: 978-1-032-69448-1: £130

* For full contents and more information, visit: www.routledge.com/9781032692050

Reading Bion's Transformations



Luis Cláudio Figueiredo, Marina F R Ribeiro, Gina Tamburrino

Series: *The Routledge Wilfred R. Bion Studies Book Series*

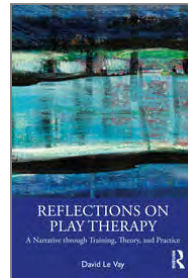
Reading Bion's Transformations is an in-depth reading of Bion's 1965 work, Transformations, and investigates the epistemological concept of 'O' introduced by Bion. Reading Bion's Transformations is an essential read for those approaching Bion's work for the first time, as well as those seeking to better understand his theories and the metapsychological and epistemological impact of the concept of transformation within psychoanalysis.

Routledge
October 2024:128
Pb: 978-1-032-74835-1: £29.99
Hb: 978-1-032-75998-2: £130

* For full contents and more information, visit: www.routledge.com/9781032748351

Reflections on Play Therapy

A Narrative through Training, Theory, and Practice



David Le Vay

This book explores an extensive range of questions and challenges within the training, theory, and practice of play therapy, with the aim of providing a stimulating and thought-provoking debate around many of the issues and dilemmas therapists experience. Reflections on Play Therapy will serve a core text for trainee play therapists and also a valuable resource for any experienced clinicians working therapeutically with children, young people, and families.

Routledge
August 2024:188
Pb: 978-1-032-40327-4: £26.99
Hb: 978-1-032-40332-8: £130

* For full contents and more information, visit: www.routledge.com/9781032403274

3RD EDITION

Research Methods in Applied Behavior Analysis



Jon S. Bailey Florida State University, USA, **Mary R. Burch** Behavior Management Consultants, Florida, USA

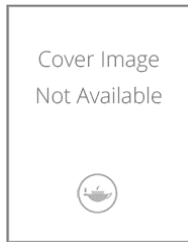
Research Methods in Applied Behavior Analysis, 3rd Edition is a practical and accessible text that provides the beginning researcher with a clear description of how behavior analysts conduct applied research and submit it for publication. Rich with details from the authors' vast experience and numerous examples from published research, this text is an indispensable resource for students of applied behavior analysis and for practicing behavior analysts.

Routledge
September 2024:424
Pb: 978-1-032-54071-9: £39.99
Hb: 978-1-032-55159-3: £130

* For full contents and more information, visit: www.routledge.com/9781032540719

Resilience and Military Families

Case Vignettes, Self-Assessment Tools, and Evidence-Based Interventions



Julie Canfield

This textbook aims to educate students across all mental health disciplines on the importance of using resilience as a tool when working with military families. Following two decades of war and a global pandemic, this essential textbook is a crucial read for all mental health professionals training to work with military populations and their families, such students of clinical social work, marriage and family therapy, and psychology, as well as instructors of courses on military psychology and mental wellbeing.

Routledge

July 2024:200

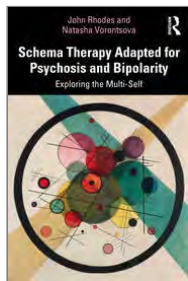
Pb: 978-1-032-57176-8: **£38.99**

Hb: 978-1-032-57177-5: **£130**

* For full contents and more information, visit: www.routledge.com/9781032571768

Schema Therapy Adapted for Psychosis and Bipolarity

Exploring the Multi-Self



John Rhodes Birkbeck College, London University, UK,
Natasha Vorontsova University College London, UK

This book explores how schema theory and therapy might be used in work with clients who suffer from psychosis, bipolarity and related symptoms. Offering unique insights, this text will appeal to a range of practicing clinicians such as psychologists, therapists, psychiatrists and those with a special interest in psychosis or bipolarity.

Routledge

August 2024:171

Pb: 978-1-032-39621-7: **£24.99**

Hb: 978-1-032-39622-4: **£130**

* For full contents and more information, visit: www.routledge.com/9781032396217

Schema-Focused Working Methods for Arts and Body-Based Therapies



Edited by **Suzanne Haeyen**

This book introduces schema-focused working methods for arts and body-based therapies, offering therapists practice-based tools to help their clients strengthen healthy patterns, self-management, and well-being on their path to recovery. The theoretical framework in the introduction and the scientific evidence for arts and psychomotor therapies, combined with the practice-based examples allows for a text that is broad enough for graduate creative therapy programs and specific enough to serve as a shelf reference for those in practice.

Routledge

May 2024:444

Pb: 978-1-032-59957-1: **£29.99**

Hb: 978-1-032-59958-8: **£130**

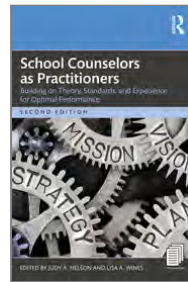
eBook: 978-1-003-45698-8

* For full contents and more information, visit: www.routledge.com/9781032599571

2ND EDITION

School Counselors as Practitioners

Building on Theory, Standards, and Experience for Optimal Performance



Edited by **Judy A. Nelson**, **Lisa A. Wines** Lamar University, Texas, USA

School Counselors as Practitioners, Second Edition is a hands-on, practice-based, task-oriented guide to being an effective school counselor. This updated edition is essential reading for counselor educators, graduate students enrolled in a school counseling program, supervisors of school counselors, including administrators, and practicing school counselors.

Routledge

June 2024:506

Pb: 978-1-032-50952-5: **£52.99**

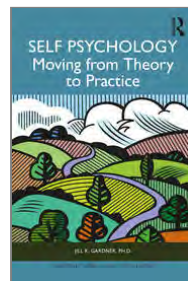
Hb: 978-1-032-50955-6: **£130**

eBook: 978-1-003-40041-7

* For full contents and more information, visit: www.routledge.com/9781032509525

Self Psychology

Moving from Theory to Practice



Jill Gardner

Series: New Directions in Self Psychology

This book offers an in-depth explanation of the concepts of Self Psychology and pragmatic steps for recognizing and using these concepts in clinical work, helping clinicians move from theory to practice. With its rich clinical vignettes and accessible language, *Self Psychology: Moving from Theory to Practice* is also a valuable resource for supervisors and teachers of self psychology, whether in analytic training institutes, graduate schools of psychology, counseling and social work, or education programs.

Routledge

September 2024:216

Pb: 978-1-032-79311-5: **£31.99**

Hb: 978-1-032-79312-2: **£130**

* For full contents and more information, visit: www.routledge.com/9781032793115

Self-in-Relationship Psychotherapy in Action

Individual, Couple, Family and Child Psychotherapy



Augustine Meier, **Micheline Boivin**

This book presents a comprehensive guide to applying Meier and Boivin's Self-in-Relationship Psychotherapy model to clinical work with individuals, couples, families and children. The central theme of the book is that the paradigm of affects, cognitive processes and behaviors that informs current psychotherapy approaches needs to be broadened to include core self, relational and physical intimacy needs as motivating factors in psychotherapy. With a clear transtheoretical approach and rich clinical vignettes, this book is core reading for any psychotherapists, psychoanalyst, or practicing psychologists.

Routledge

June 2024:306

Pb: 978-1-032-67879-5: **£29.99**

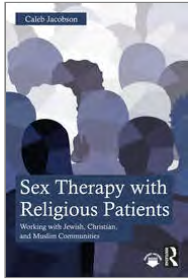
Hb: 978-1-032-65526-0: **£130**

eBook: 978-1-032-65529-1

* For full contents and more information, visit: www.routledge.com/9781032678795

Sex Therapy with Religious Patients

Working with Jewish, Christian, and Muslim Communities



Caleb Jacobson

Sex Therapy with Religious Patients is a comprehensive guidebook for mental health professionals who work with those struggling with sexual issues within a religious context. The book provides practical guidance on how to approach sensitive topics related to sex and religion. The book is written in an accessible and engaging style, with real-life case examples and exercises that can be used in therapy sessions. It is an essential resource for mental health professionals seeking to enhance their skills in working with religious individuals who are seeking sex therapy.

Routledge
 May 2024:340
 Pb: 978-1-032-14972-1: £29.99
 Hb: 978-1-032-14973-8: £130
 eBook: 978-1-003-24201-7

* For full contents and more information, visit: www.routledge.com/9781032149721

Shadows of Fatherhood, Jung, and Film



Mark Holmwood

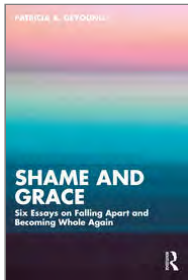
Every picture tells a story, and stories have the power to educate. Looking at two key Jungian archetypes - the father and the shadow - from a challenging perspective, this book investigates the negative, shadowy side of fatherhood and its detrimental effect on children by presenting a collection of stories from all over the world. Written with a clear and direct style, *Shadows of Fatherhood, Jung, and Film* will be of interest to mental health professionals, Jungian scholars, students, teachers and researchers in social sciences, humanities, and the arts, as well as general readers with a distinctive interest in men's studies, father-child relations, and cinema.

Routledge
 September 2024:152
 Pb: 978-1-032-49574-3: £29.99
 Hb: 978-1-032-49576-7: £120

* For full contents and more information, visit: www.routledge.com/9781032495743

Shame and Grace

Six Essays on Falling Apart and Becoming Whole Again



Patricia A. DeYoung Private practice, Ontario, Canada

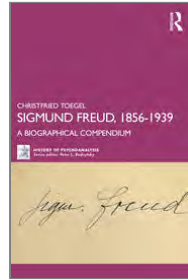
Shame silences our stories, crushes our spirits, and cuts us off from our hearts. How can we give voice to what has happened? Might we fall apart into suffering that would heal us? Could we honour desires we've disowned for a lifetime? How do we gather up our battered parts of self with tenderness? Could grief and love restore our hearts to us? In this book, shame theory meets memoir and meditation. Therapists, patients, and self-reflective readers from many walks of life will be moved and changed by time spent with this master clinician, thoughtful mentor, and fellow traveler.

Routledge
 October 2024:220
 Pb: 978-1-032-80493-4: £22.99
 Hb: 978-1-032-80495-8: £130

* For full contents and more information, visit: www.routledge.com/9781032804934

Sigmund Freud, 1856-1939

A Biographical Compendium



Christfried Toege

Series: History of Psychoanalysis

Sigmund Freud, 1856-1939 draws on a wide range of primary sources to present all the datable events that took place in Sigmund Freud's life, shining new light on his day-to-day experiences. Sigmund Freud, 1856-1939 will be of great interest to psychoanalysts in practice and in training as well as academics and scholars of Freud, psychoanalytic studies, the history of science and the history of Europe.

Routledge
 May 2024:676
 Pb: 978-1-032-69651-5: £44.99
 Hb: 978-1-032-69652-2: £130
 eBook: 978-1-032-69653-9

* For full contents and more information, visit: www.routledge.com/9781032696515

Single Session Therapy

A Clinical Introduction to Principles and Practices



Michael F. Hoyt

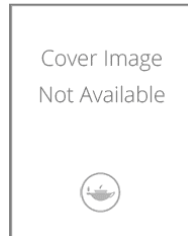
Single Session Therapy: A Clinical Introduction to Principles and Practices explores the best ways to use a Single Session Therapy (SST) mindset to better achieve therapeutic goals. This book is an essential reference for professionals involved in brief therapy practice, research, and teaching.

Routledge
 July 2024:264
 Pb: 978-1-032-73689-1: £29.99
 Hb: 978-1-032-74230-4: £130

* For full contents and more information, visit: www.routledge.com/9781032736891

So You Want to Do Narrative Therapy?

Letters to an Aspiring Narrative Therapist



Sanni Paljakka Calgary Narrative Collective, Alberta, Canada, **Tom Stone Carlson** Alliant International University, California, USA

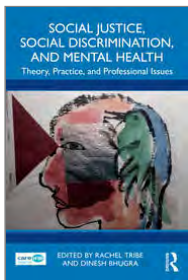
So You Want to Do Narrative Therapy? is an engaging and accessible introduction to contemporary narrative therapy practice. While written for narrative therapists at any level of experience, this book is especially useful for graduate-level theories courses in therapy training programs in counseling, psychology, social work, and family therapy.

Routledge
 November 2024:234
 Pb: 978-1-032-75512-0: £38.99
 Hb: 978-1-032-75517-5: £130

* For full contents and more information, visit: www.routledge.com/9781032755120

Social Justice, Social Discrimination, and Mental Health

Theory, Practice, and Professional Issues



Edited by **Rachel Tribe**, **Dinesh Bhugra**

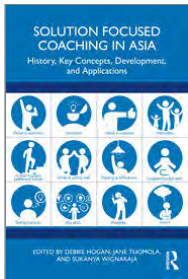
Social Justice, Social Discrimination, and Mental Health explores the theory and background of social justice in the context of mental health of individuals, cultures, and communities. This text will be essential reading for students, early career professionals and those training in psychiatry, psychotherapy, clinical, counselling and community psychology, as well as senior practitioners.

Routledge
September 2024:306
Pb: 978-1-032-39563-0: **£36.99**
Hb: 978-1-032-39782-5: **£130**

* For full contents and more information, visit: www.routledge.com/9781032395630

Solution Focused Coaching in Asia

History, Key Concepts, Development, and Applications



Edited by **Debbie Hogan** Academy of Solution Focused Training, Singapore, **Jane Tuomola** Pebble Psychology, Singapore, **Sukanya Wignaraja** Academy of Solution Focused Training, Sri Lanka

Through inspiring stories illustrating the diverse application of coaching within Asian contexts, this data-rich volume dives into the theory and practice of Solution Focused Coaching offering numerous tools and techniques that can be used immediately. This is an essential and comprehensive resource that is written for both beginner and experienced coaches and addresses the need for effective and culturally sensitive coaching models in Asia. It will also be beneficial for managers and health care professionals looking to enhance their work through coaching skills.

Routledge
August 2024:314
Pb: 978-1-032-55635-2: **£31.99**
Hb: 978-1-032-55636-9: **£130**

* For full contents and more information, visit: www.routledge.com/9781032556352

Solution Focused Coaching Supervision

An Essential Guide for Individual, Group, Peer and Team Coaching Supervision



Edited by **Kirsten Dierolf** Solutions Academy, Germany, **Svea van der Hoorn** Solution-focused Futures, South Africa, **Debbie Hogan** Academy of Solution Focused Training, Singapore, **Jane Tuomola** Pebble Psychology, Singapore

Solution Focused Coaching Supervision offers the reader a theoretically coherent framework for coaching supervision, outlined in an engaging way that is simple to understand and apply immediately using a variety of collaborative coaching supervision moves grounded in practical examples. An essential and comprehensive resource that will enable beginner coaching supervisors to start practising this highly respectful and ethical approach to coaching supervision, while also inspiring more advanced coaching supervisors to use this simple and effective approach to coaching supervision.

Routledge
October 2024:256
Pb: 978-1-032-48738-0: **£32.99**
Hb: 978-1-032-48739-7: **£135**

* For full contents and more information, visit: www.routledge.com/9781032487380

Somatic Ego State Therapy for Trauma Healing

Whole Again



Silvia Zanotta Ego State Therapy Switzerland, Switzerland

This book integrates Ego State Therapy with body-based therapies to present a multidimensional approach to working with clients who have experienced trauma. This is a practical, experiential book that will appeal to all professionals working with trauma, including psychotherapists, counsellors, body workers, and social workers.

Routledge
August 2024:222
Pb: 978-1-032-60810-5: **£26.99**
Hb: 978-1-032-60814-3: **£130**

* For full contents and more information, visit: www.routledge.com/9781032608105

2ND EDITION

Stepping into Emotionally Focused Therapy

Key Ingredients of Change



Lorrie L. Brubacher

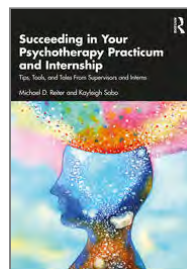
This accessible, practical, and thoroughly updated second edition introduces and presents how emotionally focused therapy can be used effectively across all three modalities, couple, family, and individual therapy, with clients from a diversity of backgrounds. This book is an essential read for all marriage and family therapists in practice and in training as well as counsellors who are looking to use EFT with couples, families, and individuals.

Routledge
August 2024:372
Pb: 978-1-032-15133-5: **£35.99**
Hb: 978-1-032-15134-2: **£130**

* For full contents and more information, visit: www.routledge.com/9781032151335

Succeeding in Your Psychotherapy Practicum and Internship

Tips, Tools, and Tales From Supervisors and Interns



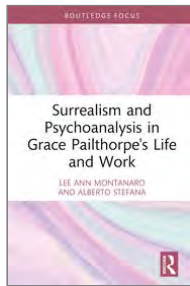
Michael D. Reiter Nova Southeastern University, Florida, USA, **Kayleigh Sabo** Nova Southeastern University, Florida, USA

Succeeding in Your Psychotherapy Practicum and Internship is a book about what students can often expect from their psychotherapy internship and how they can make the most of their experience. The book is written from two perspectives—one, that of a seasoned therapist, professor, and supervisor of therapy, and two, the perspective of a registered intern therapist who just went through the internship process.

Routledge
June 2024:256
Pb: 978-1-032-55990-2: **£48.99**
Hb: 978-1-032-55992-6: **£150**
eBook: 978-1-003-43348-4

* For full contents and more information, visit: www.routledge.com/9781032559902

Surrealism and Psychoanalysis in Grace Pailthorpe's Life and Work



Lee Ann Montanaro , Alberto Stefana

This book outlines the life and intellectual thought of the English surrealist artist and psychoanalyst, Dr Grace Pailthorpe (1883-1971). It gathers her published and unpublished writings, providing an in-depth study of the importance of surrealism of her work and legacy. This book is a rich resource for scholars and students interested in psychoanalysis and art history and provides an invaluable case study for the continuing significance of visual artistic practices to clinical work.

Routledge
May 2024:132
Hb: 978-1-032-73164-3: **£48.99**
eBook: 978-1-003-42703-2

* For full contents and more information, visit: www.routledge.com/9781032731643

Systemic and Narrative Work with Unaccompanied Asylum-Seeking Children

Stories of Relocation



Ana Draper , Elisa Marcellino , Samantha Thomson

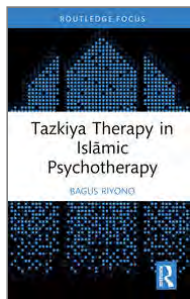
Series: The Systemic Thinking and Practice Series

Systemic and Narrative Work with Unaccompanied Asylum-Seeking Children: Stories of Relocation provides a contextualised, research-based understanding of how to enhance and support the emotional health and wellbeing of unaccompanied asylum-seeking children. This book is essential reading for all practitioners working with unaccompanied asylum-seeking children. It will also be of interest to students and trainees of social work and other mental health disciplines, as well as other professionals seeking to understand the needs of this group.

Routledge
June 2024:164
Pb: 978-1-032-19331-1: **£29.99**
Hb: 978-1-032-19329-8: **£130**
eBook: 978-1-003-25868-1

* For full contents and more information, visit: www.routledge.com/9781032193311

Tazkiya Therapy in Islāmic Psychotherapy



Bagus Riyono Lecturer, Universitas Gadjah Mada, Indonesia

Series: Islamic Psychology and Psychotherapy

This book presents Tazkiya therapy, a holistic psychological approach based on Quranic guidance and rooted in the understanding of human beings as multidimensional, i.e., physical, psychological, social, and spiritual beings. This book, based on the foundation that Tazkiya therapy covers issues that are spiritual in nature and always connects to Allah in facilitating the healing process, will fulfill the needs of practicing Muslim psychologists, psychiatrists, students of psychology and Islām studies.

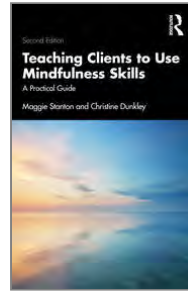
Routledge
June 2024:104
Hb: 978-1-032-71469-1: **£48.99**

* For full contents and more information, visit: www.routledge.com/9781032714691

2ND EDITION

Teaching Clients to Use Mindfulness Skills

A Practical Guide



Maggie Stanton University of Southampton, UK,
Christine Dunkley Grayrock Ltd., UK

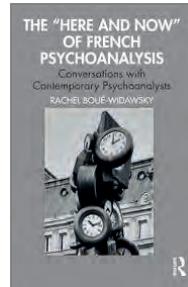
This book instructs readers on how to teach mindfulness skills that can be incorporated into everyday life, addressing the specific challenges of effectively passing these skills on to clients in a user-friendly way. This practical, structured guide is essential for professionals already teaching or planning to teach mindfulness skills, those taking courses or workshops, and for anyone interested in learning more about mindfulness.

Routledge
September 2024:236
Pb: 978-1-032-47219-5: **£22.99**
Hb: 978-1-032-47815-9: **£130**

* For full contents and more information, visit: www.routledge.com/9781032472195

The "Here and Now" of French Psychoanalysis

Conversations with Contemporary Psychoanalysts



Rachel Boué-Widawsky

The "Here and Now" of French Psychoanalysis provides an overview of the living psychoanalytic landscape in France through the voice of experienced psychoanalysts who continue and transform Freud, Lacan and others' legacy in their publications and clinical practice. The "Here and Now" of French Psychoanalysis presents an accessible introduction to this distinctive psychoanalytic landscape. It will be essential reading for psychoanalysts in practice and in training and for academics and students of psychoanalytic studies.

Routledge
August 2024:186
Pb: 978-1-032-37901-2: **£29.99**
Hb: 978-1-032-37902-9: **£130**

* For full contents and more information, visit: www.routledge.com/9781032379012

The Alchemy of Addiction

Carl Jung, the Enneagram, and Contemplative Wisdom Traditions



Stephen J. Costello

Within this important book, Costello draws on Eastern philosophy, Western psychology, and wisdom traditions, to offer an interpretation and answer to the multidimensional problem of addiction. This book will appeal to a wide variety of readers such as mental health professionals in the counselling and psychotherapy professions, as well as students of depth psychology and philosophy.

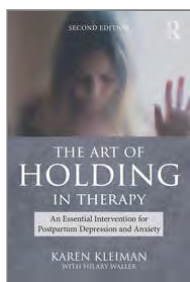
Routledge
August 2024:154
Pb: 978-1-032-72777-6: **£29.99**
Hb: 978-1-032-72776-9: **£120**
eBook: 978-1-003-42257-0

* For full contents and more information, visit: www.routledge.com/9781032727776

2ND EDITION

The Art of Holding in Therapy

An Essential Intervention for Postpartum Depression and Anxiety



Karen Kleiman , Hilary Waller

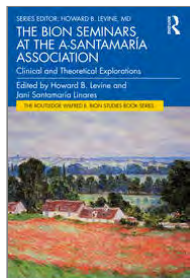
Written by a pioneer in the field, this second edition provides updated skill-building tools and a more developed, comprehensive understanding of how therapists can use the holding approach when treating perinatal distress. This book is essential reading for all of those in the perinatal mental health community, such as therapists, social workers, and clinicians.

Routledge
November 2024:300
Pb: 978-1-032-51420-8: £29.99
Hb: 978-1-032-51421-5: £130

* For full contents and more information, visit: www.routledge.com/9781032514208

The Bion Seminars at the A-Santamaría Association

Clinical and Theoretical Explorations



Edited by **Howard Levine** New York University, USA, **Jani Santamaría Linares** A-Santamaría Psicoanálisis México A. C.

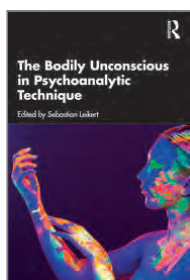
Series: The Routledge Wilfred R. Bion Studies Book Series

The Bion Seminars at the A-Santamaría Association offers readers insightful analyses and commentaries on Bion's key papers and books, as well as providing a unique set of discussions and explorations of many of Bion's central concepts and foundational texts. This volume is essential reading for practicing psychoanalysts, analysts-in-training, analytic psychotherapists, and anyone interested in exploring Bion's work.

Routledge
July 2024:178
Pb: 978-1-032-64164-5: £29.99
Hb: 978-1-032-66121-6: £130

* For full contents and more information, visit: www.routledge.com/9781032641645

The Bodily Unconscious in Psychoanalytic Technique



Edited by **Sebastian Leikert**

The Bodily Unconscious in Psychoanalytic Technique explores how corporeality and body memory can be more strongly integrated into psychoanalytic work. The Bodily Unconscious in Psychoanalytic Technique will be essential reading for psychoanalysts and psychoanalytic psychotherapists in practice and training, particularly those interested in somatic approaches.

Routledge
August 2024:220
Pb: 978-1-032-44045-3: £29.99
Hb: 978-1-032-44047-7: £130

* For full contents and more information, visit: www.routledge.com/9781032440453

The CBT Workbook for Illness Anxiety



Blaise Worden , Johanna Kaplan

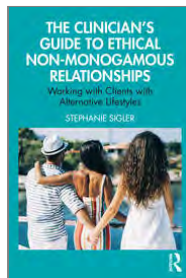
This cognitive behavioral therapy (CBT) workbook includes a detailed, step-by-step account of how to do scientifically supported treatment with adults experiencing illness anxiety. This book is essential for those with illness or health related anxiety looking to do self-help or to use with therapists in sessions, along with practicing clinicians who need specialized guidance.

Routledge
November 2024:324
Pb: 978-1-032-71134-8: £19.99
Hb: 978-1-032-70733-4: £130

* For full contents and more information, visit: www.routledge.com/9781032711348

The Clinician's Guide to Ethical Non-Monogamous Relationships

Working with Clients with Alternative Lifestyles



Stephanie Sigler

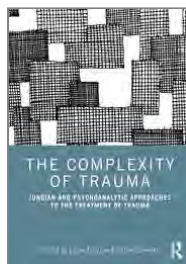
This book is a comprehensive guide designed to help mental health professionals understand and meet the unique needs of individuals in ethical non-monogamous relationships. An invaluable resource for practitioners new to ethical non-monogamy, this book is equally essential for therapists looking to expand their knowledge and skills and can help practitioners provide meaningful support to clients in this often misunderstood and underrepresented community.

Routledge
July 2024:442
Pb: 978-1-032-72978-7: £35.99
Hb: 978-1-032-72981-7: £130

* For full contents and more information, visit: www.routledge.com/9781032729787

The Complexity of Trauma

Jungian and Psychoanalytic Approaches to the Treatment of Trauma



Edited by **Luisa Zoppi , Martin Schmidt**

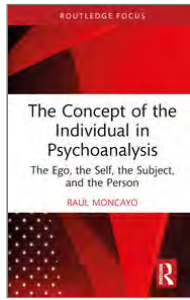
This important volume offers a broad and in-depth overview of how to understand and treat trauma from a Jungian perspective, written by internationally recognized experts in the field of Jungian and traditional psychoanalysis. The Complexity of Trauma is key reading for psychoanalysts and therapists as well as for researchers, students, and trainees in schools of psychodynamic psychotherapy and those interested in working with trauma.

Routledge
October 2024:278
Pb: 978-1-032-28700-3: £32.99
Hb: 978-1-032-28697-6: £120

* For full contents and more information, visit: www.routledge.com/9781032287003

The Concept of the Individual in Psychoanalysis

The Ego, the Self, the Subject, and the Person



Raul Moncayo Training Analyst, Lacanian School of Psychoanalysis, California, USA

Series: *Routledge Focus on Mental Health*

The Concept of the Individual in Psychoanalysis considers the different conceptions of the individual that are found in psychoanalysis according to the culture in which it operates, and its political structure. The Concept of the Individual in Psychoanalysis will be of great interest to psychoanalysts in practice and in training, and to academics and students of Lacanian and psychoanalytic studies.

Routledge
August 2024:104
Hb: 978-1-032-83435-1: £48.99
* For full contents and more information, visit: www.routledge.com/9781032834351

The Craft of the Secure Base Coach

Enabling Transition



Jakob van Wielink International leadership coach and trainer, Netherlands., **Klaartje van Gasteren**, **Marnix Reijmerink**, **Anne Verbokkem-Oerlemans**, **Leo Wilhelm** De School voor Transitie, The Netherlands, **Riet Fiddelaers-Jaspers**

Within The Craft of the Secure Base Coach, the authors take a new and combined approach to the professions of coaching and counselling to provide a guide for professionals wanting to better assist individuals and teams in periods of transition. This will be a valuable resource for coaches, counsellors and therapists, as well as those currently in training. It will also be of use to leaders wishing to learn more about their coaching skills, as well as social workers and grief counsellors/therapists.

Routledge
October 2024:316
Pb: 978-1-032-70123-3: £31.99
Hb: 978-1-032-73022-6: £120
* For full contents and more information, visit: www.routledge.com/9781032701233

The Death Drive

A Contemporary Introduction



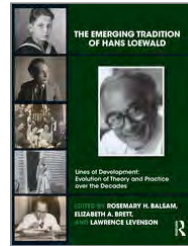
Rossella Valdrè

Series: *Routledge Introductions to Contemporary Psychoanalysis*

This comprehensive yet accessible book analyses the clinical and historical experiences that led to the radical, complex, and fundamental psychoanalytic concept of the death drive.

Routledge
October 2024:128
Pb: 978-1-032-68741-4: £19.99
Hb: 978-1-032-75587-8: £130
* For full contents and more information, visit: www.routledge.com/9781032687414

The Emerging Tradition of Hans Loewald



Edited by **Rosemary H. Balsam**, **Elizabeth A. Brett**, **Lawrence Levenson**

Series: *The Lines of Development*

Alongside its companion volume, this book addresses the current lack of familiarity with the ideas and life of the eminent psychoanalytic teacher and scholar, Hans Loewald (1906-1993), to provide an account of the evolution of his ideas across different disciplinary fields. Animating this powerful, yet contained and complex man, there are contributions from his family, students and analysts, and an introduction to the new virtual Loewald Center, making this volume essential reading for any psychoanalyst or psychotherapist working today.

Routledge
July 2024:212
Pb: 978-1-032-68514-4: £32.99
Hb: 978-1-032-68516-8: £130
eBook: 978-1-032-68515-1
* For full contents and more information, visit: www.routledge.com/9781032685144

The Expressive Use of Masks Across Cultures and Healing Arts



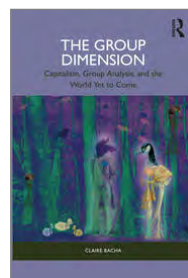
Edited by **Susan Ridley**

The Expressive Use of Masks Across Cultures and Healing Arts explores the interplay between masks and culture and their therapeutic use in the healing arts such as music, art, dance/movement, drama, play, bibliotherapy, and intermodal. The reader will be able to adapt and incorporate techniques and directives presented in these chapters. Readers are encouraged to explore their own cultural heritage, to find their authentic voice, as well as learn how to work with clients who have different life experiences.

Routledge
April 2024:298
Pb: 978-1-032-43086-7: £29.99
Hb: 978-1-032-43087-4: £130
eBook: 978-1-003-36564-8
* For full contents and more information, visit: www.routledge.com/9781032430867

The Group Dimension

Capitalism, Group Analysis, and the World Yet to Come



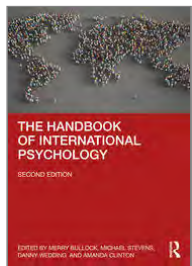
Claire Bacha

The Group Dimension presents a thorough exploration of the history and theory of the group dimension, particularly in the context of modern capitalist society. The Group Dimension will be essential reading for anyone involved in groups, as practitioners or clients. It will also be of interest to readers looking to learn more about groups in the context of modern politics, social and liberation movements.

Routledge
July 2024:216
Pb: 978-1-032-39513-5: £29.99
Hb: 978-1-032-39514-2: £130
* For full contents and more information, visit: www.routledge.com/9781032395135

2ND EDITION

The Handbook of International Psychology



Edited by **Merry Bullock**, **Michael J. Stevens**, **Danny Wedding** American University of Antigua, **Amanda Clinton**

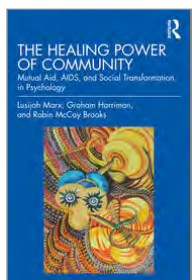
This second edition of *The Handbook of International Psychology* chronicles the discipline of psychology as it evolves in different regions, from the perspective of those living and working in the countries they write about. This comprehensive handbook is essential for students and teachers of psychology, as well as professionals wanting to develop their understanding of psychology around the world.

Routledge
October 2024:530
Hb: 978-1-138-92512-0: £205

* For full contents and more information, visit: www.routledge.com/9781138925120

The Healing Power of Community

Mutual Aid, AIDS, and Social Transformation in Psychology



Edited by **Lusijah Marx**, **Graham Harriman**, **Robin McCoy**, **Brooks Brooks**

The Healing Power of Community offers a diverse cross section of interdisciplinary, and depth-psychological perspectives in support of using mutual aid approaches, in all levels of group and community practice, as a remedy for individualism, social and political divisions and centering social justice. This book is designed to engage clinical social workers and mental health care clinicians working in community based mental health, as well as those involved in community psychology, collective trauma and grief, HIV/AIDS advocacy, policy making and political advocacy.

Routledge
July 2024:218
Pb: 978-1-032-47873-9: £29.99
Hb: 978-1-032-47874-6: £130
eBook: 978-1-003-38633-9

* For full contents and more information, visit: www.routledge.com/9781032478739

The Jungian Inspired Holocaust Writings of Ety Hillesum

To Write is to Act



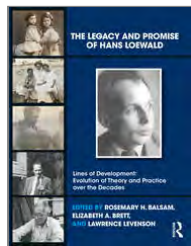
Edited by **Barbara Morrill**

Within this fascinating new book, Barbara Morrill analyses the journal writings of Ety Hillesum, a young Jewish woman in the 1940's, as she began analysis with a Jungian-oriented practitioner in 1941. This will be a unique volume of interest to Jungian analysts, analysts in training, as well as readers with an interest in the time period and concern about democracy and "our times"

Routledge
September 2024:168
Pb: 978-1-032-75607-3: £29.99
Hb: 978-1-032-75606-6: £130

* For full contents and more information, visit: www.routledge.com/9781032756073

The Legacy and Promise of Hans Loewald



Edited by **Rosemary H. Balsam**, **Elizabeth A. Brett**, **Lawrence Levenson**

Series: *The Lines of Development*

Alongside its continuing volume, this rich collection of essays addresses the current lack of familiarity with the ideas and life of the eminent psychoanalytic teacher and scholar, Hans Loewald (1906-1993), by presenting the most comprehensive account of his work ever produced. Featuring contributions from those who worked directly with Loewald, and those inspired by his ideas, this book will be essential reading for any psychoanalyst of psychotherapist working today.

Routledge
July 2024:218
Pb: 978-1-032-35733-1: £32.99
Hb: 978-1-032-35734-8: £130

* For full contents and more information, visit: www.routledge.com/9781032357331

The Major Literary Seminars of Jacques Lacan

Literature, Litraterre, Litterature



Edited by **Santanu Biswas**

The Major Literary Seminars of Jacques Lacan considers the three key phases of Lacan's interest in literary topics. The Major Literary Seminars of Jacques Lacan will be of great interest to Lacanian psychoanalysts, academics and students of Lacanian studies, literature and psychoanalysis and other practitioners interested in the teachings of Lacan.

Routledge
August 2024:228
Pb: 978-1-032-74800-9: £31.99
Hb: 978-1-032-74803-0: £130

* For full contents and more information, visit: www.routledge.com/9781032748009

The Marquis de Puysegur, Artificial Somnambulism, and the Discovery of the Unconscious Mind

Memoirs to Serve the History and Establishment of Animal Magnetism



Edited by **Adam Crabtree**, **The Marquis de Puysegur**, **Sarah Osei-Bonsu**

Series: *History of Psychoanalysis*

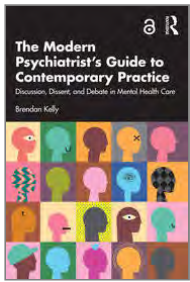
The Marquis de Puysegur, Artificial Somnambulism, and the Discovery of the Unconscious Mind presents the first full English translation of a foundational text in the history of psychodynamic thinking, and provides a contextual explanation of its contemporary significance. This book will be of great interest to academics and scholars of psychoanalysis, psychotherapy, and the history of psychology, hypnosis and mental health. It will also appeal to practicing clinicians.

Routledge
September 2024:144
Pb: 978-1-032-29246-5: £34.99
Hb: 978-1-032-29247-2: £130

* For full contents and more information, visit: www.routledge.com/9781032292465

The Modern Psychiatrist's Guide to Contemporary Practice

Discussion, Dissent, and Debate in Mental Health Care



Brendan Kelly

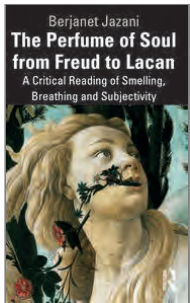
The Modern Psychiatrist's Guide to Contemporary Practice provides an overview of psychiatry, starting with the most fundamental question of all: why does psychiatry exist? This book is essential for mental health workers and trainees, academics, and those interested in what psychiatry is, why it exists, and its future potential. The Open Access version of this book, available at <http://www.taylorfrancis.com>, has been made available under a Creative Commons [Attribution-Non Commercial-No Derivatives (CC-BY)] 4.0 license.

Routledge
July 2024:270
Pb: 978-1-032-45740-6: £35.99
Hb: 978-1-032-45742-0: £130

* For full contents and more information, visit: www.routledge.com/9781032457406

The Perfume of Soul from Freud to Lacan

A Critical Reading of Smelling, Breathing and Subjectivity



Berjanet Jazani President of the College of Psychoanalysts, UK

The Perfume of Soul from Freud to Lacan seeks to understand the human sense of smell and its marks on our subjectivity from a psychoanalytic perspective. The Perfume of Soul from Freud to Lacan will be of great interest to psychoanalysts, academics and all readers who are interested in psychoanalysis, philosophy, and culture.

Routledge
July 2024:120
Pb: 978-1-032-75735-3: £24.99
Hb: 978-1-032-77903-4: £130
eBook: 978-1-003-48532-2

* For full contents and more information, visit: www.routledge.com/9781032757353

The Power of Group Attachment

John Bowlby Revisited from a Group-Analytic Perspective



Arturo Ezquerro , María Cañete

Series: The New International Library of Group Analysis

The Power of Group Attachment provides evidence for the fundamental role that interpersonal and group attachment have played in our survival and evolution as individuals, groups, organisations, and species. Original, scholarly, yet personal and accessible, the book is addressed to mental health professionals and managers as well as politicians and educators: it expands the reader's social and democratic consciousness at this crucial time when our world is descending fast into pathology, global warming, and vicious violence stemming from unresolved personal and collective trauma.

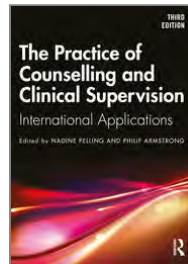
Routledge
September 2024:288
Pb: 978-1-032-22294-3: £29.99
Hb: 978-1-032-22293-6: £130

* For full contents and more information, visit: www.routledge.com/9781032222943

3RD EDITION

The Practice of Clinical and Counselling Supervision

Australian and International Applications



Edited by Nadine Pelling , Philip Armstrong Clinical Counselling Centre, Australia

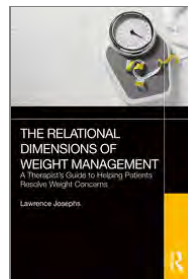
Quality supervision assists in quality service provision. The Practice of Clinical and Counselling Supervision: Australian & International Applications is the third edition of the leading Australian state-of-the-art text for supervision training applicable to a vast range of applied therapists. With an impressive list of contributors from Australia and the broader region, this book provides a wealth of practical information, advice, theory, research evidence, and essential training for supervisors.

Routledge
October 2024:450
Pb: 978-1-032-78526-4: £37.99
Hb: 978-1-032-78527-1: £135

* For full contents and more information, visit: www.routledge.com/9781032785264

The Relational Dimensions of Weight Management

A Therapist's Guide to Helping Patients Resolve Weight Concerns



Lawrence Josephs Adelphi University, New York, USA

The Relational Dimensions of Weight Management is a book for nonspecialist psychotherapists of any theoretical orientation to help patients concerned with weight management. Psychotherapy patients use their therapists as sounding boards to help them answer two questions: Do I need to lose weight? And, if I do need to lose weight, how should I go about it? Chapters provide therapists with the tools they need to help patients find personalized solutions to their weight loss concerns, to boost their self-image, and to deal with the judgment that is sometimes imposed by others, regardless of which weight management approach patients eventually embrace.

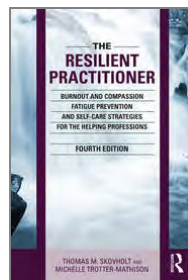
Routledge
July 2024:198
Pb: 978-1-032-50378-3: £27.99
Hb: 978-1-032-50379-0: £130

* For full contents and more information, visit: www.routledge.com/9781032503783

4TH EDITION

The Resilient Practitioner

Burnout and Compassion Fatigue Prevention and Self-Care Strategies for the Helping Professions, 4th ed



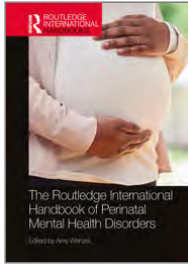
Thomas M. Skovholt University of Minnesota, USA,
Michelle Trotter-Mathison Private practice, Minnesota, USA

The Resilient Practitioner, 4th edition, builds on the first three editions and on the lived experience of practitioners in the helping, caring, and relationship-intense fields. Readers will find ongoing strengths of the last edition: self-reflection exercises in each chapter, a resiliency inventory for practitioners, a strong focus on research and an accessible writing style. The authors also continue to chart a hopeful path for practitioners, a path that allows for a high level of caring for others in the helping professions while also artfully caring for oneself.

Routledge
October 2024:340
Pb: 978-1-032-11757-7: £29.99
Hb: 978-1-032-11759-1: £135

* For full contents and more information, visit: www.routledge.com/9781032117577

The Routledge International Handbook of Perinatal Mental Health Disorders



Edited by **Amy Wenzel** Wenzel Consulting, Pennsylvania, USA

Series: *Routledge International Handbooks*

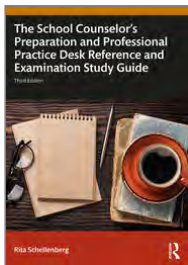
The Routledge International Handbook of Perinatal Mental Health Disorders comprehensively presents the leading, global research in understanding and clinically treating perinatal mental health disorders. This handbook is essential reading for clinicians who have interest in issues associated with perinatal mental health disorders, as well as students of clinical social work, clinical psychiatry, clinical psychology, obstetrics and gynaecology, nursing, and midwifery.

Routledge
June 2024:790
Hb: 978-1-032-07432-0: £205

* For full contents and more information, visit: www.routledge.com/9781032074320

3RD EDITION

The School Counselor's Preparation and Professional Practice Desk Reference and Examination Study Guide



Rita Schellenberg Liberty University, Virginia, USA

This third edition of The School Counselor's Preparation and Professional Practice Desk Reference and Examination Study Guide is a comprehensive resource for both pre-service and practicing school counselors. It is intended to be used as a school counselor preparation course text, credentialing exam study resource, and comprehensive desk reference.

Routledge
October 2024:424
Pb: 978-1-032-63445-6: £52.99
Hb: 978-1-032-63446-3: £130

* For full contents and more information, visit: www.routledge.com/9781032634456

The Seven Virtues of Highly Compassionate People

Tools for Cultivating a Life of Harmony and Joy



Nancy Guerra University of California, Irvine, USA, **Kirk R. Williams** University of California, Irvine, USA

What are the practical implications of truly caring about yourself and others, of approaching each day with an open mind, an open heart and a desire to reduce the suffering of all living beings? In The Seven Virtues of Highly Compassionate People, Nancy Guerra and Kirk R. Williams provide easy to follow steps to help you understand the what, the why, and the how of compassion. They bring together cutting-edge research, inspiring spiritual teachings, and their own life experiences to help you bring compassion front and center in your life. Not only is compassion good for you and those around you, but it is the key to a more peaceful and just world.

Routledge
June 2024:194
Pb: 978-1-032-30480-9: £18.99
Hb: 978-1-032-48010-7: £130

* For full contents and more information, visit: www.routledge.com/9781032304809

The Story of Original Loss

Grieving Existential Trauma in the Arts and the Art of Psychoanalysis



Malcolm Owen Slavin, PhD

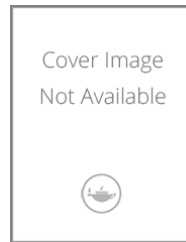
Series: *Art, Creativity, and Psychoanalysis Book Series*

This book explores the universal human existential trauma of "original loss," a trauma the author describes as arising from our primal, human evolutionary loss of experiencing ourselves as innately belonging to, and instinctively at home within, the larger natural world. This book will appeal to psychoanalysts, psychotherapists, and scholars of poetic, visual and musical metaphor, creativity, evolution and history of art.

Routledge
May 2024:260
Pb: 978-0-367-36708-4: £29.99
Hb: 978-0-367-36707-7: £130
eBook: 978-0-367-36709-1

* For full contents and more information, visit: www.routledge.com/9780367367084

The Subversive Edge of Psychoanalysis



David James Fisher

Series: *History of Psychoanalysis*

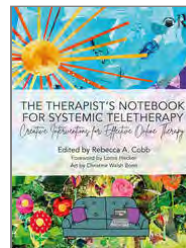
The Subversive Edge of Psychoanalysis examines the radical and non-conformist perspectives of both classical and contemporary psychoanalysis. The Subversive Edge of Psychoanalysis will appeal to mental health professionals and students with an interest in psychoanalytic practice and theory and academics and researchers who are fascinated by the subversive, non-conforming aspects of both classical and contemporary psychoanalysis.

Routledge
November 2024:312
Pb: 978-1-032-78549-3: £31.99
Hb: 978-1-032-78550-9: £130

* For full contents and more information, visit: www.routledge.com/9781032785493

The Therapist's Notebook for Systemic Teletherapy

Creative Interventions for Effective Online Therapy



Edited by **Rebecca A. Cobb**

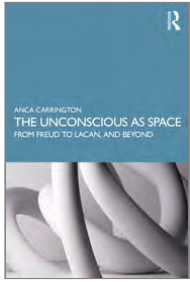
Many therapeutic activities that engage clients in in-person therapy rooms are not obviously available via telehealth. Yet, there are creative, practical, and easy ways to intervene in teletherapy that go beyond talk therapy. This book provides creative inspiration and practical advice for novice and experienced family therapists, clinical social workers, counselors, play therapists, psychologists, psychiatrists, and others in related fields.

Routledge
July 2024:298
Pb: 978-1-032-26793-7: £29.99
Hb: 978-1-032-26794-4: £130

* For full contents and more information, visit: www.routledge.com/9781032267937

The Unconscious as Space

From Freud to Lacan, and Beyond



Anca Carrington

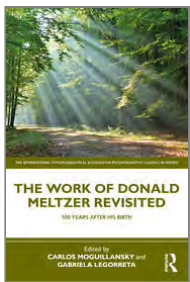
The Unconscious as Space explores the experience of being and the practice of psychoanalysis by thinking of the unconscious in mathematical terms. The Unconscious as Space will be of appeal to psychotherapists, psychoanalysts, and mental health professionals in practice and in training.

Routledge
June 2024:208
Pb: 978-0-367-34353-8: £29.99
Hb: 978-1-032-37108-5: £130
eBook: 978-1-003-47928-4

* For full contents and more information, visit: www.routledge.com/9780367343538

The Work of Donald Meltzer Revisited

100 Years After His Birth



Edited by **Carlos Mogueillansky** Buenos Aires
Psychoanalytical Association, Argentina, **Gabriela Legorreta**

*Series: The International Psychoanalytical Association
Psychoanalytic Classics Revisited*

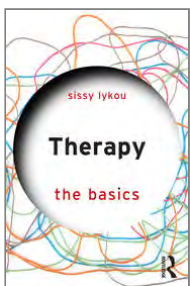
The Work of Donald Meltzer Revisited: 100 Years After His Birth returns to and reassesses the contributions of Donald Meltzer, one of the most significant disciples of Melanie Klein and who was deeply inspired by Wilfred Bion. The Work of Donald Meltzer Revisited: 100 Years After His Birth will be of great interest to students and psychoanalysts both in practice and in training, especially those less familiar with the legacy of Meltzer's work.

Routledge
May 2024:156
Pb: 978-1-032-57970-2: £29.99
Hb: 978-1-032-57971-9: £130
eBook: 978-1-003-44186-1

* For full contents and more information, visit: www.routledge.com/9781032579702

Therapy

The Basics



sissy lykou

Series: The Basics

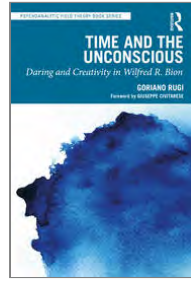
Therapy: The Basics is an introductory book to psychotherapy and its different theoretical approaches. It attempts to demystify and de-stigmatise therapy by answering some common questions posed by prospective clients. This book is essential reading for trainees, a useful reference for qualified therapists who want to deepen their knowledge, a supporting resource for prospective psychotherapy clients, and a companion for readers who simply want to expand their horizons.

Routledge
July 2024:240
Pb: 978-0-367-42472-5: £16.99
Hb: 978-0-367-42470-1: £130
eBook: 978-0-367-82433-4

* For full contents and more information, visit: www.routledge.com/9780367424725

Time and the Unconscious

Daring and Creativity in Wilfred R. Bion



Goriano Rugi

Series: Psychoanalytic Field Theory Book Series

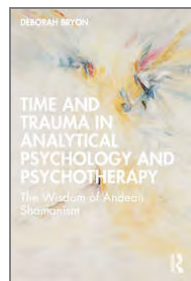
Bion's unfashionable thought is a challenge for our times in which anesthesia and mass thinking prevail. The themes this book addresses are time and the unconscious. Drawing on psychoanalytic and philosophical concepts this book is essential reading for psychoanalysts, psychotherapists, philosophers and anyone who wishes to understand more fully what it means to be human.

Routledge
August 2024:242
Pb: 978-1-032-65834-6: £31.99
Hb: 978-1-032-65521-5: £130

* For full contents and more information, visit: www.routledge.com/9781032658346

Time and Trauma in Analytical Psychology and Psychotherapy

The Wisdom of Andean Shamanism



Deborah Bryon

This book explores the experience of time in psychoanalysis and Andean shamanism. This will interest trainee and practitioner analytical psychologists, and professionals interested in the resolution of trauma in a psychotherapeutic setting.

Routledge
May 2024:244
Pb: 978-1-032-41137-8: £29.99
Hb: 978-1-032-41138-5: £120
eBook: 978-1-003-35644-8

* For full contents and more information, visit: www.routledge.com/9781032411378

Tolerance - A Concept in Crisis

Psychoanalytic, Group Analytic, and Socio-Cultural Perspectives



Edited by **Avi Berman , Gila Ofer**

Series: The New International Library of Group Analysis

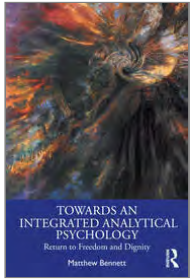
This book examines tolerance as a concept under crisis, exploring its origin and functions, and how it can be at risk of replacement by moral intolerance or retributive justice in turbulent societies. Tolerance - A Concept in Crisis will be of great interest to psychoanalysts and group analysts facing issues of conflict and its resolutions, as well as other professionals who are seeking new perspectives on tolerance.

Routledge
July 2024:256
Pb: 978-1-032-06011-8: £31.99
Hb: 978-1-032-06010-1: £130

* For full contents and more information, visit: www.routledge.com/9781032060118

Towards an Integrated Analytical Psychology

Return to Freedom and Dignity



Matthew Bennett

Towards an Integrated Analytical Psychology presents a comprehensive review of some of the salient philosophical, cultural, social, and clinical ingredients that have gone into contemporary visions of human personality development and psychotherapy, and proposes a "unified field" theory of mental representation which puts psychoanalytic, analytic, and cognitive-behavioral perspectives in a mutually integrative framework. This book offers a novel model of understanding personality and will be of direct and immediate use for psychotherapists and students of psychotherapy. It would also be of interest to social workers, marriage and family therapists and psychiatrists.

Routledge

September 2024:228

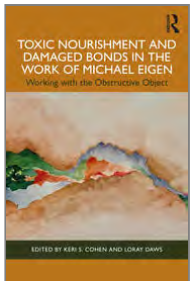
Pb: 978-1-032-70873-7: £29.99

Hb: 978-1-032-70871-3: £120

* For full contents and more information, visit: www.routledge.com/9781032708737

Toxic Nourishment and Damaged Bonds in the Work of Michael Eigen

Working with the Obstructive Object



Edited by Keri S. Cohen, Loray Daws Psychologist in private practice, Canada

Toxic Nourishment and Damaged Bonds in the Work of Michael Eigen examines Eigen's rich phenomenological work on the Obstructive Object. Toxic Nourishment and Damaged Bonds in the Work of Michael Eigen will greatly interest psychoanalysts, psychotherapists, and those interested in psychoanalytic and spiritual psychology.

Routledge

June 2024:186

Pb: 978-1-032-34600-7: £29.99

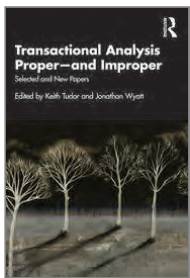
Hb: 978-1-032-34603-8: £130

eBook: 978-1-003-32298-6

* For full contents and more information, visit: www.routledge.com/9781032346007

Transactional Analysis Proper—and Improper

Selected and New Papers



Keith Tudor

Transactional Analysis Proper—and Improper: Selected and New Papers offers a critical reading of transactional analysis (TA), which analyses, deconstructs, and reconstructs its foundational theory. This book offers a unique 'insider but independent' perspective on transactional analysis. It will be essential reading for students and practitioners of transactional analysis and encourages free, independent, and critical thinking about TA and its place in the world.

Routledge

September 2024:318

Pb: 978-0-367-02721-6: £31.99

Hb: 978-0-367-02720-9: £130

* For full contents and more information, visit: www.routledge.com/9780367027216

Transforming Careers in Mental Health for BIPOC

Strategies to Promote Healing and Social Change



Edited by Doris F. Chang, Linda Lausell Bryant

This book provides targeted advice to Black, Indigenous and People of Color (BIPOC) in the mental health professions on how to navigate, resist, and transform institutions and policies that were not designed for them. This essential guide will inspire trainees, practitioners, educators, and administrators in the fields of social work, psychology, counselling, psychiatry, education, and public health, to envision a path towards a more culturally affirming and transformative career.

Routledge

July 2024:372

Pb: 978-1-032-31446-4: £26.99

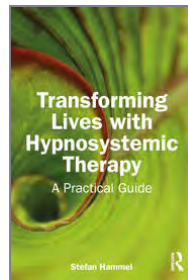
Hb: 978-1-032-31445-7: £130

eBook: 978-1-003-30979-6

* For full contents and more information, visit: www.routledge.com/9781032314464

Transforming Lives with Hypnosystemic Therapy

A Practical Guide



Stefan Hammel Leader, Institute of Hypno-Systemic Consultation (Hypno-Systemische Beratung), Germany

This book provides a practise-based introductory guide for practitioners wishing to integrate Hypnosystemic therapy into their services, examining its roots, principles, and methods. Presenting therapeutic interventions in such a clear way that they can be integrated instantly into the therapeutic work of any school, this book is of particular interest to systemic therapists, behavioral therapists and others who wish to integrate hypnotherapy knowledge into their work, but remains relevant to any mental health or allied professional.

Routledge

August 2024:256

Pb: 978-1-032-54463-2: £26.99

Hb: 978-1-032-54462-5: £130

* For full contents and more information, visit: www.routledge.com/9781032544632

Transgenerational Trauma

A Contemporary Introduction



Jill Salberg NYU Postdoctoral Program in Psychotherapy and Psychoanalysis, USA, **Sue Grand**

Series: *Routledge Introductions to Contemporary Psychoanalysis*

In this book, Jill Salberg and Sue Grand offer an overview of the psychoanalytic work on transgenerational trauma, rooting their perspective in attachment theory and the social-ethical turn of Relational Psychoanalysis. Transgenerational Trauma: A Contemporary Introduction offers a nuanced and comprehensive approach to this vital topic, and will be of interest to psychoanalysts, psychologists and other mental health professionals, as well as students and scholars of Trauma Studies, Race and Gender Studies, Sociology, Conflict Resolution, and others.

Routledge

May 2024:140

Pb: 978-0-367-54142-2: £19.99

Hb: 978-0-367-54140-8: £130

eBook: 978-1-003-08776-2

* For full contents and more information, visit: www.routledge.com/9780367541422

Trans-Generational Trauma After the Chinese Cultural Revolution

Transforming Wounds into Work Across Three Generations



Yao Lin

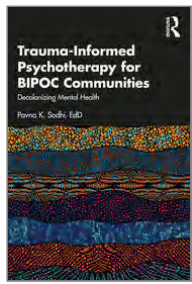
Based on interviews with three generations of three families, this book clarifies why the Cultural Revolution in China (1966-1976) had a uniquely traumatic impact on those affected, and shows the forms this trauma has taken in the lives of their second and third generations at both inter-subjective and intra-psychic levels. Bearing witness to a personal process of transforming a wound into work, this first-person account offers in-depth understanding and guidance for psychotherapists and psychoanalysts engaged in interrupting and healing trans-generational trauma.

Routledge
August 2026:280
Pb: 978-1-032-22428-2: £24.99
Hb: 978-1-032-22426-8: £130

* For full contents and more information, visit: www.routledge.com/9781032224282

Trauma-Informed Psychotherapy for BIPOC Communities

Decolonizing Mental Health



Pavna K. Sodhi Private Practice, Ottawa, Canada

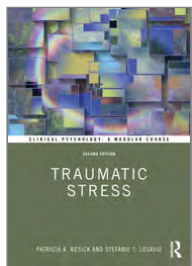
Grounded in trauma-informed approaches, intersectionality theory, and critical race theory, Trauma-Informed Psychotherapy for BIPOC Communities: Decolonizing Mental Health embodies psychotherapeutic practices via antiracist, anti-oppressive, and culturally responsive paradigms. This book is an essential read for current and future intersectional psychologists, psychotherapists, social workers, counsellors, lawyers, educators, and healthcare professionals who actively work with BIPOC communities.

Routledge
June 2024:238
Pb: 978-1-032-10685-4: £26.99
Hb: 978-1-032-10689-2: £130
eBook: 978-1-003-21656-8

* For full contents and more information, visit: www.routledge.com/9781032106854

2ND EDITION

Traumatic Stress



Patricia A. Resick, Stefanie T. LoSavio

Series: Clinical Psychology: A Modular Course

Traumatic Stress provides a well-written and accessible overview of traumatic stress studies. The new edition will continue to be essential reading for undergraduate and postgraduate students, as well as busy professionals working in this field who want a concise update on disorders related to traumatic stress.

Routledge
July 2024:150
Pb: 978-0-367-33088-0: £34.99
Hb: 978-0-367-33090-3: £105

* For full contents and more information, visit: www.routledge.com/9780367330880

Uncovering the Act of Maternal Infanticide from a Psychological, Political, and Jungian Perspective



Brooke Laufer

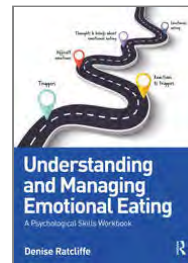
Using a wide range of disciplinary backgrounds, Laufer examines the topic of maternal infanticide through the lens of Jungian theory and presents an integrated and forensic view of this issue as an aggregate of personal and political moments, and as a feminine and feminist outcry urging human evolution. This is an important new book for Jungian and analytic clinicians and scholars with an interest in maternal archetypes, as well as psychologists and psychiatrists who specialise in perinatal mental health. It would also be appropriate for forensic psychologists and legal analysts, and academics and clinicians in the fields of women's health and studies.

Routledge
July 2024:234
Pb: 978-1-032-53620-0: £29.99
Hb: 978-1-032-53622-4: £120
eBook: 978-1-003-41280-9

* For full contents and more information, visit: www.routledge.com/9781032536200

Understanding and Managing Emotional Eating

A Psychological Skills Workbook



Denise Ratcliffe

This highly accessible therapy workbook is designed to help individuals who are engaged in weight management and obesity treatments improve their relationship with food and manage their emotional eating. This therapy workbook is for people who are unhappy with their emotional eating habits and the impact these have on their emotional health. It is also a valuable resource for therapists, dietitians and other allied professionals who work with this population.

Routledge
July 2024:104
Pb: 978-1-032-66434-7: £22.99
Hb: 978-1-032-66436-1: £130

* For full contents and more information, visit: www.routledge.com/9781032664347

Understanding Human Life through Psychoanalysis and Ancient Greek Tragedy

Explorations of Euripides, Sophocles and Aeschylus



Sotiris Manolopoulos

Drawing parallels between ancient theatre, the analytic setting and the workings of psychic life, this book examines the tragedies of Euripides, Sophocles and Aeschylus through a psychoanalytic lens, with a view of furthering the reader's understanding of primitive mental states.

Routledge
September 2024:208
Pb: 978-1-032-69920-2: £32.99
Hb: 978-1-032-71285-7: £135

* For full contents and more information, visit: www.routledge.com/9781032699202

What Does It Mean to 'Make' Love?

A Psychoanalytic Study of Sexuality and Phantasy



Gérard Pommier

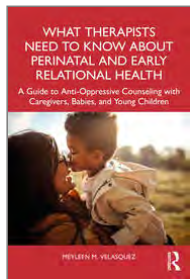
Series: *The Centre for Freudian Analysis and Research Library (CFAR)*

What Does It Mean to Make Love? shows how the choice of gender does not conform to anatomy and is based on an often-unrecognised psychic bisexuality. This book makes valuable contributions to the study of sexuality and will be of interest to all psychoanalysts and students of psychoanalysis, as well as those in the fields of gender studies, anthropology, and psychology.

Routledge
October 2024:416
Pb: 978-1-032-85658-2: £34.99
Hb: 978-1-032-85659-9: £130
* For full contents and more information, visit: www.routledge.com/9781032856582

What Therapists Need to Know About Perinatal and Early Relational Health

A Guide to Anti-Opressive Counseling with Caregivers, Babies, and Young Children



Myleen M. Velasquez Hummingbird Counseling, Washington, USA

What Therapists Need to Know About Perinatal and Early Relational Health is a vital and timely text that will strengthen any clinician's awareness and competence when working with children, infants, and caregivers. Every chapter is written from a framework of cultural humility to support the competent care of individuals with different intersectionalities. By embracing the wisdom within these pages, therapists can transform their practice into one that is more relational and heart centered.

Routledge
July 2024:240
Pb: 978-1-032-25650-4: £28.99
Hb: 978-1-032-25652-8: £130
* For full contents and more information, visit: www.routledge.com/9781032256504

When Mothers Talk

Magical Moments and Everyday Challenges from Birth to Three Years



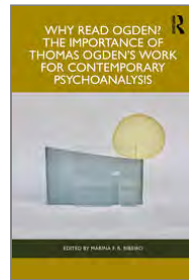
Ilene S. Lefcourt

When Mothers Talk is an intimate book about early child development and motherhood which offers an extraordinary view of the first three years of life and practical information that rarely gets talked about. Ilene Lefcourt's unique experience leading groups for over 35 years with mothers, their babies, and toddlers informs every page. Lefcourt sensitively links mothers' childhood memories with current mother-child interactions, and exquisitely details mothers' unfolding insights. Experienced and new mothers, infant mental health students and experienced professionals will find this original book, grounded in long established ideas, exceptionally informative and inspiring.

Routledge
August 2024:186
Pb: 978-1-032-39911-9: £16.99
Hb: 978-1-032-40331-1: £120
* For full contents and more information, visit: www.routledge.com/9781032399119

Why Read Ogden? The Importance of Thomas Ogden's Work for Contemporary Psychoanalysis

Edited by **Marina F R Ribeiro**



Why Read Ogden? explores the importance of Thomas Ogden's work to contemporary psychoanalysis, both as an interpreter of classic psychoanalytic thinkers and as a new and original theorist and clinician in his own right. This book will be essential reading for psychoanalysts and psychotherapists, in practice and in training, who wish to gain a comprehensive understanding of Ogden's work.

Routledge
October 2024:288
Pb: 978-1-032-72946-6: £29.99
Hb: 978-1-032-72948-0: £130
* For full contents and more information, visit: www.routledge.com/9781032729466

Women's Perspectives on the Solution Focused Approach

International Applications and Interventions



Edited by **Jacqui von Cziffra-Bergs** Solution Focused Institute of South Africa, South Africa, **Anne-Marie Wulf** Danish Solution Focused Institute, Denmark

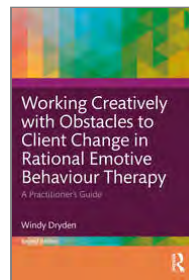
This book is a distinctive collection of narratives of female Solution Focused practitioners, from across six continents, sharing their unique ways of using the Solution Focused approach at personal, professional, and social levels. This book will inspire practitioners regardless of gender to reflect on their own practice and to use and apply the approach in innovative and creative ways.

Routledge
July 2024:208
Pb: 978-1-032-55347-4: £26.99
Hb: 978-1-032-55348-1: £130
* For full contents and more information, visit: www.routledge.com/9781032553474

2ND EDITION

Working Creatively with Obstacles to Client Change in Rational Emotive Behaviour Therapy

A Practitioner's Guide



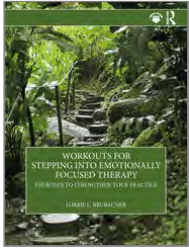
Windy Dryden Goldsmiths, University of London, UK

This book will address the obstacles to client change that both client and therapist bring to rational emotive behaviour therapy (REBT). It is essential reading for any practitioner hoping to use REBT more effectively in their day-to-day practice.

Routledge
October 2024:216
Pb: 978-1-032-72992-3: £24.99
Hb: 978-1-032-72994-7: £130
* For full contents and more information, visit: www.routledge.com/9781032729923

Workouts for Stepping into Emotionally Focused Therapy

Exercises to Strengthen Your Practice



Lorrie L. Brubacher

Workouts for Stepping into Emotionally Focused Therapy is a companion to Stepping into Emotionally Focused Therapy: Key Ingredients of Change (2nd ed.). Inspired by Deliberate Practice, it is filled with exercises called workouts first with couples (EFCT), followed by a series of workouts in that same skill or move with individuals (EFIT). Containing practical handles for the new clinician or graduate student wanting to integrate EFT into their practice, it is also stimulating and relevant for seasoned therapists and counsellors seeking to sharpen EFT skills and develop confidence in the model with both couples and individuals.

Routledge

August 2024:240

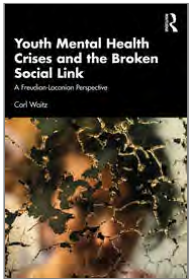
Pb: 978-1-032-15131-1: £32.99

Hb: 978-1-032-15132-8: £130

* For full contents and more information, visit: www.routledge.com/9781032151311

Youth Mental Health Crises and the Broken Social Link

A Freudian-Lacanian Perspective



Carl Waitz

This book critically examines the circumstances surrounding the failure of rites of passage in U.S. society and its relationship with the mental health crisis overtaking youth in America today. Drawing on multiple psychoanalytic schools of thought and clinical experience, this book is a vital resource for psychoanalysts, psychotherapists, and clinicians working with adolescents.

Routledge

October 2024:240

Pb: 978-1-032-66631-0: £32.99

Hb: 978-1-032-66632-7: £130

* For full contents and more information, visit: www.routledge.com/9781032666310

1st International Conference, 'Resonance': on Cognitive Approach, Social Ethics and Sustainability

23 and 24th November, 2022 School Of Liberal Arts and Humanities, Woxsen University, India



Edited by **Raul V. Rodriguez, Hemachandran K, Anindita Majumdar, Ranita Basu**

Artificial intelligence (AI) has been fast growing since its evolution and experiments with various new add-on features; human efficiency is one among those and the most controversial topic. This chapter focuses on its attention towards studying human consciousness and AI independently and in conjunction.

Routledge

June 2024:330

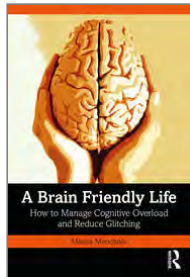
Pb: 978-1-032-50168-0: £38.99

eBook: 978-1-003-39717-5

* For full contents and more information, visit: www.routledge.com/9781032501680

A Brain Friendly Life

How to Manage Cognitive Overload and Reduce Glitching



Marisa Menchola

Modern life is brain-unfriendly: We are flooded with information and excessive cognitive demands, when we are often already depleted from chronic stress, sleep deprivation, and health issues. Many of us experience frequent 'glitches' or memory lapses, despite tests showing there is nothing wrong with our brains. This book provides concrete strategies, derived from neuropsychological science and clinical practice, to help people improve how they function in daily life.

Routledge

October 2024:232

Pb: 978-1-032-52940-0: £18.99

Hb: 978-1-032-52942-4: £120

* For full contents and more information, visit: www.routledge.com/9781032529400

A Contextual Approach to Human Development

Integrating an Indian Perspective



Ashok K. Srivastava, Girishwar Misra Mahatma Gandhi Antarrashtriya Hindi VishwaVidyalaya, Wardha, India

This new textbook offers a unique insight into the theoretical and applied aspects of human development in relation to the cultural traditions of non-Western countries. This is essential reading for undergraduate students of Psychology, Human Development, and allied fields, as well as for postgraduates with an interest in studying human development in a non-western context.

Routledge

September 2024:344

Pb: 978-1-032-54752-7: £38.99

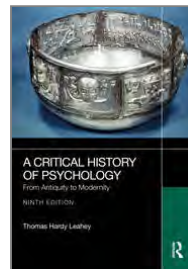
Hb: 978-1-032-57820-0: £130

* For full contents and more information, visit: www.routledge.com/9781032547527

9TH EDITION

A Critical History of Psychology

From Antiquity to Modernity



Thomas Hardy Leahey

This fully updated and refreshed 9th edition places social, economic and political forces of change alongside psychology's internal theoretical and empirical arguments. It utilises a critical lens to illuminate the way in which the external world has shaped the development of psychology and, in turn, how psychology from antiquity to modernity has shaped society. Including scientific, applied, and professional psychology, as well as coverage of the social sciences and social policy implications, this book is appropriate for high level undergraduate and graduate students.

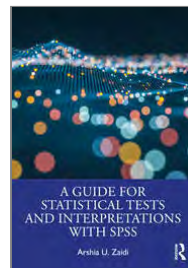
Routledge

October 2024:628

Hb: 978-1-032-53966-9: £115

* For full contents and more information, visit: www.routledge.com/9781032539669

A Guide for Statistical Tests and Interpretations with SPSS



Arshia U. Zaidi

A Guide for Statistical Tests and Interpretations with SPSS is designed for students taking basic and advanced courses in statistics, taking an integrative and practical approach to learning statistics. It guides students through navigating SPSS outputs and writing quantitatively, dealing with technical and substantive interpretations without resorting to complex mathematical formulae. With SPSS screenshots and step-by-step advice, this book will be useful for all undergraduate and graduate students in the social sciences and humanities, as a supplemental textbook to provide practical guidance on moving through all steps of statistical testing and analysis.

Routledge

October 2024:232

Pb: 978-1-032-10210-8: £45.99

Hb: 978-1-032-10520-8: £130

* For full contents and more information, visit: www.routledge.com/9781032102108

A New Approach to Addiction and Choice

Akrasia and the Nature of Free Will



Reinout W. Wiers

The book looks at both classic substance use disorders and newer "addictions" to smartphones, meat and fossil fuels. It discusses current perspectives on free will in philosophy, psychology and neuroscience, and the questions surrounding free will vs. determinism, including our ability to steer our behaviours guided by the promise of future outcomes. Different perspectives on addiction and choice are presented in an eloquent style, and illustrated by personal stories.

Routledge

August 2024:272

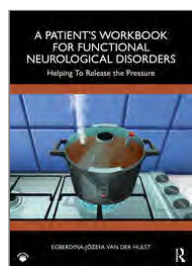
Pb: 978-1-032-63161-5: £24.99

Hb: 978-1-032-63453-1: £130

* For full contents and more information, visit: www.routledge.com/9781032631615

A Patient's Workbook for Functional Neurological Disorder

Helping To Release the Pressure



Egberdina-Józsefa van der Hulst

This self-help workbook offers guidance for those coping with Functional Neurological Disorder (FND). It uses a visual metaphor based on a ground-breaking new Pressure Cooker Model to help understand the condition and to reduce the symptoms. It is valuable reading for anyone with FND, their partners, families and friends, as well as healthcare professionals in any field working with people with FND.

Routledge
July 2024:328
Pb: 978-1-032-31283-5: £29.99
Hb: 978-1-032-31282-8: £135

* For full contents and more information, visit: www.routledge.com/9781032312835

A Practical Guide to Group Facilitation

The Threefold Approach



Yorck von Korff

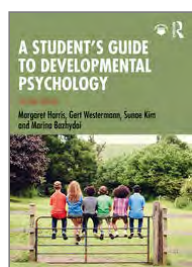
A Practical Guide to Group Facilitation introduces a unique threefold approach to facilitation, blending Person-Centered Practice, system knowledge, and method expertise together. The book delves into the significance of Person-Centered Practice as the cornerstone of facilitation, exploring personal facilitator qualities like congruence, empathic listening, and unconditional positive regard, inspired by the principles of Carl Rogers. It successfully integrates Jane Loevinger's personal development theories with facilitator skill development. This book will be highly relevant reading for facilitators, mediators and those offering training.

Routledge
June 2024:324
Pb: 978-1-032-69524-2: £34.99
Hb: 978-1-032-70423-4: £130
eBook: 978-1-032-70422-7

* For full contents and more information, visit: www.routledge.com/9781032695242

2ND EDITION

A Student's Guide to Developmental Psychology



Margaret Harris Oxford Brookes University, UK, **Gert Westermann**, **Sunae Kim**, **Marina Bazhydai**

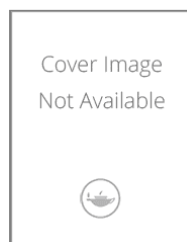
Now in its second edition, this fundamental undergraduate textbook provides students with everything they need when studying developmental psychology. Thoroughly revised, this book breaks down key topics into easily accessible concepts and provides students with both an overview of traditional research and theory as well as an insight into the latest research findings and techniques. This book is essential reading for all undergraduate students of developmental psychology. It will also be of interest to those in education, healthcare and other subjects requiring an up-to-date and accessible overview of child development.

Routledge
November 2024:440
Pb: 978-0-367-47105-7: £44.99
Hb: 978-0-367-47104-0: £135

* For full contents and more information, visit: www.routledge.com/9780367471057

Addressing Gaps and Advancing Scholarship in the Study of Psychological Contracts

Charting Directions for a New Research Era



Edited by Sarah Banks Macquarie University, Australia, **Yannick Griep** Radboud University, Netherlands, **Samantha D. Hansen** University of Toronto, Canada

This book acknowledges the significant changes in the context and contours of the traditional employee-employer relationship over the last several decades and highlights the emergence of exciting new directions for the study of psychological contracts (PC). This book will be valuable to advanced students, researchers, and practitioners in Organizational Psychology, Organization Studies, Workplace Training and Human Resource Management, as well as those interested in improved performance of people and organizations. The chapters in this book were originally published as a special issue of the European Journal of Work and Organizational Psychology.

Routledge
August 2024:170
Hb: 978-1-032-76604-1: £130

* For full contents and more information, visit: www.routledge.com/9781032766041

2ND EDITION

Advanced Research Methods for Applied Psychology

Design, Analysis and Reporting



Edited by Paula Brough

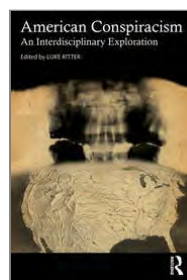
This book provides a comprehensive discussion of 21 key topics for the completion of an applied psychology (or similar) research thesis/project. This book is an important reference text for applied psychology research thesis/project students and researchers, including both under-graduate students and post-graduate. It will be of interest to applied psychology researchers in all fields, and to those in other disciplines. The book provides coverage of advanced research methods and statistical topics and is suitable for adoption for these courses in honours/post-graduate levels of study within applied psychology and related fields.

Routledge
September 2024:320
Pb: 978-1-032-42417-0: £35.99
Hb: 978-1-032-42419-4: £130

* For full contents and more information, visit: www.routledge.com/9781032424170

American Conspiracism

An Interdisciplinary Exploration



Edited by Luke Ritter

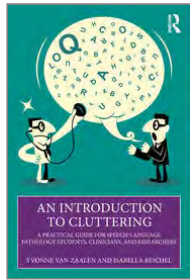
This important collection explores the social effects of popular American conspiratorial beliefs, featuring the work of 22 scholars representing multiple academic disciplines. American Conspiracism is essential reading for students of psychology, political science, and U.S. history, as well as journalists, independent researchers, and anyone interested in American conspiracies.

Routledge
July 2024:330
Pb: 978-1-032-60462-6: £44.99
Hb: 978-1-032-60463-3: £130

* For full contents and more information, visit: www.routledge.com/9781032604626

An Introduction to Cluttering

A Practical Guide for Speech-Language Pathology Students, Clinicians, and Researchers



Yvonne van Zaalen, Isabella Reichel

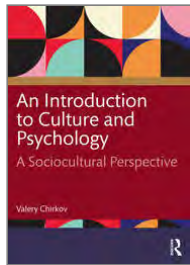
An Introduction to Cluttering explores the speech disorder of cluttering, offering concrete, evidence-based methods for its diagnosis and treatment. Providing effective and user-friendly procedures for cluttering diagnosis and intervention, this book is an essential read for all current and future speech and language therapists.

Routledge
July 2024:232
Pb: 978-1-032-60787-0: **£29.99**
Hb: 978-1-032-60788-7: **£135**

* For full contents and more information, visit: www.routledge.com/9781032607870

An Introduction to Culture and Psychology

A Sociocultural Perspective



Valery Chirkov

The book offers an innovative introduction to culture and psychology, taking a sociocultural approach to understand the intricacies of culture-mind-behaviour interactions. Each chapter features chapter's synopsis, boxed examples, a glossary of key terms, reflective questions, and recommended reading to help students engage further with the material. An Introduction to Culture and Psychology is essential reading for undergraduate students taking culture and psychology courses. It can also be of interest to scholars of psychology, anthropology, sociology, communication, and other related disciplines.

Routledge
September 2024:376
Pb: 978-1-032-36252-6: **£48.99**
Hb: 978-1-032-37037-8: **£130**

* For full contents and more information, visit: www.routledge.com/9781032362526

An Introduction to Ethorobotics

Robotics and the Study of Animal Behaviour



Edited by **Judit Abdai, Adam Miklosi**

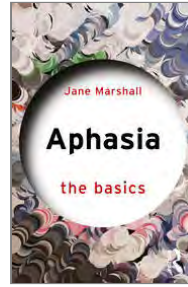
This pioneering text explores the emerging discipline of ethorobotics which brings together the fields of animal behaviour and robotics. This is a ground-breaking interdisciplinary text which will appeal to upper-level undergraduates, postgraduates and researchers focusing on animal behaviour and cognition, as well as those undertaking courses in engineering, social robotics, biologically inspired robotics, AI, human-robot and animal-robot interactions.

Routledge
September 2024:584
Hb: 978-1-032-02333-5: **£205**

* For full contents and more information, visit: www.routledge.com/9781032023335

Aphasia

The Basics



Jane Marshall

Series: The Basics

This book provides a comprehensive yet accessible introduction to aphasia, or loss of language, a complex condition that affects approximately a third of stroke survivors. Anyone interested in language needs to know about aphasia and will find here the perfect beginner's guide. The book provides an invaluable introduction to aphasia for students of speech and language therapy, health professionals and others with an interest in stroke care. It also offers easy-to-read answers to many of the questions posed by family members of stroke survivors.

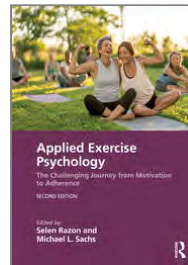
Routledge
June 2024:200
Pb: 978-1-032-46664-4: **£19.99**
Hb: 978-1-032-46667-5: **£130**
eBook: 978-1-003-38273-7

* For full contents and more information, visit: www.routledge.com/9781032466644

2ND EDITION

Applied Exercise Psychology

The Challenging Journey from Motivation to Adherence



Edited by **Selen Razon, Michael L. Sachs**

Now, in its second edition, Applied Exercise Psychology emphasizes the application of evidence-based knowledge drawn from the fields of exercise psychology, health psychology, clinical and counseling psychology, and exercise physiology for physical activity behavior change. An essential read that covers a variety of critical topics in applied exercise psychology, it brings often overlooked issues to the attention of practitioners to promote not only evidence-based practice but also responsible ethics and referral. The collection is a key reference for up-to-date research findings, relevant field experiences, and applied implications.

Routledge
May 2024:542
Pb: 978-1-032-23141-9: **£71.99**
Hb: 978-1-032-24637-6: **£135**
eBook: 978-1-003-27958-7

* For full contents and more information, visit: www.routledge.com/9781032231419

2ND EDITION

Applied Multivariate Statistical Concepts



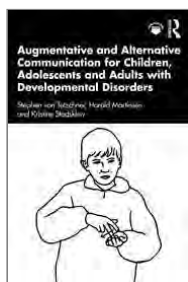
Debbie L. Hahs-Vaughn

This second edition of Applied Multivariate Statistical Concepts covers the classic and cutting-edge multivariate techniques used in today's research. This textbook is ideal for courses on multivariate statistics/analysis/design, advanced statistics and quantitative techniques, as well as for graduate students broadly in social sciences, education and behavioral sciences. It also appeals to researchers with no training in multivariate methods.

Routledge
October 2024:672
Hb: 978-1-032-27607-6: **£135**

* For full contents and more information, visit: www.routledge.com/9781032276076

Augmentative and Alternative Communication for Children, Adolescents and Adults with Developmental Disorders



Stephen von Tetzchner , Harald Martinsen , Kristine Stadskleiv

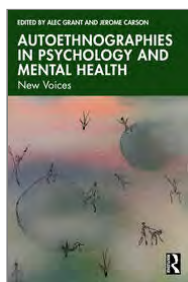
This comprehensive and accessible volume offers guidance based on current knowledge about typical and atypical language development for all those supporting families and professionals involved with children, adolescents and adults who may benefit from using augmentative and alternative communication (AAC) systems. The book will be essential reading for students and practising psychologists, speech and language therapists, special educators, teachers, physiotherapists and occupational therapists. The accessible guidance will also be helpful for the families of children, adolescent and adults who use augmentative and alternative communication.

Routledge
October 2024:494
Pb: 978-1-032-48145-6: £69.99
Hb: 978-1-032-48140-1: £135

* For full contents and more information, visit: www.routledge.com/9781032481456

Autoethnographies in Psychology and Mental Health

New Voices



Edited by **Alec Grant , Jerome Carson**

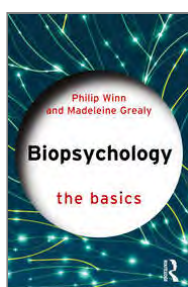
This autoethnographic volume gathers a multiplicity of different voices in autoethnographic research from across psychology and mental health disciplines to address topics ranging from selfhood, trauma, emotional understanding, clinical psychology, and the experience of grief. It collects new autoethnographic writers from across as diverse a range of disciplines and in doing makes a strong case for the legitimacy of subjectivity, emotionality and lived experience as epistemic and pedagogic resources. This work will be of interest to psychology and mental health students and professions with an interest in qualitative inquiry as it intersects with autoethnography and mental health.

Routledge
October 2024:344
Pb: 978-1-032-50760-6: £39.99
Hb: 978-1-032-52890-8: £135

* For full contents and more information, visit: www.routledge.com/9781032507606

Biopsychology

The Basics



Philip Winn , Madeleine Grealy

Series: The Basics

Biopsychology: The Basics is a concise, accessible and illuminating introduction to the field of biopsychology. The book explores what psychology is in the broadest sense and how combining it with a biological perspective offers a deeper understanding of behavior and mental life. With suggestions for further reading and an extensive glossary of key terms, this book is an engaging and ideal introduction for those coming to the subject for the first time.

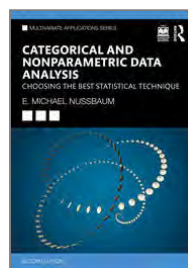
Routledge
October 2024:214
Pb: 978-1-032-10472-0: £19.99
Hb: 978-1-032-10474-4: £135

* For full contents and more information, visit: www.routledge.com/9781032104720

2ND EDITION

Categorical and Nonparametric Data Analysis

Choosing the Best Statistical Technique



E. Michael Nussbaum

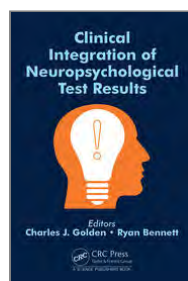
Series: Multivariate Applications Series

Now in its second edition, this book provides a focused, comprehensive overview of both categorical and nonparametric statistics, offering a conceptual framework for choosing the most appropriate test in various scenarios. Problems inspired by actual studies provide meaningful illustrations of these techniques. Basic statistics and probability are reviewed for those needing a refresher with mathematical derivations placed in optional appendices. Intended for graduate or advanced undergraduate courses in categorical and nonparametric statistics taught in psychology.

Routledge
May 2024:544
Pb: 978-0-367-69815-7: £71.99
Hb: 978-0-367-70254-0: £135
eBook: 978-1-003-14526-4

* For full contents and more information, visit: www.routledge.com/9780367698157

Clinical Integration of Neuropsychological Test Results



Edited by **Charles J. Golden** Nova Southeastern University, USA, **Ryan Bennett**

The purpose of this volume is to explore the various interpretive strategies used with a wide variety of commonly used tests in order to see beyond the skills suggested by the test title.

CRC Press
September 2024:276
Hb: 978-1-032-31409-9: £145

* For full contents and more information, visit: www.routledge.com/9781032314099

Colour Your Cortex

A Visual and Audio Approach to the Study of the Brain



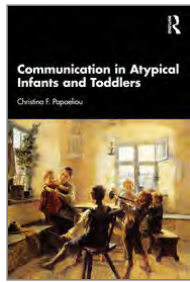
Emma Randles

Bring your learning to life through the mindful art of colouring. This book provides easy to follow explanations of brain anatomy and functions as well as detailed, labelled diagrams to colour in. Whilst colouring, you can sit back, relax, and listen to the audio podcast, which clearly explains each topic. Designed to simplify complex concepts into bite size understandable chunks, this is the ideal resource for psychology, neuroscience, nursing, and medical students who prefer visual and audible methods of learning. This book is also for anyone interested in understanding more about brain anatomy and functions, but with a little fun, creativity and relaxation along the way.

Routledge
August 2024:88
Pb: 978-1-032-64316-8: £15.99
Hb: 978-1-032-64320-5: £135

* For full contents and more information, visit: www.routledge.com/9781032643168

Communication in Atypical Infants and Toddlers



Christina F. Papaeliou

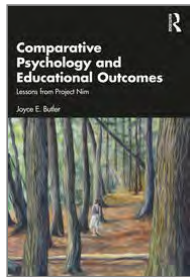
This book presents a comparative review of the latest studies and data on prelinguistic communication and early semantic development for a range of disorders. Papaeliou offers a critical analysis of the literature, compares key theoretical approaches, and interprets data on development in atypical populations. This is ideal reading for psychologists, paediatricians, speech therapists, special educators and students in developmental psychology.

Routledge
May 2024:244
Pb: 978-0-367-41525-9: **£33.99**
Hb: 978-0-367-42474-9: **£135**
eBook: 978-0-367-81502-8

* For full contents and more information, visit: www.routledge.com/9780367415259

Comparative Psychology and Educational Outcomes

Lessons from Project Nim



Joyce E. Butler

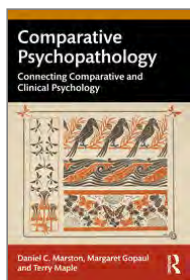
Comparative Psychology and Educational Outcomes is designed to empower educators to lead with wisdom, strengthen their belief that all students can learn at high standards, and create a vision of excellence that becomes actionable, allowing us to be difference makers in the lives of all learners. Connecting evidence-based strategies with day-to-day practice, this book is aimed at educational leaders (principals, superintendents, special education directors, teachers) in their role as practitioners and those working toward their certifications in the university setting.

Routledge
August 2024:224
Pb: 978-1-032-57163-8: **£43.99**
Hb: 978-1-032-57165-2: **£135**

* For full contents and more information, visit: www.routledge.com/9781032571638

Comparative Psychopathology

Connecting Comparative and Clinical Psychology



Daniel C. Marston Liberty University, **Margaret Gopaul** Yale University, University of Connecticut, **Terry Maple**

This book introduces readers to a more comprehensive and empirically based approach to psychopathology than any other approach in use by psychological professionals today. It incorporates all areas of psychological research, experimental and observation as well as clinical and medical. This approach presents a method that does not entirely replace methods like those in the DSM-5 but improves them. By reading this text, readers will find essential information about how incorporating comparative psychology into understanding psychopathology can make that understanding stronger and how this approach can help psychology can help make for a truly better and just world.

Routledge
September 2024:208
Pb: 978-1-032-50371-4: **£45.99**
Hb: 978-1-032-52881-6: **£135**

* For full contents and more information, visit: www.routledge.com/9781032503714

Computational Cultural Neuroscience

An Introduction



Joan Y. Chiao

Series: Essays in Cultural Neuroscience

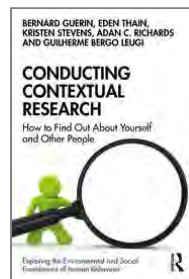
This book provides novel insights into the study of empirical computational approaches in the field of Cultural Neuroscience. It discusses and analyses topics such as cultural intelligence, cultural machine learning, cultural brain dynamics, and cultural security. The author elucidates how cultural processes intersect with the structural organisation of the nervous system, contributing to the study of computational principles and neural information processing mechanisms at the cultural level. This book is the ideal resource for academics, researchers and students in psychology, neuroscience, computer science or philosophy who are interested in or cultural neuroscience.

Routledge
August 2024:460
Pb: 978-1-032-47016-0: **£49.99**
Hb: 978-1-032-47017-7: **£135**

* For full contents and more information, visit: www.routledge.com/9781032470160

Conducting Contextual Research

How to Find Out About Yourself and Other People



Bernard Guerin University of South Australia, Australia, **Edén Thain**, **Kristen Stevens**, **Adan C. Richards**, **Guilherme Bergo Leugi**

Series: Exploring the Environmental and Social Foundations of Human Behaviour

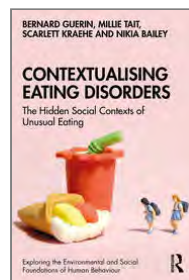
This innovative book proposes an entirely new approach to social research, presenting practical ways to discover people's life contexts in order to understand why they do what they do, which is essential for any forms of research that need to understand people. Conducting Contextual Research is essential reading for postgraduate students and professionals in the fields of counselling, psychology and social work, and will be useful to anyone conducting research or inquiries to understand human behaviour, including academic researchers, detectives, intelligence operators, social workers, government service researchers, social policy analysts, and biographers.

Routledge
June 2024:190
Pb: 978-1-032-60818-1: **£42.99**
Hb: 978-1-032-60825-9: **£130**

* For full contents and more information, visit: www.routledge.com/9781032608181

Contextualising Eating Disorders

The Hidden Social Contexts of Unusual Eating



Bernard Guerin University of South Australia, Australia, **Millie Tait**, **Scarlett Kraehe**, **Nikia Bailey**

Series: Exploring the Environmental and Social Foundations of Human Behaviour

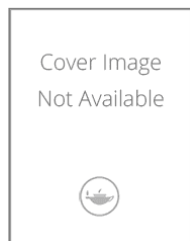
This book rethinks the diagnosis and treatment of 'eating disorders' by putting the spotlight on their social and societal contexts, examining how these behaviours are shaped by the difficult life conditions of those suffering. Contextualising Eating Disorders is unique in its focus on giving priority to women's voices and the social contexts behind unusual eating and will be highly relevant for all professionals working with those with unusual eating patterns, as well as students and academics in the fields of social psychology and mental health. This book will also benefit those who themselves are suffering from unusual eating patterns they might not understand.

Routledge
June 2024:194
Pb: 978-1-032-59265-7: **£36.99**
Hb: 978-1-032-59268-8: **£130**
eBook: 978-1-003-45391-8

* For full contents and more information, visit: www.routledge.com/9781032592657

Corporate Cancel Culture and Brand Boycotts

The Dark Side of Social Media for Brands



Edited by **Angeline Close Scheinbaum**

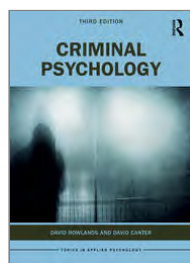
This topical book examines and tests the complexities of unintended consequences of social media that often impact brands and companies from both an economic and a reputational lens. It introduces the term "corporate cancel culture", highlighting the growing trend amongst customers to leverage social media to communicate their grievances with companies. It is a must read for students of psychology, marketing, public relations, management, and social media. It will also be of interest to users of social media—both consumers and business/organizations. It is especially valuable for marketing/advertising professionals, social media professionals/influencers, and business executives.

Routledge
October 2024:288
Pb: 978-1-032-67049-2: **£43.99**
Hb: 978-1-032-67051-5: **£135**

* For full contents and more information, visit: www.routledge.com/9781032670492

3RD EDITION

Criminal Psychology



David Rowlands, David Canter

Series: *Topics in Applied Psychology*

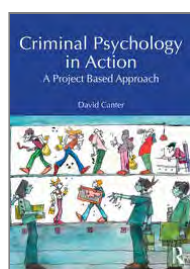
This carefully revised third edition of Criminal Psychology offers a vital, up-to-date account of the wide range of psychological contributions to the understanding of criminals and crime, its investigation, the legal processes of dealing with offenders, and helping victims. Offering a comprehensive, accessible, contemporary introduction, the book shows that many aspects of psychology are essential for understanding criminals and their actions, the investigation of crime and court procedures. This is the ideal text for students across psychology, criminology, socio-legal studies and law, as well as everyone who wishes to gain an overview of criminal psychology.

Routledge
September 2024:328
Pb: 978-0-367-77373-1: **£42.99**
Hb: 978-0-367-77375-5: **£130**

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Criminal Psychology in Action

A Project Based Approach



David Canter

Criminal Psychology in Action provides a practical, hands-on introduction to criminal psychology through unique projects for students, illustrating the many ways research into crimes and criminals can be conducted. It also provides an overview of many individual and social psychological theories of criminality. Both engaging and interactive, this is an invaluable resource for instructors and students from colleges and universities around the world in many different fields, such as psychology, criminology, and socio-legal studies. It will also be of interest to all those who want to know more about the psychology of crime and criminality.

Routledge
August 2024:280
Pb: 978-1-032-77327-8: **£29.99**
Hb: 978-1-032-78396-3: **£130**

* For full contents and more information, visit: www.routledge.com/9781032773278

Critical Approaches to Death, Dying and Bereavement



Erica Borgstrom Open University, UK, Renske Visser

Series: *Critical Approaches to Health*

This book is the first of its kind to examine key topics in death, dying and bereavement through a critical lens, highlighting how the understanding and experience of death can vary considerably, based on social, cultural, historical, political, and medical contexts. It looks at the complex ways in which death and dying are managed, from the political level down to end of life care, and the inequalities that surround and impact experiences of death, dying and bereavement. It is valuable reading for scholars in thanatology and death studies, and for those in related fields such as sociology of health, medical and social anthropology and interdisciplinary social science courses.

Routledge
October 2024:198
Pb: 978-1-032-33062-4: **£36.99**
Hb: 978-1-032-33061-7: **£135**

* For full contents and more information, visit: www.routledge.com/9781032330624

8TH EDITION

Developmental Science

An Advanced Textbook



Edited by **Marc H. Bornstein** NICHD, USA, the Institute for Fiscal Studies, and UNICEF, **Michael E. Lamb** Cambridge University, United Kingdom

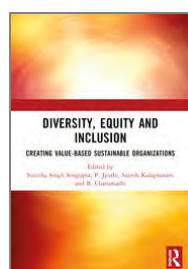
Developmental Science: An Advanced Textbook is the most complete and up-to-date advanced introduction to the field available today. Since its initial publication, the key purpose of this Advanced Textbook has been to furnish inclusive developmental perspectives on all theoretical, methodological, and substantive areas in developmental science. This eighth edition is no exception, as it continues to underscore the dynamic and exciting status of contemporary developmental science. Ideal for advanced undergraduate and introductory graduate courses, this Advanced Textbook is accompanied by support materials for students and instructors.

Routledge
September 2024:630
Pb: 978-1-032-48050-3: **£49.99**
Hb: 978-1-032-48047-3: **£130**

* For full contents and more information, visit: www.routledge.com/9781032480503

DIVERSITY, EQUITY AND INCLUSION

CREATING VALUE-BASED SUSTAINABLE ORGANIZATIONS



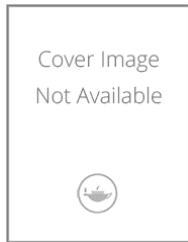
Edited by **Sunitha Singh Sengupta**, **P. Jyothi**, **Suresh Kalagnanam**, **B. Charumathi**

The benefits of high integrity and high-responsibility organizations are well-established conscience mechanisms based on the principles of inclusion that emphasize justice, care, and fair practices at workplaces. Superrich Amazon investor Nick Hanauer writes in Oxfam's state of wealth inequality report published on Monday (January 21, 2019) "I am a practitioner of capitalism," ... The most important lesson

Routledge
May 2024:574
Pb: 978-1-032-78287-4: **£130**

* For full contents and more information, visit: www.routledge.com/9781032782874

Diversity, Inclusion and Culture Wars in Psychotherapy



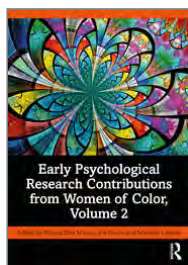
Edited by **Del Loewenthal** University of Roehampton, UK

For the psychotherapist/psychological therapist, notions of diversity and inclusion, such as intersectional feminist, trans*, critical race/whiteness, migration, (in)equality, queer, disability, post-colonial, decolonial, approaches and studies, are both increasingly important, and yet increasingly difficult. This book explores these developments and raises important questions: Are these difficulties to do with the biases of the person who is the psychotherapist; and/or, could it also sometimes have to do with how diversity, inclusion and related terms are constructed? Chapters were originally published as special issue of European Journal of Psychotherapy and Counselling.

Routledge
June 2024:202
Hb: 978-1-032-69546-4: £130
eBook: 978-1-032-69550-1

* For full contents and more information, visit: www.routledge.com/9781032695464

Early Psychological Research Contributions from Women of Color, Volume 2



Edited by **Rihana Shiri Mason, Jon Grahe, Michelle Ceynar**

This volume serves as a companion to Early Psychological Research Contributions from Women of Color Volume 1 (Grahe, Ceynar, & Mason, 2023). It focuses on the dissertations of 20 builders-women of color who earned their doctoral degrees in psychology prior to 1990 and who were builders in the field through her leadership or innovation. This volume is intended for both instructors and students. The course activities provide examples of how to integrate key aspects of the dissertation research into the classroom.

Routledge
August 2024:240
Pb: 978-1-032-37544-1: £42.99
Hb: 978-1-032-37545-8: £130

* For full contents and more information, visit: www.routledge.com/9781032375441

2ND EDITION

eHealth Research Theory and Development

A Multidisciplinary Approach



Edited by **Hanneke Kip** University of Twente, **Nienke Beerlage-de Jong, Lisette (J.E.W.C.) van Gemert-Pijnen** University of Twente, **Robbert Sanderman, Saskia M. Kelders** University of Twente

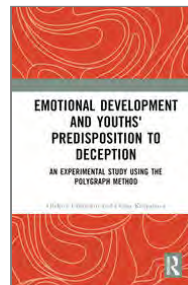
This is the first book to provide a comprehensive overview of the multidisciplinary domain of eHealth - one of the most important recent developments in healthcare. It provides an overview of the possibilities of eHealth for different healthcare sectors, an outline of theoretical underpinnings and effectiveness, and key models, frameworks and methods for its development, implementation, and evaluation. This fully revised second edition brings together up-to-date knowledge on eHealth and includes several new chapters and sections on important topics such as implementation, human-centred design, healthcare systems, and evaluation methods.

Routledge
May 2024:340
Pb: 978-1-032-29523-7: £39.99
Hb: 978-1-032-29536-7: £135
eBook: 978-1-003-30204-9

* For full contents and more information, visit: www.routledge.com/9781032295237

Emotional Development and Youths' Predisposition to Deception

An Experimental Study Using the Polygraph Method



Oleksiy Chebykin, Olena Kosyanova

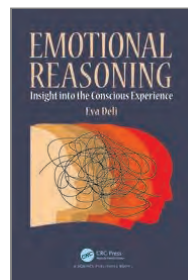
This comprehensive book examines young people's propensity to deceive through the lens of emotional development and the research methods of polygraph and emotional maturity methodology. It presents evidence-based and practical results of this research, identifying a predisposition to deceive in people with different types of emotional maturity. This book is of great scientific and practical importance and will be useful to psychologists, students, scientific and pedagogical workers, as well as specialists involved in the selection and audit of personnel, and other readers interested in using the polygraph method to detect and predict fraud.

Routledge
August 2024:182
Hb: 978-1-032-77577-7: £130

* For full contents and more information, visit: www.routledge.com/9781032775777

Emotional Reasoning

Insight into the Conscious Experience



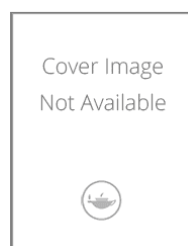
Eva Déli University of Debrecen, USA

Engaging and penetrating, the book represents a groundbreaking perspective that will surprise you at every turn and enhance your understanding of yourself and your place in the cosmic order. The book holds profound implications for neuroscience and artificial intelligence research. The intricate interweaving of consciousness with the fabric of the universe unveils a philosophical tapestry that echoes the words of John Wheeler: "The physical world is, in some deep sense, tied to the human being."

CRC Press
August 2024:228
Hb: 978-1-032-54444-1: £115

* For full contents and more information, visit: www.routledge.com/9781032544441

Emotions in Reading, Learning, and Communication



Edited by **Catherine Bohn-Gettler** Saint John's University, USA, **Johanna Kaakinen** University of Turku

This book brings together experts engaging in empirical studies on how emotion influences learning and processing for varying text types in different contexts. The chapters included in this book work toward developing a more comprehensive understanding of the influence of emotions in supporting learning, comprehension, processing, and conceptual change to draw important connections to the broader fields of text and discourse, learning, and motivation. The chapters in this book were originally published as a special issue of Discourse Processes.

Routledge
August 2024:150
Hb: 978-1-032-76419-1: £130

* For full contents and more information, visit: www.routledge.com/9781032764191

Employee Wellbeing

Contemporary Workplace Challenges and Evidence Based Interventions



Poja Vishwanathan

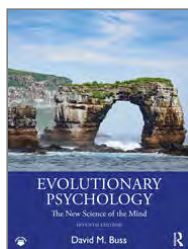
Drawing on work and positive psychology, this insightful book addresses contemporary workplace challenges and analyses evidence-based interventions in the employee wellbeing domain. Employee Wellbeing offers an important read for stakeholders within and outside of organisations, and will also be of interest to students and academics studying work psychology, organisational behaviour, wellbeing at work and related fields.

Routledge
September 2024:224
Pb: 978-1-032-70452-4: £29.99
Hb: 978-1-032-70510-1: £130
* For full contents and more information, visit: www.routledge.com/9781032704524

7TH EDITION

Evolutionary Psychology

The New Science of the Mind



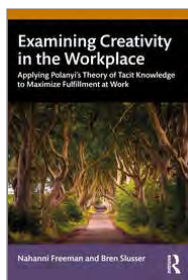
David M. Buss University of Texas at Austin, USA

This revolutionary textbook examines human behavior from an evolutionary perspective, providing students with the conceptual tools needed to study evolutionary psychology and apply them to empirical research on the human mind. With a wealth of student-friendly pedagogy including critical-thinking questions and case study boxes supporting the application of evolutionary psychology to real-world situations, this is an invaluable resource for undergraduates studying psychology, biology and anthropology. The textbook is also supported by a range of instructor resources, including PowerPoint slides, a test bank, and an instructor's manual.

Routledge
August 2024:500
Pb: 978-1-032-13791-9: £71.99
Hb: 978-1-032-13790-2: £250
* For full contents and more information, visit: www.routledge.com/9781032137919

Examining Creativity in the Workplace

Applying Polanyi's Theory of Tacit Knowledge to Maximize Fulfillment at Work



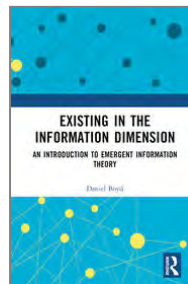
Nahanni Freeman, Bren Slusser

This scholarly book explores the intersection of social cognition with a democratic philosophy of human resource management, to advance a theory of workplace function that maximizes creativity. This insightful text presents the authors' original, qualitative research in the area of workplace creativity and tacit knowledge, and is valuable reading for scholars and advanced students in industrial-organizational psychology, and human resource management.

Routledge
September 2024:272
Pb: 978-1-032-34577-2: £44.99
Hb: 978-1-032-34582-6: £130
* For full contents and more information, visit: www.routledge.com/9781032345772

Existing in the Information Dimension

An Introduction to Emergent Information Theory



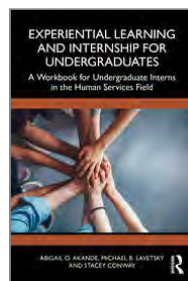
Daniel Boyd

This book presents new insights into the nature of the human mind as a product of the brain. It does so by discussing how biological and technological information systems differ from their counterparts with physical functions, presenting Emergent Information Theory as a solution to the mind-body problem and overarching framework for all biological and technological information systems. This fascinating text will be of interest to any researcher of consciousness, the mind-body problem, or AI, as well as those working in related areas such as physical neuroscience and systems theory.

Routledge
September 2024:272
Hb: 978-1-032-56702-0: £135
* For full contents and more information, visit: www.routledge.com/9781032567020

Experiential Learning and Internship for Undergraduates

A Workbook for Undergraduate Interns in the Human Services Field

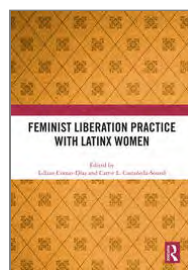


Abigail O. Akande, Michael B. Lavetsky, Stacey Conway

This textbook is a comprehensive and sequential guide specifically designed for undergraduate students entering internships in the human services field and for the faculty serving as their internship supervisors. With a strong focus on career development and self-exploration, it builds understanding of the theoretical knowledge and core competencies needed for practical, clinical experience in a variety of human services positions such as rehabilitation, social work, case management, counseling, and criminal justice.

Routledge
October 2024:204
Pb: 978-1-032-46657-6: £44.99
Hb: 978-1-032-46656-9: £120
* For full contents and more information, visit: www.routledge.com/9781032466576

Feminist Liberation Practice with Latinx Women



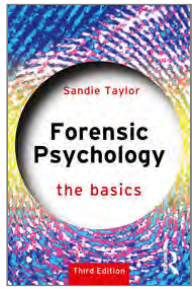
Edited by **Lillian Comas-Díaz** George Washington University, USA, **Carrie L. Castañeda-Sound** Pepperdine University, USA

This book unearths ancestral wisdom to address the needs of oppressed women in both the Global South and Global North. Focusing on Latinx womxn, it empowers through decoloniality, liberation, *mujerismo*, and *nepantlismo*. The volume addresses oppressive structural and systemic processes, share innovative frameworks and methods (e.g., testimonios) of feminist liberation practice, and give voice to narratives that have been erased or silenced. This book will be valuable to researchers, therapists, and educators interested in the practice of feminist therapy. The chapters in this book were originally published as a special issue of *Women & Therapy*.

Routledge
June 2024:166
Hb: 978-1-032-63260-5: £130
eBook: 978-1-032-63262-9
* For full contents and more information, visit: www.routledge.com/9781032632605

3RD EDITION

Forensic Psychology: The Basics



Sandie Taylor University of South Wales, UK

Series: *The Basics*

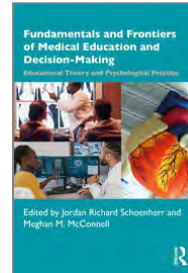
This third edition of *Forensic Psychology: The Basics* continues to provide an accessible overview of the core topics and theories in this fascinating discipline. This invaluable guide is essential reading for students across a range of disciplines, including psychology, criminology and law, as well as general readers seeking a concise and jargon-free introduction to forensic psychology.

Routledge
May 2024:328
Pb: 978-1-032-52950-9: £19.99
Hb: 978-1-032-52954-7: £130
eBook: 978-1-003-40936-6

* For full contents and more information, visit: www.routledge.com/9781032529509

Fundamentals and Frontiers of Medical Education and Decision-Making

Educational Theory and Psychological Practice



Edited by **Jordan Richard Scheonherr** Department of Psychology, Concordia University, Loyola Campus, and **Meghan McConnell**

Fundamentals and Frontiers of Medical Education and Decision-Making brings together international experts to consider the theoretical, practical, and sociocultural foundations of health professions education. Grounded in psychological science, this book highlights the fundamental issues faced by healthcare professionals, and the frontiers of learning and decision-making. It is important reading for a wide audience of healthcare professionals, healthcare administrators as well as researchers in judgment and decision-making.

Routledge
July 2024:320
Pb: 978-1-032-32411-1: £44.99
Hb: 978-1-032-32662-7: £130

* For full contents and more information, visit: www.routledge.com/9781032324111

From Cultural Deprivation to Cultural Security

Tackling Socio-Cultural Deprivation with Children and Young People



Dale Allender, Arya Allender-West

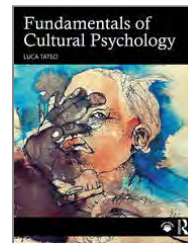
Series: *Applying Child and Adolescent Development in the Professions Series*

This important book considers how youth of color and other marginalized youth experience socio-cultural deprivation from the repetition of traumatic socio-historic experiences as well as from the institutions they interact with such as schools, mental health organizations, and social services agencies. From Cultural Deprivation to Cultural Security will be a crucial text for training and practising psychologists, educators, social workers, youth workers and counsellors, concerned with the positive development of children, adolescents, and young adults.

Routledge
July 2024:192
Pb: 978-1-032-01170-7: £19.99
Hb: 978-1-032-01167-7: £130

* For full contents and more information, visit: www.routledge.com/9781032011707

Fundamentals of Cultural Psychology



Luca Tateo

This innovative textbook is the ideal introduction to cultural psychology. It focuses on a holistic approach to cultural psychology, which emphasises that culture is created and shared by people and society. This is the essential introductory book for students of cultural psychology, as well as cultural studies and anthropology. It will be useful for anyone looking to learn more about the history of ideas, the human mind and its historical and material relationship with culture.

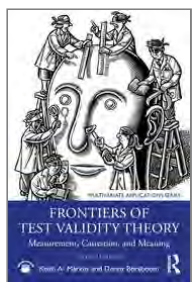
Routledge
September 2024:152
Pb: 978-1-138-57687-2: £34.99
Hb: 978-1-138-57684-1: £130

* For full contents and more information, visit: www.routledge.com/9781138576872

2ND EDITION

Frontiers of Test Validity Theory

Measurement, Causation, and Meaning



Keith A. Markus, Denny Borsboom

Series: *Multivariate Applications Series*

This important second edition examines test validity in the behavioral, social, and educational sciences, and explores how measurement is conceived from both classical and modern perspectives as well as the practical challenges of test construction and use. Researchers, practitioners, and policy makers interested in test validity or developing tests appreciate the book's cutting-edge review of test validity. It is also a supplement in graduate or advanced undergraduate courses on test validity, psychometrics, testing or measurement taught in psychology, education, sociology, social work, political science, business, and criminal justice.

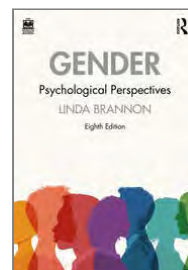
Routledge
October 2024:440
Pb: 978-1-032-50367-7: £53.99
Hb: 978-1-032-50366-0: £135

* For full contents and more information, visit: www.routledge.com/9781032503677

8TH EDITION

Gender

Psychological Perspectives



Linda Brannon McNeese State University, USA

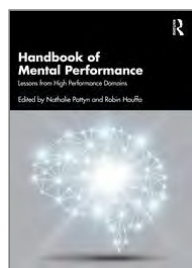
This fully updated and revised 8th edition examines the behavioral, biological, and social context in which people express gendered behaviors, utilizing the latest research to help students think critically about research findings and stereotypes, and provoking them to examine and revise their own preconceptions. Intended for undergraduate or graduate courses on the psychology of gender, psychology of sex, gender issues, women in society, and women's or men's studies, this book is also applicable to sociology and anthropology courses on diversity.

Routledge
July 2024:530
Pb: 978-1-032-40740-1: £115
Hb: 978-1-032-40742-5: £180
International Edition Pb: 978-1-032-77103-8: £48.99

* For full contents and more information, visit: www.routledge.com/9781032407401

Handbook of Mental Performance

Lessons from High Performance Domains



Edited by **Nathalie Pattyn**, **Robin Hauffa**

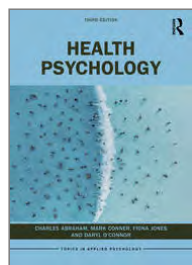
This extensive overview of mental performance optimisation techniques offers both a state-of-the-art reference resource and comprehensive tool for those engaged in the management and implementation of mental performance programs. This is a go-to guide for practitioners involved in managing mental performance and program managers looking at the implementation of a mental performance policy across a wide range of domains. It will also be of interest for courses on performance psychology and human performance in both an academic and professional environment.

Routledge
June 2024:398
Pb: 978-1-032-45844-1: **£49.99**
Hb: 978-1-032-45849-6: **£130**

* For full contents and more information, visit: www.routledge.com/9781032458441

3RD EDITION

Health Psychology



Charles Abraham, Mark Conner, Fiona Jones, Daryl O'Connor

Series: *Topics in Applied Psychology*

Now in its third edition, Health Psychology offers the perfect introduction to this rapidly developing field. Clearly explaining the psychological processes that shape health-related behaviors, and affect core functions such as the immune and cardiovascular systems, it shows how these relationships provide the foundation for psychological interventions which can change cognition, perception and behavior, thereby improving health. This is the perfect primer for both undergraduates studying health psychology for the first time, and those embarking on postgraduate study in this exciting field.

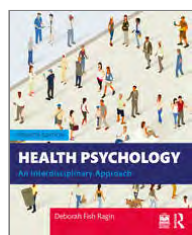
Routledge
July 2024:312
Pb: 978-0-367-77381-6: **£46.99**
Hb: 978-0-367-77382-3: **£130**

* For full contents and more information, visit: www.routledge.com/9780367773816

4TH EDITION

Health Psychology

An Interdisciplinary Approach



Deborah Fish Ragin

Now in its fourth edition, Health Psychology takes a truly interdisciplinary approach to studying health psychology, and offers a comprehensive overview of the subareas within this fascinating subject. While grounded in psychology, it incorporates perspectives from anthropology, biology, economics, environmental studies, medicine, public health, and sociology, and will be of particular interest to undergraduate students in health psychology and public health and for masters' students of health psychology. This Edition also comes with additional instructor resources, including lecture slides, an instructor manual, and testbank.

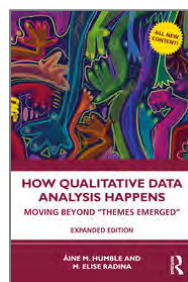
Routledge
November 2024:616
Pb: 978-1-032-29255-7: **£48.99**
Hb: 978-1-032-29254-0: **£135**

* For full contents and more information, visit: www.routledge.com/9781032292557

2ND EDITION

How Qualitative Data Analysis Happens

Moving Beyond "Themes Emerged"



Edited by **Áine M Humble**, **M. Elise Radina**

The book offers an in-depth look into how qualitative social science researchers studying a wide range of human experiences and dynamics approach their data analyses. This expanded edition includes 13 new chapters from a broad range of disciplines that document the stories about how qualitative data analysis occurred. Chapters for this expanded edition represent a diversity of disciplines (e.g., criminology, family science, education, health, nutrition, sociology, sport psychology) that focus on the human experience and describe a diversity of methodological approaches. These chapters may be used to introduce readers to newer or innovative ways of analysing data.

Routledge
August 2024:274
Pb: 978-1-032-18322-0: **£44.99**
Hb: 978-1-032-18321-3: **£120**

* For full contents and more information, visit: www.routledge.com/9781032183220

4TH EDITION

How the Child's Mind Develops



David Cohen writer, psychologist and filmmaker, UK

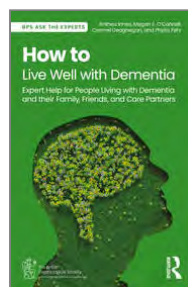
How do we get from helpless baby to knowing teenager? What impact does iPads, social media, video games and evolving technology have on the way children's minds develop? An integrated and thought-provoking account of the central issues in child development. Students, parents, and professionals will find it an invaluable introduction.

Routledge
August 2024:228
Pb: 978-1-032-60252-3: **£29.99**
Hb: 978-1-032-61731-2: **£130**

* For full contents and more information, visit: www.routledge.com/9781032602523

How to Live Well with Dementia

Expert Help for People Living with Dementia and their Family, Friends, and Carer Partners



Anthea Innes, Megan E. O'Connell, Carmel Geoghegan, Phyllis Fehr

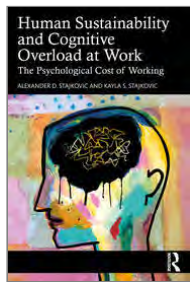
How to Live Well with Dementia: Expert Help for People Living with Dementia and their Family, Friends, and Carer Partners provides an array of essential guidance about the different aspects of dementia for all whose lives are touched by dementia, including people living with dementia as well as their support network. Written jointly by academic experts and experts by lived experience, this book is indispensable for people living with dementia, care partners, and anyone wanting to understand more about the condition, as well as health and social care professionals and students of health and social care

Routledge
October 2024:170
Pb: 978-1-032-59997-7: **£19.99**
Hb: 978-1-032-59999-1: **£120**

* For full contents and more information, visit: www.routledge.com/9781032599977

Human Sustainability and Cognitive Overload at Work

The Psychological Cost of Working



Alexander D. Stajkovic, Kayla S. Stajkovic

This innovative book considers the cost of cognitive overload and psychological distress on human sustainability, and suggests ways to prevent employees from becoming a psychologically depleted workforce. Human Sustainability and Cognitive Overload at Work is a useful resource for students and scholars of business, management, leadership, organizational and work psychology, and organizational studies. The practical insights will also help managers, policy makers, policy analysts, consultants, and all those with an interest in the psychological cost of working.

Routledge

August 2024:200

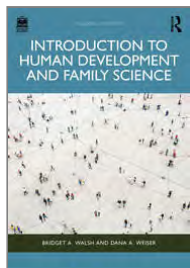
Pb: 978-1-032-50567-1: **£42.99**

Hb: 978-1-032-50569-5: **£130**

* For full contents and more information, visit: www.routledge.com/9781032505671

2ND EDITION

Introduction to Human Development and Family Science



Bridget A. Walsh, Dana A. Weiser

Now in its second edition, Introduction to Human Development and Family Science was the first text to introduce human development and family studies (HDFS) as inextricably linked areas of study. Pioneers of research paradigms have acknowledged that the family is one setting in which human development occurs, and much work is inherently multidisciplinary and interdisciplinary. This book helps to fortify an understanding of HDFS and subareas within it. Incredibly user-friendly, this is essential reading for students new to Human Development and Family Science and comes with fully developed Instructor and Student Resources.

Routledge

October 2024:332

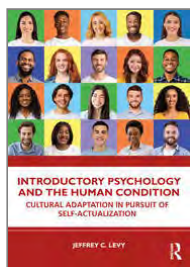
Pb: 978-1-032-04408-8: **£77.99**

Hb: 978-1-032-04407-1: **£175**

* For full contents and more information, visit: www.routledge.com/9781032044088

Introductory Psychology and the Human Condition

Cultural Adaptation in Pursuit of Self-Actualization



Jeffrey C. Levy Seton Hall University, USA

Introductory Psychology and the Human Condition provides an engaging, cohesive, and practical treatment of traditional psychological principles and theories. The book uses Maslow's human needs hierarchy and Bronfenbrenner's ecological theory of development as organizational schemas for considering how cultures have evolved to address human needs. It relates major psychological processes including biology, perception, motivation, learning, and cognition to lifespan and personality development in nomadic hunter-gatherer and technologically enhanced cultures. It is core reading for introductory students and will appeal also to a general audience interested in psychology.

Routledge

September 2024:480

Pb: 978-1-032-27490-4: **£49.99**

Hb: 978-1-032-27493-5: **£130**

* For full contents and more information, visit: www.routledge.com/9781032274904

Investigating School Psychology

Pseudoscience, Fringe Science, and Controversies



Edited by **Michael I. Axelrod** University of Wisconsin, Eau Claire, USA, **Stephen Hupp** Clinical Psychologist and Professor of Psychology at Southern Illinois University Edwardsville (SIUE), USA.

Series: *Investigating Psychology Pseudoscience*

Investigating School Psychology provides a fascinating exploration of the field of school psychology through the lens of pseudoscience and fringe science. Contributions from leaders in the fields of school psychology, clinical psychology, and education honor the role of science in the field while also exploring and guarding against the harms that pseudoscience can cause. This book is valuable supplemental reading in undergraduate and graduate courses in education and school psychology, and is also a beneficial reference for practicing school psychologists to distinguish between science and pseudoscience in their practice.

Routledge

June 2024:234

Pb: 978-1-032-20976-0: **£22.99**

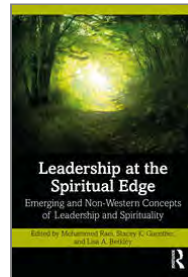
Hb: 978-1-032-20974-6: **£130**

eBook: 978-1-003-26618-1

* For full contents and more information, visit: www.routledge.com/9781032209760

Leadership at the Spiritual Edge

Emerging and Non-Western Concepts of Leadership and Spirituality



Edited by **Mohammed Raei, Stacey K. Guenther, Lisa A. Berkley**

This insightful book explores the intersection of spirituality and leadership, examining cutting edge research, theory, and practices that help build healthy and long-term effective leadership. Showcasing non-Western views of leadership across a range of backgrounds, the book looks at leadership styles that raise and expand consciousness to enable better problem solving when addressing the complex challenges of organizations and societies. This anthology will be of use to researchers, scholars and students of leadership studies, particularly those interested in new ways of viewing and developing leadership.

Routledge

July 2024:340

Pb: 978-1-032-50059-1: **£44.99**

Hb: 978-1-032-50061-4: **£130**

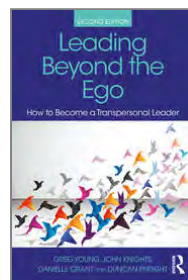
eBook: 978-1-003-39674-1

* For full contents and more information, visit: www.routledge.com/9781032500591

2ND EDITION

Leading Beyond the Ego

How to Become a Transpersonal Leader



Edited by **Greg Young, John Knights, Danielle Grant, Duncan Enright**

Building on the concept of Transpersonal Leadership, Leading Beyond the Ego offers a practical approach to becoming an authentic, ethical, caring and more effective leader. Learn how to lead beyond the ego! An essential manual for current and aspiring organisational leaders, HR professionals, executive coaches and mentors, Leading Beyond the Ego is a vital reference source for anyone in a position of leadership.

Routledge

July 2024:366

Pb: 978-1-032-52894-6: **£24.99**

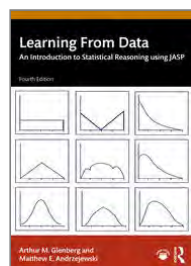
Hb: 978-1-032-52892-2: **£130**

* For full contents and more information, visit: www.routledge.com/9781032528946

4TH EDITION

Learning From Data

An Introduction to Statistical Reasoning using JASP



Arthur M. Glenberg, Matthew E. Andrzejewski

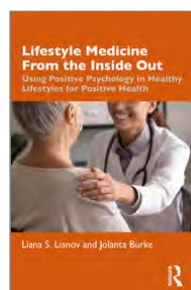
This fully updated 4th edition explores the foundations of statistical reasoning, focusing on how to interpret psychological data and statistical results. This edition includes three important new features. First, the book is closely integrated with the free statistical analysis program JASP. Second, reflecting the growing use of Bayesian analyses in the professional literature, this edition includes a chapter with an introduction to Bayesian statistics (also using JASP). Third, the revised text incorporates adjunct questions, that is, questions that challenge the student's understanding, after each major section.

Routledge
July 2024:544
Pb: 978-0-367-45797-6: **£62.99**
Hb: 978-0-367-45798-3: **£190**
eBook: 978-1-003-02540-5

* For full contents and more information, visit: www.routledge.com/9780367457976

Lifestyle Medicine from the Inside Out

Using Positive Psychology in Healthy Lifestyles for Positive Health



Liana S. Lianov, Jolanta Burke

Lifestyle Medicine From the Inside Out summarizes the principles, science and practice of how positive psychology can be integrated into lifestyle medicine for positive health in health care and self-care. This integration builds physical health and well-being, buffers against adversity and promotes personal growth after traumatic experiences. By intertwining healthy habits and positive psychology-based activities, including personal strengths and what is meaningful to each person, individuals can truly thrive. Such an approach is what the authors refer to as practicing 'lifestyle medicine from the inside out.'

Routledge
July 2024:198
Pb: 978-1-032-55073-2: **£29.99**
Hb: 978-1-032-55074-9: **£120**

* For full contents and more information, visit: www.routledge.com/9781032550732

Making Mental Health

A Critical History



Elizabeth Roberts-Pedersen

Series: Critical Approaches to Health

The book historicizes mental health by examining the changing ideas about its contemporary concerns and status. It argues that a critical approach to the history of psychiatry and mental health shows them to constitute a dual clinical-political project that gathered pace over the course of the twentieth century and continues to resonate in the present. Drawing on scholarship across several areas of historical inquiry as well as historical and contemporary clinical literature, the book uses a thematic approach to highlight decisive moments that demonstrate the stakes of this engagement in Anglo-American contexts.

Routledge
August 2024:216
Pb: 978-0-367-36785-5: **£35.99**
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Managing Your Gaming and Social Media Habits

From Science to Solutions



Catherine Knibbs

Series: BPS Ask The Experts in Psychology Series

The influence of technology on hobbies and leisure time is quickly becoming a regular part of daily life, but how much do we really understand about how or why we're using it, and its impact on our health? This easy-to-read guide is designed to provide all of the support needed to understand why we use technology the way we do, and how we can recognise when interventions are needed to help master our own technology use. Helping readers and their families take back control and feel better informed about the future use of technology in our everyday lives, this book is a must read for anyone wanting expert guidance on the issues that matter most.

Routledge
October 2024:144
Pb: 978-1-032-60759-7: **£19.99**
Hb: 978-1-032-60989-8: **£130**

* For full contents and more information, visit: www.routledge.com/9781032607597

Maximizing Fulfillment at Work

A Workbook to Unlock Optimal Team Performance



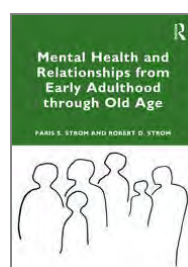
Bren Slusser

This practical workbook provides guidance for applying tacit knowledge to the field of Human Resource Management (HRM) to promote positive workplace culture and creativity. Suitable as a standalone text or alongside Examining Creativity in the Workplace, this workbook is the ideal resource for use as part of corporate-level training for practitioners, as well as in the classroom for scholars and postgraduate students in Human Resource Management and Behavioral Psychology programs.

Routledge
October 2024:128
Pb: 978-1-032-42372-2: **£24.99**
Hb: 978-1-032-42393-7: **£130**

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Mental Health and Relationships from Early Adulthood through Old Age



Paris S. Strom, Robert D. Strom

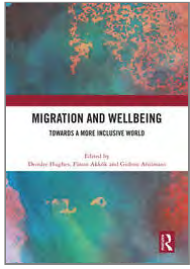
This unique text encourages young adults to reflect on their prospective longevity for setting goals and making decisions, become aware of the aspirations and concerns of other generations, and consider personal direction in relation to peer group norms. The sources for learning about mental health and relationships include a blend of academic research, insights from literature, student interviews with older and younger relatives, and personal observations.

Routledge
May 2024:318
Pb: 978-1-032-49770-9: **£49.99**
Hb: 978-1-032-51133-7: **£125**
eBook: 978-1-003-40126-1

* For full contents and more information, visit: www.routledge.com/9781032497709

Migration and Wellbeing

Towards a More Inclusive World



Edited by **Deirdre Hughes** Warwick University, UK, **Füsün Akkök** Middle East Technical University, Turkey, **Gideon Arulmani**

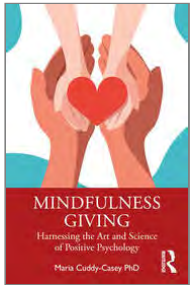
This timely and comprehensive book delves into this complex and multi-faceted phenomenon of migration and illuminates its diverse facets and its profound influence on societies across the globe. With a new chapter, conclusion, and a revised introduction, this book will be of value and interest to students, researchers, teachers, policymakers, guidance and counselling practitioners who have an interest in migration, human psychology, social science, youth work, mental health, counselling, education, and community development. The other chapters were originally published in the British Journal of Guidance and Counselling.

Routledge
June 2024:180
Hb: 978-1-032-63344-2: £130
eBook: 978-1-032-63350-3

* For full contents and more information, visit: www.routledge.com/9781032633442

Mindfulness Giving

Harnessing the Art and Science of Positive Psychology



Edited by **Maria Cuddy-Casey**

This accessible book offers a unique, evidence-based perspective on the art and science of giving. It combines concepts from psychology, neuroscience and social science theory with stories from interviewees on their experiences as a giver and receiver. Mindfulness Giving is valuable reading for students of positive psychology, social and health psychology, social work, and sociology, as well as professionals and coaches working in self-improvement and self-care.

Routledge
September 2024:384
Pb: 978-1-032-57214-7: £26.99
Hb: 978-1-032-57215-4: £135

* For full contents and more information, visit: www.routledge.com/9781032572147

Mixed Methods for Psychological Measurement

Using Critical Realism to Reframe Incommensurability



David F. Feldon Utah State University, USA

Series: *Routledge Research in Psychology*

This book presents a groundbreaking approach to measurement from a mixed methodological perspective, reframing the concept of incommensurability to harmonize qualitative and quantitative data in analyses. It will appeal to scholars, researchers, and students whose goals are to integrate different modes of data, examine alternative perspectives on measurement, and apply new tools to psychological and social research.

Routledge
June 2024:214
Hb: 978-0-367-70129-1: £130
eBook: 978-1-003-14471-7

* For full contents and more information, visit: www.routledge.com/9780367701291

Navigating Leadership

Evidence-Based Strategies for Leadership Development



Edited by **Susanne Braun**, **Tiffany Keller Hansbrough**, **Gregory A. Ruark**, **Robert G. Lord**, **Rosalie J. Hall**, **Olga Epitropaki**

Series: *Leadership: Research and Practice*

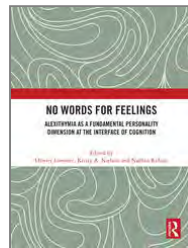
Navigating Leadership provides evidence-based tools and recommendations to develop your leadership successfully. The book integrates knowledge in the areas of leadership and followership from evidenced-based global research and translates the findings into suggestions for organizational best-practices. Addressing the persistent gap between research and practice in leadership and followership through research-practice translation, this is the ideal resource for professionals, at both an individual and organizational level, looking to support and increase leadership development. It will also appeal to scholars and students of leadership, followership, and leader identities.

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* For full contents and more information, visit: www.routledge.com/9781032455365

No Words for Feelings

Alexithymia as a Fundamental Personality Dimension at the Interface of Cognition



Edited by **Olivier Luminet**, **Kristy Nielson**, **Nathan Ridout** Aston University, UK

Alexithymia is a multifaceted construct that is characterized by several facets, including difficulties identifying one's feelings; difficulties describing one's feelings to others; and an externally focused, utilitarian cognitive style. This book shows that the facets of alexithymia influence several aspects of how one perceives and responds to neutral and emotional situations, by impacting multiple cognitive processes (attention, appraisals, memory, language and behavior). The chapters in this book were originally published as a special issue of Cognition and Emotion.

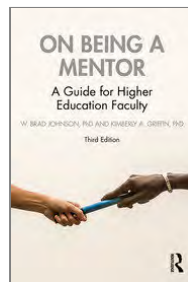
Routledge
August 2024:168
Hb: 978-1-032-73133-9: £130

* For full contents and more information, visit: www.routledge.com/9781032731339

3RD EDITION

On Being a Mentor

A Guide for Higher Education Faculty



W. Brad Johnson United States Naval Academy, USA,
Kimberly A. Griffin University of Maryland, USA

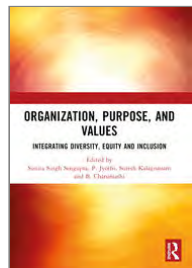
This third edition of a classic, *On Being a Mentor*, is the definitive guide to the art and science of engaging students and faculty in effective mentoring relationships in all academic disciplines. The text is rooted in the latest research on developmental relationships in higher educational settings and offers concrete mentoring strategies and best practices. The authors provide mentors with a road map to being ethical and managing relationship problems, and leaders will gain insights into selecting and training mentors, assessing mentorship outcomes, and cultivating a mentoring culture. It is the ideal guidebook for faculty and training tool for mentoring workshops.

Routledge
October 2024:224
Pb: 978-1-032-02359-5: £39.99
Hb: 978-1-032-05065-2: £135

* For full contents and more information, visit: www.routledge.com/9781032023595

ORGANIZATION, PURPOSE, AND VALUES

INTEGRATING DIVERSITY, EQUITY AND INCLUSION



Edited by **Sunita Singh Sengupta, P. Jyothi, Suresh Kalagnanam, B. Charumathi**

People (employees and investors) are the strength of the organizations and the leader who integrates this understanding creates an environment where people can use their full potential, feel appreciated and grow in the process.

Routledge
May 2024:660
Pb: 978-1-032-81790-3: £130

* For full contents and more information, visit: www.routledge.com/9781032817903

3RD EDITION

Parapsychology

The Science of Unusual Experience



Edited by **David Groome, Ron Roberts** Kingston University, UK

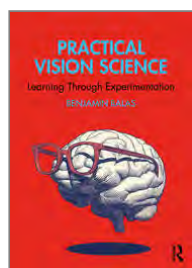
This new edition of Parapsychology continues to challenge and provoke readers with some of psychology's most puzzling phenomena. Whether believers or sceptics, the book provides readers with the opportunity to further their understanding of the paranormal, bridging the gap between traditional psychology and fringe areas. Providing a balanced introduction to parapsychology that explores the strengths and limitations of scientific investigation, this is essential reading for students and professionals in the field, along with anyone interested in learning more about the science of the paranormal.

Psychology Press
June 2024:274
Pb: 978-1-032-42137-7: £36.99
Hb: 978-1-032-42139-1: £130
eBook: 978-1-003-36136-7

* For full contents and more information, visit: www.routledge.com/9781032421377

Practical Vision Science

Learning Through Experimentation



Benjamin Balas

This workbook provides a collection of experiments and observations that use physical materials (rather than digital displays or resources) to reveal fundamental properties of the human visual system. Practical Vision Science is an essential text for upper undergraduate and postgraduate students of Sensation and Perception, providing the opportunity to learn by doing things rather than reading facts about the visual system from the page.

Routledge
October 2024:184
Pb: 978-1-032-69112-1: £45.99
Hb: 978-1-032-69115-2: £130

* For full contents and more information, visit: www.routledge.com/9781032691121

Psychobiological Footprints through Human Development

How Our Experiences Shape Who We Are



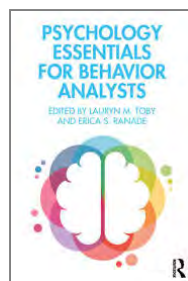
Livio Provenzi

Embark on an illuminating voyage through the biological foundations of human nature and development with Psychobiological Footprints through Human Development. This unique volume unveils the intricate dance between genetics, neuroscience, and environment, offering a holistic understanding of how we become who we are. This volume is invaluable to graduate students in the fields of developmental psychology, neuroscience, genetics, and related disciplines. Delving into the biological roots of behaviour, cognition, and emotion, it will also equip practitioners, researchers, and educators with invaluable insights to enrich their practice.

Routledge
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Pb: 978-1-032-76615-7: £34.99
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* For full contents and more information, visit: www.routledge.com/9781032766157

Psychology Essentials for Behavior Analysts



Edited by **Lauryn M. Toby, Erica S. Ranade**

Psychology Essentials for Behavior Analysts provides new and developing Behaviour Analysts with important background information from the field of psychology. This information is directly applicable to the field of behavior analysis and currently lacking in traditional behavior analytic course sequences. Providing much needed information and training in psychological principles necessary for compassionate behavior analytic care, this is an essential resource for newly credentialed behavior analysts as well as those currently in training. It will also be beneficial to veterans in the field of behavior analysis seeking professional development and continuing education.

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September 2024:184
Pb: 978-1-032-84418-3: £29.99
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* For full contents and more information, visit: www.routledge.com/9781032844183

3RD EDITION

Psychology of Eating

From Biology to Culture to Policy



Emily Crews Splane, Neil E. Rowland University of Florida, USA, **Anaya Mitra**

The Psychology of Eating is the essential multi-disciplinary introduction to the psychology of eating, looking at the biological, genetic, developmental, and social determinants of how humans find and assimilate food. Featuring student-friendly materials such as learning objectives, talking points, glossaries and self-assessment questions, this book is essential reading for students of psychology, eating behavior, or health sciences. It will also be useful reading for professionals in health psychology and anyone supporting those with eating disorders and obesity.

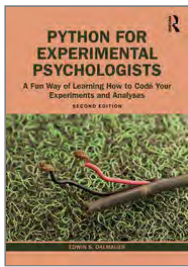
Routledge
November 2024:270
Pb: 978-1-032-61634-6: £48.99
Hb: 978-1-032-62138-8: £130

* For full contents and more information, visit: www.routledge.com/9781032616346

2ND EDITION

Python for Experimental Psychologists

A Fun Way of Learning How to Code Your Experiments and Analyses



Edwin S. Dalmaijer

Python for Experimental Psychologists equips researchers who have no prior programming experience with the essential knowledge to independently script experiments and analyses in the programming language Python. The book offers an excellent introduction, whether you are an undergraduate, a PhD candidate, or an established researcher. This updated edition is on Python 3 (the most current version). It starts by teaching the fundamentals of programming in Python, and then offers several chapters on scripting experiments (displaying stimuli, obtaining and logging user input, precision timing, etc.) using the popular PsychoPy package.

Routledge

November 2024:160

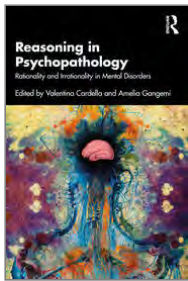
Pb: 978-1-032-00045-9: £36.99

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* For full contents and more information, visit: www.routledge.com/9781032000459

Reasoning in Psychopathology

Rationality and Irrationality in Mental Disorders



Edited by Valentina Cardella University of Messina, Italy,
Amelia Gangemi

Reasoning in Psychopathology adopts a pragmatic conception of reasoning, demonstrating how people with mental disorders develop characteristic strategies of reasoning depending on the particular disorder they have and the emotions they experience. It is a must-read for all researchers and students of rationality from cognitive psychology, psychiatry, and philosophy backgrounds.

Routledge

October 2024:216

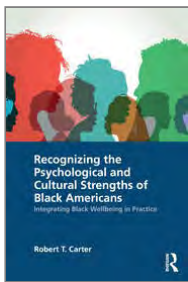
Pb: 978-1-032-56179-0: £38.99

Hb: 978-1-032-70506-4: £135

* For full contents and more information, visit: www.routledge.com/9781032561790

Recognizing the Psychological and Cultural Strengths of Black Americans

Historical, Social and Psychological Perspectives



Robert T. Carter

This book examines the cultural beliefs and practices of Black folks in relation to psychological strength. Divided into four parts, the book begins with a discussion on the history of African civilizations, followed by a meaningful dialogue on the history of slavery and plantations in North America. The later sections are a study on the contribution of the African American community towards America's prosperity. Recognizing the Psychological and Cultural Strengths of Black Americans is essential reading for students and academics in the fields of Psychology, Sociology, Critical Race Theory, Political Science, and other related disciplines.

Routledge

September 2024:392

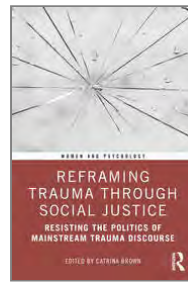
Pb: 978-0-367-62947-2: £48.99

Hb: 978-0-367-62948-9: £135

* For full contents and more information, visit: www.routledge.com/9780367629472

Reframing Trauma Through Social Justice

Resisting the Politics of Mainstream Trauma Discourse



Edited by Catrina Brown

Series: *Women and Psychology*

This cross disciplinary volume examines and reframes trauma as a social and political issue in the context of wider society, critiquing the widely accepted pathologizing of trauma and violence in current discourse. This is fascinating reading for upper-level undergraduate and postgraduate students, researchers, and academics in a broad range of fields of study including psychology, social work, gender and women's studies, and sociology, as well as professionals including policy makers, clinical psychologists, and social workers.

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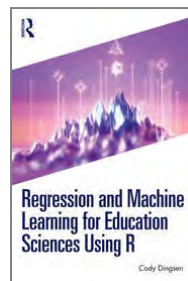
July 2024:356

Pb: 978-1-032-45989-9: £35.99

Hb: 978-1-032-45991-2: £135

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Regression and Machine Learning for Education Sciences Using R



Cody Dingsen

This book provides a conceptual introduction to regression and machine learning and its applications in education research. The book discusses its diverse applications, including its role in predicting future events based on the current data or explaining why some phenomena occur. These identified important predictors provide data-based evidence for educational and psychological decision-making. Regression and Machine Learning for Education Sciences Using R is primarily for students or practitioners in education and psychology, although individuals from other related disciplines can also find the book beneficial.

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November 2024:364

Pb: 978-1-032-51007-1: £48.99

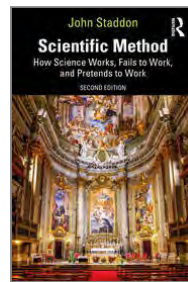
Hb: 978-1-032-51008-8: £135

* For full contents and more information, visit: www.routledge.com/9781032510071

2ND EDITION

Scientific Method

How Science Works, Fails to Work, and Pretends to Work



John Staddon Duke University

This expanded second edition of Scientific Method shows how science works, fails to work, or pretends to work, by looking at examples from physics, biomedicine, psychology, sociology, and economics. Scientific Method is essential reading for students and professionals trying to make sense of the role of science in society, and of the meaning, value, and limitations of scientific methodology.

Routledge

June 2024:226

Pb: 978-1-032-65771-4: £29.99

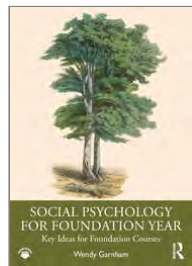
Hb: 978-1-032-68389-8: £130

eBook: 978-1-032-68387-4

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Social Psychology for Foundation Year

Key Ideas for Foundation Courses



Wendy Garnham

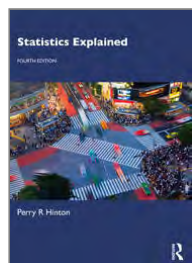
Introducing students to topical issues and controversies drawn from specific areas of social psychology, *Social Psychology for Foundation Year* answers a series of contemporary questions and debates by bringing together current theories and studies from a number of areas within the field. It is a key textbook for both foundation year and introductory psychology courses and will be of interest to anyone wanting to delve into topical issues in contemporary psychology.

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Pb: 978-1-032-49956-7: **£39.99**
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4TH EDITION

Statistics Explained



Perry R. Hinton Warwick University, UK

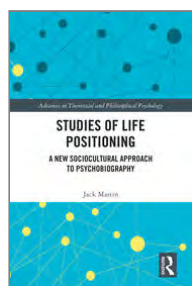
Statistics Explained is an accessible introduction to statistical concepts and ideas for undergraduate and postgraduate students new to the field. It makes few assumptions about the reader's statistical knowledge, carefully explaining each step of the analysis and the logic behind it. This new edition will include instructions and tips on how to present data and findings from SPSS output files, updated and more extensive case studies, and a section on alternative statistical software like R.

Routledge
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Pb: 978-0-367-36635-3: **£37.99**
Hb: 978-0-367-36638-4: **£135**

* For full contents and more information, visit: www.routledge.com/9780367366353

Studies of Life Positioning

A New Sociocultural Approach to Psychobiography



Jack Martin

Series: Advances in Theoretical and Philosophical Psychology

Life positioning psychobiography studies lives as they unfold within a world of interactivity. It recognizes and portrays us as social beings embedded and developing within our life relationships and circumstances and striving to make something of our lives. Here, Jack Martin presents both single-subject and dual-subject studies of social psychologist Stanley Milgram, former Canadian Prime Minister Pierre Elliott Trudeau, existential humanist Ernest Becker, American heiress and child advocate Dorothy Burlingham and her life partner, renowned psychoanalyst Anna Freud, and indigenous athlete Jim Thorpe and his college coach Glenn "Pop" Warner.

Routledge
June 2024:176
Hb: 978-1-032-60885-3: **£130**
eBook: 978-1-003-46171-5

* For full contents and more information, visit: www.routledge.com/9781032608853

Talk Behavior to Me

The Routledge Dictionary of the Top 150 Behavior Analytic Terms and Translations



Kendall Ryndak Samuel, BCBA TikTok
(@the.behavior.influencer)

Talk Behavior to Me provides a unique and comprehensive resource for those seeking to understand the science of behavior analysis. The publication features direct translations of the 150 most commonly used terms in the field, making it the first of its kind to provide clear and accessible explanations of behavior analytic jargon. To further support readers, it includes illustrations throughout, which serve to clarify complex concepts and deepen the reader's understanding. Its accessible language, practical examples, and comprehensive coverage make *Talk Behavior to Me* an essential addition to the library of scholars, practitioners, and students alike.

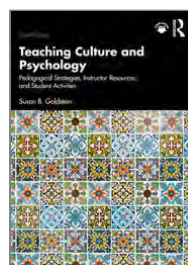
Routledge
October 2024:112
Pb: 978-1-032-57524-7: **£39.99**
Hb: 978-1-032-57525-4: **£135**

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4TH EDITION

Teaching Culture and Psychology

Pedagogical Strategies, Instructor Resources, and Student Activities



Susan B. Goldstein

The fourth edition of *Teaching Culture and Psychology* (previously *Cross-Cultural Explorations*) provides an array of carefully designed instructor resources and student activities that support the construction and implementation of courses on culture and psychology. These activities are based on current and classic cross-cultural research and take the form of case studies, self-administered scales, mini-experiments, database search assignments, and the collection of content-analytic, observational, and interview data.

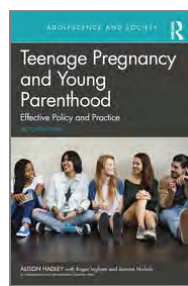
Routledge
May 2024:438
Pb: 978-1-032-39433-6: **£45.99**
Hb: 978-1-032-41210-8: **£135**
eBook: 978-1-003-35682-0

* For full contents and more information, visit: www.routledge.com/9781032394336

2ND EDITION

Teenage Pregnancy and Young Parenthood

Effective Policy and Practice



Alison Hadley

Series: Adolescence and Society

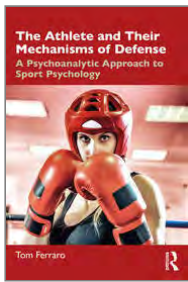
What happened next? This updated edition of *Teenage Pregnancy and Young Parenthood* examines the research and practice in this vital field since the end of the UK Government's highly successful Teenage Pregnancy Strategy (TPS) for England which reduced the under-18 pregnancy rate by well over 50%. The volume is essential reading for policy makers and practitioners dealing with young people's health, as well as undergraduate and postgraduate students in the fields of psychology, health studies, social work, youth work, education, social policy, sociology and related disciplines.

Routledge
November 2024:264
Pb: 978-1-032-53087-1: **£34.99**
Hb: 978-1-032-52511-2: **£135**

* For full contents and more information, visit: www.routledge.com/9781032530871

The Athlete and Their Mechanisms of Defense

A Psychoanalytic Approach to Sport Psychology



Tom Ferraro

This important book explores the way athletes use defense mechanisms and coping skills to manage internal and external stress faced in competitive sport. Covering a range of case studies across various sports, the text showcases immature, neurotic and mature defences available to the athlete and describes the benefits and drawbacks of each. This invaluable text is geared towards the practitioners, researchers, psychoanalysts, and students in sport psychology who wish to look more deeply into why athletes struggle. It is also an ideal resource for athletes interested in understanding ways to cope with the unrelenting, exciting and at times overwhelming pressure of competitive sports.

Routledge

August 2024:192

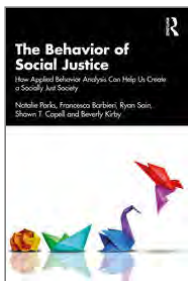
Pb: 978-1-032-56595-8: £32.99

Hb: 978-1-032-56596-5: £130

* For full contents and more information, visit: www.routledge.com/9781032565958

The Behavior of Social Justice

How Applied Behavior Analysis Can Help Us Create a Socially Just Society



Natalie Parks , Francesca Barbieri , Ryan Sain , Shawn Thomas Capell , Beverly Kirby

This seminal work provides a framework for the study of social injustices that moves beyond just condemning others for their oppressive behaviors, outlining solutions that help work towards a more socially just society. It outlines the basic principles of applied behavior analysis, considers key tenets of social justice work, and examines how social justice work can be carried out on an individual and a wider institutional level. The Behavior of Social Justice is an essential reading for students and scholars of behavioral sciences, psychology, sociology and education, as well as academics and researchers interested in the study of social justice.

Routledge

October 2024:416

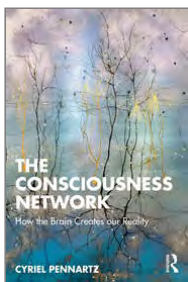
Pb: 978-1-032-55761-8: £48.99

Hb: 978-1-032-55762-5: £135

* For full contents and more information, visit: www.routledge.com/9781032557618

The Consciousness Network

How the Brain Creates our Reality



Cyriel Pennartz

What is the relationship between consciousness and our brain? Are they one and the same? Who are we really? The Consciousness Network presents a novel account of one of the greatest scientific challenges of the 21st century: understanding the connection between brain and mind. The Consciousness Network is essential reading for students working at the interface of neuroscience, cognitive psychology, philosophy of mind and cognitive science, as well as anyone interested in consciousness and the brain.

Routledge

June 2024:316

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eBook: 978-1-003-42955-5

* For full contents and more information, visit: www.routledge.com/9781032552125

2ND EDITION

The Darker Side of Social Media

Consumer Psychology and Mental Health



Edited by Angeline Close Scheinbaum

The Darker Side of Social Media takes a research-based approach to examining problematic issues and outcomes that are related with social media use by consumers. With an aim to provide solutions, the authors spotlight the key issues affecting consumer well-being and mental health due to the omnipresence of social media. The book dissects specifying key problems like disconnection anxiety, eating disorders, online fraud, cyberbullying, the dark web, addiction, depression, self-discrepancies, and serious privacy concerns. This book is a must read for parents, social media users, scholars/managers of business, marketing, psychology, communication, management, and sociology.

Routledge

June 2024:240

Pb: 978-1-032-53067-3: £42.99

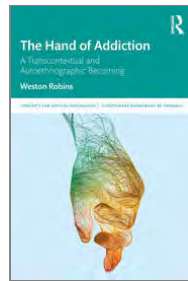
Hb: 978-1-032-53068-0: £130

eBook: 978-1-003-41005-8

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The Hand of Addiction

A Transcontextual and Autoethnographic Becoming



Weston Robins

Series: Concepts for Critical Psychology

The Hand of Addiction maps out addiction from an innovative and holistic perspective. Using the metaphor of a hand, the author examines addiction through five conceptual lenses- biomedical, psychological, sociocultural, developmental, and spiritual. The author constructs a transcontextual mapping of the potential of addiction, and challenges what we claim to know about addiction. This book will be of great interest to academics and postgraduate students in the fields of psychology, sociology, cultural studies and other related disciplines. It will also be relevant for those interested in the philosophy and ethnography of addiction, or those working in mental health.

Routledge

August 2024:160

Pb: 978-1-032-73808-6: £35.99

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The Human Biome and Human Behaviour

A Biopsychological Perspective



Jorge A. Colombo

The book represents a critical update on interactions between the host and its gut microbiome that conditions the socio-biology of the mind and behaviour. Additionally, it calls attention to open issues involving conceptual themes on neurobiological integration and its impact on early developmental and social domains on the typical extended period of human postnatal helplessness during which the basic scaffolding of mental development is completed. Graduate, postgraduate and teachers interested in areas connected with anthropology, social medicine, early education, and health policymakers will benefit greatly from this book.

Routledge

August 2024:208

Pb: 978-1-032-67851-1: £42.99

Hb: 978-1-032-69839-7: £130

* For full contents and more information, visit: www.routledge.com/9781032678511

The Intricacies of Love and Intimacy



Edited by **Ami Rokach** York University, Toronto, Canada

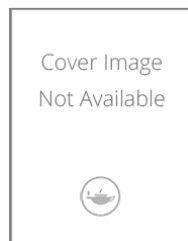
This book explores the meaning of love and intimacy from a variety of perspectives, specifically philosophical, psychological and cultural. This volume is a focussed study on what makes them and what may break love and intimacy. The book explores theoretical debates and contemporary research around emotions and will be of interest to students and researchers of psychology, philosophy as well as sex, marriage and family therapists and counselors. The chapters in this book were originally published in *The Journal of Psychology*.

Routledge
August 2024:282
Hb: 978-1-032-81618-0: £130

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The Psychological After-Effects of Covid

Post-Pandemic Complications and Interventions in India



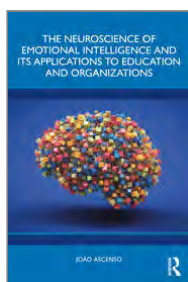
Edited by **Uzaina Uzaina , Rajesh Verma , Ruchi Pandey**

This comprehensive resource provides a one-stop information repository, exploring all psychological aspects of Covid-19. It documents the after-effects of the Covid pandemic, and how it transformed India as a society and its citizens as individuals. The book covers the psycho-social impact on society and individuals and our collective behaviour, as well as coping strategies and interventions and how lessons learned will help in preparedness for the future. Including case studies and the latest research, this book examines how psycho-social paradigms changed as a result of the pandemic, and left their watermark on the human psyche.

Routledge
August 2024:228
Hb: 978-1-032-59501-6: £130

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The Neuroscience of Emotional Intelligence and its Applications to Education and Organizations



João Ascenso

This book provides a clear understanding of the neuro mechanisms of emotional intelligence and its applications to education and organizations through practical exercises. It is indispensable reading for neuroscientists, psychologists, leaders, managers, teachers, and educators, and all those interested in the search for personal and professional success.

Routledge
October 2024:248
Pb: 978-1-032-82291-4: £35.99
Hb: 978-1-032-82292-1: £135

* For full contents and more information, visit: www.routledge.com/9781032822914

The Psychology of Artificial Intelligence



Tony Prescott

Series: *The Psychology of Everything*

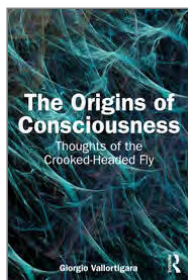
The Psychology of AI explores all aspects of the psychology–AI relationship, asking how closely AI can resemble humans, and whether this means they could have some form of self-awareness. It considers how AI systems have been developed using human intelligence models and the similarities between brains and computers, along with the current limitations of AI and how these could be overcome in the future. It also looks at how people interact with AI in their everyday lives, questioning some of the ethical and societal risks, such as bias in AI algorithms, and the consequences for our long-term future if AIs do surpass humans in important ways.

Routledge
July 2024:134
Pb: 978-0-367-54311-2: £12.99
Hb: 978-0-367-54310-5: £130

* For full contents and more information, visit: www.routledge.com/9780367543112

The Origins of Consciousness

Thoughts of the Crooked-Headed Fly



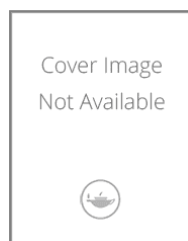
Giorgio Vallortigara University of Trento, Italy

The Origins of Consciousness challenges the dominant view that consciousness is an emergent property of the complex human brain. Challenging widely accepted theories of consciousness, the book is a must-read for students and researchers of human and animal consciousness.

Routledge
September 2024:160
Pb: 978-1-032-79212-5: £35.99
Hb: 978-1-032-79213-2: £130

* For full contents and more information, visit: www.routledge.com/9781032792125

The Psychology of Creative Performance and Expertise



Kathryn Friedlander

This much-needed book introduces readers to the related fields of expertise, creativity, and performance, exploring our understanding of the factors contributing to greatness in creative domains. The Psychology of Creative Performance and Expertise offers a fascinating insight into the multifaceted journey towards achieving creative excellence. This is a valuable resource for final-year undergraduates, postgraduate students and scholars across a range of disciplines, including expertise or skill acquisition, the psychology of performance, and creativity.

Routledge
August 2024:526
Pb: 978-1-032-19482-0: £44.99
Hb: 978-1-032-19484-4: £130

* For full contents and more information, visit: www.routledge.com/9781032194820

The Psychology of Memory



Megan Sumeracki, Althea Need Kaminske

Series: *The Psychology of Everything*

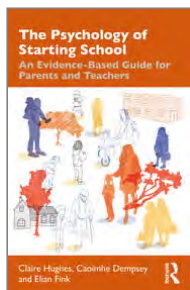
The Psychology of Memory provides a unique insight into a fundamental part of being human, debunking many common misconceptions about what memory is, how memory works, and the accuracy of our memories. It explores the complexity of human memory, looking at how we remember different types of information and the impact of issues like ageing and emotion on how we create, store, and retrieve memories. Treating memory as malleable, dynamic, and active, *The Psychology of Memory* teaches us about how our individual memories function, and how we can harness this to see memory in a new way; to use the past, our experiences and information, in service of the present and future.

Routledge
May 2024:142
Pb: 978-1-032-48863-9: £12.99
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eBook: 978-1-003-39116-6

* For full contents and more information, visit: www.routledge.com/9781032488639

The Psychology of Starting School

An Evidence-Based Guide for Parents and Teachers



Claire Hughes, Caoimhe Dempsey, Elian Fink

The Psychology of Starting School offers a highly accessible, practical guide to cutting-edge research from developmental science to guide parents and professionals through this exciting but sometimes tricky period. Designed to dip in and out, and complete with numerous examples, chapter summaries and top tips for parents and teachers, this book is essential reading for parents, Early Years professionals, SENDCos, health visitors and school nurses, as well as mental health professionals and social workers working with children and families.

Routledge
July 2024:160
Pb: 978-1-032-21149-7: £16.99
Hb: 978-1-032-21153-4: £130

* For full contents and more information, visit: www.routledge.com/9781032211497

The Psychology of Trauma



Shanti Farrington, Alison Woodward

Series: *The Psychology of Everything*

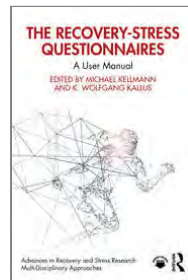
The Psychology of Trauma integrates the knowledge and research from clinical practice and neuroscience to offer a scientific approach to understanding and managing symptoms of trauma. It debunks the myths and prejudices around trauma-informed therapy, shifting people's view from 'What's wrong with you?' to 'What happened to you?', and provides an overview of the various different concepts and counselling approaches that are most suitable to support working with trauma. It also explores how neurodiversity, cultural differences, or social contexts affect the way we respond to any trauma.

Routledge
July 2024:104
Pb: 978-1-032-63722-8: £12.99
Hb: 978-1-032-63723-5: £130
eBook: 978-1-032-63724-2

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The Recovery-Stress Questionnaires

A User Manual



Edited by **Michael Kellmann** Ruhr-Universität Bochum, Germany, **K. Wolfgang Kallus**

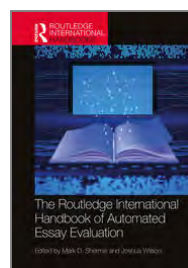
Series: *Advances in Recovery and Stress Research*

The Recovery-Stress Questionnaire (RESTQ) identifies the current recovery-stress states and provides a complete picture of the actual extent of stress and recovery. The RESTQ measures the frequency of current stress symptoms along with the frequency of recovery-associated activities to offer a differentiated picture of the current recovery stress state. There are five forms of the RESTQ and all versions take a modular structure and contain scales measuring specific aspects of stress and recovery in their field. This book is written for the scientific community, applied psychologists and health scientists, and interested readers.

Routledge
July 2024:272
Pb: 978-1-032-62050-3: £74.99
Hb: 978-1-032-64337-3: £130

* For full contents and more information, visit: www.routledge.com/9781032620503

The Routledge International Handbook of Automated Essay Evaluation



Edited by **Mark D. Shermis, Joshua Wilson**

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The Routledge International Handbook of Automated Essay Evaluation (AEE) is a definitive guide at the intersection of automation, artificial intelligence, and education. This volume encapsulates the ongoing advancement of AEE, reflecting its application in both large-scale and classroom-based assessments to support teaching and learning endeavours. Aimed at researchers, educators, AEE developers, and policymakers, the Handbook is poised to chart the current landscape but also to stimulate scholarly discourse, define and inform best practices, and propel and guide future innovations.

Routledge
June 2024:646
Hb: 978-1-032-50256-4: £205
eBook: 978-1-003-39761-8

* For full contents and more information, visit: www.routledge.com/9781032502564

The Routledge International Handbook of Boredom



Edited by **Maik Bieleke, Wanja Wolff, Corinna Martarelli**

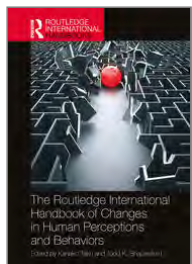
Series: *Routledge International Handbooks*

This comprehensive text examines boredom from a range of perspectives. The first section delves into the theoretical approaches to boredom, explaining when and why boredom occurs, and scrutinizing the impact it has on our behaviour. The second section focuses on the psychological and neural properties of boredom and its associations with a multitude of mental and interpersonal processes. The third section presents boredom in practical contexts and sheds light on its role for health-related behaviours, psychosocial wellbeing, and aesthetic experiences. This handbook is an essential resource for researchers of psychology, sociology, education, sport science, and computer science.

Routledge
May 2024:418
Hb: 978-1-032-22186-1: £215
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* For full contents and more information, visit: www.routledge.com/9781032221861

The Routledge International Handbook of Changes in Human Perceptions and Behaviors



Edited by **Kanako Taku**, **Todd K. Shackelford**

Series: *Routledge International Handbooks*

This book is the first edited volume to present multidisciplinary perspectives on various aspects of changes that humans experience. The handbook is designed to highlight the different contents, types, ways, meanings, applications, and moments of changes that have been recognized by experts in various fields within the life and social sciences. Relevant for empirical and theoretical work, the handbook will be of great interest to researchers, academics and postgraduate students across psychology, behavioral sciences and social sciences.

Routledge
June 2024:602
Hb: 978-1-032-32765-5: £205
eBook: 978-1-003-31660-2

* For full contents and more information, visit: www.routledge.com/9781032327655

The Routledge International Handbook of Colorism



Edited by **Ronald E. Hall** Professor, School of Social Work, Michigan State University, **Neha Mishra**

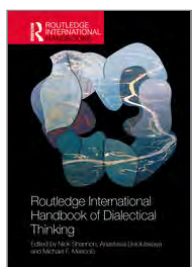
Series: *Routledge International Handbooks*

This timely and unique edited book explores the concept of colorism, which is discrimination based on the color of a person's skin. It explores colorism across the globe and studies how it has been woven into the cultural fabric of communities of color. With 22 chapters organised geographically into parts representing six continents, it explores various facets of colorism, offering international insights beyond a Western perspective. The Routledge International Handbook of Colorism will be fascinating reading for students and academics in psychology, social work, education, criminal justice, and other social sciences.

Routledge
August 2024:464
Hb: 978-1-032-53164-9: £205

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The Routledge International Handbook of Dialectical Thinking



Edited by **Nick Shannon**, **Michael F. Mascolo**, **Anastasia Belolutskaya**

Series: *Routledge International Handbooks*

The Routledge International Handbook of Dialectical Thinking is a landmark volume offering a multi-disciplinary compendium of the research, theory and practice that defines dialectical thinking, its importance and how it develops over the lifespan. Written by a group of international scholars, this comprehensive publication is an essential reference for researchers and graduate students in psychology and the social sciences, as well as scholars interested in integrating different perspectives and issues from a wide variety of disciplines.

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The Routledge International Handbook of Health Psychology

Global and Contemporary Issues



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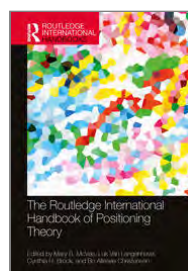
Series: *Routledge International Handbooks*

This state-of-the-art handbook provides authoritative, up to date coverage of health psychology topics, offering an excellent, in-depth view of the field. Leading experts provide essential insights into the discipline of health psychology, its roots, future directions, and the networks and organisations involved. This is an essential resource for scholars, PhD students and research master students specialising in the field of Health Psychology.

Routledge
October 2024:720
Hb: 978-1-032-33064-8: £205

* For full contents and more information, visit: www.routledge.com/9781032330648

The Routledge International Handbook of Positioning Theory



Edited by **Mary B. McVee** University at Buffalo/SUNY, USA, **Luk Van Langenhove** United Nations University, Belgium, **Cynthia H. Brock**, **Bo Allesøe Christensen**

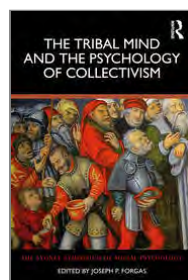
Series: *Routledge International Handbooks*

This handbook is the first of its kind to explore Positioning Theory. This volume encompasses over twenty chapters, assimilating cross-disciplinary insights that try to understand the theoretical underpinnings, methodological applications, and contemporary relevance of Positioning Theory. The book examines the methodological and narrative investigations used for data analysis in positioning research, and explores numerous applications across disciplines to consider the reach and influence of positioning within and across multiple disciplines. We recommend this handbook for graduate-level courses in social psychology, communication, discourse studies and related disciplines.

Routledge
July 2024:476
Hb: 978-1-032-26437-0: £205

* For full contents and more information, visit: www.routledge.com/9781032264370

The Tribal Mind and the Psychology of Collectivism



Edited by **Joseph P. Forgas** University of New South Wales

Series: *Sydney Symposium of Social Psychology*

Tribalism is a key evolutionary feature of humans, and the recent growth in tribal polarisation presents a serious challenge to our highly individualistic civilization. This fascinating book examines the psychological origins and consequences of tribalism both in our private and in our public lives. It explores how social, evolutionary, biological and cognitive factors shape our tribal habits, featuring contributions from eminent international researchers. The book will be of great interest to students and researchers in psychology, sociology, and other disciplines of behavioural and social sciences.

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Pb: 978-1-032-48601-7: £44.99
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7TH EDITION

Theories of Development

Concepts and Applications



William Crain

Theories of Development introduces students to the most influential theorists who have contributed to our understanding of how we develop as individuals. The book discusses the theorists who have built upon the developmental tradition established by Rousseau, along with other theorists, including ethologists and psychoanalysts, who share a developmental outlook. It considers the different concepts they present along with their practical implications, whilst also discussing the ways in which developmental theorists have anticipated and advanced humanistic ideas and insights.

Routledge
April 2024:360
Pb: 978-1-138-68314-3: **£125**
Hb: 978-1-032-32530-9: **£180**
eBook: 978-1-003-31548-3

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Transgender and Non-Binary People in Everyday Sport

A Trans Feminist Approach to Improving Inclusion



Abby Barras

Series: Gender and Sexualities in Psychology

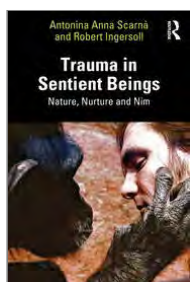
This formative work discusses the transgender people's inclusion in everyday sport in the UK. It adopts a trans feminist approach to explore pivotal topics regarding the barriers to participation faced by transgender and non-binary people. The author uses a critical social science approach to explore the heteropatriarchal construction of sport in the modern industrialised west, and how this has formed the backdrop to the continuing discrimination towards, many athletes, not just those who are transgender. This book is a crucial resource for researchers, academics, and students in the field of social science, sports organisations, policy makers activists and other related disciplines.

Routledge
September 2024:200
Pb: 978-1-032-46617-0: **£36.99**
Hb: 978-1-032-47299-7: **£135**

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Trauma in Sentient Beings

Nature, Nurture and Nim



Antonina Anna Scarnà, Robert Ingersoll

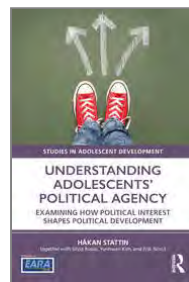
This is a book about the bond between sentient beings. It explores the non-verbal space between two entities, and asks questions like; What is a healthy human being? Is it nature? Nurture? Nature via nurture? How are we born with personality traits, emotion, mood, language abilities, and intelligence? Robert, close friend and carer of Nim, gives the facts about Nim's upbringing and first degree relatives, and Anna reports with reference to theories of brain, personality, self, and language. Together they explain what can be drawn from psychological research and reanalyse the chimpanzee work from the 1960s and 1970s in order to honour and respect the memory of those animals.

Routledge
June 2024:204
Pb: 978-1-032-51005-7: **£35.99**
Hb: 978-1-032-51006-4: **£130**
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* For full contents and more information, visit: www.routledge.com/9781032510057

Understanding Adolescents' Political Agency

Examining How Political Interest Shapes Political Development



Håkan Stattin

Series: Studies in Adolescent Development

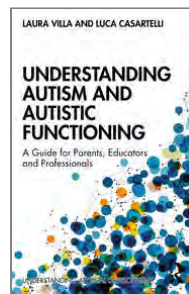
This ground-breaking volume shows that young people largely shape their own political development, and that to understand young people's political development we must consider their political agency. Launching a new field of research internationally, this volume is essential reading for researchers, students, educators and policy developers interested in young people's political and civic attitudes, engagement, communication, core values and the emergence of intrinsic political sophistication.

Routledge
June 2024:338
Pb: 978-1-032-44355-3: **£39.99**
Hb: 978-1-032-44354-6: **£130**
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Understanding Autism and Autistic Functioning

A Guide for Parents, Educators and Professionals



Laura Villa, Luca Casartelli

Series: Understanding Atypical Development

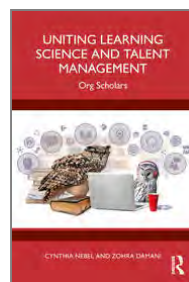
This concise volume offers an accessible overview on recent clinical and research perspectives addressing autism and autistic functioning. Understanding Autism and Autistic Functioning is a crucial reading for parents and caregivers, and professionals in health, education and social care.

Routledge
September 2024:152
Pb: 978-0-367-56972-3: **£22.99**
Hb: 978-0-367-56969-3: **£130**

* For full contents and more information, visit: www.routledge.com/9780367569723

Uniting Learning Science and Talent Management

Org Scholars



Cynthia Nebel, Zohra Damani

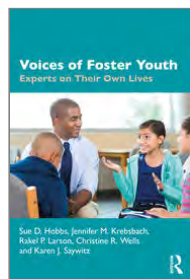
This book delves into the relationship between the talent life cycle and learning science, offering a fresh perspective on talent management. Through a meticulous exploration of talent acquisition, management, retention, and exits, it reveals how learning science can be harnessed to enhance organizational growth and employee satisfaction. Targeted at HR professionals, talent leaders, organizational developers, and academic researchers, this book serves as a comprehensive guide for those committed to fostering a culture of continuous learning and growth within their organizations.

Routledge
September 2024:168
Pb: 978-1-032-71156-0: **£29.99**
Hb: 978-1-032-71158-4: **£130**

* For full contents and more information, visit: www.routledge.com/9781032711560

Voices of Foster Youth

Experts on Their Own Lives



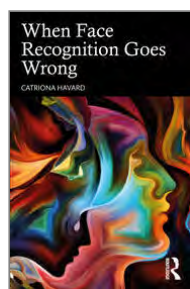
Sue D. Hobbs , Jennifer M. Krebsbach , Rakel P. Larson , Christine R. Wells , Karen J. Saywitz

This important book offers unique insight into the experience of foster youths from twenty-three countries around the world. It provides a survey of literature reporting the experiences of youth in care, addressing a wide range of key topics in this multidisciplinary field, and presenting the views and perceptions of these young people. Illustrated with quotes from former foster youth and including research-based recommendations on policy and practice, this essential volume is for students and scholars of child and adolescent development, social work, education, sociology, and public health.

Routledge
June 2024:194
Pb: 978-1-032-31329-0: **£29.99**
Hb: 978-1-032-31330-6: **£130**

* For full contents and more information, visit: www.routledge.com/9781032313290

When Face Recognition Goes Wrong



Catriona Havard

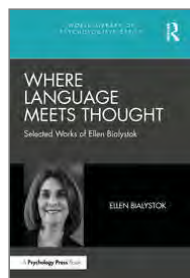
When Face Recognition Goes Wrong explores the myriad ways that humans and machines make mistakes in facial recognition. Adopting a critical stance throughout, the book explores why and how humans and machines make mistakes, covering topics including racial and gender biases, neuropsychological disorders, and widespread algorithm problems. The book features personal anecdotes alongside real-world examples to showcase the often life-changing consequences of facial recognition going wrong. These range from problems with everyday social interactions, through to eyewitness identification leading to miscarriages of justice and border control passport verification.

Routledge
November 2024:324
Pb: 978-1-032-01095-3: **£24.99**
Hb: 978-1-032-01096-0: **£135**

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Where Language Meets Thought

Selected Works of Ellen Bialystok



Ellen Bialystok

Series: World Library of Psychologists

In the World Library of Psychologists series, international experts present career-long collections of what they judge to be their most interesting publications – extracts from books, key articles, research findings, and practical and theoretical contributions. Including a specially written introduction, in which Ellen Bialystok reflects on the role that language plays on thought, this collection will serve as a valuable resource for students and researchers of psycholinguistics, developmental psychology and applied linguistics.

Routledge
May 2024:322
Hb: 978-1-032-50928-0: **£135**
eBook: 978-1-003-41242-7

* For full contents and more information, visit: www.routledge.com/9781032509280

Women Who Kill

Violence, Trauma, and Forensic Psychology



Edited by **Dr Lenore Walker , David Shapiro , Amanda E. Temares , Brandi N. Diaz**

Women rarely kill. How and why a woman can be driven to lethal action is often highly complex and misunderstood. Many of these women who act lethally are driven to such a point as a last resort following prolonged experiences of child abuse and/or domestic violence. This book offers insights into these women, detailing their motivations, their patterns of violence, and how they can be aided through psychological evaluation and proper expert testimony. The chapters in this book were originally published as a special issue of *Journal of Aggression, Maltreatment & Trauma*.

Routledge
October 2024:298
Hb: 978-1-032-72916-9: **£135**

* For full contents and more information, visit: www.routledge.com/9781032729169

Writing Skills for Behavior Analysts

A Practical Guide for Students and Clinicians



Edited by **Dana Reinecke , Charissa Knihtila , Jacob Papazian , Celia Heyman , Danielle Bratton**

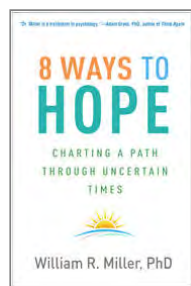
Writing Skills for Behavior Analysts provides a practical guidebook for students and clinicians. The book focuses on the importance of balancing technical information alongside compassionate delivery, providing guidance on writing that is meaningful across the scientific and human sides of the field. This book will be an essential guide for any student of behavior analysis, as well as clinicians looking to hone their professional writing skills.

Routledge
July 2024:156
Pb: 978-1-032-73284-8: **£29.99**
Hb: 978-1-032-73287-9: **£130**

* For full contents and more information, visit: www.routledge.com/9781032732848

8 Ways to Hope

Charting a Path through Uncertain Times



William R. Miller

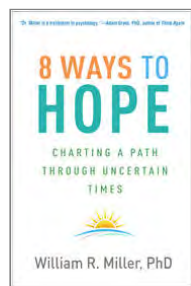
You can't take a leap of faith without it. It lets you dream of a brighter future. And in a world worn down by political conflict, climate change, war, and other perils, many fear losing it. Pioneering psychologist William R. Miller takes a fresh look at hope and its transformative potential in this concise, compassionate book. He identifies 8 different facets of hope that even die-hard pessimists can cultivate in order to clarify their goals, envision new possibilities, find purpose, enhance motivation, and persevere against tough odds. Vivid personal stories, historical examples, and cutting-edge scientific findings reveal how choosing hope over fear can be a powerful force for change.

Guilford Press
September 2024:196
Pb: 978-1-462-55128-6: £14.99

* For full contents and more information, visit: www.routledge.com/9781462551286

8 Ways to Hope

Charting a Path through Uncertain Times



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You can't take a leap of faith without it. It lets you dream of a brighter future. And in a world worn down by political conflict, climate change, war, and other perils, many fear losing it. Pioneering psychologist William R. Miller takes a fresh look at hope and its transformative potential in this concise, compassionate book. He identifies 8 different facets of hope that even die-hard pessimists can cultivate in order to clarify their goals, envision new possibilities, find purpose, enhance motivation, and persevere against tough odds. Vivid personal stories, historical examples, and cutting-edge scientific findings reveal how choosing hope over fear can be a powerful force for change.

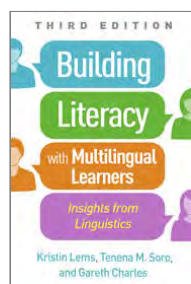
Guilford Press
September 2024:196
Hb: 978-1-462-55492-8: £22.99

* For full contents and more information, visit: www.routledge.com/9781462554928

3RD EDITION

Building Literacy with Multilingual Learners, Third Edition

Insights from Linguistics



Kristin Lems, Tenena M. Soro, Gareth Charles

Now in a revised and expanded third edition, this established course text and teacher guide explores the processes involved in second-language acquisition and translates the research into practical instructional strategies. Engaging classroom vignettes and teacher reflections bring the teaching methods and linguistic concepts to life. Highlighting ways to draw on emergent bilingual and multilingual students' strengths, the book presents innovative learning activities, lesson planning ideas, technology applications, downloadable reproducible forms, and other resources. Pedagogical features include key vocabulary and study questions in every chapter, plus an end-of-book glossary.

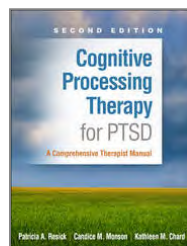
Guilford Press
February 2024:382
Pb: 978-1-462-55324-2: £37.99
Hb: 978-1-462-55325-9: £56.99

* For full contents and more information, visit: www.routledge.com/9781462553242

2ND EDITION

Cognitive Processing Therapy for PTSD, Second Edition

A Comprehensive Therapist Manual



Patricia A. Resick, Candice M. Monson, Kathleen M. Chard

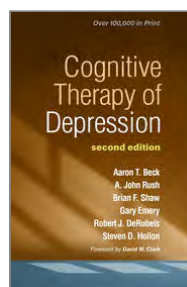
The authoritative presentation of cognitive processing therapy (CPT) for posttraumatic stress disorder (PTSD) is now in a revised and updated second edition, with an easier-to-use format and a new chapter on conceptualizing treatment. From CPT's developers, the manual includes session-by-session implementation guidelines and extensive sample dialogues. Shaded index tabs in the margins help clinicians quickly navigate to each session. The authors explain the theoretical and empirical underpinnings of CPT and discuss ways to work effectively with specific populations. Forty reproducible handouts can be photocopied from the large-size book or downloaded from the companion webpage.

Guilford Press
June 2024:328
Pb: 978-1-462-55427-0: £43.99
Hb: 978-1-462-55430-0: £64.99

* For full contents and more information, visit: www.routledge.com/9781462554270

2ND EDITION

Cognitive Therapy of Depression, Second Edition



Aaron T. Beck, A. John Rush, Brian F. Shaw, Gary Emery, Robert J. DeRubeis

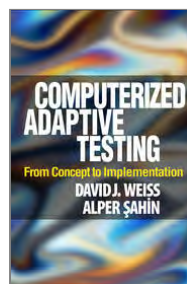
Reflecting major contemporary developments in theory and clinical practice, the second edition of this authoritative guide has been significantly rewritten with 85% new material. Cognitive therapy (CT) pioneer Aaron T. Beck and associates provide cutting-edge knowledge about the cognitive model of depression and the most effective, lasting ways to reduce clients' suffering. The volume links clearly explained theoretical principles to specific therapeutic strategies. Techniques for identifying, examining, and changing the thoughts, beliefs, and behaviors that give rise to depression and related disorders are illustrated with compelling vignettes and sample dialogues.

Guilford Press
August 2024:406
Pb: 978-1-572-30582-3: £49.99
Hb: 978-1-462-55448-5: £74.99

* For full contents and more information, visit: www.routledge.com/9781572305823

Computerized Adaptive Testing

From Concept to Implementation



David J. Weiss, Alper Sahin

Used worldwide in assessment and professional certification contexts, computerized adaptive testing (CAT) offers a powerful means to measure individual differences or make classifications. This authoritative work provides a complete how-to guide for planning and implementing an effective CAT to create a test unique to each person in real time. The book reviews the basics of item response theory used in CAT and walks the reader through developing an item bank, pretesting and linking items, selecting required CAT options, and using simulations to design a CAT. Available software for CAT delivery is described, and engaging multidisciplinary examples illustrate diverse applications of CAT.

Guilford Press
July 2024:360
Hb: 978-1-462-55451-5: £65.99

* For full contents and more information, visit: www.routledge.com/9781462554515

COVID-19: Psychological Research from 2020 on the Emerging Pandemic



Edited by **GUILFORD PRESS**

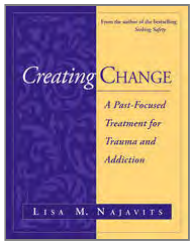
This book presents a range of research on COVID-19 and mental health from the earliest days of the pandemic. It features selected 2020 articles from the Journal of Social and Clinical Psychology and Psychodynamic Psychiatry. The book explores how the pandemic affected mental health providers, their practices, and their patients. Topics include the effects of social distancing on social engagement; coping with the pandemic among people with depression and anxiety; whether political orientations align with coping mechanisms; social media use and loneliness among young adults; and effects on service delivery and clinical training.

Guilford Press
June 2024:155
Pb: 978-1-462-55440-9: £24.99

* For full contents and more information, visit: www.routledge.com/9781462554409

Creating Change

A Past-Focused Treatment for Trauma and Addiction



Lisa M. Najavits

This flexible, evidence-based manual offers counselors a compassionate approach to help people with trauma, addiction, or both explore their past. Creating Change guides clients to understand how trauma and addiction arose over time, grieve losses and regrets, create a new perspective on their life story, and take pride in survival. The manual has 23 topics that can be implemented with individuals or groups and may be used in conjunction with other treatments, including the author's present-focused model, Seeking Safety. The book has a convenient large-size format and includes 83 reproducible handouts and clinical tools, many of which can be downloaded and printed at the companion website.

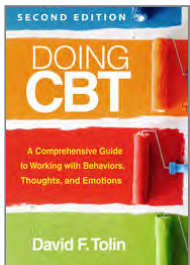
Guilford Press
August 2024:377
Pb: 978-1-462-55462-1: £54.99
Hb: 978-1-462-55463-8: £81.99

* For full contents and more information, visit: www.routledge.com/9781462554621

2ND EDITION

Doing CBT, Second Edition

A Comprehensive Guide to Working with Behaviors, Thoughts, and Emotions



David F. Tolin

With new case material, expanded pedagogical tools, and updated theory and research, the second edition of this reader-friendly text is an ideal introduction to cognitive-behavioral therapy for graduate students and practitioners. In a witty, empathic style, David F. Tolin explains the "whats," "whys," and "how-tos" of addressing the behavioral, cognitive, and emotional elements of clients' psychological problems. Featuring helpful graphics, vivid examples and sample dialogues, and 39 reproducible worksheets and forms, the book concludes with four chapter-length case illustrations. The companion website provides downloadable files for the reproducible materials, most in a fillable format.

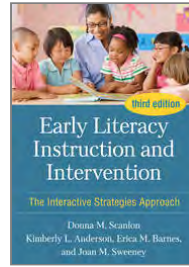
Guilford Press
May 2024:659
Pb: 978-1-462-55412-6: £62.99
Hb: 978-1-462-55362-4: £94.99

* For full contents and more information, visit: www.routledge.com/9781462554126

3RD EDITION

Early Literacy Instruction and Intervention, Third Edition

The Interactive Strategies Approach



Donna M. Scanlon, Kimberly L. Anderson, Erica M. Barnes, Joan M. Sweeney

Series: *Solving Problems in the Teaching of Literacy*

This established text and teacher resource is now in a revised and updated third edition, with a broader focus on whole-class instruction as well as small-group and individualized intervention. It provides an evidence-based framework for supporting literacy development in the primary grades, particularly for students who experience reading difficulties. Teachers learn how to use existing curricular materials to meet core instructional goals in the areas of phonemic awareness, phonics, word solving/word learning, vocabulary and language skills, and comprehension. The book features 26 reproducible forms as well as an online-only supplement with extensive additional tools and resources.

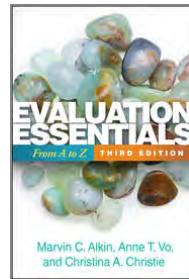
Guilford Press
May 2024:532
Pb: 978-1-462-55365-5: £45.99
Hb: 978-1-462-55366-2: £69.99

* For full contents and more information, visit: www.routledge.com/9781462553655

3RD EDITION

Evaluation Essentials, Third Edition

From A to Z



Marvin C. Alkin, Anne T. Vo, Christina A. Christie

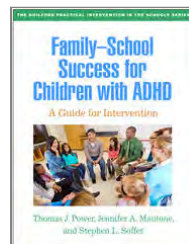
Beloved for its conversational style and reliable advice, this text is now in a revised and updated third edition, reflecting key developments in evaluation. It includes expanded coverage of equity and social justice issues, values and cost analysis, visualizing qualitative data with software, and more. Twenty-six concise chapters or "sessions" give students and applied researchers a solid foundation for conducting or using evaluations. Student-friendly features include headers written as questions, bulleted recaps, "Thinking Ahead" and "Next Steps" pointers, and annotated suggestions for further reading. An in-depth case study provides the basis for end-of-session practice exercises.

Guilford Press
November 2024:346
Pb: 978-1-462-55543-7: £45.99
Hb: 978-1-462-55544-4: £69.99

* For full contents and more information, visit: www.routledge.com/9781462555437

Family-School Success for Children with ADHD

A Guide for Intervention



Thomas J. Power, Jennifer A. Mautone, Stephen L. Soffer

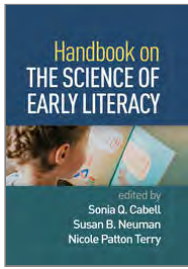
Series: *The Guilford Practical Intervention in the Schools Series*

Distilling decades of research, this practical manual presents an innovative intervention for families of 6- to 10-year-olds with attention-deficit/hyperactivity disorder (ADHD). Family-School Success (FSS) focuses on improving children's behavior and academic performance by strengthening parent-child, teacher-student, and family-school relationships. Guidelines are provided for implementation with parent groups or individual families, including how to involve children in groups and collaborate with teachers. The authors discuss how to deliver FSS effectively in school and clinical settings. In a convenient large-size format, the book features reproducible handouts and implementation tools.

Guilford Press
June 2024:260
Pb: 978-1-462-55436-2: £32.99
Hb: 978-1-462-55437-9: £49.99

* For full contents and more information, visit: www.routledge.com/9781462554362

Handbook on the Science of Early Literacy



Edited by **Sonia Q. Cabell**, **Susan B. Neuman**, **Nicole Patton Terry**

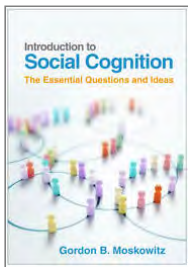
Synthesizing the best current knowledge about early literacy, this comprehensive handbook brings together leading researchers from multiple disciplines. The volume identifies the instructional methods and areas of focus shown to be most effective for promoting young children's growth in reading, writing, oral language, and the connections among them. In 33 chapters, the Handbook covers conceptual foundations; development and instruction of both code- and meaning-related literacy skills; professional development and family engagement; supporting equity across populations; and learning beyond traditional boundaries, including digital and out-of-school contexts.

Guilford Press
July 2024:436
Pb: 978-1-462-55502-4: £40.99

* For full contents and more information, visit: www.routledge.com/9781462555024

Introduction to Social Cognition

The Essential Questions and Ideas



Gordon B. Moskowitz

Why are first impressions so powerful? How do we "know" what others are like when we cannot read their minds? How can scientists measure biases that people do not want to admit—or do not know they have? This engaging text delves into social cognition by exploring major questions in the field through an everyday lens. Students are introduced to core concepts, processes, and findings pertaining to how people come to know themselves and understand the behavior of others. The text connects the research to pressing contemporary problems—the roots of political polarization, why even rational people fall prey to misinformation, and the best ways to reduce prejudice.

Guilford Press
July 2024:557
Pb: 978-1-462-55454-6: £65.99

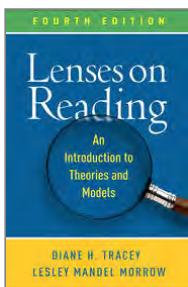
Hb: 978-1-462-55455-3: £99.99

* For full contents and more information, visit: www.routledge.com/9781462554546

4TH EDITION

Lenses on Reading, Fourth Edition

An Introduction to Theories and Models



Diane H. Tracey, **Lesley Mandel Morrow**

Now in a revised and updated fourth edition incorporating advances in research and instructional practices, this well-established text accessibly introduces theories and models related to reading. Coverage ranges from classical approaches to contemporary cognitive, social learning, physiological, and affective perspectives. The book emphasizes that the more lenses educators possess for examining reading processes, the better equipped they will be to understand and facilitate children's literacy development. Pedagogical features include framing and discussion questions, learning activities, teacher anecdotes, and examples of how each model is applied in classroom practice and research.

Guilford Press
August 2024:314
Pb: 978-1-462-55466-9: £37.99

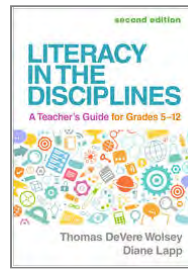
Hb: 978-1-462-55467-6: £56.99

* For full contents and more information, visit: www.routledge.com/9781462554669

2ND EDITION

Literacy in the Disciplines, Second Edition

A Teacher's Guide for Grades 5-12



Thomas DeVere Wolsey, **Diane Lapp**

This successful guide—now in a revised and expanded second edition—gives teachers effective strategies to support adolescents' development of relevant literacy skills in specific disciplines. Demonstrating why disciplinary literacies matter, the authors discuss ways to teach close reading of complex texts; discipline-specific argumentation, communication, and writing skills; academic vocabulary; and more. The book draws on interviews with content-area experts in history, science, mathematics, literature, the arts, and physical education. It includes reproducible/downloadable forms, practice activities, chapter anticipation guides, and links to recommended online teaching videos.

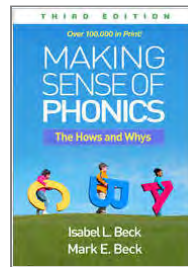
Guilford Press
October 2024:266
Hb: 978-1-462-55531-4: £44.99

* For full contents and more information, visit: www.routledge.com/9781462555314

3RD EDITION

Making Sense of Phonics, Third Edition

The Hows and Whys



Isabel L. Beck, **Mark E. Beck**

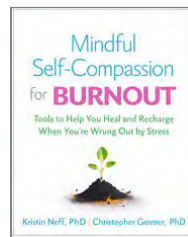
Now in a revised and updated third edition incorporating a decade of additional research and classroom experience, this book has helped over 100,000 teachers understand and apply the science of reading in phonics instruction. It presents innovative approaches to assessing and teaching letter-sound relationships, blending, word building, multisyllabic decoding, fluency, and more. A wealth of reproducible forms and word lists can be copied from the book or downloaded and printed; the companion website also features supplemental word lists, word and syllable cards, and 30 illustrated stories. Teacher anecdotes and "Your Turn" activities enhance the book's utility in training and teaching.

Guilford Press
October 2024:238
Pb: 978-1-462-55535-2: £32.99

Hb: 978-1-462-55536-9: £49.99

* For full contents and more information, visit: www.routledge.com/9781462555352

Mindful Self-Compassion for Burnout



Kristin Neff, **Christopher Germer**, **Christine M. Benton**

Over years of developing and teaching their renowned Mindful Self-Compassion program, Kristin Neff and Christopher Germer have found MSC to be uniquely helpful for people struggling with the soul-draining depletion of burnout, from health professionals, teachers, and caregivers, to shift workers and entrepreneurs. Each chapter in this engaging book offers an empathic story of someone stretched to their limits and an easily digestible bite of self-compassion, culminating in a simple anti-burnout tool based on MSC practices. Readers learn quick and powerful ways to recharge their batteries, de-stress, and, above all, be kind to themselves—so they can be there for others.

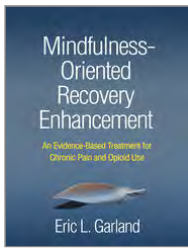
Guilford Press
October 2024:200
Pb: 978-1-462-55022-7: £16.99

Hb: 978-1-462-55498-0: £24.99

* For full contents and more information, visit: www.routledge.com/9781462550227

Mindfulness-Oriented Recovery Enhancement

An Evidence-Based Treatment for Chronic Pain and Opioid Use



Eric L. Garland

Meeting a huge need, this is the authoritative presentation of Mindfulness-Oriented Recovery Enhancement (MORE) for chronic pain and opioid use. MORE is one of the few evidence-based treatments shown to simultaneously reduce opioid use and/or addiction, pain, and co-occurring emotional distress. MORE integrates mindfulness training with principles of cognitive-behavioral therapy and positive psychology. In a convenient large-size format, the book provides session-by-session guidelines for conducting MORE groups, sample scripts, clinical pointers, guided practices, and psychoeducational resources, including 15 reproducible handouts that can be photocopied or downloaded.

Guilford Press

September 2024:208

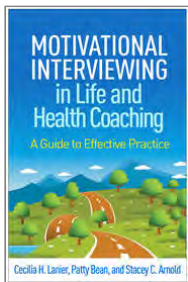
Pb: 978-1-462-55486-7: £37.99

Hb: 978-1-462-55487-4: £56.99

* For full contents and more information, visit: www.routledge.com/9781462554867

Motivational Interviewing in Life and Health Coaching

A Guide to Effective Practice



Cecilia H. Lanier, Patty Bean, Stacey C. Arnold

Written by and for coaches, this groundbreaking book shows how motivational interviewing (MI) can be infused into health and wellness coaching and life coaching to help clients clarify and achieve their goals. Cecilia H. Lanier, Patty Bean, and Stacey C. Arnold concisely explain how the MI spirit, method, and skills mesh perfectly with professional coaching standards and core competencies. The book is packed with concrete examples, sample dialogues that illustrate ways to use MI in coaching conversations, and learning questions and activities. The companion website features 20 downloadable handouts plus an overview of research support for coaching with MI.

Guilford Press

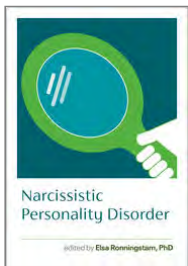
October 2024:272

Pb: 978-1-462-55514-7: £34.99

Hb: 978-1-462-55515-4: £52.99

* For full contents and more information, visit: www.routledge.com/9781462555147

Narcissistic Personality Disorder



Edited by **Elsa Ronningstam**

This volume presents significant recent advances in research and clinical practice in the area of pathological narcissism and narcissistic personality disorder (NPD). Originally published as a Special Supplement to the Journal of Personality Disorders, the book examines the neuroscientific and psychological underpinnings of NPD, describes cutting-edge diagnostic approaches, and explores the complexities of the therapeutic relationship. Addressing the "dos and don'ts" of clinical work with this population, the book reviews the status of specialized treatments—such as transference-focused psychotherapy and mentalization-based treatment—and identifies important directions for future research.

Guilford Press

August 2024:218

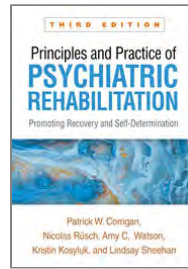
Pb: 978-1-462-55581-9: £24.99

* For full contents and more information, visit: www.routledge.com/9781462555819

3RD EDITION

Principles and Practice of Psychiatric Rehabilitation, Third Edition

Promoting Recovery and Self-Determination



Patrick W. Corrigan, Nicolas Rüsçh, Amy C. Watson, Kristin Kosyluk, Lindsay Sheehan

The leading text and go-to practitioner resource on psychiatric rehabilitation is now in a thoroughly revised third edition, bringing readers up to date on current ideas, findings, and evidence-based best practices. The expert authors present the knowledge needed to help adults with psychiatric disabilities develop their strengths and achieve their life goals. The book describes effective ways to assess personal needs and aspirations; integrate medical and psychosocial interventions; implement supportive services in such areas as housing, employment, education, substance use, and physical health; and combat stigma and discrimination.

Guilford Press

March 2024:404

Pb: 978-1-462-55370-9: £54.99

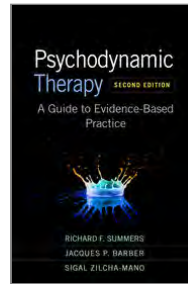
Hb: 978-1-462-55371-6: £81.99

* For full contents and more information, visit: www.routledge.com/9781462553709

2ND EDITION

Psychodynamic Therapy, Second Edition

A Guide to Evidence-Based Practice



Richard F. Summers, Jacques P. Barber, Sigal Zilcha-Mano

Firmly grounded in contemporary clinical practice and research, this pragmatic guide for professionals and students is now in a revised and expanded second edition. The book explains the theory underlying psychodynamic approaches and lays out a model for understanding psychopathology. Vivid case examples demonstrate how to tailor psychodynamic therapy effectively for individual patients. The authors provide a framework for diagnosing the patient's core psychodynamic problem and engaging the most useful mechanisms of change, using an integrative approach. Special topics include remote and hybrid treatment, combining therapy with psychopharmacology, and working with couples and families.

Guilford Press

May 2024:410

Pb: 978-1-462-55407-2: £40.99

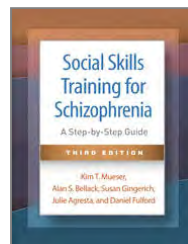
Hb: 978-1-462-55408-9: £61.99

* For full contents and more information, visit: www.routledge.com/9781462554072

3RD EDITION

Social Skills Training for Schizophrenia, Third Edition

A Step-by-Step Guide



Kim T. Mueser, Alan S. Bellack, Susan Gingerich, Julie Agresta, Daniel Fulford

The authoritative presentation of social skills training (SST)—a highly effective, recovery-oriented intervention for people with serious mental illness—the third edition of this manual has been significantly revised with over 60% new material. SST can be implemented by a range of providers in diverse settings. In a large-size format, the book is packed with practical tools, including vignettes, dialogues, reproducible Skill Sheets for teaching 84 skills, guidance for selecting skills based on participants' needs, and troubleshooting tips. Purchasers get access to a companion website with downloadable copies of the Skill Sheets as well as 84 Social Skill Handouts and other resources.

Guilford Press

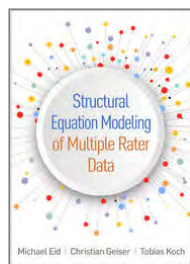
October 2024:416

Pb: 978-1-462-55503-1: £57.99

Hb: 978-1-462-55504-8: £86.99

* For full contents and more information, visit: www.routledge.com/9781462555031

Structural Equation Modeling of Multiple Rater Data



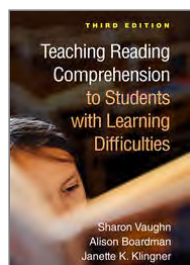
Michael Eid , Christian Geiser , Tobias Koch

The use of multiple raters can improve the validity of self- (and other) reports of emotions, attitudes, goals, and other constructs. Yet analyzing these ratings requires special psychometric models. From leading authorities, this book offers the first comprehensive introduction to structural equation modeling (SEM) of multiple rater data. Rather than taking a one-size-fits-all approach, the book shows how model choice should be guided by measurement design and purpose. Models for different combinations of rater types and for cross-sectional as well as longitudinal research designs are described step by step. The companion website provides Mplus and R lavaan code for the book's examples.

Guilford Press
November 2024:352
Hb: 978-1-462-55571-0: £57.99
* For full contents and more information, visit: www.routledge.com/9781462555710

3RD EDITION

Teaching Reading Comprehension to Students with Learning Difficulties, Third Edition



Sharon Vaughn , Alison Boardman , Janette K. Klingner

Series: The Guilford Series on Intensive Instruction

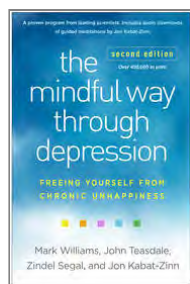
Now in a revised and expanded third edition, this important resource helps teachers understand how good readers comprehend text and how best to support students who are struggling. It presents effective instructional methods for learners at all grade levels, including those with reading disabilities. Every chapter translates research into practical classroom applications. All facets of comprehension are addressed, including assessment, vocabulary, background knowledge, and text structure. Chapters also cover English learners, intensive intervention, and content literacy. Utility as a teacher guide and course text is enhanced by sample lesson plans, graphic organizers, and study questions.

Guilford Press
September 2024:254
Pb: 978-1-462-55479-9: £32.99
Hb: 978-1-462-55480-5: £49.99
* For full contents and more information, visit: www.routledge.com/9781462554799

2ND EDITION

The Mindful Way through Depression, Second Edition

Freeing Yourself from Chronic Unhappiness



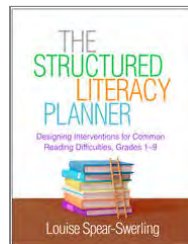
Mark Williams , John Teasdale , Zindel Segal , Jon Kabat-Zinn

Now in a revised and updated second edition, this authoritative, easy-to-use self-help program is grounded in mindfulness-based cognitive therapy (MBCT), a clinically proven approach. Through vivid stories and downloadable audio meditations encouragingly narrated by Jon Kabat-Zinn, the book shows how to break the mental habits that lead to despair—and recover a sense of joy, aliveness, and possibility. Revised throughout to be even more reader friendly, the second edition features fresh insights on coping with the challenges of our ever-changing world; the latest scientific data; and four additional audio tracks.

Guilford Press
December 2024:279
Pb: 978-1-462-55392-1: £18.99
Hb: 978-1-462-55512-2: £27.99
* For full contents and more information, visit: www.routledge.com/9781462553921

The Structured Literacy Planner

Designing Interventions for Common Reading Difficulties, Grades 1-9



Louise Spear-Swerling

Series: The Guilford Series on Intensive Instruction

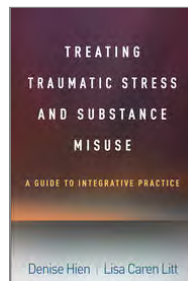
Structured Literacy (SL) approaches are recognized as the gold standard for teaching struggling readers. This book walks educators through designing SL interventions for common types of reading difficulties—word reading, comprehension, or a combination. It offers tools for assessing students' reading profiles and tailoring SL to their needs. The volume is packed with case studies, sample lesson plans for both early and advanced stages of reading, downloadable reproducible forms, and application exercises. A chapter on English language structure presents key foundations for implementing SL. The companion website features a knowledge survey about language structure (with answer key)

Guilford Press
May 2024:252
Pb: 978-1-462-55431-7: £32.99
Hb: 978-1-462-55432-4: £49.99
* For full contents and more information, visit: www.routledge.com/9781462554317

* For full contents and more information, visit: www.routledge.com/9781462554317

Treating Traumatic Stress and Substance Misuse

A Guide to Integrative Practice



Denise Hien , Lisa Caren Litt

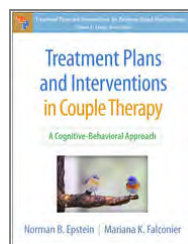
From pioneering clinician-researchers, this book provides crucial guidance for treating co-occurring concerns that virtually all therapists are likely to encounter—and many feel ill equipped to handle. Denise Hien and Lisa Litt review the landscape of evidence-based treatments for posttraumatic stress disorder (PTSD), other trauma-related problems, and substance misuse, and present an integrative, culturally responsive framework for assessment and treatment planning. The book shows the clinician how to navigate the complexities of the treatment process while tailoring interventions flexibly and collaboratively to each client's needs. Two extended case examples run throughout the chapters.

Guilford Press
October 2024:269
Pb: 978-1-462-55507-9: £37.99
Hb: 978-1-462-55508-6: £56.99
* For full contents and more information, visit: www.routledge.com/9781462555079

* For full contents and more information, visit: www.routledge.com/9781462555079

Treatment Plans and Interventions in Couple Therapy

A Cognitive-Behavioral Approach



Norman B. Epstein , Mariana K. Falconier

Series: Treatment Plans and Interventions for Evidence-Based Psychotherapy

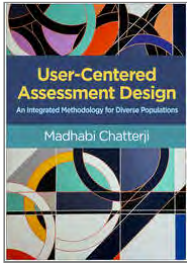
This book provides a complete toolkit for couple-focused cognitive-behavioral therapy (CBT). The book presents guidelines for planning and implementing evidence-based treatment for diverse couples. It explains how to assess relationship functioning, the strengths and needs of each partner, and their sociocultural context. Illustrated are ways to tailor CBT for couples struggling with partner aggression; infidelity; sexual problems; financial issues; parenting conflicts; depression, anxiety, and other individual problems; and more. Therapists of any theoretical orientation will find tools they can readily use. More than 20 ready-to-use client handouts are available to download and print.

Guilford Press
May 2024:360
Pb: 978-1-462-55419-5: £40.99
Hb: 978-1-462-55420-1: £61.99
* For full contents and more information, visit: www.routledge.com/9781462554195

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User-Centered Assessment Design

An Integrated Methodology for Diverse Populations



Madhabi Chatterji

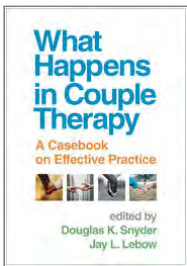
How can assessment instruments be designed or selected to best serve the needs of intended users, taking into account their interests, capacities, and limitations? Informed by a socioecological perspective, this timely reference and text presents an integrated, user-centered process model for developing assessments guided by user contexts. It demonstrates how to integrate qualitative and quantitative methods to devise tools that meet the quality criteria of usefulness and usability alongside validity and reliability. The book features worked-through examples with diverse, global populations; sample instruments from a variety of disciplines; and within-chapter Recaps and Reflection Breaks.

Guilford Press
December 2024:504
Hb: 978-1-462-55548-2: £70.99

* For full contents and more information, visit: www.routledge.com/9781462555482

What Happens in Couple Therapy

A Casebook on Effective Practice



Edited by **Douglas K. Snyder, Jay L. Lebow**

Bringing contemporary couple therapy to life, this casebook candidly illustrates the "whats," "whys," and "how-tos" of leading clinical approaches. Well-known contributors provide a window into their work with couples seeking help for a variety of relationship challenges. Cases depict the moment-by-moment process of therapy, from the initial assessment and case formulation through the beginning, intermediate, and concluding phases. Themes addressed include working across cultural divides; helping couples living with psychological or medical disorders; and treating interfaith couples, military couples, and same-sex and queer couples. Each case is concisely introduced by the editors.

Guilford Press
September 2024:344
Pb: 978-1-462-55474-4: £54.99
Hb: 978-1-462-55475-1: £81.99

* For full contents and more information, visit: www.routledge.com/9781462554744

Writing and Publishing Qualitative Research



Patricia Leavy

Ideal for graduate students and seasoned qualitative researchers, this is the first guide to writing and publishing in both scholarly and popular formats—from journal articles and monographs to op-eds and fictional works. Patricia Leavy covers everything from how to develop a unique writer's voice to how to craft a successful book proposal, understand a publishing contract, and much more. The book is filled with tools for using data and theory in different genres, building a profile as a scholar, and getting research findings out into the world. Instructive features throughout include "dos and don'ts," sample letters and proposals, excerpts from published works, and writing activities.

Guilford Press
May 2024:231
Pb: 978-1-462-53975-8: £40.99
Hb: 978-1-462-55414-0: £61.99

* For full contents and more information, visit: www.routledge.com/9781462539758

A Dictionary of Social Research Methodology



Martyn Hammersley The Open University, UK

This accessible book offers a detailed guide to a wide range of methodological concepts, both those of a more philosophical kind and those that are more technical in character: from constructionism to critical realism, regression analysis to grounded theory, odds ratios to triangulation. Providing clear definitions for a wide range of methodological concepts from across the social sciences, this is an essential resource for all who have an interest in social research methodology.

Routledge

September 2024:216

Pb: 978-1-032-82213-6: **£34.99**

Hb: 978-1-032-82215-0: **£130**

* For full contents and more information, visit: www.routledge.com/9781032822136

A Practical Guide to Trauma-Sensitive Research

Integrating Trauma-Informed Frameworks into the Qualitative Research Lifecycle



Ayhan Alman

A Practical Guide to Trauma-Sensitive Research showcases the novel idea of trauma-informed interventions for researchers, proposing clinical supervision as the standard rather than the exception. This framework not only aids in managing the aftermath of trauma but also opens new opportunities for both clinicians and researchers. This book will be of great utility to User Experience (UX) Professionals. Additionally, it will be of value to clinical professionals like social workers, psychologists, and psychotherapists, offering insights and supervision on applying trauma-informed approaches in non-clinical research settings.

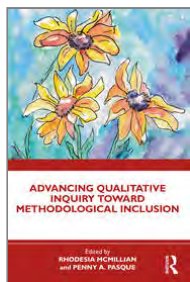
Routledge

July 2024:98

Hb: 978-1-032-83961-5: **£49.99**

* For full contents and more information, visit: www.routledge.com/9781032839615

Advancing Qualitative Inquiry Toward Methodological Inclusion



Edited by **Rhodesia McMillian, Penny A. Pasque**

This fascinating book provides a groundbreaking resource for innovative approaches to qualitative inquiry that address equity and justice and equip readers with tools to enact these approaches in their own work. This unique edited volume is aimed at students and researchers studying or using qualitative methodologies and inquiry who wish to be exposed to emergent conceptualizations and innovations regarding qualitative research methodology and its congruent methods.

Routledge

October 2024:248

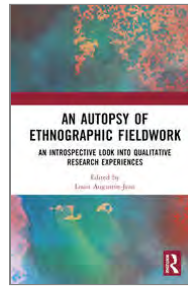
Pb: 978-1-032-61144-0: **£42.99**

Hb: 978-1-032-61147-1: **£135**

* For full contents and more information, visit: www.routledge.com/9781032611440

An Autopsy of Ethnographic Fieldwork

An Introspective Look into Qualitative Research Experiences



Edited by **Louis Augustin-Jean** University of Malaya, Malaysia

This edited volume presents an international collection of fieldwork experiences from every stage of the research process with a view to normalising the process of adaptation, modification, and even failure during the fieldwork process when circumstances interrupt the expected outcomes. The diversity of the book's approach and its multidisciplinary focus will interest researchers, scholars, and postgraduate students from a range of subdisciplines and levels of fieldwork experience within research methodology.

Routledge

July 2024:222

Hb: 978-1-032-44107-8: **£130**

* For full contents and more information, visit: www.routledge.com/9781032441078

An Introduction to Metascience

The Discipline of Evaluating the Creation and Dissemination of Research



Gabriel Bennett Independent Researcher, Adelaide, **Emma Goodall** Independent researcher

An Introduction to Metascience delves into core metascientific concepts, offering a critical examination of current knowledge creation processes and scrutinizing researchers and their methodologies across disciplines. This book stands alone as a comprehensive guide to metascience, offering readers a singular resource for understanding and implementing metascientific principles into their research practices. Designed for scientists and researchers, it caters to those interested in understanding how research evolves over time. It appeals to individuals eager to explore methods, practices, and philosophies of science to refine their approach to knowledge creation.

Routledge

September 2024:224

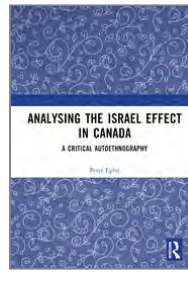
Pb: 978-1-032-76906-6: **£36.99**

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* For full contents and more information, visit: www.routledge.com/9781032769066

Analysing the Israel Effect in Canada

A Critical AutoEthnography



Peter Eglin

Analysing the Israel Effect documents and analyzes the discursive and organizational methods by which public criticism of Israel's oppression of the Palestinians is silenced in Canada, as experienced through ten episodes in the life of the author over a thirty-year period from 1990-2020 in interaction with his university and local and national Canadian news media. As a sociological work the book is a critical autoethnography. But it is also an atrocity tale, a horror story of institutional self-censorship amounting to the abrogation of intellectual responsibility by those specifically charged with upholding it.

Routledge

May 2024:246

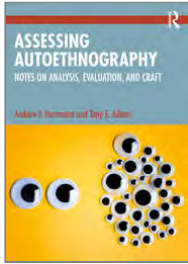
Hb: 978-1-032-67835-1: **£135**

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* For full contents and more information, visit: www.routledge.com/9781032678351

Assessing Autoethnography

Notes on Analysis, Evaluation, and Craft



Andrew F. Herrmann , Tony E. Adams

Assessing Autoethnography provides readers with multiple ways to analyze autoethnographies and other forms of personal narrative writing. Given the proliferation of such forms across academic contexts, the book offers a guide of what autoethnography is, why it matters, and how to do it. Written by two experts in the field, this book offers guidance to scholars and dissertation advisors, across diverse disciplines, in producing autoethnographic work and utilizing autoethnographic methods. The book will be of interest to researchers in the fields of Communication Studies, Education, Sociology, Women's and Gender Studies, Critical Race Studies, and other related disciplines.

Routledge
August 2024:NA
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* For **full contents** and more information, visit: www.routledge.com/9781032251431

Constructivism and the Metaphysics of Qualitative Research



John Paley

This book re-examines the philosophically-based, ontological and epistemological foundations that underlie all qualitative research principles. It shows that these metaphysical principles and pronouncements cannot in fact be referentially successful; for the researcher, they enact the *joining* of a research culture, but they do not *justify* it. The book proposes a meta-metaphysics based framework to move beyond the paradigmatic model. Suitable for researchers and graduate students in qualitative inquiry in healthcare, the social sciences and education.

Routledge
October 2024:338
Pb: 978-1-032-30718-3: **£39.99**
Hb: 978-1-032-30717-6: **£120**

* For **full contents** and more information, visit: www.routledge.com/9781032307183

3RD EDITION

Crafting Phenomenological Research



Mark D. Vagle

Now in its third edition, Crafting Phenomenological Research continues to be the leading resource for those interested in a concise introduction to phenomenological research in education and social sciences. Replete with exercises for students, resources for further research, and examples of completed phenomenological studies, this book affords the instructor an easy entrée into introducing phenomenology into courses on qualitative research, social theory, or educational research.

Routledge
October 2024:238
Pb: 978-1-032-30383-3: **£38.99**
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* For **full contents** and more information, visit: www.routledge.com/9781032303833

Crafting Your Thesis

Making Use of Qualitative Approaches



Johan Alvehus

At the beginning of writing a thesis many questions arise, for example: How do I know that I have formulated a relevant research problem? Have I chosen the right empirical method? Are interviews or observations appropriate? How should I structure my text to get my point across in the best way? What exactly is a theory? How can the quality of my work be assessed? Crafting Your Thesis is a broad and accessible handbook in qualitative methods that gives you clear and concise answers to these questions. The book can be used both in introductory university courses right up to Master's thesis level.

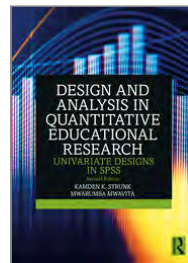
Routledge
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eBook: 978-1-003-49838-4

* For **full contents** and more information, visit: www.routledge.com/9781032799582

2ND EDITION

Design and Analysis in Quantitative Educational Research

Univariate Designs in SPSS



Kamden K. Strunk Auburn University, USA, **Mwarumba Mwavita** Oklahoma State University, USA

This book offers a comprehensive exploration of quantitative educational research methods. It begins with foundational concepts, addressing research problem formulation, literature review, and ethical considerations. Subsequent chapters delve into various statistical tests, such as t-tests, ANOVAs, regression analyses, and their applications. Designed for both beginners and experienced researchers, it provides a thorough understanding of quantitative educational research.

Routledge
August 2024:380
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Dissertation Practice

A Journal for Learning



Diane Bennett Durkin

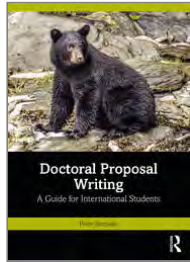
Dissertation Practice: A Journal for Learning is an interactive resource that promotes journaling to engender key dissertation practices, through activities and exercises. It is rooted in the view that students can use journaling to promote thought, and that the privacy of journal entries ensures comfort and familiarity. This personal context, along with the book's open prompts, allows students to engage in extended and alternative thinking. This is an essential resource for students in Ph.D and Ed.D programs in the social sciences and education who are using qualitative, quantitative, and mixed methods.

Routledge
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Doctoral Proposal Writing

A Guide for International Students



Peter Samuels

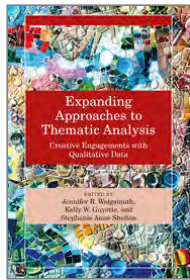
This book is an essential guide for current and prospective international doctoral students wishing to apply and study for a PhD in the UK, and other countries where courses are conducted in English. The book supports students in choosing a suitable research topic and writing an effective proposal for investigating this topic across a range of forms of doctoral research, across several disciplines, with an emphasis on international students and students with English as an additional language.

Routledge
October 2024: 124
Pb: 978-1-032-56193-6: **£24.99**
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* For full contents and more information, visit: www.routledge.com/9781032561936

Expanding Approaches to Thematic Analysis

Creative Engagements with Qualitative Data



Edited by Jennifer R. Wolgemuth, Kelly W. Guyotte, Stephanie Anne Shelton

Expanding Approaches to Thematic Analysis: Creative Engagements with Qualitative Data springboards readers into a world where generating themes from qualitative data is a creative, experimental, and wondrous process! This book is as much a provocation for engaging thematic analysis beyond/without/in addition to coding as it is a resource for anyone interested in the rationale, justification, and examples for doing so. As such, it is a source of inspiration for any qualitative student, researcher, and scholar who wishes to expand their repertoire of approaches to thematic analysis.

Routledge
August 2024: 318
Pb: 978-1-032-48453-2: **£37.99**
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* For full contents and more information, visit: www.routledge.com/9781032484532

Experiments in Art Research

How Do We Live Questions Through Art?



Edited by Sarah Travis, Azlan Guttenberg Smith, Catalina Hernández-Cabal, Jorge Lucero

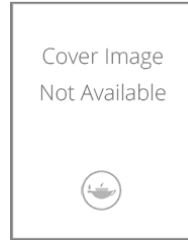
Experiments in Art Research is an edited collection that responds to the question: "how do we live inquiry through art?" This is fascinating reading for arts-based researchers, artists, educators in the arts, education scholars, researchers, performance theorists, art history scholars, art education scholars, inter- and anti-disciplinary scholars, qualitative and post-qualitative researchers, decolonization scholars, public humanities scholars, and writing pedagogy scholars.

Routledge
June 2024: 212
Pb: 978-1-032-55493-8: **£36.99**
Hb: 978-1-032-55490-7: **£130**

* For full contents and more information, visit: www.routledge.com/9781032554938

Global Climate Education and its Discontents

Using Drama to Forge a New Way



Edited by Kathleen Gallagher, Christine Balt

This innovative and practical book offers pedagogical tools to show how drama can be used in educational settings to advance a relational, action-oriented, interdisciplinary and creative climate education attuned to the social and emotional effects of the climate emergency. This is a unique resource for scholars, educators and graduate students in the field of educational research, with particular interests in theatre/performance, curriculum, and pedagogy.

Routledge
October 2024: 370
Pb: 978-1-032-61563-9: **£38.99**
Hb: 978-1-032-61567-7: **£135**

* For full contents and more information, visit: www.routledge.com/9781032615639

Heuristic Enquiries

Research Across Disciplines and Professions



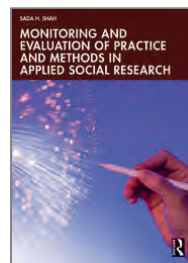
Edited by Welby Ings, Keith Tudor

Heuristic Enquiries provides an illuminating exploration of heuristic research by offering case studies of heurism in theory and practice across a number of disciplines, including art and design, psychology, psychotherapy, social care, social geography and indigenous studies. This unique book is a comprehensive overview of the relationship between research and practice for postgraduate and doctoral research students, as well as academics, researchers and practitioners.

Routledge
November 2024: 228
Pb: 978-1-032-83095-7: **£36.99**
Hb: 978-1-032-83097-1: **£135**

* For full contents and more information, visit: www.routledge.com/9781032830957

Monitoring and Evaluation of Practice and Methods in Applied Social Research



Sada H. Shah

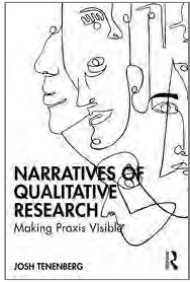
Monitoring and Evaluation of Practice and Methods in Applied Social Research is a comprehensive guide delving into the core concepts, tools, methods, and approaches of M&E. Written by an expert with over a decade of hands-on experience in applied social research, this book serves as an invaluable tool, offering insights into the diverse landscape of M&E, enabling students and practitioners to navigate various contexts with ease. NGOs, UN bodies, and organizations involved in M&E will also find this book instrumental, creating a bridge of standardized concepts, nomenclature, and approaches.

Routledge
July 2024: 210
Pb: 978-1-032-76924-0: **£42.99**
Hb: 978-1-032-79768-7: **£130**

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Narratives of Qualitative Research

Making Praxis Visible



Josh Tenenberg

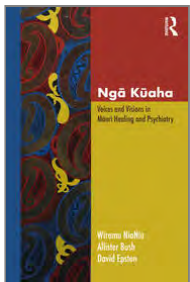
Narratives of Qualitative Research uses a novel form of writing about how to do qualitative research called a praxis narrative. Each narrative is told from the author's perspective in carrying out one of his past research studies in the social sciences. This is fascinating reading for qualitative researchers, and students taking qualitative research courses, across the social sciences, education, and behavioural sciences.

Routledge
May 2024:436
Pb: 978-1-032-67293-9: £51.99
Hb: 978-1-032-67296-0: £135
eBook: 978-1-032-67298-4

* For full contents and more information, visit: www.routledge.com/9781032672939

Ngā Kūaha

Voices and Visions in Māori Healing and Psychiatry



Wiremu NiaNia, Allister Bush, David Epston

Series: Writing Lives: Ethnographic and Autoethnographic Narratives

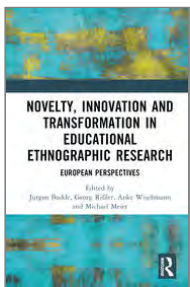
The book looks at why this topic is of particular importance in mental health care with indigenous peoples. Expanding on the groundbreaking work and clinical partnership of Wiremu and Allister, the book presents stories of young people's experiences and care within a framework designed specifically to account for Māori spiritual beliefs and practices. This book will be valuable to all mental health practitioners, nurses and psychiatrists working with indigenous peoples, and will be valuable as a course text for medical schools in New Zealand, Australia and others, as well as all practitioners interested in shaping and improving mental health provision for indigenous peoples.

Routledge
August 2024:282
Pb: 978-1-032-03384-6: £34.99
Hb: 978-1-032-03380-8: £130

* For full contents and more information, visit: www.routledge.com/9781032033846

Novelty, Innovation and Transformation in Educational Ethnographic Research

European Perspectives



Edited by Jürgen Budde Europa-Universität Flensburg, Germany, *Anke Wischmann* Europa-Universität Flensburg, Germany, *Georg Rißler* University of Teacher Education, Switzerland, *Michael Meier-Sternberg* Europa-Universität Flensburg, Germany

This edited volume tackles the theoretical, empirical and methodological questions of how novelty can be determined in and through educational ethnographic research. This volume will be of use to researchers, academics, and postgraduate students involved with research methods in education, ethnography, and the theory of education more broadly. Those involved with research design, innovation, and European research methods will also find the volume of use.

Routledge
July 2024:240
Hb: 978-1-032-61735-0: £135

* For full contents and more information, visit: www.routledge.com/9781032617350

Photography, Photographic Arts, and the Visual Research Process in Qualitative Inquiry



Raji Swaminathan University of Wisconsin, Milwaukee,
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Qualitative and Quantitative Approaches



M. Ling Pan, Jacqueline S. Craven

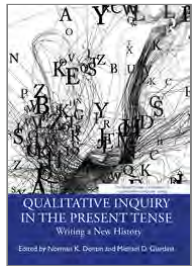
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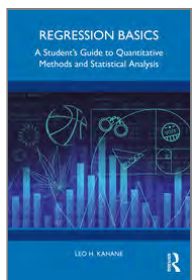
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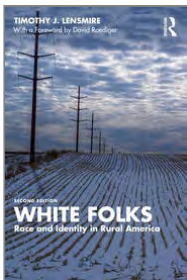
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Melisa C. Galvan California State University, Northridge, USA, **Jose L. Galvan** Professor Emeritus, California State University, Los Angeles.

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