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A Comprehensive Guide to Addiction Theory and Counseling Techniques



Alan A. Cavaola, Margaret Smith

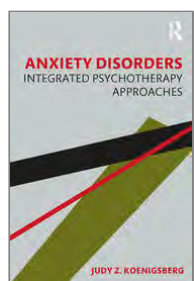
A mix of theory and counseling techniques, this text gives readers an overview of major counseling theories and their application to substance use disorders and addiction counseling, along with related techniques and interventions. Chapters incorporate cutting edge evidenced-based research explaining the biopsychosocial influences of substance use disorders and examine how substance use disorder risk factors can be utilized for assessment. The text additionally applies theory to practice with intervention techniques and case studies. Highlighted learning opportunities and key terms further help students to apply the theories, interventions, and techniques that the book discusses.

Routledge
June 2020:224
Hb: 978-0-367-24566-5: **£130**
Pb: 978-0-367-25272-4: **£38.99**
eBook: 978-0-429-28693-3

* For full contents and more information, visit: www.routledge.com/9780367252724

Anxiety Disorders

Integrated Psychotherapy Approaches



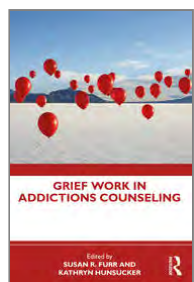
Judy Z. Koenigsberg

This text examines how different integrated psychotherapy treatment models can be used to help patients with anxiety disorders. The book summarizes major themes that underlie these treatment models, then analyzes the symptoms and causes of specific disorders. Case studies are provided for each disorder, along with the theoretical and technical factors that are involved in applying these approaches. Online materials include PowerPoint slides and test questions to help readers assess their newfound knowledge. Students, therapists, and researchers will learn the rationale for and the history of integrated and unified models of treatment to gain better insight into anxiety disorders.

Routledge
June 2020:266
Hb: 978-0-367-08663-3: **£130**
Pb: 978-0-367-08664-0: **£38.99**
eBook: 978-0-429-02363-7

* For full contents and more information, visit: www.routledge.com/9780367086640

Grief Work in Addictions Counseling



Edited by **Susan R. Furr, Kathryn Hunsucker**

Grief Work in Addictions Counseling a book for practitioners and students in the field of substance abuse counseling who encounter grief and loss issues with clients recovering from addiction. Chapters address multicultural themes to help clinicians design treatments that will meet the needs of diverse genders, sexual orientations, cultures, ages, and spiritual orientations. This book is useful both for professionals and as a supplemental textbook for students preparing to become addictions counselors.

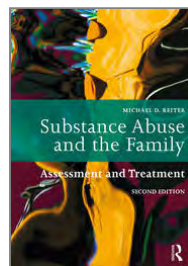
Routledge
March 2022:320
Hb: 978-0-367-53857-3: **£130**
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eBook: 978-1-003-10690-6

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2ND EDITION

Substance Abuse and the Family

Assessment and Treatment



Michael D. Reiter

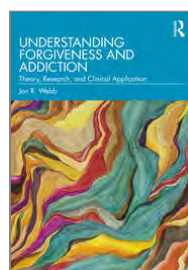
In this updated edition of Substance Abuse and the Family, Michael Reiter examines addiction through a family systems lens which considers a range of interconnected contexts, such as biology and genetics, family relationships, and larger systems. The second edition has many useful additions including a revision of the family diversity chapter to consider sexual and gender minorities, and brand new chapters on behavioral addictions such as sex and gambling, and a chapter on ethical implications in substance abuse work with families.

Routledge
June 2019:444
Hb: 978-1-138-62587-7: **£110**
Pb: 978-1-138-62597-6: **£36.99**
eBook: 978-0-429-45957-3

* For full contents and more information, visit: www.routledge.com/9781138625976

Understanding Forgiveness and Addiction

Theory, Research, and Clinical Application



Jon R. Webb

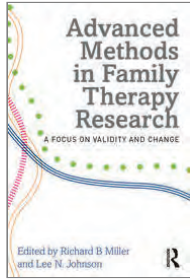
This book integrates and synthesizes numerous empirically supported positive psychological constructs and psychotherapeutic theories to help understand addiction. Proposing forgiveness as an alternative and critical tool to understanding the process of addiction and recovery, whether in the context of substance use, compulsive behavior, and/or suicidal behavior, the book discusses multiple theoretical points of view regarding the process of forgiveness. The text's comprehensive integration of theory, research, and clinical application, including guidelines regarding forgiveness as a treatment method, provide a roadmap forward for addiction counselors and other recovery specialists.

Routledge
May 2021:238
Hb: 978-0-367-19083-5: **£130**
Pb: 978-0-367-19084-2: **£39.99**
eBook: 978-0-429-20027-4

* For full contents and more information, visit: www.routledge.com/9780367190842

Advanced Methods in Family Therapy Research

A Focus on Validity and Change



Edited by **Richard B Miller, Lee N. Johnson**

This edited book, intended for graduate students and researchers, addresses methodological issues that are unique to couple and family therapy research in order to produce valid results. Each chapter describes how research is enhanced through their respective methodological or analysis strategy, and the principles of internal, construct, external, and conclusion validity. Students and researchers will have the skills necessary to produce quality research that is publishable in top journals, write fundable grant proposals, and think about research through the lens of validity and change.

Routledge

January 2014:488

Hb: 978-0-415-63750-3: **£175**

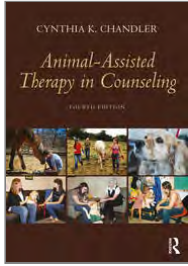
Pb: 978-0-415-71090-9: **£82.99**

eBook: 978-0-203-08452-6

* For full contents and more information, visit: www.routledge.com/9780415710909

4TH EDITION

Animal-Assisted Therapy in Counseling

**Cynthia K. Chandler**

The fourth edition of *Animal-Assisted Therapy in Counseling* is the most comprehensive book available dedicated to training mental-health practitioners in the performance of animal-assisted therapy in counseling. This unique resource is an indispensable guide for any counselor or psychotherapist looking to develop and implement animal-assisted therapy techniques in practice.

Routledge

May 2024:474

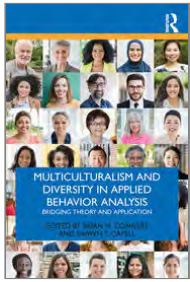
Hb: 978-1-032-19351-9: £140

Pb: 978-1-032-19346-5: £48.99

* For full contents and more information, visit: www.routledge.com/9781032193465

Multiculturalism and Diversity in Applied Behavior Analysis

Bridging Theory and Application



Edited by **Brian M. Connors, Shawn Thomas Capell**

Routledge

June 2020:272

Hb: 978-0-367-20877-6: **£130**

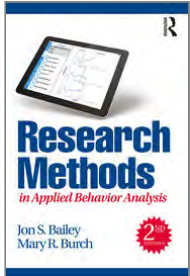
Pb: 978-0-367-20878-3: **£38.99**

eBook: 978-0-429-26387-3

* For full contents and more information, visit: www.routledge.com/9780367208783

2ND EDITION

Research Methods in Applied Behavior Analysis



Jon S. Bailey, Mary R. Burch

Research Methods in Applied Behavior Analysis, 2nd Edition, is a practical text that provides the beginning researcher with a clear description of how behavior analysts conduct applied research and submit it for publication. In a sequence of ten logical steps, the text covers the elements of single-case research design and the practices involved in organizing, implementing, and evaluating research studies. This revision includes new material on how to critique a journal article and how to extract treatment ideas from published studies. The novice researcher receives a "steps for success" approach that is brief, useful, to the point, and clearly delineated.

Routledge

October 2017:256

Hb: 978-1-138-68525-3: **£150**

Pb: 978-1-138-68526-0: **£46.99**

eBook: 978-1-315-54336-9

* For full contents and more information, visit: www.routledge.com/9781138685260

Art Therapy Research

A Practical Guide



Donna Betts, Sarah Deaver

Art Therapy Research is a clear and intuitive guide for educators, students, and practitioners on the procedures for conducting art therapy research. Presented using a balanced view of paradigms that reflect the pluralism of art therapy research, this exciting new resource offers clarity while maintaining the complexity of research approaches and considering the various epistemologies and their associated methods. This text includes sample experientials in every chapter and student worksheets. This comprehensive guide is essential reading for educators looking to further the application of learning outcomes such as teamwork, communication, and critical thinking in their practice.

Routledge

January 2019:310

Hb: 978-1-138-12610-7: **£130**

Pb: 978-1-138-12611-4: **£35.99**

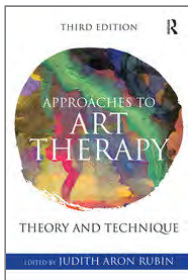
eBook: 978-1-315-64708-1

* For full contents and more information, visit: www.routledge.com/9781138126114

3RD EDITION

Approaches to Art Therapy

Theory and Technique

Edited by **Judith Aron Rubin**

The third edition of Approaches to Art Therapy brings together varied theoretical approaches and provides a variety of solutions to the challenge of translating theory to technique. The third edition includes many new chapters with material on a wide variety of topics including contemplative approaches, DBT, neuroscience, and mentalization while also retaining important and timeless contributions from the pioneers of art therapy. This book is an essential resource in the assembly of any clinician's theoretical and technical toolbox, and in the formulation of each individual's own approach to art therapy.

Routledge

March 2016:528

Hb: 978-1-138-88455-7: £150

Pb: 978-1-138-88456-4: £69.99

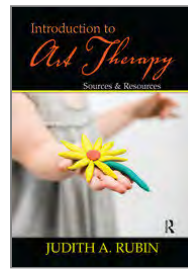
eBook: 978-1-315-71601-5

* For full contents and more information, visit: www.routledge.com/9781138884564

2ND EDITION

Introduction to Art Therapy

Sources & Resources

**Judith A. Rubin**

Introduction to Art Therapy: Sources and Resources, is the thoroughly updated and revised second edition of Judith Rubin's landmark 1999 text, the first to describe the history of art in both assessment and therapy, and to clarify the differences between artists or teachers who provide "therapeutic" art activities, psychologists or social workers who request drawings, and those who are trained as art therapists to do a kind of work which is similar, but qualitatively different. This new edition contains a DVD-ROM with over 400 still images and 250 edited video clips for much richer illustration than is possible with figures alone; an additional chapter describing the work that art therapists do; and new material on education with updated information on standards, ethics, and informing others. To further make the information accessible to practitioners, students, and teachers, the author has included a section on Treatment Planning and Evaluation, an updated list of resource

Routledge

November 2015:366

Hb: 978-0-415-96093-9: £130

Pb: 978-1-138-97326-8: £44.99

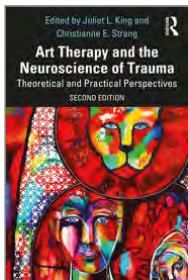
eBook: 978-0-203-89396-8

* For full contents and more information, visit: www.routledge.com/9781138973268

2ND EDITION

Art Therapy and the Neuroscience of Trauma

Theoretical and Practical Perspectives

Edited by **Juliet L. King, Christianne E. Strang**

Art Therapy and the Neuroscience of Trauma, 2nd ed, lays out a unified framework of neural plasticity and resilience and places it within a broader social context. Using a lens grounded in multicultural humility, renowned figures in art therapy have updated chapters with content that takes a systematic yet inclusive approach. New chapters and new authors offer stimulating insights into individual and community factors that drive comprehensive care. This revitalized second edition offers an accessible and comprehensive text intended for novice and sage art therapists and students.

Routledge

August 2024:312

Hb: 978-1-032-38078-0: £130

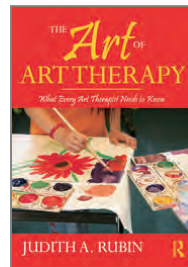
Pb: 978-1-032-38076-6: £29.99

* For full contents and more information, visit: www.routledge.com/9781032380766

2ND EDITION

The Art of Art Therapy

What Every Art Therapist Needs to Know

**Judith A. Rubin**

The Art of Art Therapy is written primarily to help art therapists define and then refine a way of thinking about their work. This new edition invites the reader to first consider closely the main elements of the discipline embodied in its name: The Art Part and The Therapy Part. The interface helps readers put the two together in an integrated, artistic way, followed by chapters on Applications and Related Service. Included with this edition is a DVD containing two hours of chapter-related video content.

Routledge

April 2011:304

Hb: 978-0-415-96094-6: £130

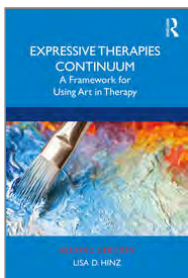
eBook: 978-0-203-89384-5

* For full contents and more information, visit: www.routledge.com/9780415960946

2ND EDITION

Expressive Therapies Continuum

A Framework for Using Art in Therapy

**Lisa D. Hinz**

Distinctive in its application as a foundational theory in the field of art therapy, this up-to-date second edition demonstrates how the Expressive Therapies Continuum provides a framework for the organization of assessment information, the formulation of treatment goals, and the planning of art therapy interventions. Through rich clinical detail and numerous case examples, this book's easy-to-use format and effectiveness in teaching history and application make it an essential reference for practitioners and students alike.

Routledge

August 2019:308

Hb: 978-1-138-48971-4: £130

Pb: 978-0-367-28042-0: £42.99

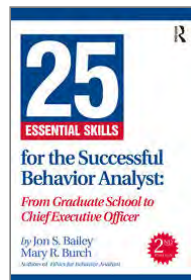
eBook: 978-0-429-29933-9

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2ND EDITION

25 Essential Skills for the Successful Behavior Analyst

From Graduate School to Chief Executive Officer



Jon S. Bailey, Mary R. Burch

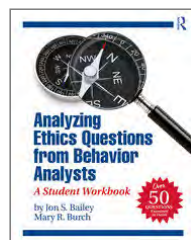
This second edition of Bailey and Burch's best-selling 25 Essential Skills for the Successful Behavior Analyst is an invaluable guide to the professional skills required in the rapidly growing field of applied behavior analysis. The authors present five basic skills and strategy areas which each behavior analyst need to acquire: essential professional skills, basic behavioral repertoire, applying behavioral knowledge, vital work habits, and advanced skills. This book is organized around those five areas, with a total of 25 specific skills presented within those topics.

Routledge
March 2023:308
Hb: 978-1-032-20856-5: £120
Pb: 978-1-032-19207-9: £42.99
eBook: 978-1-003-26557-3

* For full contents and more information, visit: www.routledge.com/9781032192079

Analyzing Ethics Questions from Behavior Analysts

A Student Workbook



Jon S. Bailey, Mary R. Burch

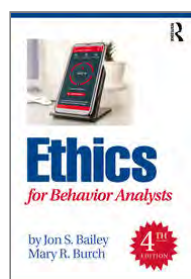
Supplementing the best-selling textbook, Ethics for Behavior Analysts, this workbook analyzes over 50 original and up-to-date ethics cases recently faced by behavior analysts, providing 'solutions' to each question written by the most expert professionals in the field using the Behavior Analyst Certification Board® ethics code. Covering all ten sections of the code and designed to allow the reader to see the original question, respond given their knowledge of the Code, and then compare their answers with the authors' answers at the back of the book, this text provides guided practice for both students and clinicians to improve ethical competency in behavior analysis.

Routledge
February 2019:194
Hb: 978-0-815-35300-3: £130
Pb: 978-0-815-36069-8: £35.99
eBook: 978-1-351-11778-4

* For full contents and more information, visit: www.routledge.com/9780815360698

4TH EDITION

Ethics for Behavior Analysts



Jon S. Bailey, Mary R. Burch

This fully updated fourth edition of Jon Bailey and Mary Burch's bestselling Ethics for Behavior Analysts is an invaluable guide to understanding and implementing the newly revised Behavior Analyst Certification Board (BACB) Ethics Code for Behavior Analysts. Featured in this new edition are explanations of each code standard along with case studies drawn from questions submitted to Baileys ABA Ethics Hotline (with permission of the writers) along with edited responses. New chapters include significant changes in this code, an elaboration of the core ethical principles and the distinction between a client and stakeholder.

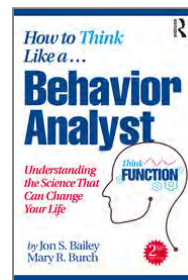
Routledge
April 2022:422
Hb: 978-1-032-05644-9: £130
Pb: 978-1-032-05642-5: £48.99
eBook: 978-1-003-19855-0

* For full contents and more information, visit: www.routledge.com/9781032056425

2ND EDITION

How to Think Like a Behavior Analyst

Understanding the Science That Can Change Your Life



Jon Bailey, Mary R. Burch

How to Think Like a Behavior Analyst is a revolutionary resource for understanding complex human behavior and making potentially significant quality of life improvements. Practical and clearly written, this second edition addresses basic questions like how behavior analysts work, why specific methods and procedures are used, what are alternative treatments and more. The updated text answers 70 frequently asked questions about behavior analysis using an accessible question-and-answer format. This text is written for all professionals concerned with behavior.

Routledge
March 2022:344
Hb: 978-0-367-75085-5: £130
Pb: 978-0-367-75084-8: £38.99
eBook: 978-1-003-16091-5

* For full contents and more information, visit: www.routledge.com/9780367750848

The RBT® Ethics Code

Mastering the BACB® Ethical Requirements for Registered Behavior Technicians™



Jon S. Bailey, Mary R. Burch

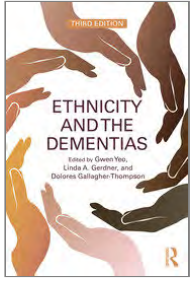
A textbook to help training Registered Behavior Technicians™ understand and follow the new RBT® Ethics Code administered by the Behavior Analyst Certification Board (BACB®). Chapters guide through each section of the Code with examples for applying them to everyday practice. Included are test questions, the complete RBT® Code of Ethics, and an appendix to help trainers focus on specific code items and present scenarios for discussion. This book is a primary text for the training of RBTs™ as well as a reference and study guide for RBTs™ and their trainers.

Routledge
July 2020:258
Hb: 978-0-367-34263-0: £130
Pb: 978-0-367-41509-9: £35.99
eBook: 978-0-367-81492-2

* For full contents and more information, visit: www.routledge.com/9780367415099

3RD EDITION

Ethnicity and the Dementias



Edited by **Gwen Yeo, Linda A. Gerdner, Dolores Gallagher-Thompson**

This third edition of *Ethnicity and the Dementias* offers invaluable background information in this area, while also examining how those suffering from dementia and their family members respond or adapt to the challenges that follow. Thoroughly updated and revised throughout, the book features contributions from leading clinicians and researchers in the field, with particular attention given to genetic and cultural factors related to dementia, effective prevention and treatment strategies, and issues in caregiving and family support. Chapters offer specific recommendations for dementia care in eleven ethnic/racial groups, as well as suggestions for working effectively with LGBTQ families.

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September 2018:432

Hb: 978-1-138-06297-9: £130

Pb: 978-1-138-06298-6: £52.99

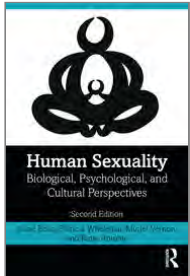
eBook: 978-1-315-16135-8

* For full contents and more information, visit: www.routledge.com/9781138062986

2ND EDITION

Human Sexuality

Biological, Psychological, and Cultural Perspectives



Anne Bolin, Patricia Whelehan, Muriel Vernon, Katja Antoine

This ground-breaking second edition of *Human Sexuality* continues its broad and interdisciplinary goal of providing readers with a comprehensive overview on sexuality as a core part of our individual identities and social lives. Utilizing viewpoints across cultural and national boundaries and taking into account the evolution of human anatomy, sexual behavior, attitudes, and beliefs across the globe, *Human Sexuality* 2nd edition remains an essential text for educators and students who wish to understand human sexuality in all of its richness and complexity.

Routledge

June 2021:596

Hb: 978-0-367-21979-6: £130

Pb: 978-0-367-21978-9: £74.99

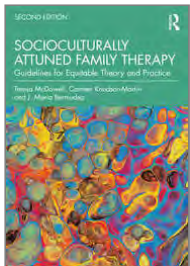
eBook: 978-0-429-26915-8

* For full contents and more information, visit: www.routledge.com/9780367219789

2ND EDITION

Socioculturally Attuned Family Therapy

Guidelines for Equitable Theory and Practice



Teresa McDowell, Carmen Knudson-Martin, J. Maria Bermudez

Socioculturally Attuned Family Therapy, 2nd edition, is a fully updated and essential textbook that addresses the need for marriage and family therapists to provide socially responsible couple, marriage, and family therapy, infusing diversity, equity, and inclusion throughout theory and clinical practice. Fitting COAMFT, COACRE, and CSWE requirements for social and cultural diversity, this new edition is revised to include current cultural and societal changes, such as the BLM movement. It is an essential textbook for students of marriage and family therapy and is important reading for family therapists, supervisors, counsellors, and social workers.

Routledge

September 2022:396

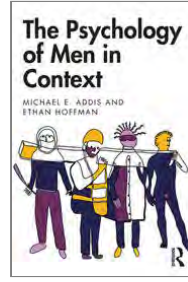
Hb: 978-1-032-10680-9: £130

Pb: 978-1-032-07441-2: £56.99

eBook: 978-1-003-21652-0

* For full contents and more information, visit: www.routledge.com/9781032074412

The Psychology of Men in Context



Michael Addis, Ethan Hoffman

The Psychology of Men in Context will introduce readers to the history, current scholarship, and social implications of the psychological study of men and masculinity. One way to help students grasp these issues is to include exercises that can be done as groups or individually and are designed to help them make direct contact with the various consequences of thinking about a psychology of men in different ways.

Routledge

September 2019:262

Hb: 978-1-138-58933-9: £115

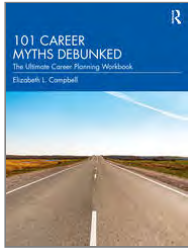
Pb: 978-1-138-58934-6: £48.99

eBook: 978-0-429-49171-9

* For full contents and more information, visit: www.routledge.com/9781138589346

101 Career Myths Debunked

The Ultimate Career Planning Workbook



Elizabeth L. Campbell

Written by a counseling psychologist and career psychology expert, 101 Career Myths Debunked is your personal career coach and ultimate planning guide. This easy-to-use workbook will show you how to boost your confidence and build a life you love. It walks you through the entire career development process and helps you deal successfully with everything you need to consider. You'll learn practical new ways to move forward from your present uncertainty into a promising future.

Routledge

August 2022:322

Hb: 978-0-367-19511-3: **£130**

Pb: 978-0-367-19512-0: **£31.99**

eBook: 978-0-429-26177-0

* For full contents and more information, visit: www.routledge.com/9780367195120

3RD EDITION

Stress Management and Prevention

Applications to Daily Life



David D. Chen

This new edition of Stress Management and Prevention integrates Eastern and Western concepts of stress while emphasizing an experiential approach to learning through the use of exercises, activities, and self-reflection. This student-friendly text contains chapters on conflict resolution, mindfulness meditation, time management, prevention of health risks, and cognitive restructuring. Included throughout are an emphasis on mindfulness and the neuroscience behind it, more theories, and new techniques for stress reduction and time management. An updated companion website includes even more video-based activities so students can see techniques in practice.

Routledge

September 2016:440

Hb: 978-1-138-43718-0: **£175**

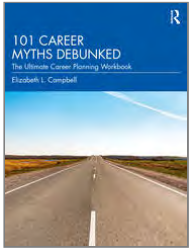
Pb: 978-1-138-90628-0: **£77.99**

eBook: 978-1-315-69559-4

* For full contents and more information, visit: www.routledge.com/9781138906280

101 Career Myths Debunked

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Routledge

August 2022:322

Hb: 978-0-367-19511-3: **£130**

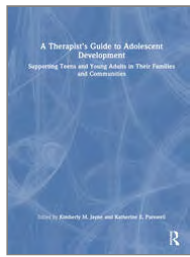
Pb: 978-0-367-19512-0: **£31.99**

eBook: 978-0-429-26177-0

* For full contents and more information, visit: www.routledge.com/9780367195120

A Therapist's Guide to Adolescent Development

Supporting Teens and Young Adults in Their Families and Communities



Edited by **Kimberly M. Jayne, Katherine E. Purswell**

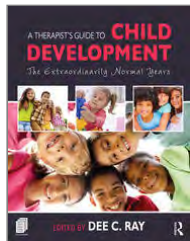
A Therapist's Guide to Adolescent Development is a practical guide to understanding adolescent development and applying developmental knowledge in therapeutic practice. This unique and meaningful book will benefit any mental health professional or student who wants to integrate developmental knowledge into practice in a way that educates, empowers, and promotes collaboration with adolescents rather than pathologizing them.

Routledge
September 2024:212
Hb: 978-1-032-05043-0: **£130**
Pb: 978-1-032-05042-3: **£29.99**

* For full contents and more information, visit: www.routledge.com/9781032050423

A Therapist's Guide to Child Development

The Extraordinarily Normal Years



Edited by **Dee C. Ray**

A Therapist's Guide to Child Development gives therapists and counselors the basics they need to understand their clients in the context of development and to explain development to parents. This ideal guide for students and early professionals will also give readers the tools to communicate successfully with the child's guardians or teachers, including easy-to-read handouts that detail what kind of behaviors are not cause for concern and which behaviors mean it's time to seek help.

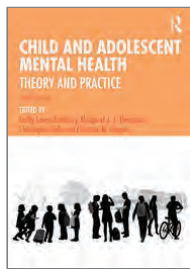
Routledge
November 2015:222
Hb: 978-1-138-82896-4: **£150**
Pb: 978-1-138-82897-1: **£38.99**
eBook: 978-1-315-73795-9

* For full contents and more information, visit: www.routledge.com/9781138828971

3RD EDITION

Child and Adolescent Mental Health

Theory and Practice



Edited by **Cathy Laver-Bradbury, Margaret J.J. Thompson, Christopher Gale, Christine M. Hooper**

This textbook provides an overview of child and adolescent mental health. The text covers all core aspects on the subject, from the importance of knowing why mental health in children is important, to how to assess, formulate and treat a variety of presentations seen in children and young people. Featuring authors from a variety of clinical and research backgrounds, this fully-revised third edition is an important resource for all professionals working with children, young people, and their families, including student and practitioner psychiatrists, clinical psychologists, mental health nurses and social care specialists.

CRC Press
May 2021:706
Hb: 978-0-367-53739-5: **£130**
Pb: 978-0-367-53738-8: **£48.99**
eBook: 978-1-003-08313-9

* For full contents and more information, visit: www.routledge.com/9780367537388

Climate Change and Youth

Turning Grief and Anxiety into Activism



Linda Goldman

This is a pioneering book that opens the door to understanding the impact climate change has on the mental health of today's youth. Chapters provide age-appropriate language for a meaningful dialogue and resources for separating fact from fiction about environmental issues, encouraging participation in activism, and creating tools to reduce stress. The book includes firsthand examples, research, and interviews and shares age-appropriate resources relating to climate change. This essential resource offers techniques and tools that professionals and caring adults can use to address the stresses associated with climate change and offer strategies for hope, resilience, and action.

Routledge
May 2022:352
Hb: 978-0-367-49454-4: **£130**
Pb: 978-0-367-49453-7: **£31.99**
eBook: 978-1-003-05177-0

* For full contents and more information, visit: www.routledge.com/9780367494537

Counseling Children and Adolescents

Cultivating Empathic Connection



Rebekah Byrd, Chad Luke

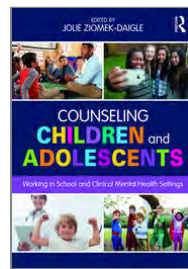
Counseling Children and Adolescents focuses on relationship building and creating a deep level of understanding of developmental, attachment, and brain-based information. Chapters place a clear emphasis on building strengths and developing empathy, awareness, and skills. By going beyond theory, and offering a strengths-based, attachment, neuro- and trauma-informed perspective, this text offers real-world situations and tried and true techniques for working with children and adolescents. Grounded in research and multicultural competency, the book focuses on encouragement, recognizing resiliency, and empowerment.

Routledge
December 2020:370
Hb: 978-0-815-39580-5: **£180**
Pb: 978-0-815-39581-2: **£56.99**
eBook: 978-1-351-13315-9

* For full contents and more information, visit: www.routledge.com/9780815395812

Counseling Children and Adolescents

Working in School and Clinical Mental Health Settings



Edited by **Jolie Ziomek-Daigle**

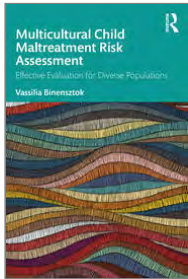
Counseling Children and Adolescents gives students the information they need to prepare for work in both school and clinical mental health settings. It includes content related to developmental/counseling theories, information on evidence-based practices across the continuum of care, diagnosis and treatment of youth, and current trends such as integrated care, mindfulness, and neuroscience. Unique to this book are sections on both the instructional and behavioral Response to Intervention (RtI) model and PBIS, examples of evidence-based practices such as Student Success Skills, Check & Connect, and trauma-focused CBT, and a review of common mental health related-disorders.

Routledge
June 2017:510
Hb: 978-1-138-20057-9: **£190**
Pb: 978-1-138-20058-6: **£69.99**
eBook: 978-1-315-46673-6

* For full contents and more information, visit: www.routledge.com/9781138200586

Multicultural Child Maltreatment Risk Assessment

Effective Evaluation for Diverse Populations



Vassilia Binensztok

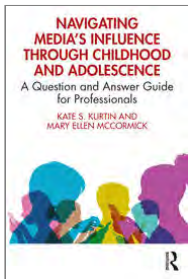
Multicultural Child Maltreatment Risk Assessment provides detailed descriptions of child maltreatment assessment and key strategies for culturally informed risk assessment in families. Both experienced mental health providers and students will come away from the book with a deeper understanding of child maltreatment and its effects, models and modes of assessment, and factors that place families at greater risk.

Routledge
July 2021:240
Hb: 978-0-367-46403-5: £130
Pb: 978-0-367-46404-2: £31.99
eBook: 978-1-003-02856-7

* For full contents and more information, visit: www.routledge.com/9780367464042

Navigating Media's Influence Through Childhood and Adolescence

A Question and Answer Guide for Professionals



Kate S. Kurtin, Mary Ellen McCormick

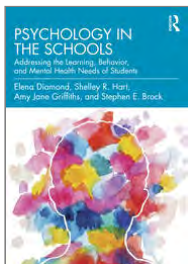
Navigating Media's Influence Through Childhood and Adolescence moves through research and questions that are relevant to practicing pediatricians and therapists in their everyday practice. An aid to practitioners, this book is organized by developmental stage and matches specific questions related to media's effects with explicit research-based recommendations and explanations. It is intended to be a quick resource guide for the busy professional.

Routledge
August 2022:216
Hb: 978-1-032-12169-7: £130
Pb: 978-1-032-12168-0: £28.99
eBook: 978-1-003-22341-2

* For full contents and more information, visit: www.routledge.com/9781032121680

Psychology in the Schools

Addressing the Learning, Behavior, and Mental Health Needs of Students



Elena Diamond, Shelley R. Hart, Amy Jane Griffiths, Stephen E. Brock

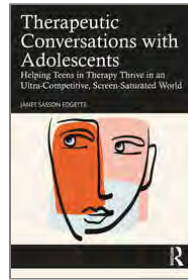
This engaging and practical book addresses the multitude of ways in which school-employed psychological service providers such as school counselors, school psychologists, and school social workers, can support the learning, behavioral, and mental health needs of students in school settings. This text is ideal for an upper-level undergraduate course or an introductory graduate-level course. Early career practitioners and supervisors alike can also benefit from the tools and resources that this book provides.

Routledge
November 2023:322
Hb: 978-0-815-39677-2: £175
Pb: 978-0-815-39679-6: £39.99
eBook: 978-1-351-18092-4

* For full contents and more information, visit: www.routledge.com/9780815396796

Therapeutic Conversations with Adolescents

Helping Teens in Therapy Thrive in an Ultra-Competitive, Screen-Saturated World



Janet Sasson Edgette

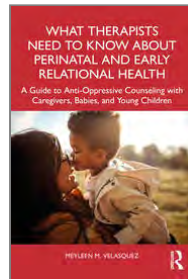
Therapeutic Conversations with Adolescents takes readers into the office of a seasoned therapist, where they can be a fly on the wall of live therapy sessions. Full of actual dialogue and the processing behind the choice of responses and interventions, this book stands in contrast to the dozens of books about adolescent therapy that discuss only theory, conjecture, and generic strategies. Readers will come away from this book understanding how to tread the delicate balance between the support and confrontation, the forthrightness and discretion, and the humor and tenacity that therapists need to make a real and lasting impact with teenagers.

Routledge
October 2023:258
Hb: 978-1-032-18936-9: £120
Pb: 978-1-032-18937-6: £26.99
eBook: 978-1-003-25708-0

* For full contents and more information, visit: www.routledge.com/9781032189376

What Therapists Need to Know About Perinatal and Early Relational Health

A Guide to Anti-Oppressive Counseling with Caregivers, Babies, and Young Children



Meyleen M. Velasquez

What Therapists Need to Know About Perinatal and Early Relational Health is a vital and timely text that will strengthen any clinician's awareness and competence when working with children, infants, and caregivers. Every chapter is written from a framework of cultural humility to support the competent care of individuals with different intersectionalities. By embracing the wisdom within these pages, therapists can transform their practice into one that is more relational and heart centered.

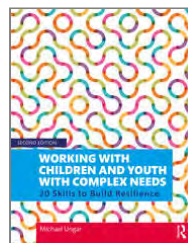
Routledge
July 2024:232
Hb: 978-1-032-25652-8: £130
Pb: 978-1-032-25650-4: £28.99

* For full contents and more information, visit: www.routledge.com/9781032256504

2ND EDITION

Working with Children and Youth with Complex Needs

20 Skills to Build Resilience



Michael Ungar

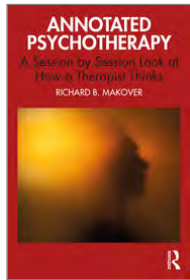
This new edition of Working with Children and Youth with Complex Needs provides detailed description of techniques, ample case studies, and rich stories of how social workers, psychologists, counselors, and child and youth care workers can help young people become more resilient. Along with descriptions of the skills necessary to talk with clients about the factors that put their mental health at risk, Working with Children and Youth with Complex Needs presents systemic practices clinicians can use in their everyday work to help their clients transform their worlds and improve their access to the resources they need to succeed.

Routledge
July 2020:242
Hb: 978-0-367-35533-3: £110
Pb: 978-0-367-35536-4: £26.99
eBook: 978-0-429-34195-3

* For full contents and more information, visit: www.routledge.com/9780367355364

Annotated Psychotherapy

A Session by Session Look at How a Therapist Thinks



Richard B. Makover

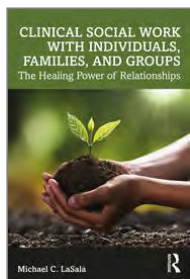
Annotated Psychotherapy demonstrates how an experienced psychotherapist develops and carries out the right treatment plan through interactions with the patient or client. In these pages, clinicians will find an explanation of everything the therapist says to patients or clients: why they say it, what they intend it to do, how it fits in with the treatment plan for that person, and, importantly, what might have been said that would be better.

Routledge
August 2023:370
Hb: 978-1-032-39847-1: £120
Pb: 978-1-032-39844-0: £29.99
eBook: 978-1-003-35300-3

* For full contents and more information, visit: www.routledge.com/9781032398440

Clinical Social Work with Individuals, Families, and Groups

The Healing Power of Relationships



Michael C. LaSala

This textbook equips students and beginning social workers with the personal and professional tools needed to work successfully with individuals, families, and groups, guided by the social justice values of the profession. By drawing case illustrations from composites of actual practice, it demonstrates how to apply various models, as well as how to identify, avoid, and rectify clinical errors. Providing a description of clinical social work that is congruent with diversity, equity, and social justice, this excellent textbook is for students and instructors of MSW courses and will prove indispensable to beginning practitioners.

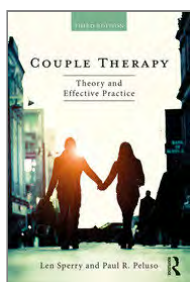
Routledge
August 2022:272
Hb: 978-0-367-82058-9: £130
Pb: 978-0-367-82059-6: £38.99
eBook: 978-1-003-01171-2

* For full contents and more information, visit: www.routledge.com/9780367820596

3RD EDITION

Couple Therapy

Theory and Effective Practice



Len Sperry, Paul Peluso

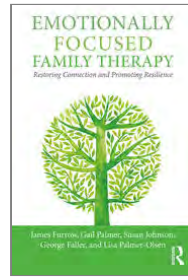
The book offers a focused vision and successful strategies for working effectively with couples, both today and tomorrow. It incorporates the best insights from the neurosciences, as well as new couples theories, research, and evidence-based interventions, introducing approaches including psychoanalytic, systemic, cognitive behavioral, Adlerian, constructivist, third wave, integrative, and mindfulness-based. Chapters also present practical applications and professional considerations, with a comprehensive look at how to work with diverse issues in couples therapy, such as substance abuse, domestic violence, sexual dysfunction, infidelity, aging, and much more.

Routledge
October 2018:412
Hb: 978-1-138-48464-1: £130
Pb: 978-1-138-48465-8: £46.99
eBook: 978-1-351-05158-3

* For full contents and more information, visit: www.routledge.com/9781138484658

Emotionally Focused Family Therapy

Restoring Connection and Promoting Resilience



James L. Furrow, Gail Palmer, Susan M. Johnson, George Fallner, Lisa Palmer-Olsen

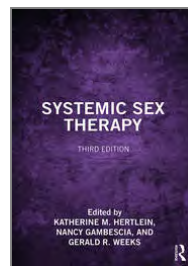
Emotionally Focused Family Therapy is the definitive manual for applying the effectiveness of EFT to the complexities of family life. The first section applies EFT theory and principles to the practice of family therapy. The second section explicates the process of EFT and examines the interventions associated with the EFT approach to families. In the final section, the authors provide case examples of EFFT practice, with chapters on traumatic loss, stepfamilies, externalizing disorders, and internalizing disorders.

Routledge
June 2019:352
Hb: 978-1-138-94801-3: £130
Pb: 978-1-138-94802-0: £39.99
eBook: 978-1-315-66964-9

* For full contents and more information, visit: www.routledge.com/9781138948020

3RD EDITION

Systemic Sex Therapy



Edited by **Katherine M. Hertlein, Nancy Gambescia, Gerald R. Weeks**

Now in its third edition, Systemic Sex Therapy integrates couple and sex therapy to inform the treatment of sexual problems and to give beginning clinicians the abilities and confidence they need to produce change in their patients' lives. All chapters have been updated and include new content on sexuality and aging, infidelity, sexual arousal disorder, disability, and kink/BDSM, as well as a greater focus throughout on race, ethnicity, and culture, and their interplay with sexuality and sexual functioning.

Routledge
November 2019:320
Hb: 978-0-367-27706-2: £115
Pb: 978-0-367-27707-9: £56.99
eBook: 978-0-429-29740-3

* For full contents and more information, visit: www.routledge.com/9780367277079

3RD EDITION

Community Mental Health

Challenges for the 21st Century



Edited by **Samuel J. Rosenberg, Jessica Rosenberg**

The newest edition of Community Mental Health continues to be on the leading edge of the field, providing the most up-to-date research and treatment models that encompass practice in community settings. Experts from a wide range of fields explore the major trends, best practices, and policy issues shaping community mental health services today.

New sections address the role of spirituality, veterans and the military, family treatment, and emerging new movements. An expanded view of recovery ensures that a thorough conversation about intersectionality and identity runs throughout the book.

Routledge

July 2017:386

Hb: 978-1-138-91310-3: £145

Pb: 978-1-138-91311-0: £56.99

eBook: 978-1-315-69034-6

* For full contents and more information, visit: www.routledge.com/9781138913110

3RD EDITION

Progressive Community Organizing

Transformative Practice in a Globalizing World



Loretta Pyles

Now in its third edition, Progressive Community Organizing: Transformative Practice in a Globalizing World introduces readers to the rich practice of progressive community organizing for social change while also providing concrete tools geared toward practitioner skill-building. The book will be of interest to students and practitioners who want to become more skilled in structural analysis, praxis, and self-reflexivity through critical and transformative engagement with historical and current social problems, social movements, and social welfare.

Routledge

December 2020:334

Hb: 978-0-367-26593-9: £130

Pb: 978-0-367-26594-6: £48.99

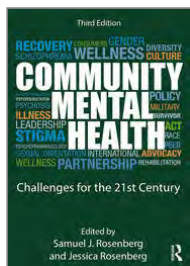
eBook: 978-0-429-29407-5

* For full contents and more information, visit: www.routledge.com/9780367265946

3RD EDITION

Community Mental Health

Challenges for the 21st Century



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Routledge

July 2017:386

Hb: 978-1-138-91310-3: £145

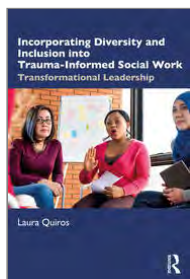
Pb: 978-1-138-91311-0: £56.99

eBook: 978-1-315-69034-6

* For full contents and more information, visit: www.routledge.com/9781138913110

Incorporating Diversity and Inclusion into Trauma-Informed Social Work

Transformational Leadership



Laura Quiros

Incorporating Diversity and Inclusion in Trauma-Informed Social Work incorporates discussions of leadership, racism, and oppression into a new understanding of how trauma and traumatic experience play out in leadership and organizational cultures. It's an expansive guide for students in social work, one that explores and explains how trauma and difference manifest in how we communicate, lead, and work with each other.

Routledge

December 2020:186

Hb: 978-0-367-24725-6: £130

Pb: 978-0-367-24724-9: £38.99

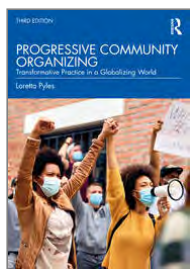
eBook: 978-0-429-28440-3

* For full contents and more information, visit: www.routledge.com/9780367247249

3RD EDITION

Progressive Community Organizing

Transformative Practice in a Globalizing World



Loretta Pyles

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Routledge

December 2020:334

Hb: 978-0-367-26593-9: £130

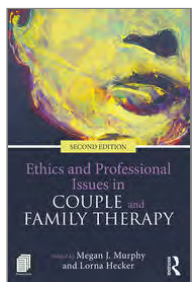
Pb: 978-0-367-26594-6: £48.99

eBook: 978-0-429-29407-5

* For full contents and more information, visit: www.routledge.com/9780367265946

2ND EDITION

Ethics and Professional Issues in Couple and Family Therapy



Edited by **Megan J. Murphy, Lorna Hecker**

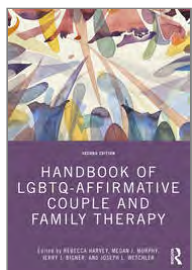
Ethics and Professional Issues in Couple and Family Therapy, Second Edition addresses the 2015 AAMFT Code of Ethics as well as other professional organizations' codes of ethics, and includes three new chapters: one on in-home family therapy, a common method of providing therapy to clients, particularly those involved with child protective services; one chapter on HIPAA and HITECH Regulations; and one chapter on professional issues, in which topics such as advertising, professional identity, supervision, and research ethics are addressed. This book is intended as a training text for students studying to be marriage and family therapists.

Routledge
October 2016:336
Hb: 978-1-138-64525-7: £200
Pb: 978-1-138-64526-4: £59.99
eBook: 978-1-315-62824-0

* For full contents and more information, visit: www.routledge.com/9781138645264

2ND EDITION

Handbook of LGBTQ-Affirmative Couple and Family Therapy



Edited by **Rebecca Harvey, Megan J. Murphy, Jerry J. Bigner, Joseph L. Wetchler**

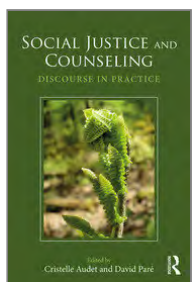
A unique and important contribution to LGBTQ literature, this comprehensive second edition to the handbook includes both new and updated chapters reflecting cutting-edge intersectional themes like race, ethnicity, polyamory, and monosexual normativity. A host of expert contributors outline the best practices in affirmative therapy, inspiring therapists to guide LGBTQ clients into deconstructing the heteronormative power imbalances that undermine LGBTQ relationships and families. The book inspires therapists to utilize clinical work to pragmatically address intersectional oppressions, lessen the burden of minority stress, and implement effective LGBTQ affirmative therapy.

Routledge
November 2021:508
Hb: 978-0-367-20656-7: £130
Pb: 978-0-367-22387-8: £44.99
eBook: 978-0-429-27462-6

* For full contents and more information, visit: www.routledge.com/9780367223878

Social Justice and Counseling

Discourse in Practice



Edited by **Cristelle Audet, David Paré**

Social Justice and Counseling represents the intersection between therapy, counseling, and social justice. The international roster of contributors demonstrate how social justice unfolds in conversations that attend to social inequities, power imbalances, systemic discrimination, and more. Beginning with an interrogation of the concept of social justice, subsequent sections cover training and supervising from a social justice perspective, accessing local knowledge to privilege client voices, justice and gender, and anti-pathologizing and the politics of practice. Each chapter concludes with reflection questions for readers to engage experientially in what authors have offered.

Routledge
December 2017:282
Hb: 978-1-138-80314-5: £130
Pb: 978-1-138-80313-8: £42.99
eBook: 978-1-315-75375-1

* For full contents and more information, visit: www.routledge.com/9781138803138

3RD EDITION

Social Work Practice with Transgender and Gender Expansive Youth



Edited by **Jama Shelton, Gerald P. Mallon**

This fully revised third edition explores the childhood and adolescent experiences of transgender persons, providing foundational knowledge for social workers and related professions about working with trans and gender expansive youth. Updates and additions reflect recent changes to the WPATH guidelines and the NASW Code of Ethics, include new material exploring the gender identity and intersectional and non-binary identities, and offer expanded content considering trauma-informed interventions and ethical issues. With a focus on both macro and micro social work practice, this book will be a valuable resource to any social service practitioners working with children or adolescents.

Routledge
September 2021:272
Hb: 978-0-367-27749-9: £130
Pb: 978-0-367-27748-2: £31.99
eBook: 978-0-429-29768-7

* For full contents and more information, visit: www.routledge.com/9780367277482

The Internet Family: Technology in Couple and Family Relationships



Edited by **Katherine M. Hertlein, Markie L. C. Twist**

In The Internet Family, Drs. Katherine Hertlein and Markie Twist provide a current and comprehensive look at the effects of technology on couple and family relationships. Beginning with an overview of the multifaceted ways in which technology impacts our relationships today, the authors discuss a wide range of topics pertinent to couple and family life. Chapters focus on issues such as online dating and infidelity, parenting and the Internet, videogaming, cyberbullying, and everyday usage of social and new media, before providing guidance on how the reader can successfully navigate the advantages and risks that emerge from the use of specific technologies

Routledge
May 2019:332
Hb: 978-1-138-47804-6: £115
Pb: 978-1-138-47805-3: £35.99
eBook: 978-1-351-10340-4

* For full contents and more information, visit: www.routledge.com/9781138478053

Treating Trauma in Trans People

An Intersectional, Phase-Based Approach



Edited by **Reese Minshew**

Treating Trauma in Trans People brings together key concepts from both gender-affirming treatment and trauma-focused care, with interventions focused on resolving physiological, intrapsychic, and interpersonal disruptions. Symptoms related to trauma and stress manifest in bodies, psyches, and interpersonal interactions. Gender, too, is impacted by bodies, psyches, and interpersonal interactions. The book then broadens the lens to the systemic, acknowledging the limits of individual interventions when located within a larger framework of systemic oppression and asking clinicians to consider liberation and justice as treatment goals.

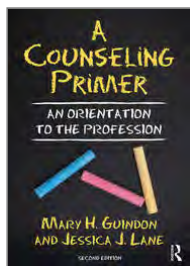
Routledge
September 2022:188
Hb: 978-0-367-68168-5: £130
Pb: 978-0-367-68167-8: £31.99
eBook: 978-1-003-14074-0

* For full contents and more information, visit: www.routledge.com/9780367681678

2ND EDITION

A Counseling Primer

An Orientation to the Profession

**Mary H. Guindon, Jessica J. Lane**

A Counseling Primer, 2nd ed, provides succinct, to-the-point, and user friendly facts without sacrificing the basic knowledge students need. Updated and aligned with 2016 CACREP standards' eight core areas, it adds information about each of the seven entry-level specialty areas, including school counseling, career counseling, addictions counseling. Each chapter contains useful features to enhance the learning experience, including case examples and discussion questions, and a variety of online resources are available for instructor and student download.

Routledge

September 2019:384

Hb: 978-1-138-33958-3: £130

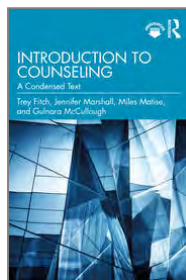
Pb: 978-1-138-33961-3: £48.99

eBook: 978-0-429-43603-1

* For full contents and more information, visit: www.routledge.com/9781138339613

Introduction to Counseling

A Condensed Text

**Trey Fitch, Jennifer Marshall, Miles Matise, Gulnara McCullough**

This CACREP aligned text outlines core concepts of the counseling profession alongside hundreds of practical study questions and case studies for students and professors. Written in a readable, concise format designed for adult learners, Introduction to Counseling is an essential resource that counseling students will want to keep long after graduation.

Routledge

July 2020:254

Hb: 978-0-367-42309-4: £130

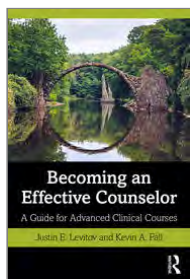
Pb: 978-0-367-42312-4: £38.99

eBook: 978-0-367-85549-9

* For full contents and more information, visit: www.routledge.com/9780367423124

Becoming an Effective Counselor

A Guide for Advanced Clinical Courses

**Justin E. Levitov, Kevin A. Fall**

Becoming an Effective Counselor is a textbook for advanced clinical courses that guides counselors in training through the most challenging phases of their academic preparation. Chapters blend skills-based content, real-world student examples, and opportunities for personal reflection to help students navigate some of the most difficult aspects of clinical counseling. Written by authors with over fifty years of combined counseling experience, this volume prepares aspiring counselors to assess their progress, remediate deficiencies, and deepen their existing skills in a way that is attentive to both core counseling skills and counselors' internal processes.

Routledge

June 2019:260

Hb: 978-0-815-39511-9: £130

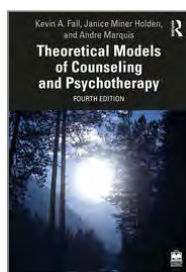
Pb: 978-0-815-39512-6: £59.99

eBook: 978-1-351-13359-3

* For full contents and more information, visit: www.routledge.com/9780815395126

4TH EDITION

Theoretical Models of Counseling and Psychotherapy

**Kevin A. Fall, Janice Miner Holden, Andre Marquis**

The fourth edition of Theoretical Models of Counseling and Psychotherapy provides a comprehensive overview of a variety of major counseling theories and focuses on the integration of different theoretical models. With new information on multiculturalism, diversity, the book offers a detailed description of the philosophical basis for each theory as well as historical context and biographical information on each theory's founder. Available for free download for each chapter: PowerPoint slides and a testbank of 25 multiple-choice questions.

Routledge

April 2023:574

Hb: 978-1-032-03852-0: £170

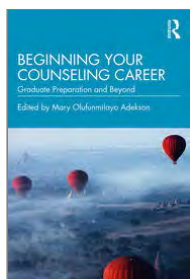
Pb: 978-1-032-03848-3: £59.99

eBook: 978-1-003-18977-0

* For full contents and more information, visit: www.routledge.com/9781032038483

Beginning Your Counseling Career

Graduate Preparation and Beyond

*Edited by* **Mary Olufunmilayo Adekson**

Beginning Your Counseling Career is designed for students taking preliminary courses in counseling, as well as practicum and internship classes, at the masters and doctoral levels. It provides a comprehensive overview of the counseling profession and equips students with the clinical and administrative skills they'll need to broaden their focus on professional development. Chapters cover topics rarely covered in counseling texts, including the challenges of starting and completing masters level training, writing etiquette for doctoral students, proposing and completing a dissertation, and more.

Routledge

February 2020:312

Hb: 978-1-138-60914-3: £130

Pb: 978-1-138-60916-7: £38.99

eBook: 978-0-429-45635-0

* For full contents and more information, visit: www.routledge.com/9781138609167

2ND EDITION

Therapeutic Interviewing

Essential Skills and Contexts of Counseling

**Michael D. Reiter**

This newly updated introductory textbook is designed to help students of psychotherapy and counseling build the foundational strategies and tools essential for engaging clients in a therapeutic interview. In this second edition, Michael D. Reiter interweaves a new framework, the Issue Cycle, to help students build a foundational template for engaging clients regardless of therapeutic model. Practical and accessible, this textbook shall be essential reading for students of psychotherapy and counseling, as well as training family therapists, social workers, and other mental health professionals.

Routledge

February 2022:414

Hb: 978-1-032-05067-6: £130

Pb: 978-1-032-05066-9: £39.99

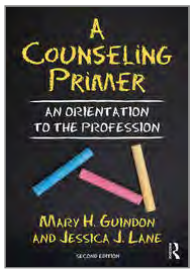
eBook: 978-1-003-19583-2

* For full contents and more information, visit: www.routledge.com/9781032050669

2ND EDITION

A Counseling Primer

An Orientation to the Profession



Mary H. Guindon, Jessica J. Lane

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Routledge
September 2019:384
Hb: 978-1-138-33958-3: £130
Pb: 978-1-138-33961-3: £48.99
eBook: 978-0-429-43603-1

* For full contents and more information, visit: www.routledge.com/9781138339613

Creating a Meaningful Life

A Practical Guide for Counselors, Therapists, and Other Helping Professionals



Shannon Hodges

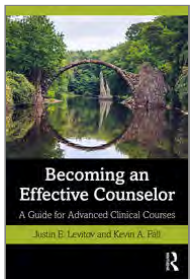
Creating a Meaningful Life builds on the tenets of mindfulness-based cognitive therapy (MBCT) to answer some of life's basic questions, such as "How do I create a meaningful, purposeful life?" and "Is the life I am living one that brings me fulfillment, purpose, and a sense of inner peace?" Using a variety of techniques, including journaling, grounding exercises, cognitive self-talk restructuring, and more, chapters invite counseling professionals and students to explore their inner landscape and better understand themselves and find communion with others.

Routledge
November 2022:212
Hb: 978-0-367-76436-4: £120
Pb: 978-0-367-76435-7: £44.99
eBook: 978-1-003-16832-4

* For full contents and more information, visit: www.routledge.com/9780367764357

Becoming an Effective Counselor

A Guide for Advanced Clinical Courses



Justin E. Levitov, Kevin A. Fall

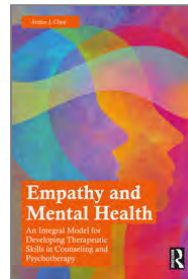
Becoming an Effective Counselor is a textbook for advanced clinical courses that guides counselors in training through the most challenging phases of their academic preparation. Chapters blend skills-based content, real-world student examples, and opportunities for personal reflection to help students navigate some of the most difficult aspects of clinical counseling. Written by authors with over fifty years of combined counseling experience, this volume prepares aspiring counselors to assess their progress, remediate deficiencies, and deepen their existing skills in a way that is attentive to both core counseling skills and counselors' internal processes.

Routledge
June 2019:260
Hb: 978-0-815-39511-9: £130
Pb: 978-0-815-39512-6: £38.99
eBook: 978-1-351-13359-3

* For full contents and more information, visit: www.routledge.com/9780815395126

Empathy and Mental Health

An Integral Model for Developing Therapeutic Skills in Counseling and Psychotherapy



Arthur J. Clark

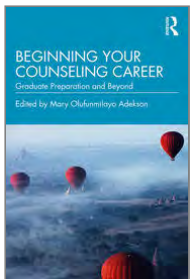
Empathy and Mental Health shows mental health professionals how to employ a deeper understanding of subjective, objective, and interpersonal modalities of empathy in their practice. Drawing from psychodynamic, existential-humanistic, cognitive behavioral, and other contemporary orientations, this text makes empathy immediately useful and understandable to students and practitioners.

Routledge
July 2022:202
Hb: 978-0-367-76438-8: £130
Pb: 978-0-367-76437-1: £31.99
eBook: 978-1-003-16835-5

* For full contents and more information, visit: www.routledge.com/9780367764371

Beginning Your Counseling Career

Graduate Preparation and Beyond



Edited by Mary Olufunmilayo Adekson

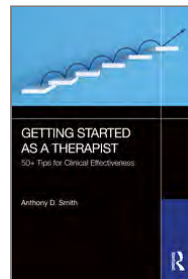
Beginning Your Counseling Career is designed for students taking preliminary courses in counseling, as well as practicum and internship classes, at the masters and doctoral levels. It provides a comprehensive overview of the counseling profession and equips students with the clinical and administrative skills they'll need to broaden their focus on professional development. Chapters cover topics rarely covered in counseling texts, including the challenges of starting and completing masters level training, writing etiquette for doctoral students, proposing and completing a dissertation, and more.

Routledge
February 2020:312
Hb: 978-1-138-60914-3: £130
Pb: 978-1-138-60916-7: £38.99
eBook: 978-0-429-45635-0

* For full contents and more information, visit: www.routledge.com/9781138609167

Getting Started as a Therapist

50+ Tips for Clinical Effectiveness



Anthony D. Smith

Getting Started as a Therapist provides students and new therapists a bridge between education and practice. The succinct chapters come alive with real-life examples and are often followed by suggestions for further reading and worksheets that help readers to refine their practice.

Routledge
October 2024:218
Hb: 978-1-032-62346-7: £130
Pb: 978-1-032-62343-6: £24.99

* For full contents and more information, visit: www.routledge.com/9781032623436

Inspiration for the Weary Therapist

A Practical Clinical Companion



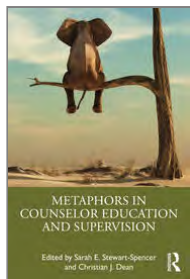
David Klow

Inspiration for the Weary Therapist is a companion for the modern practitioner. Addressing a diverse audience, and written by a master clinician and supervisor, Inspiration for the Weary Therapist helps modern therapists traverse the complicated landscape of practicing therapy in the age of Covid-19. This practical and helpful guide is essential reading for all mental health practitioners who are searching for inspiration and motivation and who want to reconnect to what it means to be a therapist.

Routledge
July 2022:166
Hb: 978-1-032-25184-4: £130
Pb: 978-1-032-25182-0: £31.99
eBook: 978-1-003-28316-4

* For full contents and more information, visit: www.routledge.com/9781032251820

Metaphors in Counselor Education and Supervision



Edited by Sarah E. Stewart-Spencer, Christian J. Dean

Metaphors in Counselor Education and Supervision provides counselor educators and supervisors with creative applications of metaphors to help students and supervisees who struggle with abstract clinical concepts or foundational clinical skills. This book will prepare supervisees and students with unique methods for teaching and understanding counseling concepts and skills and supply professional counselors with creative and different perspectives to use in practice.

Routledge
December 2021:256
Hb: 978-1-032-05052-2: £130
Pb: 978-1-032-05051-5: £31.99
eBook: 978-1-003-19626-6

* For full contents and more information, visit: www.routledge.com/9781032050515

2ND EDITION

Professional Counseling Excellence through Leadership and Advocacy



Edited by Catherine Y. Chang, Casey A. Barrio Minton

This new edition provides readers with the knowledge, skills, and qualities to succeed as leaders and advocates throughout their careers. Edited by leaders in counselor education and endorsed by Chi Sigma Iota, this text places leadership and advocacy in a historical context while strengthening the foundational knowledge and skills counselors need. The book is designed for counselor educators and supervisors and doctoral-level counselor education students who are studying leadership and advocacy as one of five core areas within the 2016 CACREP standards and for master's level students and practitioners who are growing their leadership and advocacy skills.

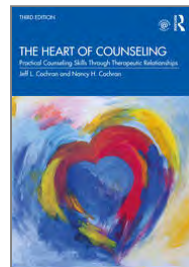
Routledge
November 2021:384
Hb: 978-0-367-49455-1: £130
Pb: 978-0-367-49456-8: £31.99
eBook: 978-1-003-04905-0

* For full contents and more information, visit: www.routledge.com/9780367494568

3RD EDITION

The Heart of Counseling

Practical Counseling Skills Through Therapeutic Relationships, 3rd ed



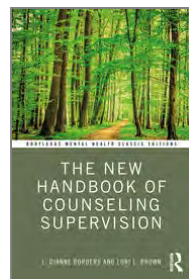
Jeff L. Cochran, Nancy H. Cochran

Now in its third edition, The Heart of Counseling is a key resource helping students to understand the importance of therapeutic relationships and to develop the qualities that make the therapeutic relationships they build with clients the foundation of healing. Student learning ranges from therapeutic listening and empathy to structuring sessions, from explaining counseling to clients and caregivers to providing wrap-around services, and ultimately to experiencing therapeutic relationships as the foundation of professional and personal growth.

Routledge
August 2020:400
Hb: 978-0-367-33511-3: £180
Pb: 978-0-367-34370-5: £74.99
eBook: 978-0-429-32031-6

* For full contents and more information, visit: www.routledge.com/9780367343705

The New Handbook of Counseling Supervision



L. DiAnne Borders, Lori L. Brown

Series: Routledge Mental Health Classic Editions

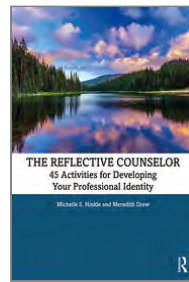
The classic edition of this groundbreaking book includes a new preface from the authors discussing developments in the field since the handbook's initial publication. Sponsored by the Association for Counselor Education and Supervision (ACES), the book is targeted primarily at master's-level practitioners who want practical, how-to applications of the research literature rather than a comprehensive review of the supervision literature. It's also a useful supplement for more academic texts used for doctoral-level instruction in counseling supervision.

Routledge
May 2022:172
Hb: 978-1-032-17010-7: £130
Pb: 978-1-032-17008-4: £35.99
eBook: 978-1-003-25158-3

* For full contents and more information, visit: www.routledge.com/9781032170084

The Reflective Counselor

45 Activities for Developing Your Professional Identity



Michelle S. Hinkle, Meredith Drew

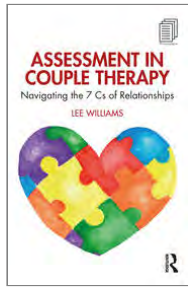
This practical workbook contains 45 experiential and creative activities intentionally created to facilitate counselor professional identity development. With chapters focusing on areas including counselor wellness, self-growth, personal and professional values, multicultural awareness, research and assessment, and more, The Reflective Counselor is an essential resource for counseling graduate students, supervisees, and new professionals alike.

Routledge
February 2020:340
Hb: 978-0-367-18296-0: £110
Pb: 978-0-367-18297-7: £32.99
eBook: 978-0-429-20365-7

* For full contents and more information, visit: www.routledge.com/9780367182977

Assessment in Couple Therapy

Navigating the 7 Cs of Relationships



Lee Williams

This innovative text offers a simple but comprehensive framework for couple assessment that integrates research and information on couples from a wide range of models. Written in an accessible style, *Assessment in Couple Therapy* is an essential tool for students of marriage and family therapy and beginning therapists, as well as seasoned mental health professionals working with couples in a range of settings.

Routledge

December 2021:206

Hb: 978-0-367-75299-6: £130

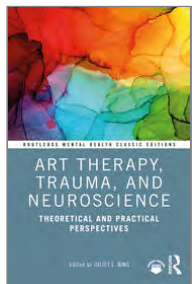
Pb: 978-0-367-75316-0: £28.99

eBook: 978-1-003-16196-7

* For full contents and more information, visit: www.routledge.com/9780367753160

Art Therapy, Trauma, and Neuroscience

Theoretical and Practical Perspectives



Edited by **Juliet L. King**

Series: *Routledge Mental Health Classic Editions*

Art Therapy, Trauma, and Neuroscience combines theory, research, and practice with traumatized populations in a neuroscience framework. The classic edition includes a new preface from the author discussing advances in the field. Graduate students, therapists, and educators will come away from this book with a refined understanding of brain-based interventions in a dynamic yet accessible format.

Routledge

September 2021:254

Hb: 978-1-032-05054-6: **£130**

Pb: 978-1-032-05053-9: **£31.99**

eBook: 978-1-003-19624-2

* For full contents and more information, visit: www.routledge.com/9781032050539

Climate Change and Youth

Turning Grief and Anxiety into Activism



Linda Goldman

This is a pioneering book that opens the door to understanding the impact climate change has on the mental health of today's youth. Chapters provide age-appropriate language for a meaningful dialogue and resources for separating fact from fiction about environmental issues, encouraging participation in activism, and creating tools to reduce stress. The book includes firsthand examples, research, and interviews and shares age-appropriate resources relating to climate change. This essential resource offers techniques and tools that professionals and caring adults can use to address the stresses associated with climate change and offer strategies for hope, resilience, and action.

Routledge

May 2022:352

Hb: 978-0-367-49454-4: **£130**

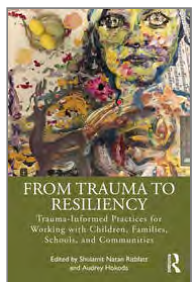
Pb: 978-0-367-49453-7: **£31.99**

eBook: 978-1-003-05177-0

* For full contents and more information, visit: www.routledge.com/9780367494537

From Trauma to Resiliency

Trauma-Informed Practices for Working with Children, Families, Schools, and Communities



Edited by **Shulamit Natan Ritblatt, Audrey Hokoda**

From Trauma to Resiliency integrates research and practice of trauma-informed care, reviewing the neuroscience of trauma and highlighting relationship-based interventions for diverse populations that have faced multiple traumas. Professionals and students in counseling, social work, psychology, child welfare, education, and other programs will come away from the book with culturally affirming trauma-informed interventions and models of care that promote well-being and resilience.

Routledge

September 2022:266

Hb: 978-0-367-48263-3: **£130**

Pb: 978-0-367-48262-6: **£31.99**

eBook: 978-1-003-04629-5

* For full contents and more information, visit: www.routledge.com/9780367482626

Incorporating Diversity and Inclusion into Trauma-Informed Social Work

Transformational Leadership



Laura Quiros

Incorporating Diversity and Inclusion in Trauma-Informed Social Work incorporates discussions of leadership, racism, and oppression into a new understanding of how trauma and traumatic experience play out in leadership and organizational cultures. It's an expansive guide for students in social work, one that explores and explains how trauma and difference manifest in how we communicate, lead, and work with each other.

Routledge

December 2020:186

Hb: 978-0-367-24725-6: **£130**

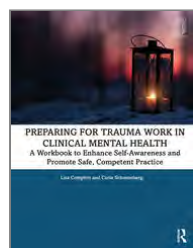
Pb: 978-0-367-24724-9: **£38.99**

eBook: 978-0-429-28440-3

* For full contents and more information, visit: www.routledge.com/9780367247249

Preparing for Trauma Work in Clinical Mental Health

A Workbook to Enhance Self-Awareness and Promote Safe, Competent Practice



Lisa Compton, Corie Schoeneberg

Preparing for Trauma Work in Clinical Mental Health is developed for students and clinicians who are preparing to work with clients affected by trauma. Designed for students and professional clinicians, this groundbreaking text fills an important education and training gap by providing a comprehensive and enlightening presentation of trauma work while also emphasizing the clinician's growth in self-awareness and professional development.

Routledge

September 2020:244

Hb: 978-0-367-33185-6: **£130**

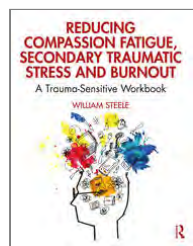
Pb: 978-0-367-33184-9: **£38.99**

eBook: 978-0-429-31960-0

* For full contents and more information, visit: www.routledge.com/9780367331849

Reducing Compassion Fatigue, Secondary Traumatic Stress, and Burnout

A Trauma-Sensitive Workbook



William Steele

Reducing Compassion Fatigue, Secondary Traumatic Stress, and Burnout addresses the vital questions mental health providers have about self-care and its relationship to clinical practice. Packed with activities, worksheets, and interactive learning tools, the text provides neuro-based and trauma-sensitive recommendations for improving the ways clinicians care for themselves.

Routledge

November 2019:250

Hb: 978-0-367-14408-1: **£115**

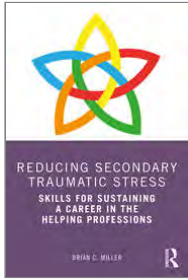
Pb: 978-0-367-14409-8: **£34.99**

eBook: 978-0-429-05673-4

* For full contents and more information, visit: www.routledge.com/9780367144098

Reducing Secondary Traumatic Stress

Skills for Sustaining a Career in the Helping Professions



Brian C. Miller

Reducing Secondary Traumatic Stress presents a model for supporting emotional well-being in workers who are exposed to the effects of secondary trauma. The book provides helping professionals with a portfolio of skills that support emotion regulation and recovery from secondary trauma exposure and also enhance the experience of the helping encounter. Each chapter presents evidence-informed skills that allow readers to regulate distressing emotions and to foster increased empathy for those suffering from trauma. The text goes beyond the usual discussion of burnout to talk in specific terms about what we do about the very real stress that is produced by this work.

Routledge
July 2021:206
Hb: 978-0-367-49458-2: **£130**
Pb: 978-0-367-49457-5: **£31.99**
eBook: 978-1-003-04904-3

* For full contents and more information, visit: www.routledge.com/9780367494575

2ND EDITION

Rhythms of Recovery

Integrative Medicine for PTSD and Complex Trauma



Leslie E. Korn

Rhythms of Recovery provides clinicians with effective, time-tested tools for alleviating the destabilizing effects of traumatic events. In the new edition, readers will find practical methods for integrating psychotherapies with somatics and bodywork, yoga, nutrition, herbs, psychedelic medicines, and more. The new edition also draws out the ways in which culture, social justice, and feminism intersect with the integrative medicine revolution in mental health. For mental health practitioners and students interested in integrating the art and science of complementary and integrative health, this deeply appealing book provides a comprehensive guide.

Routledge
June 2023:368
Hb: 978-1-032-13911-1: **£120**
Pb: 978-1-032-13910-4: **£29.99**
eBook: 978-1-003-23145-5

* For full contents and more information, visit: www.routledge.com/9781032139104

Somatic Maternal Healing

Psychodynamic and Somatic Trauma Treatment for Perinatal Mental Health



Helena Vissing

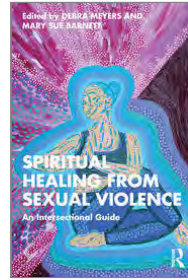
Somatic Maternal Healing introduces a cutting-edge understanding of the body into the growing field of perinatal mental health. Chapters lay out a complete trauma treatment model for maternal mental health, integrating psychodynamic and somatic clinical techniques within a systemic perspective. Somatic Maternal Healing is for anyone working clinically with mothers and new family, specifically therapists, clinical social workers, psychologists, psychoanalysts, psychiatrists, researchers, academics, clinical educators, and graduate students and trainees within these fields.

Routledge
September 2023:264
Hb: 978-1-032-31522-5: **£120**
Pb: 978-1-032-31524-9: **£29.99**
eBook: 978-1-003-31091-4

* For full contents and more information, visit: www.routledge.com/9781032315249

Spiritual Healing from Sexual Violence

An Intersectional Guide



Edited by **Debra Meyers, Mary Sue Barnett**

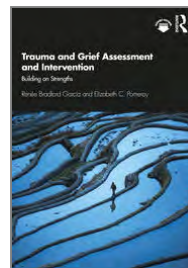
Spiritual Healing from Sexual Violence: An Intersectional Guide is a collection of essays from survivors, scholars, activists, spiritual leaders, and social justice practitioners that offers numerous intersectional and culturally competent options for women, men, and non-binary conforming adults to create their own safe healing conditions and establish pathways for recovery. This is a vital guide for students and practitioners in counseling, social work, theology, and gender studies.

Routledge
May 2023:232
Hb: 978-1-032-33499-8: **£120**
Pb: 978-1-032-33495-0: **£29.99**
eBook: 978-1-003-03263-1

* For full contents and more information, visit: www.routledge.com/9781032334950

Trauma and Grief Assessment and Intervention

Building on Strengths



Renée Bradford Garcia, Elizabeth C. Pomeroy

With clarity and eloquence, Trauma and Grief Assessment and Intervention comprehensively captures the nuance and complexity involved in counseling bereaved and traumatically bereaved persons in all stages of the life cycle. The book walks readers through the main theories of grief counseling, from rapport building to assessment to intervention, and equips students with the knowledge and skills they need to work effectively with clients experiencing trauma and loss.

Routledge
August 2021:270
Hb: 978-0-367-11215-8: **£130**
Pb: 978-0-367-11216-5: **£56.99**
eBook: 978-0-429-05363-4

* For full contents and more information, visit: www.routledge.com/9780367112165

Treating Trauma in Trans People

An Intersectional, Phase-Based Approach



Reese Minshew

Treating Trauma in Trans People brings together key concepts from both gender-affirming treatment and trauma-focused care, with interventions focused on resolving physiological, intrapsychic, and interpersonal disruptions. Symptoms related to trauma and stress manifest in bodies, psyches, and interpersonal interactions. Gender, too, is impacted by bodies, psyches, and interpersonal interactions. The book then broadens the lens to the systemic, acknowledging the limits of individual interventions when located within a larger framework of systemic oppression and asking clinicians to consider liberation and justice as treatment goals.

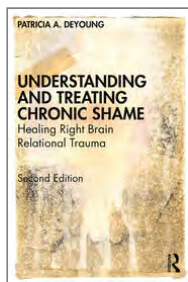
Routledge
September 2022:188
Hb: 978-0-367-68168-5: **£130**
Pb: 978-0-367-68167-8: **£31.99**
eBook: 978-1-003-14074-0

* For full contents and more information, visit: www.routledge.com/9780367681678

2ND EDITION

Understanding and Treating Chronic Shame

Healing Right Brain Relational Trauma



Patricia A. DeYoung

A masterful synthesis of relational and attachment theory, neurobiology, and contemporary psychoanalysis, *Understanding and Treating Chronic Shame* has been internationally recognized as an essential text on shame. Integrating new theory about trauma, shame resilience, and self-compassion, this second edition further clarifies the relational, right-brain essence of being in and with the suffering of shame. New chapters carry theory further into praxis. Lucid and compassionate, this book engages with the most profound challenges of clinical practice and touches into the depths of being human.

Routledge

December 2021:310

Hb: 978-0-367-37447-1: £130

Pb: 978-0-367-37448-8: £29.99

eBook: 978-0-367-81432-8

* For full contents and more information, visit: www.routledge.com/9780367374488

Virtual Reality Therapy for Anxiety

A Guide for Therapists



Elizabeth McMahon, Debra Boeldt

Practical, down to earth, clearly written, and easy for therapists to understand and apply, *Virtual Reality Therapy for Anxiety* is a useful guide for any clinician treating anxiety, regardless of setting (in-office or via telehealth), theoretical orientation, or level of training. After completing the guide, therapists and other mental health professionals will understand the unique clinical benefits of VR, be prepared to use VR in therapy comfortably and effectively either in the office or remotely, and will have expertise in a new, needed, and empirically validated treatment for a common clinical problem.

Routledge

November 2021:284

Hb: 978-0-367-69952-9: £130

Pb: 978-0-367-69951-2: £31.99

eBook: 978-1-003-15406-8

* For full contents and more information, visit: www.routledge.com/9780367699512

White Supremacist Violence

Understanding the Resurgence and Stopping the Spread



Brian Van Brunt, Lisa Pescara-Kovach, Bethany Van Brunt

White Supremacist Violence is a powerful resource for education and mental health professionals who are developing the tools and skills needed to slow the progress of the fast-growing hate movement in the United States. *White Supremacist Violence* gives readers useful perspectives and insights into the white supremacy movement while offering clinicians, threat-assessment professionals, and K-12 and university educators and administrators practical guidance on treatment and prevention efforts.

Routledge

November 2022:308

Hb: 978-1-032-05886-3: £120

Pb: 978-1-032-05885-6: £34.99

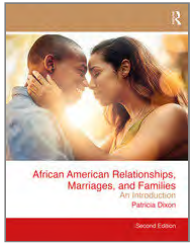
eBook: 978-1-003-19965-6

* For full contents and more information, visit: www.routledge.com/9781032058856

2ND EDITION

African American Relationships, Marriages, and Families

An Introduction



Patricia Dixon

African American Relationships, Marriages, and Families, Second Edition is a historically and culturally centered research based-text designed for use in undergraduate, graduate, and community-based courses on African American relationships, marriages, and families. Complete with numerous exercises, this volume can be used by current and future helping professionals to guide singles and couples by increasing single and partner-awareness, and respect and appreciation for difference. In addition, singles and couples learn skills for effective communication and conflict resolution and ultimately how to develop and maintain healthy relationships, marriages, and families.

Routledge

May 2017:350

Hb: 978-1-138-19314-7: £130

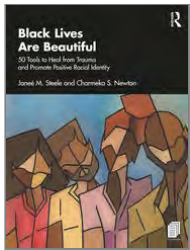
Pb: 978-1-138-19317-8: £56.99

eBook: 978-1-315-63952-9

* For full contents and more information, visit: www.routledge.com/9781138193178

Black Lives Are Beautiful

50 Tools to Heal from Trauma and Promote Positive Racial Identity



Janeé M. Steele, Charmeka S. Newton

Black Lives Are Beautiful is a workbook explicitly designed to help members of the Black community counter the impacts of racialized trauma while also cultivating self-esteem, building resilience, fostering community, and promoting Black empowerment. As readers explore each part of this workbook, they will develop tools to overcome the mental injuries that occur from living in a racialized society. Clinicians who use this workbook with clients will find a practical toolbox of racially informed interventions to aid clinicians, particularly White clinicians, in culturally sensitive clinical practice.

Routledge

April 2023:294

Hb: 978-1-032-11752-2: £120

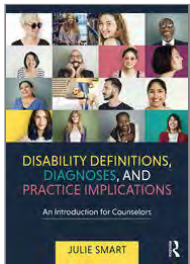
Pb: 978-1-032-11742-3: £22.99

eBook: 978-1-003-22135-7

* For full contents and more information, visit: www.routledge.com/9781032117423

Disability Definitions, Diagnoses, and Practice Implications

An Introduction for Counselors



Julie Smart

This introductory text defines and describes disability, while providing concrete practice guidelines and recommendations for students in the fields of counseling, social work, and the helping professions. Various specialty areas are explored in detail, including marriage and family counseling, adolescent counseling, addictions counseling, LGBTQ concerns, multicultural counseling, and career counseling. With rich case studies woven throughout, as well as valuable information on client needs, disability categorizations, and key models of disability, this essential textbook will be useful not only to counseling students but also to professional counselors, social workers, and psychologists.

Routledge

August 2018:438

Hb: 978-1-138-24468-9: £190

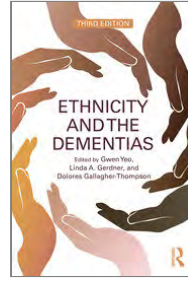
Pb: 978-1-138-24469-6: £69.99

eBook: 978-1-315-27669-4

* For full contents and more information, visit: www.routledge.com/9781138244696

3RD EDITION

Ethnicity and the Dementias



Edited by **Gwen Yeo, Linda A. Gerdner, Dolores Gallagher-Thompson**

This third edition of Ethnicity and the Dementias offers invaluable background information in this area, while also examining how those suffering from dementia and their family members respond or adapt to the challenges that follow. Thoroughly updated and revised throughout, the book features contributions from leading clinicians and researchers in the field, with particular attention given to genetic and cultural factors related to dementia, effective prevention and treatment strategies, and issues in caregiving and family support. Chapters offer specific recommendations for dementia care in eleven ethnic/racial groups, as well as suggestions for working effectively with LGBTQ families.

Routledge

September 2018:432

Hb: 978-1-138-06297-9: £130

Pb: 978-1-138-06298-6: £52.99

eBook: 978-1-315-16135-8

* For full contents and more information, visit: www.routledge.com/9781138062986

Helping Skills for Counselors and Health Professionals

Building Culturally Competent Relationships



Stephanie S. J. Drcar, Kathryn C. MacCluskie, Dakota King-White

Helping Skills for Counselors and Health Professionals provides a model of foundational helping skills that is grounded in a multicultural framework. Chapters explicitly examine implicit bias and the role of culture and systems of oppression and marginalization within the lives of both individuals and communities. The text also uses ecological systems theory to assist readers in conceptualizing the ways in which culture influences communication styles, perceptions of professional helpers, and individual needs. Readers will be introduced to concepts that increase awareness of micro and macro-level influences on helping skills, communication, and the patient's life.

Routledge

July 2023:256

Hb: 978-1-032-10885-8: £120

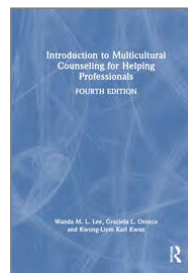
Pb: 978-1-032-10884-1: £42.99

eBook: 978-1-003-21758-9

* For full contents and more information, visit: www.routledge.com/9781032108841

4TH EDITION

Introduction to Multicultural Counseling for Helping Professionals



Wanda M. L. Lee, Graciela L. Orozco, Kwong-Liem Karl Kwan

Introduction to Multicultural Counseling for Helping Professionals, 4th ed, is the essential introductory text for studying multicultural counseling. Providing a broad survey of counseling concepts and techniques for different marginalized ethnic and cultural groups, it is at once practical and easily understood. The fourth edition has been updated and revised to reflect an inclusive ecological framework and social justice context for counseling. It offers a broad perspective on multicultural counseling theory, including thought from other disciplines, reflections on race and Whiteness in counseling, and new contributions from diverse cultural voices.

Routledge

August 2024:376

Hb: 978-1-032-18935-2: £130

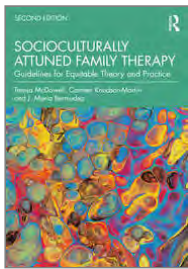
Pb: 978-1-032-18930-7: £48.99

* For full contents and more information, visit: www.routledge.com/9781032189307

2ND EDITION

Socioculturally Attuned Family Therapy

Guidelines for Equitable Theory and Practice



Teresa McDowell, Carmen Knudson-Martin, J. Maria Bermudez

Socioculturally Attuned Family Therapy, 2nd edition, is a fully updated and essential textbook that addresses the need for marriage and family therapists to provide socially responsible couple, marriage, and family therapy, infusing diversity, equity, and inclusion throughout theory and clinical practice. Fitting COAMFT, COACRE, and CSWE requirements for social and cultural diversity, this new edition is revised to include current cultural and societal changes, such as the BLM movement. It is an essential textbook for students of marriage and family therapy and is important reading for family therapists, supervisors, counsellors, and social workers.

Routledge

September 2022:396

Hb: 978-1-032-10680-9: **£130**

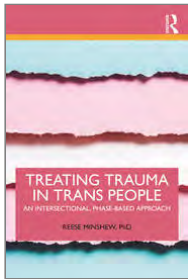
Pb: 978-1-032-07441-2: **£56.99**

eBook: 978-1-003-21652-0

* For full contents and more information, visit: www.routledge.com/9781032074412

Treating Trauma in Trans People

An Intersectional, Phase-Based Approach



Reese Minshew

Treating Trauma in Trans People brings together key concepts from both gender-affirming treatment and trauma-focused care, with interventions focused on resolving physiological, intrapsychic, and interpersonal disruptions. Symptoms related to trauma and stress manifest in bodies, psyches, and interpersonal interactions. Gender, too, is impacted by bodies, psyches, and interpersonal interactions. The book then broadens the lens to the systemic, acknowledging the limits of individual interventions when located within a larger framework of systemic oppression and asking clinicians to consider liberation and justice as treatment goals.

Routledge

September 2022:188

Hb: 978-0-367-68168-5: **£130**

Pb: 978-0-367-68167-8: **£31.99**

eBook: 978-1-003-14074-0

* For full contents and more information, visit: www.routledge.com/9780367681678

2ND EDITION

Acting For Real

Drama Therapy Process, Technique, and Performance



Renée Emunah

This second edition of *Acting for Real* takes the reader further into the heart of using drama for healing. A pioneer and leading trainer in the field, Dr. Emunah offers an expanded understanding of her Integrative Five Phase model, a foundational approach that embraces the wide spectrum of possibilities within the playing field of drama therapy in a progressive framework that accentuates emotional expression/containment, relationship, and perspective. Grounded by compassionate clinical examples, the book offers tools for action-oriented treatment, embodied therapeutic interventions, and creatively engaging a wide variety of clients.

Routledge

September 2019: 382

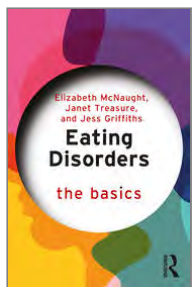
Hb: 978-1-138-84964-8: £125

Pb: 978-1-138-84965-5: £38.99

eBook: 978-1-315-72540-6

* For full contents and more information, visit: www.routledge.com/9781138849655

Eating Disorders: The Basics



Elizabeth McNaught, Janet Treasure, Jess Griffiths

Series: The Basics

Eating disorders affect people from all backgrounds, and often go untreated for years. This book offers an accessible and evidence-based overview. This book is essential for all health care professionals and students, as well as those suffering with an eating disorder and their families and friends.

Routledge

December 2023: 192

Hb: 978-1-032-37959-3: £130

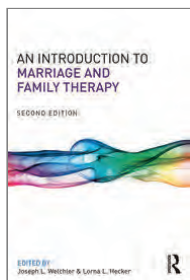
Pb: 978-1-032-37957-9: £16.99

eBook: 978-1-003-34276-2

* For full contents and more information, visit: www.routledge.com/9781032379579

2ND EDITION

An Introduction to Marriage and Family Therapy



Edited by **Joseph L. Wetchler, Lorna L. Hecker**

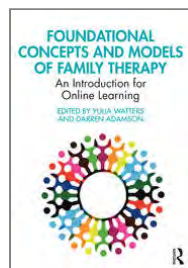
An Introduction to Marriage and Family Therapy is a comprehensive resource for graduate students taking their first course in marriage and family therapy. 32 top contributors in the field explore the history of family therapy and the application of systems theory to families, with each chapter replete with glossaries, case studies, tables, figures, and appendices. The new edition is fully updated, chapter-by-chapter, and includes new information on timely topics such as diversity, the feminist and LGBT movements in family therapy, and more information on ethical and legal issues.

Routledge
September 2014:634
Hb: 978-0-415-71949-0: **£160**
Pb: 978-0-415-71950-6: **£82.99**
eBook: 978-1-315-86733-5

* For full contents and more information, visit: www.routledge.com/9780415719506

Foundational Concepts and Models of Family Therapy

An Introduction for Online Learning



Edited by **Yulia Watters, Darren Adamson**

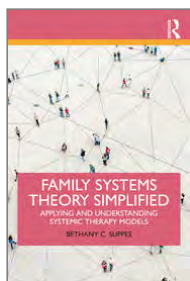
This textbook aims to introduce students to the foundational concepts of the marriage and family therapy field, providing a comprehensive overview of a range of models and their practical application. Written for students seeking to be MFT practitioners, this important volume adds a fresh perspective to teaching and application of family therapy.

Routledge
August 2023:348
Hb: 978-1-032-46635-4: **£130**
Pb: 978-1-032-46634-7: **£38.99**
eBook: 978-1-003-38262-1

* For full contents and more information, visit: www.routledge.com/9781032466347

Family Systems Theory Simplified

Applying and Understanding Systemic Therapy Models



Bethany C. Suppes

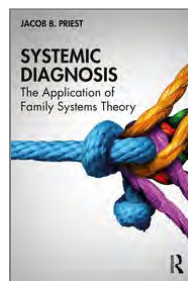
Bethany C. Suppes offers a refreshed perspective of Family Systems Therapy (FST), focusing on the importance of understanding its concepts and demonstrating how models of marriage and family therapy can appear practically in counseling. In Part 1, Suppes begins with a theoretical overview of FST, including the history of development, key theorists, and defining core concepts. In Part 2, she focuses on application and explores nine key components of FST, identifying how various systemic therapy models apply these concepts. Primarily written for those having their first exposure to the ideas of FST, it aims to improve the therapeutic process for both therapist and client.

Routledge
August 2022:240
Hb: 978-0-367-54206-1: **£130**
Pb: 978-0-367-54208-5: **£39.99**
eBook: 978-1-003-08819-6

* For full contents and more information, visit: www.routledge.com/9780367542085

Systemic Diagnosis

The Application of Family Systems Theory



Jacob B. Priest

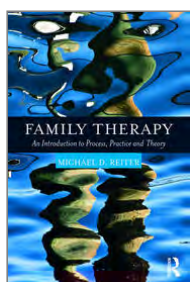
Systemic Diagnosis: An Application of Family Systems Theory helps marriage and family therapists incorporate theory-driven assessment and diagnosis into their practice, demonstrating how they can diagnose systems, not just individuals. Designed to be used on COAMFTE accredited programs, this book is essential for couple and family therapy students who are taking courses in assessment and mental health diagnosis and treatment.

Routledge
September 2023:208
Hb: 978-1-032-28248-0: **£120**
Pb: 978-1-032-28247-3: **£35.99**
eBook: 978-1-003-29590-7

* For full contents and more information, visit: www.routledge.com/9781032282473

Family Therapy

An Introduction to Process, Practice and Theory



Michael D. Reiter

Family Therapy: An Introduction to Process, Practice and Theory is a primer for students, professionals, and trainees to understand how family therapists conceptualize the problems people bring to therapy, utilize basic therapeutic skills to engage clients in the therapeutic process, and navigate the predominant models of family therapy. Readers are walked through each of these main areas through a straightforward writing style where they are provided exercises and questions to help them develop the foundational concepts and tools of being a family therapist.

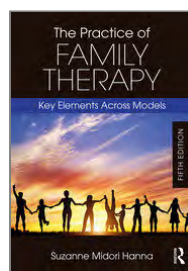
Routledge
August 2017:262
Hb: 978-1-138-08673-9: **£130**
Pb: 978-1-138-08674-6: **£48.99**
eBook: 978-1-315-11089-9

* For full contents and more information, visit: www.routledge.com/9781138086746

5TH EDITION

The Practice of Family Therapy

Key Elements Across Models



Suzanne Midori Hanna

Now in its 5th edition, The Practice of Family Therapy comes at a time when traditional approaches to psychotherapy have given way to multidimensional strategies that best serve the needs of diverse groups who are grappling with the many challenges unique to family therapy practice. With expanded coverage of different models, along with new developments in evidence-based and postmodern practices, this integrative textbook bridges the gap between science and systemic/relational approaches as it guides the reader through each stage of family therapy.

Routledge
October 2018:440
Hb: 978-1-138-48470-2: **£130**
Pb: 978-1-138-48471-9: **£69.99**
eBook: 978-1-351-05146-0

* For full contents and more information, visit: www.routledge.com/9781138484719

The Science of Family Systems Theory



Jacob Priest

This accessible text examines how the science of autonomy and adaptation inform all family therapy approaches and discusses how clinicians can use this science to improve their practice. Supported throughout by practical case examples, as well as questions for consideration, chapter summaries, and resource lists to further engage the reader, *The Science of Family Systems Theory* is an essential textbook for marriage and family therapy students as well as mental health professionals working with families.

Routledge

March 2021: 190

Hb: 978-0-367-42716-0: £130

Pb: 978-0-367-42718-4: £38.99

eBook: 978-0-367-85459-1

* For full contents and more information, visit: www.routledge.com/9780367427184

Handbook on the Clinical Treatment of Adopted Adolescents and Young Adults



Edited by **Doris Bertocci, Christopher Deeg, Linda A. Mayers**

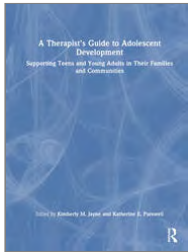
This collection bridges the voices of international scholars and adopted persons to share knowledge about clinical practice with adopted people in adolescence and early adulthood. Embracing theoretical, conceptual, and global perspectives, this handbook is written for clinicians in all disciplines, at all tiers of practice, administration, and training, identifying the key roles they can potentially play in expanding and better focusing our understanding of the psychology of being adopted.

Routledge
August 2023:364
Hb: 978-0-367-55538-2: £205
Pb: 978-0-367-55866-6: £42.99
eBook: 978-1-003-09550-7

* For full contents and more information, visit: www.routledge.com/9780367558666

A Therapist's Guide to Adolescent Development

Supporting Teens and Young Adults in Their Families and Communities



Edited by **Kimberly M. Jayne, Katherine E. Purswell**

A Therapist's Guide to Adolescent Development is a practical guide to understanding adolescent development and applying developmental knowledge in therapeutic practice. This unique and meaningful book will benefit any mental health professional or student who wants to integrate developmental knowledge into practice in a way that educates, empowers, and promotes collaboration with adolescents rather than pathologizing them.

Routledge
September 2024:212
Hb: 978-1-032-05043-0: £130
Pb: 978-1-032-05042-3: £29.99

* For full contents and more information, visit: www.routledge.com/9781032050423

Climate Change and Youth

Turning Grief and Anxiety into Activism



Linda Goldman

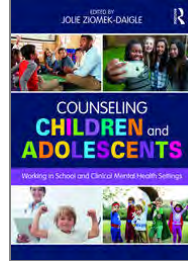
This is a pioneering book that opens the door to understanding the impact climate change has on the mental health of today's youth. Chapters provide age-appropriate language for a meaningful dialogue and resources for separating fact from fiction about environmental issues, encouraging participation in activism, and creating tools to reduce stress. The book includes firsthand examples, research, and interviews and shares age-appropriate resources relating to climate change. This essential resource offers techniques and tools that professionals and caring adults can use to address the stresses associated with climate change and offer strategies for hope, resilience, and action.

Routledge
May 2022:352
Hb: 978-0-367-49454-4: £130
Pb: 978-0-367-49453-7: £31.99
eBook: 978-1-003-05177-0

* For full contents and more information, visit: www.routledge.com/9780367494537

Counseling Children and Adolescents

Working in School and Clinical Mental Health Settings



Edited by **Jolie Ziomek-Daigle**

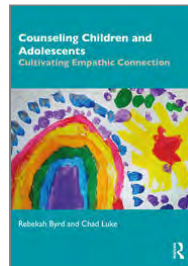
Counseling Children and Adolescents gives students the information they need to prepare for work in both school and clinical mental health settings. It includes content related to developmental/counseling theories, information on evidence-based practices across the continuum of care, diagnosis and treatment of youth, and current trends such as integrated care, mindfulness, and neuroscience. Unique to this book are sections on both the instructional and behavioral Response to Intervention (RtI) model and PBIS, examples of evidence-based practices such as Student Success Skills, Check & Connect, and trauma-focused CBT, and a review of common mental health related-disorders.

Routledge
June 2017:510
Hb: 978-1-138-20057-9: £190
Pb: 978-1-138-20058-6: £69.99
eBook: 978-1-315-46673-6

* For full contents and more information, visit: www.routledge.com/9781138200586

Counseling Children and Adolescents

Cultivating Empathic Connection



Rebekah Byrd, Chad Luke

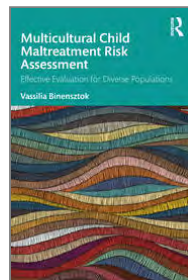
Counseling Children and Adolescents focuses on relationship building and creating a deep level of understanding of developmental, attachment, and brain-based information. Chapters place a clear emphasis on building strengths and developing empathy, awareness, and skills. By going beyond theory, and offering a strengths-based, attachment, neuro- and trauma-informed perspective, this text offers real-world situations and tried and true techniques for working with children and adolescents. Grounded in research and multicultural competency, the book focuses on encouragement, recognizing resiliency, and empowerment.

Routledge
December 2020:370
Hb: 978-0-815-39580-5: £180
Pb: 978-0-815-39581-2: £56.99
eBook: 978-1-351-13315-9

* For full contents and more information, visit: www.routledge.com/9780815395812

Multicultural Child Maltreatment Risk Assessment

Effective Evaluation for Diverse Populations



Vassilia Binensztok

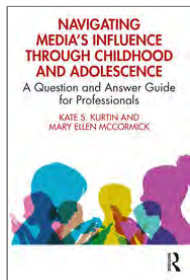
Multicultural Child Maltreatment Risk Assessment provides detailed descriptions of child maltreatment assessment and key strategies for culturally informed risk assessment in families. Both experienced mental health providers and students will come away from the book with a deeper understanding of child maltreatment and its effects, models and modes of assessment, and factors that place families at greater risk.

Routledge
July 2021:240
Hb: 978-0-367-46403-5: £130
Pb: 978-0-367-46404-2: £31.99
eBook: 978-1-003-02856-7

* For full contents and more information, visit: www.routledge.com/9780367464042

Navigating Media's Influence Through Childhood and Adolescence

A Question and Answer Guide for Professionals



Kate S. Kurtin, Mary Ellen McCormick

Navigating Media's Influence Through Childhood and Adolescence moves through research and questions that are relevant to practicing pediatricians and therapists in their everyday practice. An aid to practitioners, this book is organized by developmental stage and matches specific questions related to media's effects with explicit research-based recommendations and explanations. It is intended to be a quick resource guide for the busy professional.

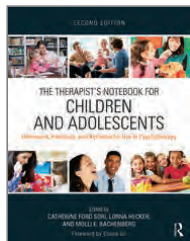
Routledge
August 2022:216
Hb: 978-1-032-12169-7: £130
Pb: 978-1-032-12168-0: £28.99
eBook: 978-1-003-22341-2

* For full contents and more information, visit: www.routledge.com/9781032121680

2ND EDITION

The Therapist's Notebook for Children and Adolescents

Homework, Handouts, and Activities for Use in Psychotherapy



Edited by Catherine Ford Sori, Lorna Hecker, Mollie E. Bachenberg

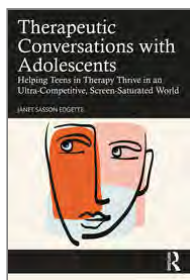
In The Therapist's Notebook for Children and Adolescents, 2nd ed, you'll find the most powerful tools available for aiding children with their feelings, incorporating play techniques into therapy, providing group therapy to children, and encouraging appropriate parental involvement. The new edition includes scores of new exercises and handouts on bullying, suicidal ideation, ADHD, autism, adolescents and sex, and cultural issues. It's a must-have arsenal for both novice and experienced professionals in family therapy, play therapy, psychology, psychiatry, counseling, education, nursing, and related fields.

Routledge
August 2015:386
Hb: 978-0-415-71957-5: £150
Pb: 978-0-415-71958-2: £52.99
eBook: 978-1-315-86730-4

* For full contents and more information, visit: www.routledge.com/9780415719582

Therapeutic Conversations with Adolescents

Helping Teens in Therapy Thrive in an Ultra-Competitive, Screen-Saturated World



Janet Sasson Edgette

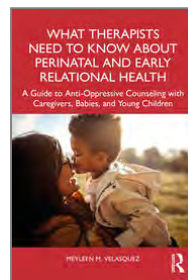
Therapeutic Conversations with Adolescents takes readers into the office of a seasoned therapist, where they can be a fly on the wall of live therapy sessions. Full of actual dialogue and the processing behind the choice of responses and interventions, this book stands in contrast to the dozens of books about adolescent therapy that discuss only theory, conjecture, and generic strategies. Readers will come away from this book understanding how to tread the delicate balance between the support and confrontation, the forthrightness and discretion, and the humor and tenacity that therapists need to make a real and lasting impact with teenagers.

Routledge
October 2023:258
Hb: 978-1-032-18936-9: £120
Pb: 978-1-032-18937-6: £26.99
eBook: 978-1-003-25708-0

* For full contents and more information, visit: www.routledge.com/9781032189376

What Therapists Need to Know About Perinatal and Early Relational Health

A Guide to Anti-Oppressive Counseling with Caregivers, Babies, and Young Children



Meyleen M. Velasquez

What Therapists Need to Know About Perinatal and Early Relational Health is a vital and timely text that will strengthen any clinician's awareness and competence when working with children, infants, and caregivers. Every chapter is written from a framework of cultural humility to support the competent care of individuals with different intersectionalities. By embracing the wisdom within these pages, therapists can transform their practice into one that is more relational and heart centered.

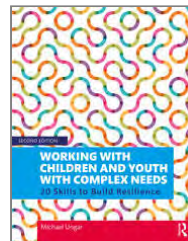
Routledge
July 2024:232
Hb: 978-1-032-25652-8: £130
Pb: 978-1-032-25650-4: £28.99

* For full contents and more information, visit: www.routledge.com/9781032256504

2ND EDITION

Working with Children and Youth with Complex Needs

20 Skills to Build Resilience



Michael Ungar

This new edition of Working with Children and Youth with Complex Needs provides detailed description of techniques, ample case studies, and rich stories of how social workers, psychologists, counselors, and child and youth care workers can help young people become more resilient. Along with descriptions of the skills necessary to talk with clients about the factors that put their mental health at risk, Working with Children and Youth with Complex Needs presents systemic practices clinicians can use in their everyday work to help their clients transform their worlds and improve their access to the resources they need to succeed.

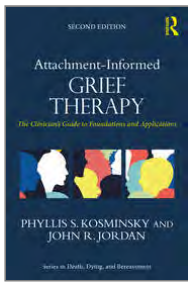
Routledge
July 2020:242
Hb: 978-0-367-35533-3: £110
Pb: 978-0-367-35536-4: £26.99
eBook: 978-0-429-34195-3

* For full contents and more information, visit: www.routledge.com/9780367355364

2ND EDITION

Attachment-Informed Grief Therapy

The Clinician's Guide to Foundations and Applications



Phyllis S. Kosminsky, John R. Jordan

Series: Series in Death, Dying, and Bereavement

Attachment-Informed Grief Therapy bridges the fields of attachment studies, thanatology, and interpersonal neuroscience, uniting theory, research, and practice to enrich our understanding of how we can help the bereaved. The new edition includes updated research and discussion of emotion regulation, relational trauma, epistemic trust, and much more. Written by two highly experienced grief counselors, this volume is filled with instructive case vignettes and useful techniques that offer a universal and practical frame of reference for understanding grief therapy for clinicians of every theoretical persuasion.

Routledge

December 2023:360

Hb: 978-1-032-03846-9: £130

Pb: 978-1-032-03844-5: £27.99

eBook: 978-1-003-20418-3

* For full contents and more information, visit: www.routledge.com/9781032038445

Climate Change and Youth

Turning Grief and Anxiety into Activism



Linda Goldman

This is a pioneering book that opens the door to understanding the impact climate change has on the mental health of today's youth. Chapters provide age-appropriate language for a meaningful dialogue and resources for separating fact from fiction about environmental issues, encouraging participation in activism, and creating tools to reduce stress. The book includes firsthand examples, research, and interviews and shares age-appropriate resources relating to climate change. This essential resource offers techniques and tools that professionals and caring adults can use to address the stresses associated with climate change and offer strategies for hope, resilience, and action.

Routledge

May 2022:352

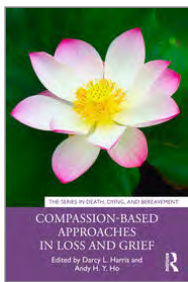
Hb: 978-0-367-49454-4: £130

Pb: 978-0-367-49453-7: £31.99

eBook: 978-1-003-05177-0

* For full contents and more information, visit: www.routledge.com/9780367494537

Compassion-Based Approaches in Loss and Grief



Edited by Darcy L. Harris, Andy H. Y. Ho

Series: The Series in Death, Dying, and Bereavement

Compassion-Based Approaches in Loss and Grief introduces clinicians to a wide array of strategies and frameworks for engaging clients throughout the loss experience, particularly when those experiences have a protracted course. Students, scholars, and mental health and healthcare professionals will come away from this important book with a deepened understanding of compassion-based approaches and strategies for enhancing distress tolerance, maintaining focus, and for identifying the clinical interventions best suited to clients' needs.

Routledge

December 2022:266

Hb: 978-1-032-06836-7: £120

Pb: 978-1-032-06834-3: £29.99

eBook: 978-1-003-20412-1

* For full contents and more information, visit: www.routledge.com/9781032068343

Creating Meaning in Funerals

How Families and Communities Make Sense of Death



William G. Hoy

Creating Meaning in Funerals is a book about the ways in which bereaved families and communities create meaningful ceremonies against a backdrop of what is culturally appropriate, even when their choices might make little economic sense to those outside the culture. Readers will be repeatedly challenged to suspend their own biases and provide counseling support and encouragement to bereaved individuals for whom funerals were or were not effective means of coping with their loss. Discussion questions at the end of each chapter make the book useful for educational settings such as funeral service classroom instruction, thanatology classes, and grief counseling courses.

Routledge

August 2024:208

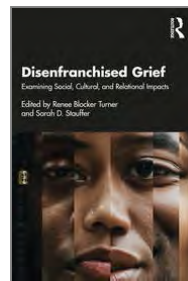
Hb: 978-1-032-39837-2: £130

Pb: 978-1-032-39832-7: £22.99

* For full contents and more information, visit: www.routledge.com/9781032398327

Disenfranchised Grief

Examining Social, Cultural, and Relational Impacts



Edited by Renee Blocker Turner, Sarah D. Stauffer

Disenfranchised Grief expands the professional helper's understanding of the grief experiences that result from social, cultural, and relational oppression, microaggressions, disempowerment, and overt violence. The authors blend trauma-informed practice and recent research on critical race theory, cultural humility, and intersectionality to both broaden mental health professionals' conceptualization of disenfranchised grief and its impacts and to promote equity and inclusion among populations that have been marginalized.

Routledge

July 2023:330

Hb: 978-1-032-26891-0: £120

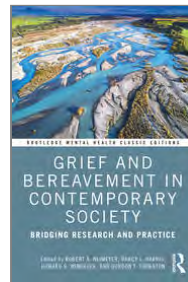
Pb: 978-1-032-26890-3: £29.99

eBook: 978-1-003-29289-0

* For full contents and more information, visit: www.routledge.com/9781032268903

Grief and Bereavement in Contemporary Society

Bridging Research and Practice



Edited by Robert A. Neimeyer, Darcy L. Harris, Howard R. Winokuer, Gordon Thornton

Series: Routledge Mental Health Classic Editions

Grief and Bereavement in Contemporary Society is the authoritative guide to the study of and work with major themes in bereavement. The classic edition includes a new preface from the lead editors discussing advances in the field since the book's initial publication. This is a readable, engaging, and comprehensive book that shares the most important scientific and applied work on the contemporary scene with a broad international audience. It's an essential addition to anyone with a serious interest in death, dying, and bereavement.

Routledge

September 2021:478

Hb: 978-1-032-05895-5: £130

Pb: 978-1-032-05891-7: £39.99

eBook: 978-1-003-19976-2

* For full contents and more information, visit: www.routledge.com/9781032058917

3RD EDITION

Grieving Beyond Gender

Understanding Diverse Grieving Styles



Kenneth J. Doka, Terry L. Martin

Series: The Series in Death, Dying, and Bereavement

The third edition of *Grieving Beyond Gender* explores the different ways that individuals grieve, noting that gender is only one factor that affects an individual's style or pattern of grief. Doka and Martin present a model firmly grounded in social science theory and research, and place special emphasis on the model's clinical implications. Clinicians will come away from this book with concrete tools for supporting different types of grievers through individual counseling or group support.

Routledge

August 2024:280

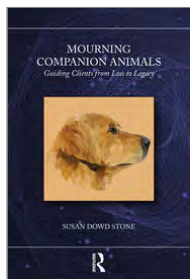
Hb: 978-1-032-43337-0: **£130**

Pb: 978-1-032-43339-4: **£27.99**

* For full contents and more information, visit: www.routledge.com/9781032433394

Mourning Companion Animals

Guiding Clients from Loss to Legacy



Susan Dowd Stone

Mourning Companion Animals is a guidebook for mental health clinicians searching for effective, compassionate resources to guide their clients through the often-devastating experience of animal companion loss. The book's content is the result of more than twenty-five of extensive work within the human-animal bond, clinical training in the referenced therapies, and application of major psychodynamic theories.

Routledge

April 2024:238

Hb: 978-0-367-69430-2: **£130**

Pb: 978-0-367-69423-4: **£28.99**

eBook: 978-1-003-14592-9

* For full contents and more information, visit: www.routledge.com/9780367694234

New Techniques of Grief Therapy

Bereavement and Beyond



Edited by Robert A. Neimeyer

Series: The Series in Death, Dying, and Bereavement

New Techniques of Grief Therapy expands on the mission of the previous two *Techniques* books, featuring innovative approaches to address the needs of those whose lives have been shadowed by loss. The book starts with several framing chapters and follows with a generous toolkit of creative therapeutic techniques described in concrete detail and anchored in illustrative case studies. *New Techniques of Grief Therapy* is an indispensable resource for professionals working in hospice, hospital, palliative care and elder care settings; clinicians in broader healthcare and mental health care practices; executive coaches; and students in the field of grief therapy.

Routledge

September 2021:372

Hb: 978-0-815-35202-0: **£130**

Pb: 978-0-815-35203-7: **£31.99**

eBook: 978-1-351-06912-0

* For full contents and more information, visit: www.routledge.com/9780815352037

Group Art Therapy

Practice and Research



Megan A. Robb

The first of its kind, this book takes into account practice-based evidence and uses a transtheoretical approach to present a range of art therapy group interventions. The text covers essential topics including leadership, art making, and the basic stages of developing and facilitating groups. Filled with practical information, chapters provide details about preparation and practice, note-taking and documentation, and research. Adhering to the most up-to-date educational standards and ethical codes, the book will prepare art therapy graduate students and practitioners to lead groups in a variety of settings, theoretical approaches, and applications.

Routledge

January 2022:178

Hb: 978-0-367-52778-5: **£130**

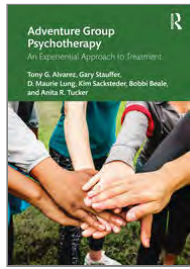
Pb: 978-0-367-52777-8: **£38.99**

eBook: 978-1-003-05833-5

* For full contents and more information, visit: www.routledge.com/9780367527778

Adventure Group Psychotherapy

An Experiential Approach to Treatment



Tony G. Alvarez, Gary Stauffer, D. Maurie Lung, Kim Sacksteder, Bobbi Beale, Anita R. Tucker

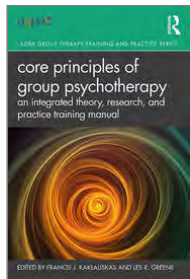
Adventure Group Psychotherapy: An Experiential Approach to Treatment explores what is necessary for an experiential therapy group to function effectively, and the practical skills needed to inspire success. This book will be an important tool in any group therapy class, in practice settings to train practitioners, and for any clinician trying to expand their group work capabilities.

Routledge
November 2020:240
Hb: 978-0-367-90030-4: **£130**
Pb: 978-0-367-33690-5: **£38.99**
eBook: 978-1-003-10310-3

* For full contents and more information, visit: www.routledge.com/9780367336905

Core Principles of Group Psychotherapy

An Integrated Theory, Research, and Practice Training Manual



Edited by **Francis J. Kaklauskas, Les R. Greene**

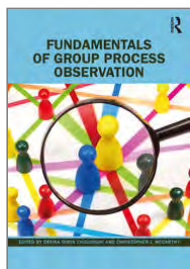
Series: AGPA Group Therapy Training and Practice Series

Core Principles of Group Psychotherapy is designed as the primary curriculum for the Principles of Group Psychotherapy course in partial fulfillment of the Certified Group Psychotherapist credential awarded by the International Board for Certification of Group Psychotherapists. The text is divided into five modules: foundations, structure and dynamics, formation and development, leadership tasks and skills, and ethics, neuroscience, and personal style.

Routledge
September 2019:228
Hb: 978-0-367-20308-5: **£130**
Pb: 978-0-367-20309-2: **£36.99**
eBook: 978-0-429-26080-3

* For full contents and more information, visit: www.routledge.com/9780367203092

Fundamentals of Group Process Observation



Edited by **Devika Dibya Choudhuri, Christopher J. McCarthy**

This edited collection covers the role of the process observer - a position that enhances the effectiveness of group functioning by observing the process, summarizing the behavior of the group so that the group can learn and, if needed, improve its functioning. Students and educators of group work courses will find this book integral as it covers the existing gap in literature on group process observation.

Routledge
July 2023:208
Hb: 978-1-032-25183-7: **£120**
Pb: 978-1-032-25180-6: **£35.99**
eBook: 978-1-003-28195-5

* For full contents and more information, visit: www.routledge.com/9781032251806

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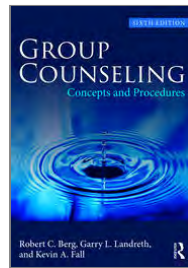
Routledge
January 2022:178
Hb: 978-0-367-52778-5: **£130**
Pb: 978-0-367-52777-8: **£38.99**
eBook: 978-1-003-05833-5

* For full contents and more information, visit: www.routledge.com/9780367527778

6TH EDITION

Group Counseling

Concepts and Procedures



Robert C. Berg, Garry L. Landreth, Kevin A. Fall

Group Counseling, 6th edition offers an engaging journey through the group process that is congruent with 2016 CACREP and the ASGW practice standards and grounded in the most cutting edge research and theory. The authors present a thorough discussion of the rationale for using group counseling with an emphasis on the group's role as a preventive environment and as a setting for self-discovery. They examine the group facilitator's internal frame of reference and ways to overcome initial anxiety about leading groups, and they explore typical problems in the development, facilitation, and termination of the group process and provide suggested solutions.

Routledge
October 2017:254
Hb: 978-1-138-06862-9: **£150**
Pb: 978-1-138-06860-5: **£74.99**
eBook: 978-1-315-15775-7

* For full contents and more information, visit: www.routledge.com/9781138068605

2ND EDITION

Group Work

Processes and Applications, 2nd Edition



Edited by **Bradley T. Erford**

The overriding theme of this text is a focus on the specialized group work that counselors perform from a systemic perspective in a multicultural context. This text briefly covers traditional theoretical approaches, focusing more on the techniques and applications of the approaches, but the core of the text involves the systemic approach to group work: preparing group leaders to facilitate the systemic group process, from planning the group through the four stages of group work. The content is aligned with 2016 CACREP standards. Numerous other techniques, covered, are linked with specific theoretical orientations.

Routledge
April 2018:520
Hb: 978-0-815-36296-8: **£130**
Pb: 978-0-815-36303-3: **£56.99**
eBook: 978-1-351-11067-9

* For full contents and more information, visit: www.routledge.com/9780815363033

3RD EDITION

Group Work in Schools



Edited by **Bradley T. Erford**

The third edition of *Group Work in the Schools* is designed to prepare counselors in school settings to successfully implement task, psycho-educational, and counseling groups in public and private educational settings. Updated comprehensively and thoughtfully and featuring a wide range of contributor perspectives, the much-anticipated third edition of this book is essential reading for school counselors in training.

Routledge

November 2023:354

Hb: 978-1-032-42611-2: **£120**

Pb: 978-1-032-42595-5: **£44.99**

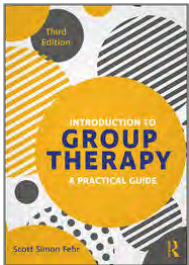
eBook: 978-1-003-36348-4

* For full contents and more information, visit: www.routledge.com/9781032425955

3RD EDITION

Introduction to Group Therapy

A Practical Guide, Third Edition



Scott **Simon Fehr**

The main objective of this book is to give the reader a solid understanding of group therapy while simultaneously creating scholars in the group therapy paradigm. This unique book combines theory and practice in a reader-friendly format, presenting practical suggestions to guide both students and novice group therapists through the nuts and bolts of running a group. This new edition continues the clinically relevant and highly readable work of the previous editions, demonstrating the therapeutic power group therapy has in conflict resolution and personality change. A proven resource for introductory and advanced coursework, the book promotes group therapy at the grassroots level – students.

Routledge

September 2018:326

Hb: 978-1-138-54302-7: **£130**

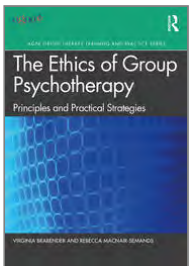
Pb: 978-1-138-54303-4: **£48.99**

eBook: 978-1-351-00748-1

* For full contents and more information, visit: www.routledge.com/9781138543034

The Ethics of Group Psychotherapy

Principles and Practical Strategies



Virginia Brabender, Rebecca MacNair-Semands

Series: *AGPA Group Therapy Training and Practice Series*

This text provides group psychotherapists with the ethical and legal foundation needed to engage in effective decision-making in their everyday practices. The authors explore those problems emerging most routinely in group practice, among which are safeguarding members' personal information, protecting members' autonomy, and helping members to process differences—particularly those related to privilege—in a way that furthers interpersonal relations and social justice. Featuring questions for discussion and items to assess the reader's mastery of the material, training group psychotherapists will find this text to be a valuable tool in classroom and small-group learning.

Routledge

April 2022:192

Hb: 978-0-367-61562-8: **£130**

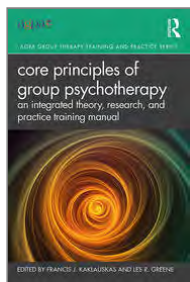
Pb: 978-0-367-61561-1: **£38.99**

eBook: 978-1-003-10552-7

* For full contents and more information, visit: www.routledge.com/9780367615611

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Edited by **Francis J. Kaklauskas, Les R. Greene**

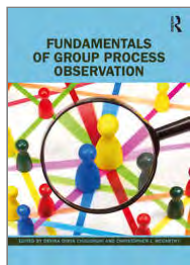
Series: *AGPA Group Therapy Training and Practice Series*

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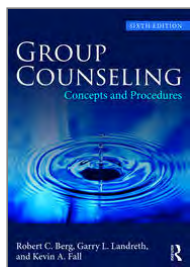
Routledge
July 2023:208
Hb: 978-1-032-25183-7: **£120**
Pb: 978-1-032-25180-6: **£35.99**
eBook: 978-1-003-28195-5

* For full contents and more information, visit: www.routledge.com/9781032251806

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Concepts and Procedures



Robert C. Berg, Garry L. Landreth, Kevin A. Fall

Group Counseling, 6th edition offers an engaging journey through the group process that is congruent with 2016 CACREP and the ASGW practice standards and grounded in the most cutting edge research and theory. The authors present a thorough discussion of the rationale for using group counseling with an emphasis on the group's role as a preventive environment and as a setting for self-discovery. They examine the group facilitator's internal frame of reference and ways to overcome initial anxiety about leading groups, and they explore typical problems in the development, facilitation, and termination of the group process and provide suggested solutions.

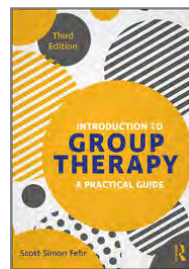
Routledge
October 2017:254
Hb: 978-1-138-06862-9: **£150**
Pb: 978-1-138-06860-5: **£74.99**
eBook: 978-1-315-15775-7

* For full contents and more information, visit: www.routledge.com/9781138068605

3RD EDITION

Introduction to Group Therapy

A Practical Guide, Third Edition



Scott Simon Fehr

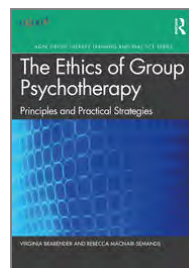
The main objective of this book is to give the reader a solid understanding of group therapy while simultaneously creating scholars in the group therapy paradigm. This unique book combines theory and practice in a reader-friendly format, presenting practical suggestions to guide both students and novice group therapists through the nuts and bolts of running a group. This new edition continues the clinically relevant and highly readable work of the previous editions, demonstrating the therapeutic power group therapy has in conflict resolution and personality change. A proven resource for introductory and advanced coursework, the book promotes group therapy at the grassroots level - students.

Routledge
September 2018:326
Hb: 978-1-138-54302-7: **£130**
Pb: 978-1-138-54303-4: **£48.99**
eBook: 978-1-351-00748-1

* For full contents and more information, visit: www.routledge.com/9781138543034

The Ethics of Group Psychotherapy

Principles and Practical Strategies



Virginia Brabender, Rebecca MacNair-Semands

Series: *AGPA Group Therapy Training and Practice Series*

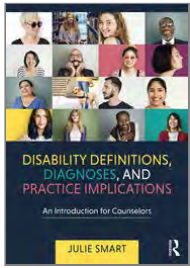
This text provides group psychotherapists with the ethical and legal foundation needed to engage in effective decision-making in their everyday practices. The authors explore those problems emerging most routinely in group practice, among which are safeguarding members' personal information, protecting members' autonomy, and helping members to process differences—particularly those related to privilege—in a way that furthers interpersonal relations and social justice. Featuring questions for discussion and items to assess the reader's mastery of the material, training group psychotherapists will find this text to be a valuable tool in classroom and small-group learning.

Routledge
April 2022:192
Hb: 978-0-367-61562-8: **£130**
Pb: 978-0-367-61561-1: **£38.99**
eBook: 978-1-003-10552-7

* For full contents and more information, visit: www.routledge.com/9780367615611

Disability Definitions, Diagnoses, and Practice Implications

An Introduction for Counselors



Julie Smart

This introductory text defines and describes disability, while providing concrete practice guidelines and recommendations for students in the fields of counseling, social work, and the helping professions. Various specialty areas are explored in detail, including marriage and family counseling, adolescent counseling, addictions counseling, LGBTQ concerns, multicultural counseling, and career counseling. With rich case studies woven throughout, as well as valuable information on client needs, disability categorizations, and key models of disability, this essential textbook will be useful not only to counseling students but also to professional counselors, social workers, and psychologists.

Routledge

August 2018:438

Hb: 978-1-138-24468-9: £190

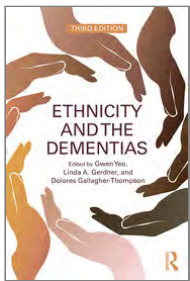
Pb: 978-1-138-24469-6: £69.99

eBook: 978-1-315-27669-4

* For full contents and more information, visit: www.routledge.com/9781138244696

3RD EDITION

Ethnicity and the Dementias



Edited by **Gwen Yeo, Linda A. Gerdner, Dolores Gallagher-Thompson**

This third edition of *Ethnicity and the Dementias* offers invaluable background information in this area, while also examining how those suffering from dementia and their family members respond or adapt to the challenges that follow. Thoroughly updated and revised throughout, the book features contributions from leading clinicians and researchers in the field, with particular attention given to genetic and cultural factors related to dementia, effective prevention and treatment strategies, and issues in caregiving and family support. Chapters offer specific recommendations for dementia care in eleven ethnic/racial groups, as well as suggestions for working effectively with LGBTQ families.

Routledge

September 2018:432

Hb: 978-1-138-06297-9: £130

Pb: 978-1-138-06298-6: £52.99

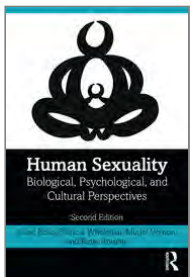
eBook: 978-1-315-16135-8

* For full contents and more information, visit: www.routledge.com/9781138062986

2ND EDITION

Human Sexuality

Biological, Psychological, and Cultural Perspectives



Anne Bolin, Patricia Whelehan, Muriel Vernon, Katja Antoine

This ground-breaking second edition of *Human Sexuality* continues its broad and interdisciplinary goal of providing readers with a comprehensive overview on sexuality as a core part of our individual identities and social lives. Utilizing viewpoints across cultural and national boundaries and taking into account the evolution of human anatomy, sexual behavior, attitudes, and beliefs across the globe, *Human Sexuality* 2nd edition remains an essential text for educators and students who wish to understand human sexuality in all of its richness and complexity.

Routledge

June 2021:596

Hb: 978-0-367-21979-6: £130

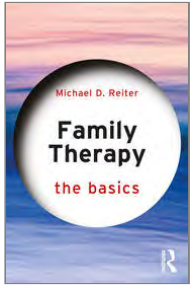
Pb: 978-0-367-21978-9: £74.99

eBook: 978-0-429-26915-8

* For full contents and more information, visit: www.routledge.com/9780367219789

Family Therapy

The Basics



Michael D. Reiter

Series: The Basics

Family Therapy: The Basics provides a clear and concise overview of the field of family therapy and its foundational models. Family Therapy: The Basics is an ideal introduction for students exploring the field of psychotherapy and how a focus on the family and the use of various family therapy theories can help shift family organizations and relationships.

Routledge

June 2023: 212

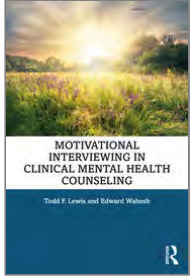
Hb: 978-1-032-32047-2: £84.99

Pb: 978-1-032-31978-0: £16.99

eBook: 978-1-003-31253-6

* For full contents and more information, visit: www.routledge.com/9781032319780

Motivational Interviewing in Clinical Mental Health Counseling



Todd F. Lewis, Edward Wahesh

Motivational Interviewing in Clinical Mental Health Counseling is a cutting-edge guide to empowering counselors with the philosophical and actionable elements of motivational interviewing. Motivational Interviewing in Clinical Mental Health Counseling introduces new learners to the skills and philosophy of motivational interviewing, enhances the skills of veterans familiar to the framework, and is the perfect companion for students of motivational interviewing across a variety of mental health counseling courses.

Routledge

September 2022:204

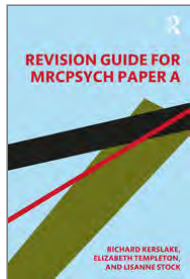
Hb: 978-1-138-56826-6: **£130**

Pb: 978-1-138-56827-3: **£38.99**

eBook: 978-1-351-24459-6

* For full contents and more information, visit: www.routledge.com/9781138568273

Revision Guide for MRCPsych Paper A



**Elizabeth Templeton, Richard William Kerslake,
Lianne Stock**

This study guide covers the key information necessary to pass Paper A of the postgraduate examination to become a member of the Royal College of Psychiatrists (MRCPsych). Established resources for preparing for MRCPsych exams are often from a range of sources, online or through questions banks. This essential guide provides balance to the breadth and depth of the syllabus, in an accessible format that can be used for brief fact checking or understanding of a topic as a whole.

Routledge

September 2022:250

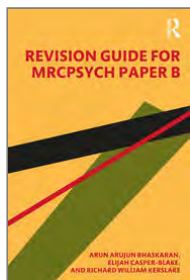
Hb: 978-0-815-36389-7: **£130**

Pb: 978-1-498-71613-0: **£27.99**

eBook: 978-1-315-11822-2

* For full contents and more information, visit: www.routledge.com/9781498716130

Revision Guide for MRCPsych Paper B



**Arun Bhaskaran, Elijah Casper-Blake, Richard William
Kerslake**

This text covers the key information necessary to pass Paper B of the postgraduate examination to become a member of the Royal College of Psychiatrists (MRCPsych). This text is essential for psychiatry trainees revising for their written examinations but is also suitable for individuals/healthcare professionals with an interest in psychiatry and wanting to learn more.

Routledge

November 2023:248

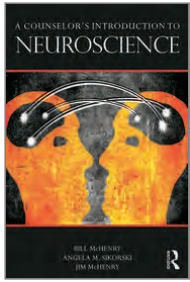
Hb: 978-1-032-45254-8: **£120**

Pb: 978-1-032-45241-8: **£27.99**

eBook: 978-1-003-37616-3

* For full contents and more information, visit: www.routledge.com/9781032452418

A Counselor's Introduction to Neuroscience



Bill McHenry, Angela Parmentier-Sikorski, Jim McHenry

A Counselor's Introduction to Neuroscience is a guidebook to neurobiology that is customized for counselors' unique goals and requirements. Drawing on years of experience, not only in the lab, but in the counselor's chair, the authors unravel the complexities of neuroscience and present an easily understood volume that is an essential companion for any counselor who wishes to expand his or her understanding of the human brain, how it works, and how it creates our identities.

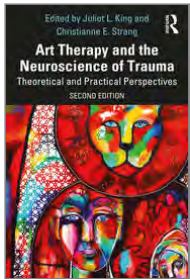
Routledge
August 2013:200
Hb: 978-0-415-66227-7: £150
Pb: 978-0-415-66228-4: £35.99
eBook: 978-0-203-07249-3

* For full contents and more information, visit: www.routledge.com/9780415662284

2ND EDITION

Art Therapy and the Neuroscience of Trauma

Theoretical and Practical Perspectives



Edited by **Juliet L. King, Christianne E. Strang**

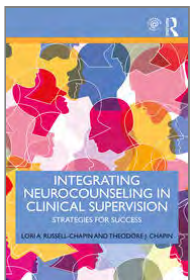
Art Therapy and the Neuroscience of Trauma, 2nd ed, lays out a unified framework of neural plasticity and resilience and places it within a broader social context. Using a lens grounded in multicultural humility, renowned figures in art therapy have updated chapters with content that takes a systematic yet inclusive approach. New chapters and new authors offer stimulating insights into individual and community factors that drive comprehensive care. This revitalized second edition offers an accessible and comprehensive text intended for novice and sage art therapists and students.

Routledge
August 2024:312
Hb: 978-1-032-38078-0: £130
Pb: 978-1-032-38076-6: £29.99

* For full contents and more information, visit: www.routledge.com/9781032380766

Integrating Neurocounseling in Clinical Supervision

Strategies for Success



Lori A. Russell-Chapin, Theodore J. Chapin

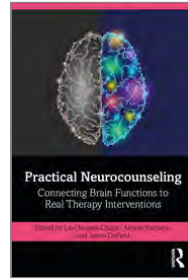
Integrating Neurocounseling in Clinical Supervision provides an indispensable framework for understanding supervision using neuroscience. By combining supervision theory, practical applications, discussion questions, and case studies and demonstrations, the authors prepare counselors to be more intentional about brain functions to increase the efficacy of supervision. New video demonstrations available on the companion website emphasize client outcomes for each of the five supervision models and one group counseling scenario, connecting directly to chapter content and demonstrating the major elements of each model.

Routledge
July 2019:242
Hb: 978-1-138-58793-9: £160
Pb: 978-1-138-58795-3: £52.99
eBook: 978-0-429-46965-7

* For full contents and more information, visit: www.routledge.com/9781138587953

Practical Neurocounseling

Connecting Brain Functions to Real Therapy Interventions



Edited by **Lori A. Russell-Chapin, Nicole C. Pacheco, Jason A. DeFord**

Practical Neurocounseling demonstrates the importance of considering brain health in counseling, showing mental health professionals how to understand and assess the functioning of different parts of the brain without sophisticated software or intensive training. More than just a collection of techniques, Practical Neurocounseling is a valuable guide for clinicians interested in the relationship between brain activity and behavior. It's also an ideal book for professors and students in any neurocounseling course and for clinicians working in talk therapy.

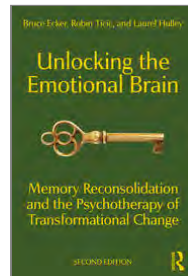
Routledge
December 2020:214
Hb: 978-0-367-41747-5: £130
Pb: 978-0-367-41743-7: £31.99
eBook: 978-0-367-82440-2

* For full contents and more information, visit: www.routledge.com/9780367417437

2ND EDITION

Unlocking the Emotional Brain

Memory Reconsolidation and the Psychotherapy of Transformational Change



Bruce Ecker, Robin Ticic, Laurel Hulley

Unlocking the Emotional Brain maps out a core process of profound unlearning, identified in neuroscience research on memory reconsolidation, that is embedded and detectable in psychotherapies that yield transformational change. This volume delivers a remarkable unification of the panoply of therapy systems. Two dozen detailed case examples show the versatility and remarkable effectiveness of the memory reconsolidation process for a vast range of severe, longstanding problems and symptoms, including complex trauma, depression, panic attacks, shame, insecure attachment, compulsive behaviors, and many others.

Routledge
April 2024:430
Hb: 978-1-032-13913-5: £130
Pb: 978-1-032-13912-8: £29.99
eBook: 978-1-003-23143-1

* For full contents and more information, visit: www.routledge.com/9781032139128

Matthews Model of Clinical Reasoning

A Systematic Guide to Occupation-Based Evaluation and Intervention Planning



Edited by **Laurie Knis-Matthews**

The Matthews Model of Clinical Reasoning (MMCR) provides occupational therapy practitioners with a systematic approach to develop their clinical reasoning skills during the evaluation and intervention process when collaborating with persons served across multiple practice locations. Occupational therapy students and practitioners will be provided with the foundational skills to systematically think and apply the steps of the clinical reasoning process starting with a person's evaluation through the completion of the intervention plan.

Routledge

November 2023:302

Hb: 978-1-032-49161-5: **£120**

Pb: 978-1-032-49160-8: **£35.99**

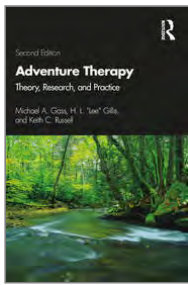
eBook: 978-1-003-39240-8

* For full contents and more information, visit: www.routledge.com/9781032491608

2ND EDITION

Adventure Therapy

Theory, Research, and Practice



Michael A. Gass, H.L. "Lee" Gillis, Keith C. Russell

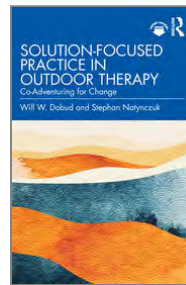
This revised text describes the theory substantiating adventure therapy, demonstrates best practices in the field, and presents research validating the immediate and long-term effects of adventure therapy. This book provides an invaluable reference for the seasoned professional and is a required source of information and examination for the beginning professional. It is a great training resource for adventure therapy practices in the field of mental health.

Routledge
March 2020:512
Hb: 978-1-138-58443-3: £130
Pb: 978-1-138-58444-0: £44.99
eBook: 978-1-003-01661-8

* For full contents and more information, visit: www.routledge.com/9781138584440

Solution-Focused Practice in Outdoor Therapy

Co-Adventuring for Change



Will W. Dobud, Stephan Natynczuk

This book presents a comprehensive model for working therapeutically with clients outdoors, with adventure, and in any outdoor setting—from a typical one-hour session to multi-day expeditions. Chapters lay out a robust and pragmatic model for opening the counseling room door using solution-focused methods. Dobud and Natynczuk bring together research on best practice in psychotherapy, monitoring therapeutic outcomes, safe and inclusive leadership, supervision, and self-care to present a robust framework for working therapeutically outdoors. Case vignettes are presented throughout the book, and a field manual is available for free download with purchase of the book.

Routledge
September 2022:304
Hb: 978-1-032-10880-3: £130
Pb: 978-1-032-10881-0: £31.99
eBook: 978-1-003-21755-8

* For full contents and more information, visit: www.routledge.com/9781032108810

Nature-Based Play and Expressive Therapies

Interventions for Working with Children, Teens, and Families



Edited by **Janet A. Courtney, Jamie Lynn Langley, Lynn Louise Wonders, Rosalind Heiko, Rose LaPiere**

This book addresses a wide range of healing modalities that can be used in both indoor and outdoor environments. Each chapter includes case studies to support the interventions and approaches presented. Readers will find a diverse array of topics explored, including tips for creating outdoor healing gardens and labyrinths, guidelines for using nature for self-care, working with sandplay and storytelling in nature, adapting nature-based interventions via telehealth, and much more. Chapters focus on work in individual settings as well as work with families and groups, making this an important read for a wide range of mental health professionals.

Routledge
March 2022:284
Hb: 978-0-367-71269-3: £130
Pb: 978-0-367-71267-9: £31.99
eBook: 978-1-003-15276-7

* For full contents and more information, visit: www.routledge.com/9780367712679

Nature-Based Play Therapy

A Prescriptive Approach to Integrating the Therapeutic Powers of Nature and Play



Julie Blundon Nash

Nature-Based Play Therapy brings a theoretical basis to arguments for including nature in play therapy and provides tools for that inclusion with a prescriptive model. In these chapters, play therapists are introduced to the histories of nature and play across cultures and cultural expectations and are then guided into an understanding of how nature and play intersect with current trends in society and psychotherapy. Nature-Based Play Therapy is an excellent introduction to a vital and growing area of the field, one that gives a well-rounded summary to a theoretically based model of treatment.

Routledge
November 2023:180
Hb: 978-1-032-36060-7: £120
Pb: 978-1-032-36058-4: £28.99
eBook: 978-1-003-33234-3

* For full contents and more information, visit: www.routledge.com/9781032360584

Advanced Play Therapy

Essential Conditions, Knowledge, and Skills for Child Practice



Dee Ray

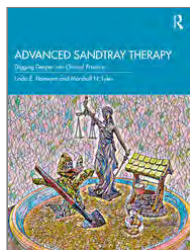
This text presents to students and practitioners of play therapy with a resource that addresses topics beyond the training level. It provides advanced knowledge on the three main areas of play, child development, and play therapy and integrates them to help the play therapist gain a holistic understanding of how play therapy works. The author also presents original operational functions for play therapy tasks that she has developed and refined during her years of experience to provide play therapists with step-by-step methods to use in their own practices.

Routledge
December 2021:352
Hb: 978-0-415-88604-8: £130
Pb: 978-1-032-23755-8: £35.99
eBook: 978-0-203-83726-9

* For full contents and more information, visit: www.routledge.com/9781032237558

Advanced Sandtray Therapy

Digging Deeper into Clinical Practice



Linda E. Homeyer, Marshall N. Lyles

Advanced Sandtray Therapy deepens mental health professionals' abilities to understand and apply sandtray therapy. Chapters show readers how to integrate clinical theory with sand work, resulting in more focused therapeutic work. Using practical basics as building blocks, the book takes a detailed look at the ins and outs of work with attachment and trauma, showing therapists how to work through the sequence of treatment while also taking into account clients' trauma and attachment issues. This text is vital for any clinician interested in adding sandtray therapy to their existing work with clients as well as students in graduate programs for the mental health professions.

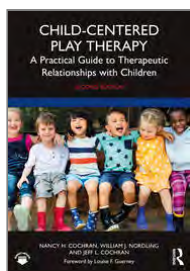
Routledge
September 2021:270
Hb: 978-0-367-55482-8: £130
Pb: 978-0-367-55481-1: £31.99
eBook: 978-1-003-09549-1

* For full contents and more information, visit: www.routledge.com/9780367554811

2ND EDITION

Child-Centered Play Therapy

A Practical Guide to Therapeutic Relationships with Children



Nancy H. Cochran, William J. Nordling, Jeff L. Cochran

Designed for professionals adding play therapy to their practices as well as for graduate students, the second edition of Child-Centered Play Therapy is comprehensive, engaging, and practical. Endorsed by Louise Guerney, a founding child-centered play therapy figure who developed the skills-based methods covered in this book, Child-Centered Play Therapy comprehensively and realistically introduces practitioners to the child-centered approach to play therapy and addresses how to incorporate the approach into schools, agencies, or private practice.

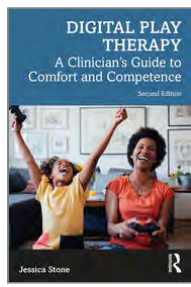
Routledge
October 2022:346
Hb: 978-1-032-19689-3: £140
Pb: 978-1-032-19687-9: £48.99
eBook: 978-1-003-26043-1

* For full contents and more information, visit: www.routledge.com/9781032196879

2ND EDITION

Digital Play Therapy

A Clinician's Guide to Comfort and Competence



Jessica Stone

The updated Digital Play Therapy focuses on the responsible integration of technology into play therapy during and after the COVID-19 pandemic. This book incorporates therapist fundamentals, play therapy tenets, and practical information for the responsible integration of digital tools into play therapy treatment. All chapters have been updated, and new chapters discuss strategies for using teletherapy effectively during and beyond the pandemic. The text provides a solid grounding both for clinicians who are brand new to the incorporation of digital tools as well as to those who have already begun to witness digital play therapy's power.

Routledge
December 2021:268
Hb: 978-0-367-75554-6: £130
Pb: 978-0-367-75553-9: £31.99
eBook: 978-1-003-16650-4

* For full contents and more information, visit: www.routledge.com/9780367755539

Jungian Counseling and Play Therapy

Classical Theory for the Digital Age



Rachel McRoberts

Jungian Counseling and Play Therapy is a textbook for graduate-level counseling students and supervisees. It is both an introduction to Jung's theory and a practical guide to Jungian-informed practice. This is an ideal text for a psychodynamic theory, or methods class, or to support counseling students and supervisors becoming interested in, or familiar with, the work of Carl Jung.

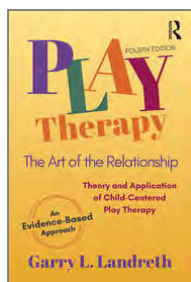
Routledge
September 2024:226
Hb: 978-1-032-55988-9: £130
Pb: 978-1-032-55983-4: £38.99

* For full contents and more information, visit: www.routledge.com/9781032559834

4TH EDITION

Play Therapy

The Art of the Relationship



Garry L. Landreth

This is the latest edition of Garry Landreth's comprehensive text on creating therapeutic relationships with children through play. This new edition offers essential help to play therapists who respond to sensitive issues at every stage of the therapeutic process.

Routledge
July 2023:480
Hb: 978-1-032-18697-9: £150
Pb: 978-1-032-18695-5: £48.99
eBook: 978-1-003-25579-6

* For full contents and more information, visit: www.routledge.com/9781032186955

Play Therapy Supervision

A Practical Guide to Models and Best Practices



Edited by **Staci L. Born, Casey E. Baker**

Play therapy is one of the fastest-growing specialty areas in mental health. Understanding the skills, knowledge, and strategies that make play therapy supervision effective is essential in supporting the integrity and needs of a thriving field. Useful for novice and experienced supervisors, this book describes best practices in supervision and contemporary topics for building an effective play therapy supervision practice.

Routledge
December 2022:266
Hb: 978-1-032-05047-8: £120
Pb: 978-1-032-05046-1: £34.99
eBook: 978-1-003-19607-5

* For full contents and more information, visit: www.routledge.com/9781032050461

Play Therapy Treatment Planning with Children and Families

A Guide for Mental Health Professionals



Edited by **Lynn Louise Wonders, Mary L. Affee**

Play Therapy Treatment Planning with Children and Families is a comprehensive guide that provides an integrative and prescriptive approach to creating customized treatment plans. It's an excellent textbook for graduate programs in social work, counseling, and family therapy and an invaluable guide for practicing clinicians in all settings.

Routledge
March 2024:280
Hb: 978-1-032-36364-6: £130
Pb: 978-1-032-36362-2: £29.99
eBook: 978-1-003-33423-1

* For full contents and more information, visit: www.routledge.com/9781032363622

Polyvagal Power in the Playroom

A Guide for Play Therapists



Edited by **Paris Goodyear-Brown, Lorri A. Yasenik**

Polyvagal Power in the Playroom shows therapists how to treat children using play therapy to address the hierarchy of autonomic states. What do children need and how do play therapists purposefully use the principles of play to increase the feeling states of safety and regulation? Child and play therapists will come away from Polyvagal Power in the Playroom with the tools they need to help children and their caregivers achieve deeper levels of safety and connection.

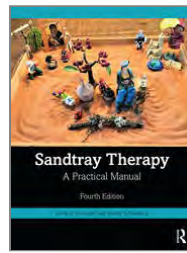
Routledge
March 2024:282
Hb: 978-1-032-39372-8: £130
Pb: 978-1-032-39366-7: £26.99
eBook: 978-1-003-35297-6

* For full contents and more information, visit: www.routledge.com/9781032393667

4TH EDITION

Sandtray Therapy

A Practical Manual



Linda E. Homeyer, Daniel S. Sweeney

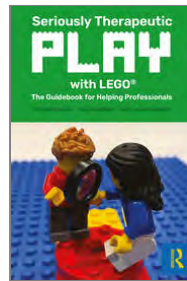
Sandtray Therapy is an essential book for professionals and students interested in incorporating this unique modality into work with clients of all ages. The fourth edition includes important discussion of the neurobiological aspects of trauma and sandtray therapy, further exploration of sandtray therapy in the context of the DSM-5, and a renewed review of the sandtray therapy literature. Readers will find that the book is still replete with handouts, images, examples, and resources. The authors' six-step protocol guides beginners through a typical session, including room setup, creation and processing of the sandtray, cleanup, post-session documentation, and much more.

Routledge
August 2022:218
Hb: 978-1-032-11756-0: £130
Pb: 978-1-032-11755-3: £31.99
eBook: 978-1-003-22141-8

* For full contents and more information, visit: www.routledge.com/9781032117553

Seriously Therapeutic Play with LEGO®

The Guidebook for Helping Professionals



Kristen Klassen, Alec Hamilton, Mary Anne Peabody

LEGO® bricks are a staple in many child and play therapists' offices, and Seriously Therapeutic Play with LEGO® shows therapists and counselors how to integrate LEGO® in a therapeutically valuable way. Though based in current research, Seriously Therapeutic Play with LEGO® is designed for psychologists, social workers, school counselors, occupational therapists, clinical educators and supervisors, coaches, support workers, and other health care providers across the lifespan who wish to use play therapeutically.

Routledge
December 2023:238
Hb: 978-1-032-19692-3: £130
Pb: 978-1-032-19693-0: £28.99
eBook: 978-1-003-26042-4

* For full contents and more information, visit: www.routledge.com/9781032196930

The Guide to Play Therapy Documentation and Parent Consultation



Linda E. Homeyer, Mary Morrison Bennett

The Guide to Play Therapy Documentation and Parent Consultation guides play therapists through the case-documentation process, from the initial inquiry for services through intake session, diagnosis, treatment planning, session notes, and termination summary. The book also includes a thorough discussion of ways to structure parent consultations to facilitate the therapeutic process. Expansive appendices provide many case examples and tips to explain and demonstrate documentation, and the authors provide form templates in the text and on the book's website.

Routledge
March 2023:256
Hb: 978-1-032-19345-8: £120
Pb: 978-1-032-19342-7: £28.99
eBook: 978-1-003-25876-6

* For full contents and more information, visit: www.routledge.com/9781032193427

Advanced Play Therapy

Essential Conditions, Knowledge, and Skills for Child Practice



Dee Ray

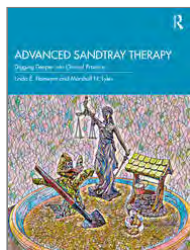
This text presents to students and practitioners of play therapy with a resource that addresses topics beyond the training level. It provides advanced knowledge on the three main areas of play, child development, and play therapy and integrates them to help the play therapist gain a holistic understanding of how play therapy works. The author also presents original operational functions for play therapy tasks that she has developed and refined during her years of experience to provide play therapists with step-by-step methods to use in their own practices.

Routledge
December 2021:352
Hb: 978-0-415-88604-8: £130
Pb: 978-1-032-23755-8: £35.99
eBook: 978-0-203-83726-9

* For full contents and more information, visit: www.routledge.com/9781032237558

Advanced Sandtray Therapy

Digging Deeper into Clinical Practice



Linda E. Homeyer, Marshall N. Lyles

Advanced Sandtray Therapy deepens mental health professionals' abilities to understand and apply sandtray therapy. Chapters show readers how to integrate clinical theory with sand work, resulting in more focused therapeutic work. Using practical basics as building blocks, the book takes a detailed look at the ins and outs of work with attachment and trauma, showing therapists how to work through the sequence of treatment while also taking into account clients' trauma and attachment issues. This text is vital for any clinician interested in adding sandtray therapy to their existing work with clients as well as students in graduate programs for the mental health professions.

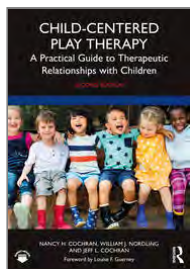
Routledge
September 2021:270
Hb: 978-0-367-55482-8: £130
Pb: 978-0-367-55481-1: £31.99
eBook: 978-1-003-09549-1

* For full contents and more information, visit: www.routledge.com/9780367554811

2ND EDITION

Child-Centered Play Therapy

A Practical Guide to Therapeutic Relationships with Children



Nancy H. Cochran, William J. Nordling, Jeff L. Cochran

Designed for professionals adding play therapy to their practices as well as for graduate students, the second edition of Child-Centered Play Therapy is comprehensive, engaging, and practical. Endorsed by Louise Guerney, a founding child-centered play therapy figure who developed the skills-based methods covered in this book, Child-Centered Play Therapy comprehensively and realistically introduces practitioners to the child-centered approach to play therapy and addresses how to incorporate the approach into schools, agencies, or private practice.

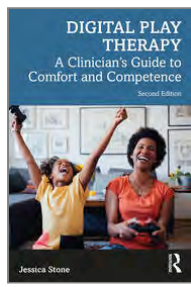
Routledge
October 2022:346
Hb: 978-1-032-19689-3: £140
Pb: 978-1-032-19687-9: £48.99
eBook: 978-1-003-26043-1

* For full contents and more information, visit: www.routledge.com/9781032196879

2ND EDITION

Digital Play Therapy

A Clinician's Guide to Comfort and Competence



Jessica Stone

The updated Digital Play Therapy focuses on the responsible integration of technology into play therapy during and after the COVID-19 pandemic. This book incorporates therapist fundamentals, play therapy tenets, and practical information for the responsible integration of digital tools into play therapy treatment. All chapters have been updated, and new chapters discuss strategies for using teletherapy effectively during and beyond the pandemic. The text provides a solid grounding both for clinicians who are brand new to the incorporation of digital tools as well as to those who have already begun to witness digital play therapy's power.

Routledge
December 2021:268
Hb: 978-0-367-75554-6: £130
Pb: 978-0-367-75553-9: £31.99
eBook: 978-1-003-16650-4

* For full contents and more information, visit: www.routledge.com/9780367755539

Jungian Counseling and Play Therapy

Classical Theory for the Digital Age



Rachel McRoberts

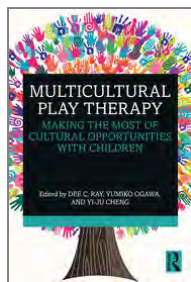
Jungian Counseling and Play Therapy is a textbook for graduate-level counseling students and supervisees. It is both an introduction to Jung's theory and a practical guide to Jungian-informed practice. This is an ideal text for a psychodynamic theory, or methods class, or to support counseling students and supervisors becoming interested in, or familiar with, the work of Carl Jung.

Routledge
September 2024:226
Hb: 978-1-032-55988-9: £130
Pb: 978-1-032-55983-4: £38.99

* For full contents and more information, visit: www.routledge.com/9781032559834

Multicultural Play Therapy

Making the Most of Cultural Opportunities with Children



Edited by **Dee C. Ray, Yumiko Ogawa, Yi-Ju Cheng**

Multicultural Play Therapy fills a wide gap in the play therapy literature. Each chapter helps expand play therapists' cultural awareness, humility, and competence so they can work more effectively with children of diverse cultures, races, and belief systems. The unique perspectives presented here provide play therapists and advanced students with concrete information on how to broach issues of culture in play therapy sessions, parent consultations, and in the play therapy field at large.

Routledge
May 2022:348
Hb: 978-1-032-03854-4: £130
Pb: 978-1-032-03853-7: £31.99
eBook: 978-1-003-19007-3

* For full contents and more information, visit: www.routledge.com/9781032038537

Nature-Based Play and Expressive Therapies

Interventions for Working with Children, Teens, and Families



Edited by **Janet A. Courtney, Jamie Lynn Langley, Lynn Louise Wonders, Rosalind Heiko, Rose LaPiere**

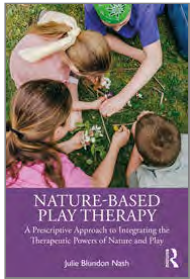
This book addresses a wide range of healing modalities that can be used in both indoor and outdoor environments. Each chapter includes case studies to support the interventions and approaches presented. Readers will find a diverse array of topics explored, including tips for creating outdoor healing gardens and labyrinths, guidelines for using nature for self-care, working with sandplay and storytelling in nature, adapting nature-based interventions via telehealth, and much more. Chapters focus on work in individual settings as well as work with families and groups, making this an important read for a wide range of mental health professionals.

Routledge
March 2022:284
Hb: 978-0-367-71269-3: **£130**
Pb: 978-0-367-71267-9: **£31.99**
eBook: 978-1-003-15276-7

* For full contents and more information, visit: www.routledge.com/9780367712679

Nature-Based Play Therapy

A Prescriptive Approach to Integrating the Therapeutic Powers of Nature and Play



Julie Blundon Nash

Nature-Based Play Therapy brings a theoretical basis to arguments for including nature in play therapy and provides tools for that inclusion with a prescriptive model. In these chapters, play therapists are introduced to the histories of nature and play across cultures and cultural expectations and are then guided into an understanding of how nature and play intersect with current trends in society and psychotherapy. Nature-Based Play Therapy is an excellent introduction to a vital and growing area of the field, one that gives a well-rounded summary to a theoretically based model of treatment.

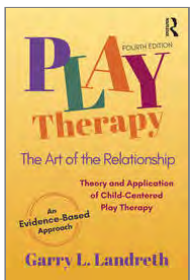
Routledge
November 2023:180
Hb: 978-1-032-36060-7: **£120**
Pb: 978-1-032-36058-4: **£28.99**
eBook: 978-1-003-33234-3

* For full contents and more information, visit: www.routledge.com/9781032360584

4TH EDITION

Play Therapy

The Art of the Relationship



Garry L. Landreth

This is the latest edition of Garry Landreth's comprehensive text on creating therapeutic relationships with children through play. This new edition offers essential help to play therapists who respond to sensitive issues at every stage of the therapeutic process.

Routledge
July 2023:480
Hb: 978-1-032-18697-9: **£150**
Pb: 978-1-032-18695-5: **£48.99**
eBook: 978-1-003-25579-6

* For full contents and more information, visit: www.routledge.com/9781032186955

Play Therapy Supervision

A Practical Guide to Models and Best Practices



Edited by **Staci L. Born, Casey E. Baker**

Play therapy is one of the fastest-growing specialty areas in mental health. Understanding the skills, knowledge, and strategies that make play therapy supervision effective is essential in supporting the integrity and needs of a thriving field. Useful for novice and experienced supervisors, this book describes best practices in supervision and contemporary topics for building an effective play therapy supervision practice.

Routledge
December 2022:266
Hb: 978-1-032-05047-8: **£120**
Pb: 978-1-032-05046-1: **£34.99**
eBook: 978-1-003-19607-5

* For full contents and more information, visit: www.routledge.com/9781032050461

Play Therapy Treatment Planning with Children and Families

A Guide for Mental Health Professionals



Edited by **Lynn Louise Wonders, Mary L. Affee**

Play Therapy Treatment Planning with Children and Families is a comprehensive guide that provides an integrative and prescriptive approach to creating customized treatment plans. It's an excellent textbook for graduate programs in social work, counseling, and family therapy and an invaluable guide for practicing clinicians in all settings.

Routledge
March 2024:280
Hb: 978-1-032-36364-6: **£130**
Pb: 978-1-032-36362-2: **£29.99**
eBook: 978-1-003-33423-1

* For full contents and more information, visit: www.routledge.com/9781032363622

Polyvagal Power in the Playroom

A Guide for Play Therapists



Edited by **Paris Goodyear-Brown, Lorri A. Yasenik**

Polyvagal Power in the Playroom shows therapists how to treat children using play therapy to address the hierarchy of autonomic states. What do children need and how do play therapists purposefully use the principles of play to increase the feeling states of safety and regulation? Child and play therapists will come away from Polyvagal Power in the Playroom with the tools they need to help children and their caregivers achieve deeper levels of safety and connection.

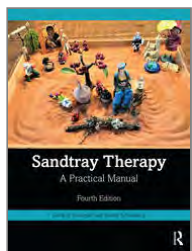
Routledge
March 2024:282
Hb: 978-1-032-39372-8: **£130**
Pb: 978-1-032-39366-7: **£26.99**
eBook: 978-1-003-35297-6

* For full contents and more information, visit: www.routledge.com/9781032393667

4TH EDITION

Sandtray Therapy

A Practical Manual

**Linda E. Homeyer, Daniel S. Sweeney**

Sandtray Therapy is an essential book for professionals and students interested in incorporating this unique modality into work with clients of all ages. The fourth edition includes important discussion of the neurobiological aspects of trauma and sandtray therapy, further exploration of sandtray therapy in the context of the DSM-5, and a renewed review of the sandtray therapy literature. Readers will find that the book is still replete with handouts, images, examples, and resources. The authors' six-step protocol guides beginners through a typical session, including room setup, creation and processing of the sandtray, cleanup, post-session documentation, and much more.

Routledge
August 2022:218
Hb: 978-1-032-11756-0: **£130**
Pb: 978-1-032-11755-3: **£31.99**
eBook: 978-1-003-22141-8

* For full contents and more information, visit: www.routledge.com/9781032117553

The Guide to Play Therapy Documentation and Parent Consultation

**Linda E. Homeyer, Mary Morrison Bennett**

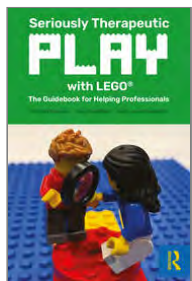
The Guide to Play Therapy Documentation and Parent Consultation guides play therapists through the case-documentation process, from the initial inquiry for services through intake session, diagnosis, treatment planning, session notes, and termination summary. The book also includes a thorough discussion of ways to structure parent consultations to facilitate the therapeutic process. Expansive appendices provide many case examples and tips to explain and demonstrate documentation, and the authors provide form templates in the text and on the book's website.

Routledge
March 2023:256
Hb: 978-1-032-19345-8: **£120**
Pb: 978-1-032-19342-7: **£28.99**
eBook: 978-1-003-25876-6

* For full contents and more information, visit: www.routledge.com/9781032193427

Seriously Therapeutic Play with LEGO®

The Guidebook for Helping Professionals

**Kristen Klassen, Alec Hamilton, Mary Anne Peabody**

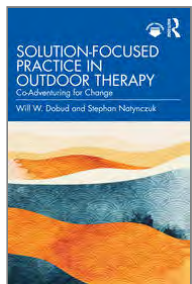
LEGO® bricks are a staple in many child and play therapists' offices, and Seriously Therapeutic Play with LEGO® shows therapists and counselors how to integrate LEGO® in a therapeutically valuable way. Though based in current research, Seriously Therapeutic Play with LEGO® is designed for psychologists, social workers, school counselors, occupational therapists, clinical educators and supervisors, coaches, support workers, and other health care providers across the lifespan who wish to use play therapeutically.

Routledge
December 2023:238
Hb: 978-1-032-19692-3: **£130**
Pb: 978-1-032-19693-0: **£28.99**
eBook: 978-1-003-26042-4

* For full contents and more information, visit: www.routledge.com/9781032196930

Solution-Focused Practice in Outdoor Therapy

Co-Adventuring for Change

**Will W. Dobud, Stephan Natynczuk**

This book presents a comprehensive model for working therapeutically with clients outdoors, with adventure, and in any outdoor setting—from a typical one-hour session to multi-day expeditions. Chapters lay out a robust and pragmatic model for opening the counseling room door using solution-focused methods. Dobud and Natynczuk bring together research on best practice in psychotherapy, monitoring therapeutic outcomes, safe and inclusive leadership, supervision, and self-care to present a robust framework for working therapeutically outdoors. Case vignettes are presented throughout the book, and a field manual is available for free download with purchase of the book.

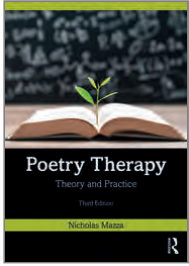
Routledge
September 2022:304
Hb: 978-1-032-10880-3: **£130**
Pb: 978-1-032-10881-0: **£31.99**
eBook: 978-1-003-21755-8

* For full contents and more information, visit: www.routledge.com/9781032108810

3RD EDITION

Poetry Therapy

Theory and Practice

**Nicholas Mazza**

In this third edition Dr. Mazza expands on poetry therapy applications and techniques, carefully illustrating the use of poems, expressive writing, and symbolic activities for healing. Building on the foundation of poetry therapy, chapters discuss using Mazza's poetry therapy model with individuals, families, and groups. The updated edition covers new research findings and methods and working with special populations such as minorities, those with disabilities, veterans, and the LGBTQ+ community. An invaluable resource for any practitioner, educator, or researcher interested in poetry therapy, bibliotherapy, writing, or the broader area of creative arts and expressive therapies.

Routledge

December 2021:282

Hb: 978-0-367-90106-6: £130

Pb: 978-0-367-90105-9: £34.99

eBook: 978-1-003-02264-0

* For full contents and more information, visit: www.routledge.com/9780367901059

Before You See Your First Client

55 Things Counselors, Therapists, and Human Service Workers Need to Know



Howard Rosenthal

Series: Routledge Mental Health Classic Editions

Before You See Your First Client begins where courses, workshops, training seminars, and textbooks leave off, providing a candid, behind-the-scenes look at the fields of therapy, counseling, and human services. The classic edition includes a new preface from the author reflecting on changes in counseling and in his own life during the last twenty years. In a reader-friendly and accessible style, Dr. Howard Rosenthal offers his readers 55 useful and practical ideas for the implementation, improvement, and expansion of one's mental health practice.

Routledge

August 2021:174

Hb: 978-0-367-76428-9: £130

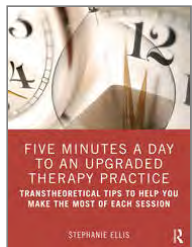
Pb: 978-0-367-76426-5: £24.99

eBook: 978-1-003-16904-8

* For full contents and more information, visit: www.routledge.com/9780367764265

Five Minutes a Day to an Upgraded Therapy Practice

Transtheoretical Tips to Help You Make the Most of Each Session



Stephanie Ellis

This text is a compilation of short, useful suggestions based on classic theory, current research, and wisdom gathered over fifteen years of clinical practice, supervision, and graduate teaching in psychology and counseling. Chapters include highly practical upgrades on standard therapy techniques and ideas for continual therapist development. The book is made up of ten sections, each with ten short chapters, each readable in under five minutes. It is an indispensable resource for practicing mental health clinicians, including counselors, clinical social workers, psychologists, and other helpers, as well as advanced students in counseling or similar graduate programs.

Routledge

August 2021:274

Hb: 978-0-367-63613-5: £130

Pb: 978-0-367-63614-2: £31.99

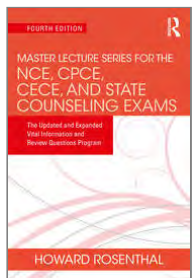
eBook: 978-1-003-12508-2

* For full contents and more information, visit: www.routledge.com/9780367636142

4TH EDITION

Master Lecture Series for the NCE, CPCE, CECE, and State Counseling Exams

The Updated and Expanded Vital Information and Review Questions Program



Unknown Author, Howard Rosenthal

The Master Lecture Series is a great standalone exam prep guide and the perfect companion to the Encyclopedia of Counseling and the Human Services Dictionary. The new edition includes updated and expanded lectures on every exam area and questions and answers on all major topics, including those frequently asked by users of Dr. Rosenthal's materials. The book includes a complete test anxiety prevention program, with hundreds of never-before published tiny test hints for effective micro-study sessions, exclusive memory devices, and the most advanced Super Review Boot Camp he has ever created.

Routledge

November 2023:494

Hb: 978-0-367-69955-0: £120

Pb: 978-0-367-69953-6: £39.99

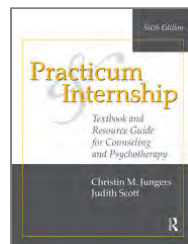
eBook: 978-1-003-14971-2

* For full contents and more information, visit: www.routledge.com/9780367699536

6TH EDITION

Practicum and Internship

Textbook and Resource Guide for Counseling and Psychotherapy



Christin M. Jungers, Judith Scott

Completely revised and updated, the sixth edition of Practicum and Internship is a practical resource that provides students and supervisors with thorough coverage of all stages and aspects of the practicum and internship process. With comprehensive information that spans across therapeutic approaches, concerns, and topics, this remains an essential foundational text for counseling and psychotherapy students and their supervisors.

Routledge

June 2019:358

Hb: 978-1-138-49261-5: £160

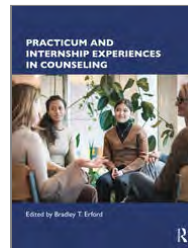
Pb: 978-1-138-49260-8: £56.99

eBook: 978-0-429-50630-7

* For full contents and more information, visit: www.routledge.com/9781138492608

Practicum and Internship Experiences in Counseling

Edited by Bradley T. Erford



This ready-to-use resource provides the practical information and hands-on skills interns and practicum students need to successfully complete their clinical experiences and join the counseling profession with confidence. Designed to accompany students as they advance through practicum and internship, Practicum and Internship Experiences in Counseling helps bridge the gap from theory to practice. It covers the day-to-day elements of practice in agencies and schools that are often missing from the theory-based courses. This book orients clinical students to the field while providing them with the day-to-day skills they need to thrive.

Routledge

March 2023:388

Hb: 978-1-032-30487-8: £140

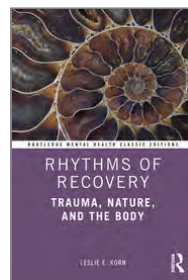
Pb: 978-1-032-30486-1: £46.99

eBook: 978-1-003-30552-1

* For full contents and more information, visit: www.routledge.com/9781032304861

Rhythms of Recovery

Trauma, Nature, and the Body



Leslie E. Korn

Series: Routledge Mental Health Classic Editions

Rhythms of Recovery provides clinicians with effective, time-tested tools for alleviating the destabilizing effects of traumatic events. For practitioners and students interested in integrating the insights of complementary/alternative medicine and 21st-century science, this deeply appealing book is an ideal guide. The classic edition includes a new preface from the author reflecting on changes in the field since the book's initial publication. Rhythms of Recovery also provides 10 continuing education units through the Massachusetts Mental Health Counselor Education Home study program (exam required): <http://www.mamhca.org/lmhcs/home-study-program/>

Routledge

September 2021:340

Hb: 978-0-367-77365-6: £130

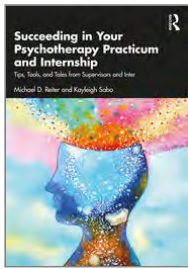
Pb: 978-0-367-77361-8: £24.99

eBook: 978-1-003-17151-5

* For full contents and more information, visit: www.routledge.com/9780367773618

Succeeding in Your Psychotherapy Practicum and Internship

Tips, Tools, and Tales from Supervisors and Interns



Michael D. Reiter, Kayleigh Sabo

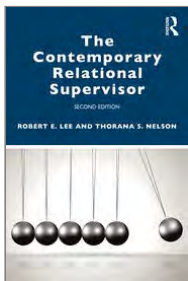
Succeeding in Your Psychotherapy Practicum and Internship is a book about what students can often expect from their psychotherapy internship and how they can make the most of their experience. The book is written from two perspectives—one, that of a seasoned therapist, professor, and supervisor of therapy, and two, the perspective of a registered intern therapist who just went through the internship process.

Routledge
June 2024:264
Hb: 978-1-032-55992-6: £150
Pb: 978-1-032-55990-2: £48.99

* For full contents and more information, visit: www.routledge.com/9781032559902

2ND EDITION

The Contemporary Relational Supervisor 2nd edition



Robert E. Lee, Thorana S. Nelson

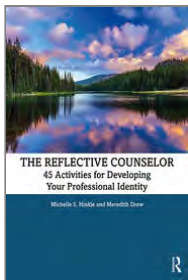
The Contemporary Relational Supervisor 2nd edition is an empirically based, academically sophisticated, and learner-friendly text on the cutting edge of couple and family therapy supervision. The book is intended for developing and experienced clinicians and supervisors intent on acquiring up-to-date and forward-looking, systemic, CFT supervisory mastery.

Routledge
August 2021:292
Hb: 978-0-367-56898-6: £130
Pb: 978-0-367-56896-2: £31.99
eBook: 978-1-003-09983-3

* For full contents and more information, visit: www.routledge.com/9780367568962

The Reflective Counselor

45 Activities for Developing Your Professional Identity



Michelle S. Hinkle, Meredith Drew

This practical workbook contains 45 experiential and creative activities intentionally created to facilitate counselor professional identity development. With chapters focusing on areas including counselor wellness, self-growth, personal and professional values, multicultural awareness, research and assessment, and more, The Reflective Counselor is an essential resource for counseling graduate students, supervisees, and new professionals alike.

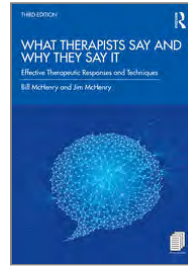
Routledge
February 2020:340
Hb: 978-0-367-18296-0: £110
Pb: 978-0-367-18297-7: £32.99
eBook: 978-0-429-20365-7

* For full contents and more information, visit: www.routledge.com/9780367182977

3RD EDITION

What Therapists Say and Why They Say It

Effective Therapeutic Responses and Techniques



Bill McHenry, Jim McHenry

What Therapists Say and Why They Say It, 3rd edition, is one of the most practical and flexible textbooks available to counseling students. The new edition includes more than one hundred techniques and more than a thousand specific therapeutic responses that elucidate not just why but how to practice good therapy. Designed specifically for use as a main textbook, the book is also arranged to help students make clear connections between the skills they learn in pre-practicum, practicum and internship with other courses in the curriculum—especially the 8 core CACREP areas.

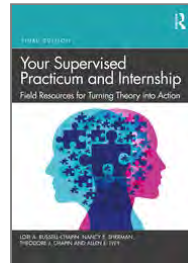
Routledge
July 2020:232
Hb: 978-0-367-35531-9: £130
Pb: 978-0-367-35530-2: £39.99
eBook: 978-0-429-34199-1

* For full contents and more information, visit: www.routledge.com/9780367355302

3RD EDITION

Your Supervised Practicum and Internship

Field Resources for Turning Theory into Action



Lori A. Russell-Chapin, Nancy E. Sherman, Theodore J. Chapin, Allen E. Ivey

Your Supervised Practicum and Internship is a complete, up-to-date guide to everything a graduate student in the helping professions needs for a successful practicum, internship, or field experience. It takes the practical and holistic approach that students need to understand what really goes on in agencies and schools, providing evidence-based advice and solutions for the many challenges the field experience presents.

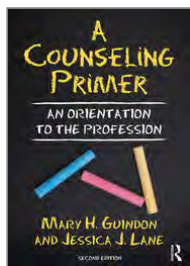
Routledge
December 2022:268
Hb: 978-1-032-17014-5: £140
Pb: 978-1-032-17013-8: £52.99
eBook: 978-1-003-25164-4

* For full contents and more information, visit: www.routledge.com/9781032170138

2ND EDITION

A Counseling Primer

An Orientation to the Profession



Mary H. Guindon, Jessica J. Lane

A Counseling Primer, 2nd ed, provides succinct, to-the-point, and user friendly facts without sacrificing the basic knowledge students need. Updated and aligned with 2016 CACREP standards' eight core areas, it adds information about each of the seven entry-level specialty areas, including school counseling, career counseling, addictions counseling. Each chapter contains useful features to enhance the learning experience, including case examples and discussion questions, and a variety of online resources are available for instructor and student download.

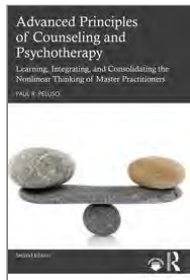
Routledge
September 2019:384
Hb: 978-1-138-33958-3: £130
Pb: 978-1-138-33961-3: £48.99
eBook: 978-0-429-43603-1

* For full contents and more information, visit: www.routledge.com/9781138339613

2ND EDITION

Advanced Principles of Counseling and Psychotherapy

Learning, Integrating, and Consolidating the Nonlinear Thinking of Master Practitioners



Paul R. Peluso

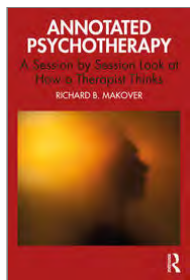
The second edition of Advanced Principles of Counseling and Psychotherapy covers advanced helping-skills topics, including inductive reasoning, Socratic questioning, and creatively creating second-order change. Chapters explore strategies for using paradoxical interventions, including the use of humor, and working with double binds. Professors and students alike will find that Advanced Principles of Counseling and Psychotherapy, 2nd ed, is not just a guide to training; it provides an in-depth understanding of material covered in introductory courses and supplements the material students will cover in practicum and internship.

Routledge
September 2022:258
Hb: 978-0-367-53859-0: £130
Pb: 978-0-367-53858-3: £31.99
eBook: 978-1-003-08840-0

* For full contents and more information, visit: www.routledge.com/9780367538583

Annotated Psychotherapy

A Session by Session Look at How a Therapist Thinks



Richard B. Makover

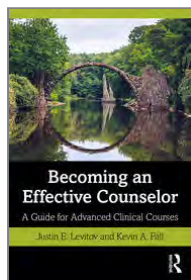
Annotated Psychotherapy demonstrates how an experienced psychotherapist develops and carries out the right treatment plan through interactions with the patient or client. In these pages, clinicians will find an explanation of everything the therapist says to patients or clients: why they say it, what they intend it to do, how it fits in with the treatment plan for that person, and, importantly, what might have been said that would be better.

Routledge
August 2023:370
Hb: 978-1-032-39847-1: £120
Pb: 978-1-032-39844-0: £29.99
eBook: 978-1-003-35300-3

* For full contents and more information, visit: www.routledge.com/9781032398440

Becoming an Effective Counselor

A Guide for Advanced Clinical Courses



Justin E. Levitov, Kevin A. Fall

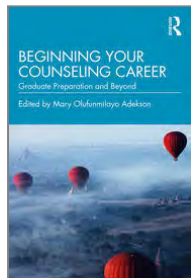
Becoming an Effective Counselor is a textbook for advanced clinical courses that guides counselors in training through the most challenging phases of their academic preparation. Chapters blend skills-based content, real-world student examples, and opportunities for personal reflection to help students navigate some of the most difficult aspects of clinical counseling. Written by authors with over fifty years of combined counseling experience, this volume prepares aspiring counselors to assess their progress, remediate deficiencies, and deepen their existing skills in a way that is attentive to both core counseling skills and counselors' internal processes.

Routledge
June 2019:260
Hb: 978-0-815-39511-9: £130
Pb: 978-0-815-39512-6: £38.99
eBook: 978-1-351-13359-3

* For full contents and more information, visit: www.routledge.com/9780815395126

Beginning Your Counseling Career

Graduate Preparation and Beyond



Edited by Mary Olufunmilayo Adekson

Beginning Your Counseling Career is designed for students taking preliminary courses in counseling, as well as practicum and internship classes, at the masters and doctoral levels. It provides a comprehensive overview of the counseling profession and equips students with the clinical and administrative skills they'll need to broaden their focus on professional development. Chapters cover topics rarely covered in counseling texts, including the challenges of starting and completing masters level training, writing etiquette for doctoral students, proposing and completing a dissertation, and more.

Routledge
February 2020:312
Hb: 978-1-138-60914-3: £130
Pb: 978-1-138-60916-7: £38.99
eBook: 978-0-429-45635-0

* For full contents and more information, visit: www.routledge.com/9781138609167

Helping Skills for Counselors and Health Professionals

Building Culturally Competent Relationships



Stephanie S. J. Dracar, Kathryn C. MacCluskie, Dakota King-White

Helping Skills for Counselors and Health Professionals provides a model of foundational helping skills that is grounded in a multicultural framework. Chapters explicitly examine implicit bias and the role of culture and systems of oppression and marginalization within the lives of both individuals and communities. The text also uses ecological systems theory to assist readers in conceptualizing the ways in which culture influences communication styles, perceptions of professional helpers, and individual needs. Readers will be introduced to concepts that increase awareness of micro and macro-level influences on helping skills, communication, and the patient's life.

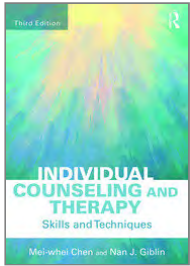
Routledge
July 2023:256
Hb: 978-1-032-10885-8: £120
Pb: 978-1-032-10884-1: £42.99
eBook: 978-1-003-21758-9

* For full contents and more information, visit: www.routledge.com/9781032108841

3RD EDITION

Individual Counseling and Therapy

Skills and Techniques

**Mei-wei Chen, Nan J. Giblin**

Individual Counseling and Therapy, 3rd edition, integrates theory and practice with real-life case examples and dialogues that demystify the counseling process. Students in counseling courses will learn how to use winning skills and techniques tailored to serve clients—from intake to problem exploration, awareness raising, problem resolution, and termination. Students have much to gain from the text's depth, insights, candor, and practicality—and less to be befuddled by while they develop their therapeutic voice. PowerPoints, chapter test questions, and an instructor's manual are available for download.

Routledge

November 2017:316

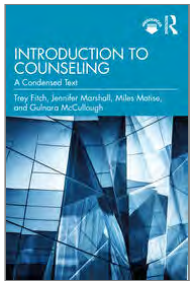
Hb: 978-0-415-41520-0: **£130**Pb: 978-0-415-41733-4: **£69.99**

eBook: 978-1-315-19765-4

* For full contents and more information, visit: www.routledge.com/9780415417334

Introduction to Counseling

A Condensed Text

**Trey Fitch, Jennifer Marshall, Miles Matise, Gulnara McCullough**

This CACREP aligned text outlines core concepts of the counseling profession alongside hundreds of practical study questions and case studies for students and professors. Written in a readable, concise format designed for adult learners, Introduction to Counseling is an essential resource that counseling students will want to keep long after graduation.

Routledge

July 2020:254

Hb: 978-0-367-42309-4: **£130**Pb: 978-0-367-42312-4: **£38.99**

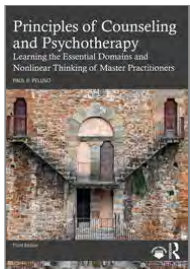
eBook: 978-0-367-85549-9

* For full contents and more information, visit: www.routledge.com/9780367423124

3RD EDITION

Principles of Counseling and Psychotherapy

Learning the Essential Domains and Nonlinear Thinking of Master Practitioners

**Paul R. Peluso**

Principles of Counseling and Psychotherapy, 3rd ed, helps students in introductory counseling courses prepare for practice with real clients by learning to think in a new way, rather than simply learning and using a set of steps. New sections focused on the use of mental models, theory of mind, and concrete strategies for intervention are specifically designed to engage the reader's natural nonlinear thinking, and transcript material both from cases and from master therapists themselves are interwoven throughout the text.

Routledge

September 2022:442

Hb: 978-0-367-53861-3: **£130**Pb: 978-0-367-53860-6: **£56.99**

eBook: 978-1-003-08839-4

* For full contents and more information, visit: www.routledge.com/9780367538606

2ND EDITION

Professional Counseling Excellence through Leadership and Advocacy

*Edited by* **Catherine Y. Chang, Casey A. Barrio Minton**

This new edition provides readers with the knowledge, skills, and qualities to succeed as leaders and advocates throughout their careers. Edited by leaders in counselor education and endorsed by Chi Sigma Iota, this text places leadership and advocacy in a historical context while strengthening the foundational knowledge and skills counselors need. The book is designed for counselor educators and supervisors and doctoral-level counselor education students who are studying leadership and advocacy as one of five core areas within the 2016 CACREP standards and for master's level students and practitioners who are growing their leadership and advocacy skills.

Routledge

November 2021:384

Hb: 978-0-367-49455-1: **£130**Pb: 978-0-367-49456-8: **£31.99**

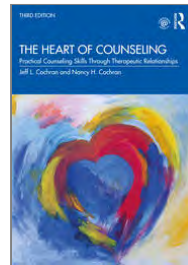
eBook: 978-1-003-04905-0

* For full contents and more information, visit: www.routledge.com/9780367494568

3RD EDITION

The Heart of Counseling

Practical Counseling Skills Through Therapeutic Relationships, 3rd ed

**Jeff L. Cochran, Nancy H. Cochran**

Now in its third edition, The Heart of Counseling is a key resource helping students to understand the importance of therapeutic relationships and to develop the qualities that make the therapeutic relationships they build with clients the foundation of healing. Student learning ranges from therapeutic listening and empathy to structuring sessions, from explaining counseling to clients and caregivers to providing wrap-around services, and ultimately to experiencing therapeutic relationships as the foundation of professional and personal growth.

Routledge

August 2020:400

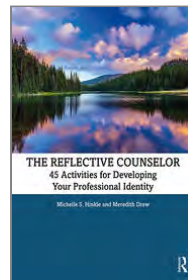
Hb: 978-0-367-33511-3: **£180**Pb: 978-0-367-34370-5: **£74.99**

eBook: 978-0-429-32031-6

* For full contents and more information, visit: www.routledge.com/9780367343705

The Reflective Counselor

45 Activities for Developing Your Professional Identity

**Michelle S. Hinkle, Meredith Drew**

This practical workbook contains 45 experiential and creative activities intentionally created to facilitate counselor professional identity development. With chapters focusing on areas including counselor wellness, self-growth, personal and professional values, multicultural awareness, research and assessment, and more, The Reflective Counselor is an essential resource for counseling graduate students, supervisees, and new professionals alike.

Routledge

February 2020:340

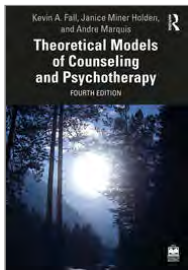
Hb: 978-0-367-18296-0: **£110**Pb: 978-0-367-18297-7: **£32.99**

eBook: 978-0-429-20365-7

* For full contents and more information, visit: www.routledge.com/9780367182977

4TH EDITION

Theoretical Models of Counseling and Psychotherapy



Kevin A. Fall, Janice Miner Holden, Andre Marquis

The fourth edition of *Theoretical Models of Counseling and Psychotherapy* provides a comprehensive overview of a variety of major counseling theories and focuses on the integration of different theoretical models. With new information on multiculturalism, diversity, the book offers a detailed description of the philosophical basis for each theory as well as historical context and biographical information on each theory's founder. Available for free download for each chapter: PowerPoint slides and a testbank of 25 multiple-choice questions.

Routledge

April 2023:574

Hb: 978-1-032-03852-0: £170

Pb: 978-1-032-03848-3: £59.99

eBook: 978-1-003-18977-0

* For full contents and more information, visit: www.routledge.com/9781032038483

2ND EDITION

Therapeutic Interviewing

Essential Skills and Contexts of Counseling



Michael D. Reiter

This newly updated introductory textbook is designed to help students of psychotherapy and counseling build the foundational strategies and tools essential for engaging clients in a therapeutic interview. In this second edition, Michael D. Reiter interweaves a new framework, the Issue Cycle, to help students build a foundational template for engaging clients regardless of therapeutic model. Practical and accessible, this textbook shall be essential reading for students of psychotherapy and counseling, as well as training family therapists, social workers, and other mental health professionals.

Routledge

February 2022:414

Hb: 978-1-032-05067-6: £130

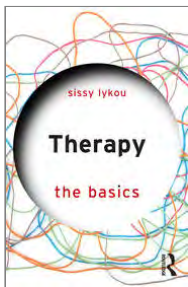
Pb: 978-1-032-05066-9: £39.99

eBook: 978-1-003-19583-2

* For full contents and more information, visit: www.routledge.com/9781032050669

Therapy

The Basics



sissy lykou

Series: The Basics

Therapy: The Basics is an introductory book to psychotherapy and its different theoretical approaches. It attempts to demystify and de-stigmatise therapy by answering some common questions posed by prospective clients. This book is essential reading for trainees, a useful reference for qualified therapists who want to deepen their knowledge, a supporting resource for prospective psychotherapy clients, and a companion for readers who simply want to expand their horizons.

Routledge

July 2024:224

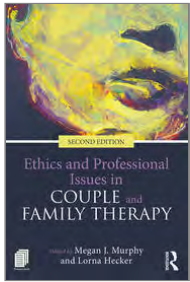
Hb: 978-0-367-42470-1: £130

Pb: 978-0-367-42472-5: £16.99

* For full contents and more information, visit: www.routledge.com/9780367424725

2ND EDITION

Ethics and Professional Issues in Couple and Family Therapy



Edited by **Megan J. Murphy, Lorna Hecker**

Ethics and Professional Issues in Couple and Family Therapy, Second Edition addresses the 2015 AAMFT Code of Ethics as well as other professional organizations' codes of ethics, and includes three new chapters: one on in-home family therapy, a common method of providing therapy to clients, particularly those involved with child protective services; one chapter on HIPAA and HITECH Regulations; and one chapter on professional issues, in which topics such as advertising, professional identity, supervision, and research ethics are addressed. This book is intended as a training text for students studying to be marriage and family therapists.

Routledge

October 2016:336

Hb: 978-1-138-64525-7: **£200**

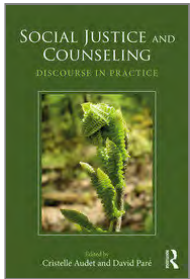
Pb: 978-1-138-64526-4: **£59.99**

eBook: 978-1-315-62824-0

* For full contents and more information, visit: www.routledge.com/9781138645264

Social Justice and Counseling

Discourse in Practice



Edited by **Cristelle Audet, David Paré**

Social Justice and Counseling represents the intersection between therapy, counseling, and social justice. The international roster of contributors demonstrate how social justice unfolds in conversations that attend to social inequities, power imbalances, systemic discrimination, and more. Beginning with an interrogation of the concept of social justice, subsequent sections cover training and supervising from a social justice perspective, accessing local knowledge to privilege client voices, justice and gender, and anti-pathologizing and the politics of practice. Each chapter concludes with reflection questions for readers to engage experientially in what authors have offered.

Routledge

December 2017:282

Hb: 978-1-138-80314-5: **£130**

Pb: 978-1-138-80313-8: **£42.99**

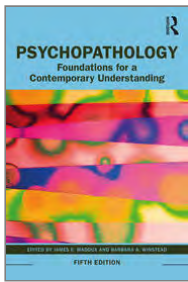
eBook: 978-1-315-75375-1

* For full contents and more information, visit: www.routledge.com/9781138803138

5TH EDITION

Psychopathology

Foundations for a Contemporary Understanding



Edited by **James E Maddux, Barbara A Winstead, James E. Maddux, Barbara A. Winstead**

The fifth edition of *Psychopathology* is the most up-to-date text about the etiology and treatment of the most important psychological disorders. As with the previous editions, this 5th edition will remain a true textbook in psychopathology. Unlike the many weighty volumes that are intended as reference books, (but alternatively used as textbooks), this book is written for first-year graduate students in clinical psychology, counseling psychology, and related programs. The authors have incorporated information about and from the World Health Organization's International Classification of Diseases into chapters along with information about and from the DSM.

Routledge

August 2019: 578

Pb: 978-0-367-08580-3: **£52.99**

eBook: 978-0-429-02826-7

* For full contents and more information, visit: www.routledge.com/9780367085803

3RD EDITION

Drugs, the Brain, and Behavior

The Pharmacology of Therapeutics and Drug Use Disorders



John Brick

This third edition of *Drugs, the Brain, and Behavior* provides a comprehensive overview of the brain and explores the clinical and pharmacological issues surrounding drug abuse and dependence. *Drugs, the Brain, and Behavior* is an invaluable resource for students in the field, nurses, psychologists, counsellors, physicians, and other health care professionals.

Routledge

March 2024: 324

Hb: 978-1-032-42040-0: £130

Pb: 978-1-032-41978-7: £39.99

eBook: 978-1-003-36094-0

* For full contents and more information, visit: www.routledge.com/9781032419787

Making Research Relevant

Applied Research Designs for the Mental Health Practitioner



Edited by **Kelly L. Wester, Carrie A. Wachter Morris**

This is the ideal core textbook for master's level Introduction to Research Methods courses in mental health. It is designed to help trainees and practitioners understand and apply research to clinical practice and work with students and clients. The text covers foundational concepts like research ethics and how to best consume research, as well as eleven applied, evaluative, and outcome-based research methods. Easy-to-read chapters are infused with case examples from diverse settings and paired with brief video lectures, which provide vignettes to guide application and visual components that demonstrate how research methods can benefit practitioners in real-world scenarios.

Routledge

June 2018:248

Hb: 978-1-138-63211-0: **£145**

Pb: 978-1-138-63214-1: **£51.99**

eBook: 978-1-315-17935-3

* For **full contents** and more information, visit: www.routledge.com/9781138632141

Reimagining Research

Engaging Data, Research, and Program Evaluation in Social Justice Counseling



Edited by **Trevor J. Buser, Sandy Gibson**

Reimagining Research centers antiracist research practices and showcases real-world research in counseling practice. The book focuses on the research competencies that matter most to counselors, with each chapter co-authored by practicing counselors and counselor educators. Each chapter reflects diversity in authorship and opens with a "potential for practice" case study that illustrates a research-related challenge in the practice of counseling. Chapters close with attention to resources that are readily available for counselors who want to implement these practices, such as evidence-based practice guidelines, open-access journals, and open-access statistical tools.

Routledge

June 2023:318

Hb: 978-1-032-05045-4: **£170**

Pb: 978-1-032-05044-7: **£68.99**

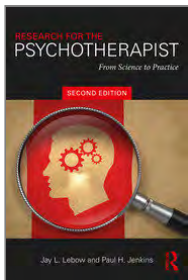
eBook: 978-1-003-19627-3

* For **full contents** and more information, visit: www.routledge.com/9781032050447

2ND EDITION

Research for the Psychotherapist

From Science to Practice



Jay L. Lebow, Paul H. Jenkins

While empirical, scientific research has much to offer to the practice-oriented therapist in training, it is often difficult to effectively engage the trainee, beginning practitioner, or graduate student in the subject of research. This fully revised and expanded edition of Research for the Psychotherapist is an engaging, accessible guide that bridges the gap between gathering, analyzing, presenting, and discussing research and incorporating that research into practice. The authors present concise chapters that distill research findings and clearly apply them to practical issues, while also helping readers progress as consumers of relevant research.

Routledge

May 2018:298

Hb: 978-1-138-04949-9: **£130**

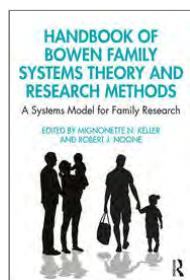
Pb: 978-1-138-04950-5: **£34.99**

eBook: 978-1-315-16954-5

* For **full contents** and more information, visit: www.routledge.com/9781138049505

Handbook of Bowen Family Systems Theory and Research Methods

A Systems Model for Family Research



Edited by **Mignonette N. Keller, Robert J. Noone**

This multi-authored volume discusses the links between theory, data collection, and data analysis based on Bowen family systems theory and presents new and innovative approaches to address the multifaceted issues inherent in family research. The core concepts within the theory are discussed with emphasis on conceptual and methodological issues explored in empirical research. A comprehensive framework for expanding the understanding of both method and theory is accomplished through an in-depth analysis and examples of the application of Bowen theory to family practice.

Routledge
January 2020:468
Hb: 978-1-138-47811-4: £240
Pb: 978-1-138-47812-1: £99.99
eBook: 978-1-351-10328-2

* For full contents and more information, visit: www.routledge.com/9781138478121

Making Research Relevant

Applied Research Designs for the Mental Health Practitioner



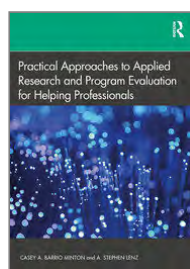
Edited by **Kelly L. Wester, Carrie A. Wachter Morris**

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Pb: 978-1-138-63214-1: £51.99
eBook: 978-1-315-17935-3

* For full contents and more information, visit: www.routledge.com/9781138632141

Practical Approaches to Applied Research and Program Evaluation for Helping Professionals



Casey A. Barrio Minton, A. Stephen Lenz

Practical Approaches to Applied Research and Program Evaluation for Helping Professionals is a comprehensive textbook that presents master's-level counseling students with the skills and knowledge they need to successfully evaluate the effectiveness of mental health services and programs. Each chapter, aligned with 2016 CACREP standards, guides counseling students through study design and evaluation fundamentals that will help them understand existing research and develop studies to best assess their own applied research questions.

Routledge
May 2019:280
Hb: 978-1-138-07038-7: £180
Pb: 978-1-138-07039-4: £74.99
eBook: 978-1-315-10893-3

* For full contents and more information, visit: www.routledge.com/9781138070394

Reimagining Research

Engaging Data, Research, and Program Evaluation in Social Justice Counseling



Edited by **Trevor J. Buser, Sandy Gibson**

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Routledge
June 2023:318
Hb: 978-1-032-05045-4: £170
Pb: 978-1-032-05044-7: £68.99
eBook: 978-1-003-19627-3

* For full contents and more information, visit: www.routledge.com/9781032050447

Sex Education Research

A Look Between the Sheets



Edited by **William J. Taverner**

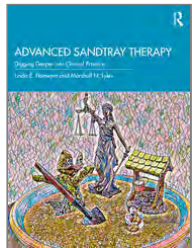
Curated by the chief editor of the American Journal of Sexuality Education, this book presents engaging and accessible essays that capture current and essential research findings from leaders in the sexuality education field. It will provide a wide range of occupations and academic disciplines with a foundation of research essential to their work, such as public health professionals and students of human sexuality, gender studies, biology, psychology, sociology, as well as community educators, school nurses and health teachers, and administrative leaders affiliated with sexuality education programs at community-based organizations.

Routledge
February 2023:304
Hb: 978-1-032-01205-6: £120
Pb: 978-1-032-03928-2: £36.99
eBook: 978-1-003-18978-7

* For full contents and more information, visit: www.routledge.com/9781032039282

Advanced Sandtray Therapy

Digging Deeper into Clinical Practice



Linda E. Homeyer, Marshall N. Lyles

Advanced Sandtray Therapy deepens mental health professionals' abilities to understand and apply sandtray therapy. Chapters show readers how to integrate clinical theory with sand work, resulting in more focused therapeutic work. Using practical basics as building blocks, the book takes a detailed look at the ins and outs of work with attachment and trauma, showing therapists how to work through the sequence of treatment while also taking into account clients' trauma and attachment issues. This text is vital for any clinician interested in adding sandtray therapy to their existing work with clients as well as students in graduate programs for the mental health professions.

Routledge

September 2021:270

Hb: 978-0-367-55482-8: **£130**

Pb: 978-0-367-55481-1: **£31.99**

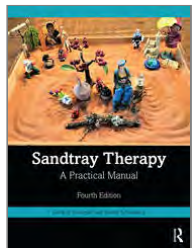
eBook: 978-1-003-09549-1

* For full contents and more information, visit: www.routledge.com/9780367554811

4TH EDITION

Sandtray Therapy

A Practical Manual



Linda E. Homeyer, Daniel S. Sweeney

Sandtray Therapy is an essential book for professionals and students interested in incorporating this unique modality into work with clients of all ages. The fourth edition includes important discussion of the neurobiological aspects of trauma and sandtray therapy, further exploration of sandtray therapy in the context of the DSM-5, and a renewed review of the sandtray therapy literature. Readers will find that the book is still replete with handouts, images, examples, and resources. The authors' six-step protocol guides beginners through a typical session, including room setup, creation and processing of the sandtray, cleanup, post-session documentation, and much more.

Routledge

August 2022:218

Hb: 978-1-032-11756-0: **£130**

Pb: 978-1-032-11755-3: **£31.99**

eBook: 978-1-003-22141-8

* For full contents and more information, visit: www.routledge.com/9781032117553

3RD EDITION

A Guide to Practicum and Internship for School Counselors-in-Training



Aaron H. Oberman, Jeannine R. Studer

This updated and expanded third edition covers all aspects of the school counselor practicum and internship experience. Readers will gain an awareness of school culture and the understanding needed to develop an individualized philosophy of school counseling. Each chapter contains practice activities and case studies and all material is consistent with the CACREP 2016 Common Core and School Counselor Entry-Level Specialty Areas and the school counselor standards identified by the ASCA. This text can be used by faculty, students, and supervisors alike to support and enhance the school counseling knowledge base used to meet the needs of all students.

Routledge
September 2020:296
Hb: 978-0-367-21787-7: £110
Pb: 978-0-367-21788-4: £34.99
eBook: 978-0-429-26608-9

* For full contents and more information, visit: www.routledge.com/9780367217884

Counseling Toward Solutions

A Practical, Solution-Focused Program for Working with Students, Teachers, and Parents



Linda Metcalf

This book provides a solution-focused approach to working alongside students, parents, and teachers that decreases misbehaviors, encourages mental health and growth in students, and provides social emotional learning opportunities. Based on the notion that focusing on problems often leads to frustration when tried and true remedies fail, the book provides a three-step approach to having solution-focused conversations with students, parents, and in response to intervention and team meetings. Complete with specific dialogues and case studies, this text provides school counselors with a road map to looking beyond problems and seeking solutions with students, creating grit and resilience.

Routledge
May 2021:214
Hb: 978-0-367-64091-0: £110
Pb: 978-0-367-64090-3: £32.99
eBook: 978-1-003-12212-8

* For full contents and more information, visit: www.routledge.com/9780367640903

Evidence-Based School Counseling

A Student Success Approach



Greg Brigrman, Elizabeth Villares, Linda Webb

Evidence-Based School Counseling presents a unique method for training graduate students to become effective school counselors that is presented in a "Tell, Show, Do, Coach" approach and reflective of ASCA, CACREP, and CAEP standards. This method is based on the ASCA National Model; the research base associated with social-emotional learning (SEL), non-cognitive factors and college/career readiness; and evidence-based programs tied to this research base. The text highlights how the new ASCA Mindsets and Behaviors have been modeled after this research base and provides resources for school counselors to find evidence-based programs and interventions connected to this research.

Routledge
October 2017:324
Hb: 978-1-138-95666-7: £130
Pb: 978-1-138-95667-4: £74.99
eBook: 978-1-315-66563-4

* For full contents and more information, visit: www.routledge.com/9781138956674

3RD EDITION

Group Work in Schools



Edited by **Bradley T. Erford**

The third edition of *Group Work in the Schools* is designed to prepare counselors in school settings to successfully implement task, psycho-educational, and counseling groups in public and private educational settings. Updated comprehensively and thoughtfully and featuring a wide range of contributor perspectives, the much-anticipated third edition of this book is essential reading for school counselors in training.

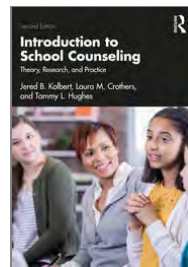
Routledge
November 2023:354
Hb: 978-1-032-42611-2: £120
Pb: 978-1-032-42595-5: £44.99
eBook: 978-1-003-36348-4

* For full contents and more information, visit: www.routledge.com/9781032425955

2ND EDITION

Introduction to School Counseling

Theory, Research, and Practice



Edited by **Jered B. Kolbert, Laura M. Crothers, Tammy L. Hughes**

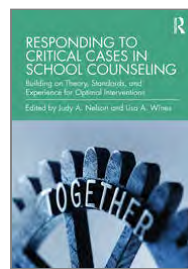
This book is a comprehensive introduction to the profession for school counselors in training, providing special focus on the topics most relevant to the school counselor's role and offers specific strategies for practical application and implementation. This book is essential reading for all school counselors in training as it provides a comprehensive look at the profession and explores topics that are most relevant to the role of school counselor.

Routledge
December 2022:324
Hb: 978-0-367-76610-8: £145
Pb: 978-0-367-76609-2: £68.99
eBook: 978-1-003-16773-0

* For full contents and more information, visit: www.routledge.com/9780367766092

Responding to Critical Cases in School Counseling

Building on Theory, Standards, and Experience for Optimal Crisis Intervention



Edited by **Judy A. Nelson, Lisa A. Wines**

This book helps school counselors and other school personnel navigate the complexities of the most common critical cases that are urgent and difficult in schools in the 21st century. Contributing counselors from around the country explain what they do when critical cases present themselves, providing this text their tools, wisdom, professional judgments, and offering training that embraces the reality of the school counselor profession to all counselors, educators, and trainees.

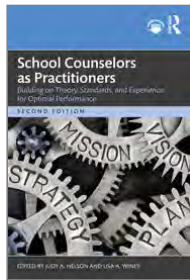
Routledge
October 2020:266
Hb: 978-0-367-34281-4: £110
Pb: 978-0-367-27675-1: £32.99
eBook: 978-0-429-32483-3

* For full contents and more information, visit: www.routledge.com/9780367276751

2ND EDITION

School Counselors as Practitioners

Building on Theory, Standards, and Experience for Optimal Performance



Edited by **Judy A. Nelson, Lisa A. Wines**

School Counselors as Practitioners, Second Edition is a hands-on, practice-based, task-oriented guide to being an effective school counselor. This updated edition is essential reading for counselor educators, graduate students enrolled in a school counseling program, supervisors of school counselors, including administrators, and practicing school counselors.

Routledge

June 2024:504

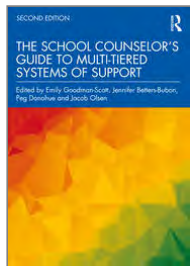
Hb: 978-1-032-50955-6: £130

Pb: 978-1-032-50952-5: £52.99

* For full contents and more information, visit: www.routledge.com/9781032509525

2ND EDITION

The School Counselor's Guide to Multi-Tiered Systems of Support



Edited by **Emily Goodman-Scott, Jennifer Better-Bubon, Peg Donohue, Jacob Olsen**

The revision of this innovative book provides school counseling students, practitioners, leaders, supervisors, and faculty with information and resources regarding the alignment and implementation of school counseling, specifically comprehensive school counseling programs. Innovative, unique, and including a plethora of useful tools and resources, this guide to MTSS and school counseling is ideal for graduate students and current school counselors in the field.

Routledge

June 2023:418

Hb: 978-1-032-30723-7: £120

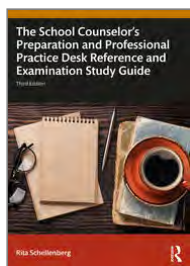
Pb: 978-1-032-30722-0: £52.99

eBook: 978-1-003-30641-2

* For full contents and more information, visit: www.routledge.com/9781032307220

3RD EDITION

The School Counselor's Preparation and Professional Practice Desk Reference and Examination Study Guide



Rita Schellenberg

This third edition of The School Counselor's Preparation and Professional Practice Desk Reference and Examination Study Guide is a comprehensive resource for both pre-service and practicing school counselors. It is intended to be used as a school counselor preparation course text, credentialing exam study resource, and comprehensive desk reference.

Routledge

October 2024:424

Hb: 978-1-032-63446-3: £130

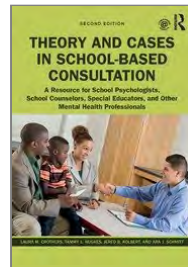
Pb: 978-1-032-63445-6: £52.99

* For full contents and more information, visit: www.routledge.com/9781032634456

2ND EDITION

Theory and Cases in School-Based Consultation

A Resource for School Psychologists, School Counselors, Special Educators, and Other Mental Health Professionals



Edited by **Laura M. Crothers, Tammy L. Hughes, Jered B. Kolbert, Ara J. Schmitt**

This timely second edition provides an applied perspective regarding school-based consultation, including an overview of mental health consultation, behavioral consultation, ecological consultation, social learning theory consultation, Adlerian consultation, instructional consultation, and organizational/systems consultation. Case examples of child-based/level problems, family-based/level problems, educator-based/level problems, and systems-based/level problems related to each theory of consultation will be provided and critical thinking questions are included at the end of each case study to facilitate discussion among students and educators regarding school-based consultation.

Routledge

March 2020:400

Hb: 978-0-367-14061-8: £130

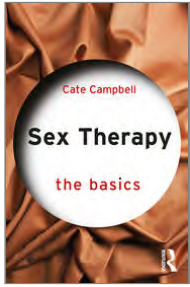
Pb: 978-0-367-14063-2: £38.99

eBook: 978-0-429-02997-4

* For full contents and more information, visit: www.routledge.com/9780367140632

Sex Therapy

The Basics



Cate Campbell

Series: The Basics

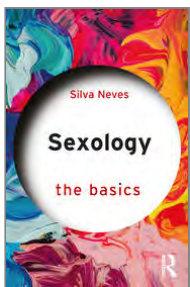
Sex Therapy: The Basics offers an introduction to modern sex therapy and is essential reading for anyone working professionally with sexual issues or just interested in sex. As well as being essential reading for those considering or interested in sex therapy, this book is a valuable resource for both trainee and experienced therapists, offering contemporary information and advice about assessing and treating a wide range of sexual problems.

Routledge
September 2022:188
Hb: 978-1-032-20873-2: **£68.99**
Pb: 978-1-032-20871-8: **£18.99**
eBook: 978-1-003-26564-1

* For full contents and more information, visit: www.routledge.com/9781032208718

Sexology

The Basics



Silva Neves

Series: The Basics

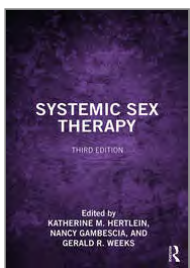
Sexology: The Basics is the contemporary manual of human sexuality, eroticism and intimate relationships. It takes you to every corner of the human erotic mind and physiological arousal response for a thorough understanding of all the functional parts of our sexualities. It is the ultimate guide to answer all the questions you never dared to ask, whether you are a student, a professional or wanting to make sense of our often confusing erotic world.

Routledge
November 2022:226
Hb: 978-1-032-23363-5: **£120**
Pb: 978-1-032-23362-8: **£16.99**
eBook: 978-1-003-27691-3

* For full contents and more information, visit: www.routledge.com/9781032233628

3RD EDITION

Systemic Sex Therapy



Edited by **Katherine M. Hertlein, Nancy Gambescia, Gerald R. Weeks**

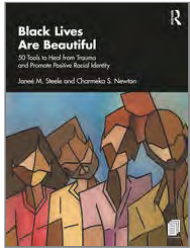
Now in its third edition, Systemic Sex Therapy integrates couple and sex therapy to inform the treatment of sexual problems and to give beginning clinicians the abilities and confidence they need to produce change in their patients' lives. All chapters have been updated and include new content on sexuality and aging, infidelity, sexual arousal disorder, disability, and kink/BDSM, as well as a greater focus throughout on race, ethnicity, and culture, and their interplay with sexuality and sexual functioning.

Routledge
November 2019:320
Hb: 978-0-367-27706-2: **£115**
Pb: 978-0-367-27707-9: **£56.99**
eBook: 978-0-429-29740-3

* For full contents and more information, visit: www.routledge.com/9780367277079

Black Lives Are Beautiful

50 Tools to Heal from Trauma and Promote Positive Racial Identity



Janeé M. Steele, Charmeka S. Newton

Black Lives Are Beautiful is a workbook explicitly designed to help members of the Black community counter the impacts of racialized trauma while also cultivating self-esteem, building resilience, fostering community, and promoting Black empowerment. As readers explore each part of this workbook, they will develop tools to overcome the mental injuries that occur from living in a racialized society. Clinicians who use this workbook with clients will find a practical toolbox of racially informed interventions to aid clinicians, particularly White clinicians, in culturally sensitive clinical practice.

Routledge
April 2023:294
Hb: 978-1-032-11752-2: £120
Pb: 978-1-032-11742-3: £22.99
eBook: 978-1-003-22135-7

* For full contents and more information, visit: www.routledge.com/9781032117423

Helping Skills for Counselors and Health Professionals

Building Culturally Competent Relationships



Stephanie S. J. Dracar, Kathryn C. MacCluskie, Dakota King-White

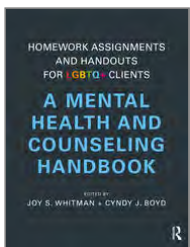
Helping Skills for Counselors and Health Professionals provides a model of foundational helping skills that is grounded in a multicultural framework. Chapters explicitly examine implicit bias and the role of culture and systems of oppression and marginalization within the lives of both individuals and communities. The text also uses ecological systems theory to assist readers in conceptualizing the ways in which culture influences communication styles, perceptions of professional helpers, and individual needs. Readers will be introduced to concepts that increase awareness of micro and macro-level influences on helping skills, communication, and the patient's life.

Routledge
July 2023:256
Hb: 978-1-032-10885-8: £120
Pb: 978-1-032-10884-1: £42.99
eBook: 978-1-003-21758-9

* For full contents and more information, visit: www.routledge.com/9781032108841

Homework Assignments and Handouts for LGBTQ+ Clients

A Mental Health and Counseling Handbook



Edited by Joy S. Whitman, Cyndy J. Boyd

Featuring over 70 affirming interventions in the form of homework assignments, handouts, and activities, this comprehensive volume helps novice and experienced counselors support LGBTQ+ community members and their allies. Offering practical tools used by clinicians worldwide, the volume is particularly useful for courses in clinical and community counseling, social work, and psychology. Those new to working with LGBTQ+ clients will appreciate the book's accessible foundation to guide interventions.

Routledge
September 2020:678
Hb: 978-0-367-54272-6: £130
Pb: 978-0-367-54269-6: £56.99
eBook: 978-1-003-08863-9

* For full contents and more information, visit: www.routledge.com/9780367542696

Incorporating Diversity and Inclusion into Trauma-Informed Social Work

Transformational Leadership



Laura Quiros

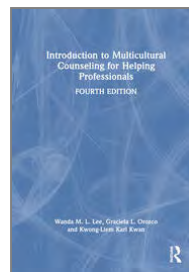
Incorporating Diversity and Inclusion in Trauma-Informed Social Work incorporates discussions of leadership, racism, and oppression into a new understanding of how trauma and traumatic experience play out in leadership and organizational cultures. It's an expansive guide for students in social work, one that explores and explains how trauma and difference manifest in how we communicate, lead, and work with each other.

Routledge
December 2020:186
Hb: 978-0-367-24725-6: £130
Pb: 978-0-367-24724-9: £38.99
eBook: 978-0-429-28440-3

* For full contents and more information, visit: www.routledge.com/9780367247249

4TH EDITION

Introduction to Multicultural Counseling for Helping Professionals



Wanda M. L. Lee, Graciela L. Orozco, Kwong-Liem Karl Kwan

Introduction to Multicultural Counseling for Helping Professionals, 4th ed, is the essential introductory text for studying multicultural counseling. Providing a broad survey of counseling concepts and techniques for different marginalized ethnic and cultural groups, it is at once practical and easily understood. The fourth edition has been updated and revised to reflect an inclusive ecological framework and social justice context for counseling. It offers a broad perspective on multicultural counseling theory, including thought from other disciplines, reflections on race and Whiteness in counseling, and new contributions from diverse cultural voices.

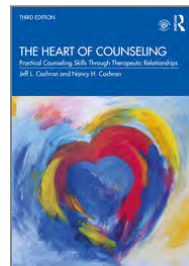
Routledge
August 2024:376
Hb: 978-1-032-18935-2: £130
Pb: 978-1-032-18930-7: £48.99

* For full contents and more information, visit: www.routledge.com/9781032189307

3RD EDITION

The Heart of Counseling

Practical Counseling Skills Through Therapeutic Relationships, 3rd ed



Jeff L. Cochran, Nancy H. Cochran

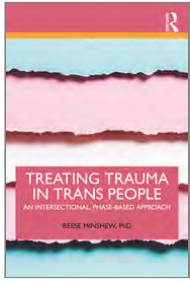
Now in its third edition, The Heart of Counseling is a key resource helping students to understand the importance of therapeutic relationships and to develop the qualities that make the therapeutic relationships they build with clients the foundation of healing. Student learning ranges from therapeutic listening and empathy to structuring sessions, from explaining counseling to clients and caregivers to providing wrap-around services, and ultimately to experiencing therapeutic relationships as the foundation of professional and personal growth.

Routledge
August 2020:400
Hb: 978-0-367-33511-3: £180
Pb: 978-0-367-34370-5: £74.99
eBook: 978-0-429-32031-6

* For full contents and more information, visit: www.routledge.com/9780367343705

Treating Trauma in Trans People

An Intersectional, Phase-Based Approach



Reese Minshew

Treating Trauma in Trans People brings together key concepts from both gender-affirming treatment and trauma-focused care, with interventions focused on resolving physiological, intrapsychic, and interpersonal disruptions. Symptoms related to trauma and stress manifest in bodies, psyches, and interpersonal interactions. Gender, too, is impacted by bodies, psyches, and interpersonal interactions. The book then broadens the lens to the systemic, acknowledging the limits of individual interventions when located within a larger framework of systemic oppression and asking clinicians to consider liberation and justice as treatment goals.

Routledge

September 2022: 188

Hb: 978-0-367-68168-5: £130

Pb: 978-0-367-68167-8: £31.99

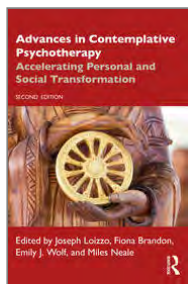
eBook: 978-1-003-14074-0

* For full contents and more information, visit: www.routledge.com/9780367681678

2ND EDITION

Advances in Contemplative Psychotherapy

Accelerating Personal and Social Transformation



Edited by **Joseph Loizzo, Fiona Brandon, Emily J. Wolf, Miles Neale**

Advances in Contemplative Psychotherapy offers mental health professionals of all disciplines and orientations the most comprehensive and rigorous introduction to the art of integrating contemplative psychology, ethics, and practices. New chapters discuss how contemplative work can effect positive psychosocial change at personal, interpersonal, and collective levels to address racial, gender, and other forms of systemic oppression. The new edition also explores the cross-cultural nuances in the integration of Buddhist psychology and healing practices by Western researchers and clinicians and includes the voices of leading Tibetan doctors.

Routledge
May 2023:508
Hb: 978-1-032-15308-7: £120
Pb: 978-1-032-15306-3: £29.99
eBook: 978-1-003-24358-8

* For full contents and more information, visit: www.routledge.com/9781032153063

Compassion-Based Approaches in Loss and Grief



Edited by **Darcy L. Harris, Andy H. Y. Ho**

Series: *The Series in Death, Dying, and Bereavement*

Compassion-Based Approaches in Loss and Grief introduces clinicians to a wide array of strategies and frameworks for engaging clients throughout the loss experience, particularly when those experiences have a protracted course. Students, scholars, and mental health and healthcare professionals will come away from this important book with a deepened understanding of compassion-based approaches and strategies for enhancing distress tolerance, maintaining focus, and for identifying the clinical interventions best suited to clients' needs.

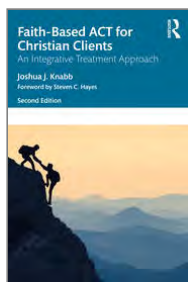
Routledge
December 2022:266
Hb: 978-1-032-06836-7: £120
Pb: 978-1-032-06834-3: £29.99
eBook: 978-1-003-20412-1

* For full contents and more information, visit: www.routledge.com/9781032068343

2ND EDITION

Faith-Based ACT for Christian Clients

An Integrative Treatment Approach



Joshua J. Knabb

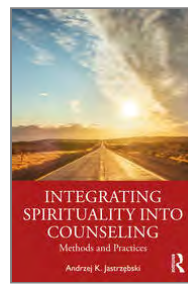
Faith-Based ACT for Christian Clients balances empirical evidence with theology to give mental health professionals a deep understanding of both the "why" and "how" of acceptance and commitment therapy (ACT) for Christians. The new edition includes updated discussions in each chapter, more than twenty new and updated exercises, and new chapters on couples and trauma. The book includes a detailed exploration of the overlap between ACT and the Christian faith, case studies, and techniques that are explicitly designed to be accessible to both non-Christian and Christian (including evangelical Christian) counselors and therapists.

Routledge
July 2022:322
Hb: 978-1-032-01887-4: £130
Pb: 978-1-032-01881-2: £31.99
eBook: 978-1-003-18194-1

* For full contents and more information, visit: www.routledge.com/9781032018812

Integrating Spirituality into Counseling

Methods and Practices



Andrzej K. Jastrzębski

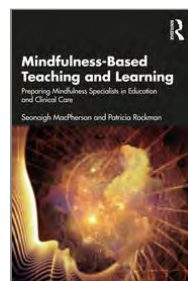
Integrating Spirituality into Counseling uses the Christian tradition as starting point for developing a universal frame of reference and is predominantly based on an existential approach to counseling, one that is applicable to several faith traditions as well as spiritual but non-religious audiences. Integrating Spirituality into Counseling is designed for students of counseling, pastoral care, spirituality, theology, and chaplaincy. It will provide readers with the tools they need to work with spiritual issues across traditions.

Routledge
September 2022:250
Hb: 978-1-032-20019-4: £130
Pb: 978-1-032-20018-7: £48.99
eBook: 978-1-003-26214-5

* For full contents and more information, visit: www.routledge.com/9781032200187

Mindfulness-Based Teaching and Learning

Preparing Mindfulness Specialists in Education and Clinical Care



Seonagh MacPherson, Patricia Rockman

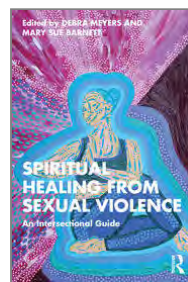
Mindfulness-Based Teaching and Learning is the first comprehensive survey text exploring the history, research, theory, and best practices of secular-scientific mindfulness. With a focus on how mindfulness is taught and learned, this book is an invaluable resource for aspiring or expert mindfulness specialists. Chapters provide curriculum design and teaching tips, explore the expert-validated MBTL-TCF competency framework, and reveal insights into the ways self-awareness can evolve into ecological awareness through intensive retreats.

Routledge
March 2023:372
Hb: 978-1-032-01894-2: £120
Pb: 978-1-032-01892-8: £38.99
eBook: 978-1-003-18246-7

* For full contents and more information, visit: www.routledge.com/9781032018928

Spiritual Healing from Sexual Violence

An Intersectional Guide



Edited by **Debra Meyers, Mary Sue Barnett**

Spiritual Healing from Sexual Violence: An Intersectional Guide is a collection of essays from survivors, scholars, activists, spiritual leaders, and social justice practitioners that offers numerous intersectional and culturally competent options for women, men, and non-binary conforming adults to create their own safe healing conditions and establish pathways for recovery. This is a vital guide for students and practitioners in counseling, social work, theology, and gender studies.

Routledge
May 2023:232
Hb: 978-1-032-33499-8: £120
Pb: 978-1-032-33495-0: £29.99
eBook: 978-1-003-32363-1

* For full contents and more information, visit: www.routledge.com/9781032334950

Weaving the Paths of Buddhism and Psychotherapy

The Practice of Human Being



Helen Carter

Weaving the Paths of Buddhism and Psychotherapy is an empathic guide to integrating Eastern and Western wisdom traditions that share the common goal of easing distress. Through autobiographical vignettes and case-study material, the book offers an invitation to all therapists to consider their own practice of human being.

Routledge

August 2023: 230

Hb: 978-1-032-46492-3: £120

Pb: 978-1-032-46493-0: £27.99

eBook: 978-1-003-38371-0

* For full contents and more information, visit: www.routledge.com/9781032464930

3RD EDITION

Systemic Sex Therapy



Edited by **Katherine M. Hertlein, Nancy Gambescia, Gerald R. Weeks**

Now in its third edition, *Systemic Sex Therapy* integrates couple and sex therapy to inform the treatment of sexual problems and to give beginning clinicians the abilities and confidence they need to produce change in their patients' lives. All chapters have been updated and include new content on sexuality and aging, infidelity, sexual arousal disorder, disability, and kink/BDSM, as well as a greater focus throughout on race, ethnicity, and culture, and their interplay with sexuality and sexual functioning.

Routledge

November 2019:320

Hb: 978-0-367-27706-2: £115

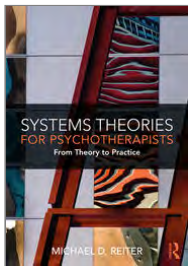
Pb: 978-0-367-27707-9: £56.99

eBook: 978-0-429-29740-3

* For full contents and more information, visit: www.routledge.com/9780367277079

Systems Theories for Psychotherapists

From Theory to Practice



Michael D. Reiter

This accessible guide introduces readers to the three main approaches to systems theory: general systems theory, natural systems theory, and language systems theory. The book presents the aesthetics and pragmatics behind each theory, exploring how therapists can conceptualise the problems that clients bring to therapy, and offering a range of contemporary examples to show how each theory can be applied to practice. Woven throughout are 3 helpful learning tools 'Applying Your Knowledge', 'Key Figure' and 'Questions for Expansion', providing the reader with the opportunity to critically engage with each concept, and challenging them to apply prominent systems theories to their own practice.

Routledge

November 2018:242

Hb: 978-1-138-33503-5: £130

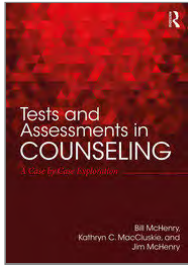
Pb: 978-1-138-33504-2: £39.99

eBook: 978-0-429-44402-9

* For full contents and more information, visit: www.routledge.com/9781138335042

Tests and Assessments in Counseling

A Case by Case Exploration



Edited by **Bill McHenry, Kathryn C. MacCluskie, Jim McHenry**

Tests and Assessments in Counseling provides students with current information on assessment tools and techniques through detailed case scenarios and vignettes. Going beyond basic information about a multitude of assessments, the authors focus on the use of instruments in individual cases to allow readers to more fully grasp the integral relationship between tests and assessment data and the counseling process. Chapters guide students through choosing the most effective assessment tool, successfully administering the assessment, and making meaningful and useful results of the data with the client. Test questions are also included at the end of each chapter.

Routledge

March 2018:228

Hb: 978-1-138-22867-2: **£130**

Pb: 978-1-138-22870-2: **£69.99**

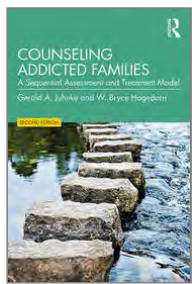
eBook: 978-1-315-27953-4

* For full contents and more information, visit: www.routledge.com/9781138228702

2ND EDITION

Counseling Addicted Families

A Sequential Assessment and Treatment Model



Gerald A. Juhnke, W. Bryce Hagedorn

Counseling Addicted Families, 2nd edition is an up-to-date treatment manual that fosters lasting change for families dealing with addiction and addictive disorders. Both experienced and entry-level counselors will appreciate how the Model improves their clinical skills and knowledge to address the idiosyncratic needs of each individual family system and create healthy systemic change.

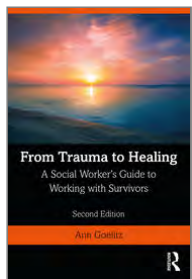
Routledge
August 2019:340
Hb: 978-1-138-77974-7: £130
Pb: 978-1-138-77975-4: £46.99
eBook: 978-1-315-77107-6

* For full contents and more information, visit: www.routledge.com/9781138779754

2ND EDITION

From Trauma to Healing

A Social Worker's Guide to Working with Survivors



Ann Goelitz

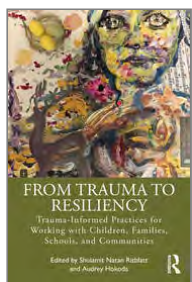
This updated edition of From Trauma to Healing is a comprehensive and practical guide to working with trauma survivors in the field of social work. With fresh examples and discussion questions to help deal with traumatic events in practice, including interventions that may be applicable to current and future 21st century world events, such as the coronavirus pandemic, From Trauma to Healing, 2nd edition remains an essential publication on trauma for students and social workers alike.

Routledge
November 2020:336
Hb: 978-0-367-02924-1: £130
Pb: 978-0-367-02925-8: £36.99
eBook: 978-0-429-00113-0

* For full contents and more information, visit: www.routledge.com/9780367029258

From Trauma to Resiliency

Trauma-Informed Practices for Working with Children, Families, Schools, and Communities



Edited by **Shulamit Natan Ritblatt, Audrey Hokoda**

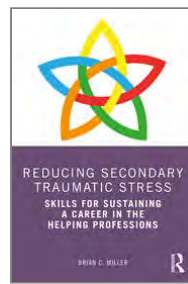
From Trauma to Resiliency integrates research and practice of trauma-informed care, reviewing the neuroscience of trauma and highlighting relationship-based interventions for diverse populations that have faced multiple traumas. Professionals and students in counseling, social work, psychology, child welfare, education, and other programs will come away from the book with culturally affirming trauma-informed interventions and models of care that promote well-being and resilience.

Routledge
September 2022:266
Hb: 978-0-367-48263-3: £130
Pb: 978-0-367-48262-6: £31.99
eBook: 978-1-003-04629-5

* For full contents and more information, visit: www.routledge.com/9780367482626

Reducing Secondary Traumatic Stress

Skills for Sustaining a Career in the Helping Professions



Brian C. Miller

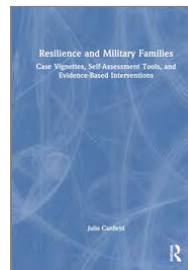
Reducing Secondary Traumatic Stress presents a model for supporting emotional well-being in workers who are exposed to the effects of secondary trauma. The book provides helping professionals with a portfolio of skills that support emotion regulation and recovery from secondary trauma exposure and also enhance the experience of the helping encounter. Each chapter presents evidence-informed skills that allow readers to regulate distressing emotions and to foster increased empathy for those suffering from trauma. The text goes beyond the usual discussion of burnout to talk in specific terms about what we do about the very real stress that is produced by this work.

Routledge
July 2021:206
Hb: 978-0-367-49458-2: £130
Pb: 978-0-367-49457-5: £31.99
eBook: 978-1-003-04904-3

* For full contents and more information, visit: www.routledge.com/9780367494575

Resilience and Military Families

Case Vignettes, Self-Assessment Tools, and Evidence-Based Interventions



Julie Canfield

This textbook aims to educate students across all mental health disciplines on the importance of using resilience as a tool when working with military families. Following two decades of war and a global pandemic, this essential textbook is a crucial read for all mental health professionals training to work with military populations and their families, such students of clinical social work, marriage and family therapy, and psychology, as well as instructors of courses on military psychology and mental wellbeing.

Routledge
July 2024:200
Hb: 978-1-032-57177-5: £130
Pb: 978-1-032-57176-8: £38.99

* For full contents and more information, visit: www.routledge.com/9781032571768

2ND EDITION

Rhythms of Recovery

Integrative Medicine for PTSD and Complex Trauma



Leslie E. Korn

Rhythms of Recovery provides clinicians with effective, time-tested tools for alleviating the destabilizing effects of traumatic events. In the new edition, readers will find practical methods for integrating psychotherapies with somatics and bodywork, yoga, nutrition, herbs, psychedelic medicines, and more. The new edition also draws out the ways in which culture, social justice, and feminism intersect with the integrative medicine revolution in mental health. For mental health practitioners and students interested in integrating the art and science of complementary and integrative health, this deeply appealing book provides a comprehensive guide.

Routledge
June 2023:368
Hb: 978-1-032-13911-1: £120
Pb: 978-1-032-13910-4: £29.99
eBook: 978-1-003-23145-5

* For full contents and more information, visit: www.routledge.com/9781032139104

Somatic Maternal Healing

Psychodynamic and Somatic Trauma Treatment for Perinatal Mental Health



Helena Vissing

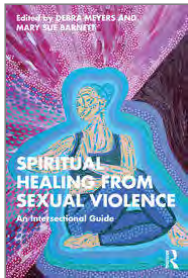
Somatic Maternal Healing introduces a cutting-edge understanding of the body into the growing field of perinatal mental health. Chapters lay out a complete trauma treatment model for maternal mental health, integrating psychodynamic and somatic clinical techniques within a systemic perspective. Somatic Maternal Healing is for anyone working clinically with mothers and new family, specifically therapists, clinical social workers, psychologists, psychoanalysts, psychiatrists, researchers, academics, clinical educators, and graduate students and trainees within these fields.

Routledge
September 2023:264
Hb: 978-1-032-31522-5: £120
Pb: 978-1-032-31524-9: £29.99
eBook: 978-1-003-31091-4

* For full contents and more information, visit: www.routledge.com/9781032315249

Spiritual Healing from Sexual Violence

An Intersectional Guide



Edited by **Debra Meyers, Mary Sue Barnett**

Spiritual Healing from Sexual Violence: An Intersectional Guide is a collection of essays from survivors, scholars, activists, spiritual leaders, and social justice practitioners that offers numerous intersectional and culturally competent options for women, men, and non-binary conforming adults to create their own safe healing conditions and establish pathways for recovery. This is a vital guide for students and practitioners in counseling, social work, theology, and gender studies.

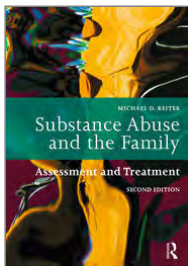
Routledge
May 2023:232
Hb: 978-1-032-33499-8: £120
Pb: 978-1-032-33495-0: £29.99
eBook: 978-1-003-32363-1

* For full contents and more information, visit: www.routledge.com/9781032334950

2ND EDITION

Substance Abuse and the Family

Assessment and Treatment



Michael D. Reiter

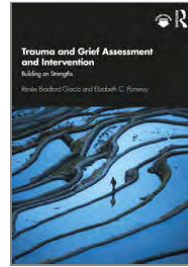
In this updated edition of Substance Abuse and the Family, Michael Reiter examines addiction through a family systems lens which considers a range of interconnected contexts, such as biology and genetics, family relationships, and larger systems. The second edition has many useful additions including a revision of the family diversity chapter to consider sexual and gender minorities, and brand new chapters on behavioral addictions such as sex and gambling, and a chapter on ethical implications in substance abuse work with families.

Routledge
June 2019:444
Hb: 978-1-138-62587-7: £110
Pb: 978-1-138-62597-6: £36.99
eBook: 978-0-429-45957-3

* For full contents and more information, visit: www.routledge.com/9781138625976

Trauma and Grief Assessment and Intervention

Building on Strengths



Renée Bradford Garcia, Elizabeth C. Pomeroy

With clarity and eloquence, Trauma and Grief Assessment and Intervention comprehensively captures the nuance and complexity involved in counseling bereaved and traumatically bereaved persons in all stages of the life cycle. The book walks readers through the main theories of grief counseling, from rapport building to assessment to intervention, and equips students with the knowledge and skills they need to work effectively with clients experiencing trauma and loss.

Routledge
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Hb: 978-0-367-11215-8: £130
Pb: 978-0-367-11216-5: £56.99
eBook: 978-0-429-05363-4

* For full contents and more information, visit: www.routledge.com/9780367112165

Treating Trauma in Trans People

An Intersectional, Phase-Based Approach



Reese Minshew

Treating Trauma in Trans People brings together key concepts from both gender-affirming treatment and trauma-focused care, with interventions focused on resolving physiological, intrapsychic, and interpersonal disruptions. Symptoms related to trauma and stress manifest in bodies, psyches, and interpersonal interactions. Gender, too, is impacted by bodies, psyches, and interpersonal interactions. The book then broadens the lens to the systemic, acknowledging the limits of individual interventions when located within a larger framework of systemic oppression and asking clinicians to consider liberation and justice as treatment goals.

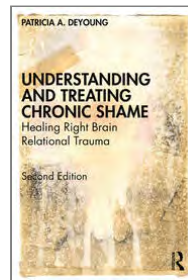
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eBook: 978-1-003-14074-0

* For full contents and more information, visit: www.routledge.com/9780367681678

2ND EDITION

Understanding and Treating Chronic Shame

Healing Right Brain Relational Trauma



Patricia A. DeYoung

A masterful synthesis of relational and attachment theory, neurobiology, and contemporary psychoanalysis, Understanding and Treating Chronic Shame has been internationally recognized as an essential text on shame. Integrating new theory about trauma, shame resilience, and self-compassion, this second edition further clarifies the relational, right-brain essence of being in and with the suffering of shame. New chapters carry theory further into praxis. Lucid and compassionate, this book engages with the most profound challenges of clinical practice and touches into the depths of being human.

Routledge
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Hb: 978-0-367-37447-1: £130
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eBook: 978-0-367-81432-8

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