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Nursing Textbooks

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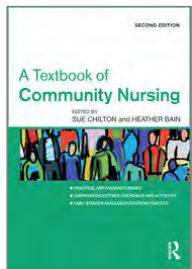
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# Contents

Adult .....	2
Anatomy & Physiology/Biosciences .....	3
Assessing and Planning Care .....	4
Child .....	5
Communication .....	7
Complex and Acute Care .....	8
Ensuring Safe and High Quality Practice .....	9
Evidence-based Practice and Research Methods .....	10
Health Promotion .....	11
Interprofessional Working, Leadership and Management .....	12
Introduction to Nursing .....	13
Learning Disability .....	14
Mental Health .....	15
Professional Issues .....	17
Providing and Evaluating Care / Practice Skills .....	19
<b>Index .....</b>	<b>22</b>

2ND EDITION

## A Textbook of Community Nursing



Edited by **Sue Chilton, Heather Bain**

A Textbook of Community Nursing is a comprehensive and evidence-based introduction covering the full range of professional topics, including professional approaches to care, public health, eHealth, therapeutic relationships and the role of community nursing in mental health. The new edition has been updated throughout, including new guidelines and policies. It also provides a stronger focus on evidence-based practice.

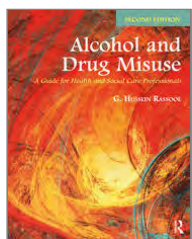
Routledge  
October 2017:408  
Hb: 978-1-138-06824-7: **£145**  
Pb: 978-1-498-72537-8: **£35.99**  
eBook: 978-1-315-15720-7

\* For full contents and more information, visit: [www.routledge.com/9781498725378](http://www.routledge.com/9781498725378)

2ND EDITION

## Alcohol and Drug Misuse

A Guide for Health and Social Care Professionals



**G. Hussein Rassoul**

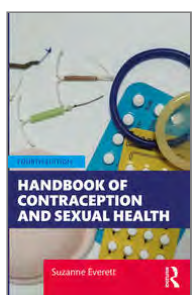
This new edition of an invaluable comprehensive textbook provides an introduction to working with substance misusers. It is fully updated and includes new material on: evidence-based pharmacological interventions; recent global strategies in alcohol and drug; dual diagnosis and women; shisha smoking; and current statistics on prevalence of drug and alcohol misuse. Taking into account current policy and practice, it incorporates a range of pedagogical features to enhance learning. It is essential reading for nursing, health and social work students taking substance misuse modules, as well as professional development courses for health and social care professionals.

Routledge  
December 2017:432  
Hb: 978-1-138-22754-5: **£150**  
Pb: 978-1-138-22757-6: **£42.99**  
eBook: 978-1-315-39550-0

\* For full contents and more information, visit: [www.routledge.com/9781138227576](http://www.routledge.com/9781138227576)

4TH EDITION

## Handbook of Contraception and Sexual Health



**Suzanne Everett**

Offering a comprehensive guide to contraception and sexual health, the new edition of this practical handbook has been fully updated. It takes an integrated approach to sexual health, and includes content on pharmacology for independent prescribers, pornography, trafficking, FGM and other issues related to safeguarding, LGBT sexuality, and new technologies such as apps, online screening kits and SH24.

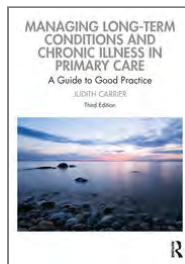
Routledge  
July 2020:232  
Hb: 978-1-138-33377-2: **£130**  
Pb: 978-1-138-33378-9: **£35.99**  
eBook: 978-0-429-44578-1

\* For full contents and more information, visit: [www.routledge.com/9781138333789](http://www.routledge.com/9781138333789)

3RD EDITION

## Managing Long-term Conditions and Chronic Illness in Primary Care

A Guide to Good Practice



**Judith Carrier**

This practical guide will assist healthcare practitioners to manage complex chronic diseases and meet the needs of patients with long-term conditions. It is ideal reading for pre- and post-registration nursing students taking modules on long-term conditions and will be a valuable companion for pre-registration students on community placements.

Routledge  
December 2022:228  
Hb: 978-0-367-89708-6: **£120**  
Pb: 978-0-367-89707-9: **£34.99**  
eBook: 978-1-003-02065-3

\* For full contents and more information, visit: [www.routledge.com/9780367897079](http://www.routledge.com/9780367897079)

## Nursing Older People

Realities of Practice



Edited by **Heather Elbourne, Andrée le May**

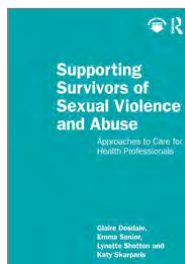
This practical guide helps student and practicing nurses to understand the impact of their care when working with older people. With stories from older people who have had varied experiences of health care and nursing, chapters are underpinned by five key principles: providing patient-centered and dignified care, shared decision making involving family and friends, multi-disciplinary care, improving mental wellbeing through companionship and a sense of value, and an appreciation of both the challenges and rewards of working with older people.

Routledge  
July 2019:126  
Hb: 978-0-367-33143-6: **£130**  
Pb: 978-1-498-73517-9: **£35.99**  
eBook: 978-1-315-11612-9

\* For full contents and more information, visit: [www.routledge.com/9781498735179](http://www.routledge.com/9781498735179)

## Supporting Survivors of Sexual Violence and Abuse

Approaches to Care for Health Professionals



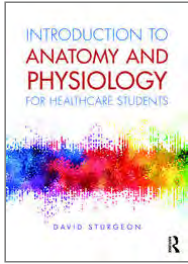
**Claire Dosdale, Emma Senior, Lynette Shotton, Katy Skarparis**

This textbook provides practical guidance to enable health professionals to support survivors of sexual violence. It gives insight into the complex and wide-ranging nature and experience of sexual violence, barriers to disclosure, and explores the implications for survivors, health professionals and healthcare organisations. This book is a comprehensive resource for all health professionals, across primary and secondary care. It is also a valuable text for those taking post-registration courses in sexual health, specialist community and public health nursing, district nursing, mental health and children's nursing among others.

Routledge  
May 2024:140  
Hb: 978-1-032-12624-1: **£130**  
Pb: 978-1-032-12622-7: **£34.99**

\* For full contents and more information, visit: [www.routledge.com/9781032126227](http://www.routledge.com/9781032126227)

## Introduction to Anatomy and Physiology for Healthcare Students



**David Sturgeon**

This book provides a highly accessible introduction to anatomy and physiology. Written for students studying the subject for the first time, it covers the human body from the atomic and cellular levels through to all the major systems and including chapters on blood and immunity and homeostasis. By the end of each chapter, the reader will understand and be able to explain how the structures and systems described are organised and contribute to the maintenance of health. Complete with self-test questions, full colour illustrations and a comprehensive glossary, it is an essential read for all nursing and healthcare students in both further and higher education.

Routledge

March 2018:324

Hb: 978-1-138-68386-0: **£145**

Pb: 978-1-138-68387-7: **£38.99**

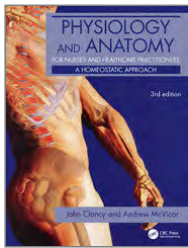
eBook: 978-1-315-54429-8

\* For full contents and more information, visit: [www.routledge.com/9781138683877](http://www.routledge.com/9781138683877)

3RD EDITION

## Physiology and Anatomy for Nurses and Healthcare Practitioners

A Homeostatic Approach, Third Edition



**John Clancy, Andrew McVicar**

An essential physiology and anatomy text, this book guides readers through the basic structure and functions of the body systems to more complex issues of clinical disorders and healthcare practice. Fully updated and revised to incorporate advances in understanding, the book examines the cardiovascular, lymphatic, nervous, endocrine, reproductive, and respiratory systems. It discusses the kidneys and urinary tract as well as skeletal muscle, embryo development, and circadian rhythms. The last section of the book presents case studies demonstrating the material in the text. Additional resources are available on an accompanying website.

Routledge

March 2009:736

Hb: 978-1-138-45472-9: **£175**

Pb: 978-0-340-96759-1: **£46.99**

eBook: 978-0-429-25302-7

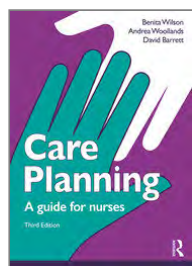
\* For full contents and more information, visit: [www.routledge.com/9780340967591](http://www.routledge.com/9780340967591)



3RD EDITION

## Care Planning

A guide for nurses



**Barrett David, Benita Wilson, Andrea Woollands, Benita Wilson, Andrea Woollands, David Barrett**

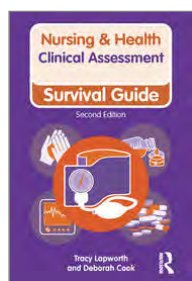
This clear and intuitive textbook explains the importance of holistic, individualised care planning for nursing from a professional and clinical perspective. Adopting a flexible problem-solving approach to care based on the nursing process, it guides the reader step by step through the stages of assessing patients, diagnosing problems, planning goals and interventions, and evaluating progress. The book explains the theory of care planning in relation to nursing models and practice tools and it vividly demonstrates how it can be put into practice, using numerous examples as well as completed care plans. It is laced with activities and checkpoints to consolidate students' learning.

Routledge  
September 2018:246  
Hb: 978-1-138-64218-8: **£150**  
Pb: 978-1-138-64219-5: **£34.99**  
eBook: 978-1-315-63010-6

\* For full contents and more information, visit: [www.routledge.com/9781138642195](http://www.routledge.com/9781138642195)

2ND EDITION

## Clinical Assessment



**Tracy Lapworth, Deborah Cook**

*Series: Nursing and Health Survival Guides*

Every contact with your patient is an opportunity for health assessment. Ideal for quick reference, this pocket-sized guide puts all the crucial information at your fingertips. Used as a platform for wider reading, it is an ideal reference point for any nursing and healthcare student or professional.

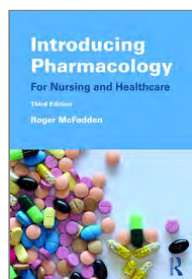
Routledge  
November 2022:118  
Pb: 978-1-032-19685-5: **£8.99**  
eBook: 978-1-003-26032-5

\* For full contents and more information, visit: [www.routledge.com/9781032196855](http://www.routledge.com/9781032196855)

3RD EDITION

## Introducing Pharmacology

For Nursing and Healthcare



**Roger McFadden**

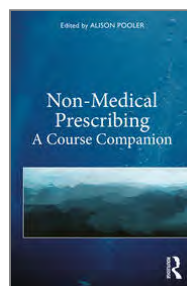
This third edition of Introducing Pharmacology provides an accessible and engaging introduction to the subject of pharmacology for nursing and healthcare students - and anyone needing to refresh their knowledge of this important area. This edition recognises that many nursing and healthcare courses are now requiring students to engage with the subject of pharmacology at a higher level. Accordingly, this edition has been reinforced with more advanced pharmacology that will help these students, but without losing the clarity and accessibility of earlier editions.

Routledge  
May 2019:430  
Hb: 978-1-138-54917-3: **£130**  
Pb: 978-1-138-54919-7: **£34.99**  
eBook: 978-1-351-00140-3

\* For full contents and more information, visit: [www.routledge.com/9781138549197](http://www.routledge.com/9781138549197)

## Non-Medical Prescribing

A Course Companion



*Edited by Alison Pooler*

This accessible textbook provides a comprehensive resource for healthcare students and professional students studying non-medical prescribing, taking into account the RPS competency framework for non-medical prescribing. Designed for professionals from a range of non-medical disciplines including nursing, midwifery, pharmacy, physiotherapy and occupational therapy, this book can be used at both pre- and post-registration level.

Routledge  
December 2020:162  
Hb: 978-0-367-28131-1: **£130**  
Pb: 978-0-367-28134-2: **£34.99**  
eBook: 978-0-429-29982-7

\* For full contents and more information, visit: [www.routledge.com/9780367281342](http://www.routledge.com/9780367281342)

## Breastfeeding for Public Health

A Resource for Community Healthcare Professionals



**Alison Spiro**

Health visitors play a crucial role in supporting mothers who choose to breastfeed, and their families. This accessible text enables readers to practise confidently in this vital area, focusing on underpinning knowledge, parent-centred counselling skills, and understanding cultural contexts. Written by an experienced volunteer and practitioner with decades of experience as a health visitor and breastfeeding counsellor, this text is ideal for students taking Specialist Community and Public Health Nursing courses. It is also an important reference for practising health visitors.

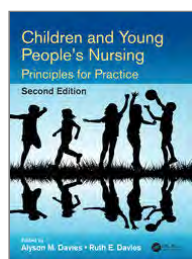
Routledge  
April 2022:190  
Hb: 978-0-367-68957-5: **£130**  
Pb: 978-0-367-68956-8: **£35.99**  
eBook: 978-1-003-13977-5

\* For full contents and more information, visit: [www.routledge.com/9780367689568](http://www.routledge.com/9780367689568)

2ND EDITION

## Children and Young People's Nursing

Principles for Practice, Second Edition



*Edited by* **Alyson M. Davies, Ruth E. Davies**

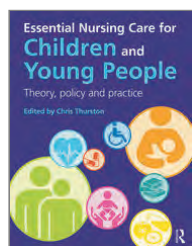
Underpinned by a rights-based approach, this essential text critically analyses the theory and practice of children and young people's nursing from several perspectives - public health, acute and community based care, education and research. Chapters address the clinical, legal, ethical, political and professional issues and controversies which impact on the care delivered to children, young people and their families both nationally and internationally. This new edition continues to promote reflection and critical thinking about the practice of children's nursing and professional development.

Routledge  
October 2016:360  
Pb: 978-1-498-73432-5: **£39.99**  
eBook: 978-1-315-38263-0

\* For full contents and more information, visit: [www.routledge.com/9781498734325](http://www.routledge.com/9781498734325)

## Essential Nursing Care for Children and Young People

Theory, Policy and Practice



*Edited by* **Chris Thurston**

This comprehensive text is the definitive guide for nursing and healthcare students caring for children and young people. Designed to meet the NMC competency standards for pre-registration nurses, it supports you through the process of caring for children and young people with varied needs and conditions across all healthcare settings.

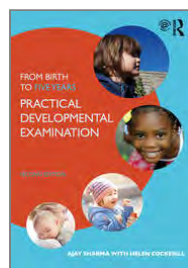
Routledge  
March 2014:488  
Hb: 978-0-415-73384-7: **£150**  
Pb: 978-0-273-75239-4: **£48.99**  
eBook: 978-1-315-81914-3

\* For full contents and more information, visit: [www.routledge.com/9780273752394](http://www.routledge.com/9780273752394)

2ND EDITION

## From Birth to Five Years

Practical Developmental Examination



**Ajay Sharma, Helen Cockerill**

This fully updated new edition of From Birth to Five Years: Practical developmental examination is a step-by-step 'how to' guide to the developmental examination of pre-school children. Developed alongside the original Mary Sheridan's From Birth to Five Years: Children's developmental progress, this unique guide expands on its normative developmental stages by offering practical guidance for health, education and social care professionals, or anyone concerned with monitoring children's developmental progress.

Routledge  
November 2021:152  
Hb: 978-0-367-52256-8: **£130**  
Pb: 978-0-367-52255-1: **£21.99**

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2ND EDITION

## From Birth to Sixteen

Children's Health, Social, Emotional and Linguistic Development



**Helen Cowie**

From Birth to Sixteen outlines children's physical, social, emotional and cognitive development from infancy through to adolescence. In both its practical application of research and its contribution to the assessment of child development, this text provides essential reading for students and practitioners in nursing, health visiting, play work, youth work, early years education, teaching, social work and occupational therapy.

Routledge  
February 2019:216  
Hb: 978-0-815-37980-5: **£130**  
Pb: 978-0-815-37981-2: **£35.99**  
eBook: 978-1-351-21494-0

\* For full contents and more information, visit: [www.routledge.com/9780815379812](http://www.routledge.com/9780815379812)

## Health and Wellbeing for Babies and Children

Contemporary Issues



**Jackie Musgrave**

This evidence-based text explores children's health and wellbeing from birth to adolescence, taking into account the familial, cultural, social, economic, environmental and global contexts of their lives. Designed for all those working with children, or studying to work with children, Health and Wellbeing for Babies and Children Contemporary Issues is ideal for students undertaking courses on public health nursing, children's nursing, early years education, childhood studies and social work, among others.

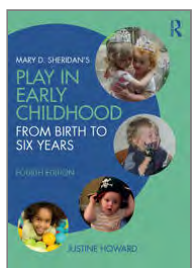
Routledge  
November 2022:182  
Hb: 978-1-032-18624-5: **£120**  
Pb: 978-1-032-18623-8: **£32.99**  
eBook: 978-1-003-25543-7

\* For full contents and more information, visit: [www.routledge.com/9781032186238](http://www.routledge.com/9781032186238)

4TH EDITION

## Mary D. Sheridan's Play in Early Childhood

From Birth to Six Years



**Justine Howard**

This is a classic introductory text to play and development – key topics for all those who work with young children. Drawing on the most up-to-date evidence, it explains how children's play develops and how they develop as they play. With over 100 illustrations and observations of play from birth to six years, this new edition includes updated activities to consolidate thinking and suggestions for further reading throughout. Suitable both for those new to the area and for more experienced workers wanting a quick reference guide, this easy-to-follow book meets the needs of students and professionals from a wide range of health, education and social care backgrounds.

Routledge

May 2017:152

Hb: 978-1-138-65588-1: £150

Pb: 978-1-138-65591-1: £21.99

eBook: 978-1-315-62224-8

\* For full contents and more information, visit: [www.routledge.com/9781138655911](http://www.routledge.com/9781138655911)

5TH EDITION

## Mary Sheridan's From Birth to Five Years

Children's Developmental Progress



**Ajay Sharma, Helen Cockerill, Lucy Sanctuary**

This new edition of a classic text is the go-to reference for anyone concerned with the developmental progress of pre-school children. Fully aligned with current child development philosophies and practices, Mary Sheridan's From Birth to Five Years: Children Developmental Progress is designed to support the wider group of practitioners – including those from health professions, social work and early years – that are now required to take steps for promoting children's development as part of their assessment and management plans.

Routledge

November 2021:194

Hb: 978-0-367-52252-0: £130

Pb: 978-0-367-52251-3: £21.99

\* For full contents and more information, visit: [www.routledge.com/9780367522513](http://www.routledge.com/9780367522513)

## Specialist Mental Healthcare for Children and Adolescents

Hospital, Intensive Community and Home Based Services



*Edited by* **Tim McDougall, Andy Cotgrove**

This accessible book explores the best available evidence for what works in Child and Adolescent Mental Health (CAMHS) at a specialist level, outlining emerging good practice guidance, service models, assessment, and an overview of available treatments. Selected Contents: 1. What Do We Mean by Specialist Hospital, Intensive Community and Home Based Services? 2. Referral Pathways into Specialist Hospital, Intensive Community and Home Based Services 3. Inpatient Services for Children and Adolescents 4. Day Services 5. Early Intervention Services for Young People with Psychosis 6. Treatment Foster Care 7. Multi-Systemic Therapy 8. Home Based Treatment 9. Forensic Services 10. Young People's Views About Specialist Mental Health Care: What They Say and Why it Matters

Routledge

December 2013:248

Hb: 978-0-415-52090-4: £130

Pb: 978-0-415-52091-1: £42.99

eBook: 978-1-315-85750-3

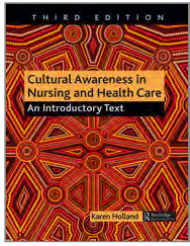
\* For full contents and more information, visit: [www.routledge.com/9780415520911](http://www.routledge.com/9780415520911)



3RD EDITION

## Cultural Awareness in Nursing and Health Care

An Introductory Text



**Karen Holland**

This introductory textbook relates theory to practice and enhances students' learning and understanding of cultural issues that impact on patient care and their own practice as nurses, while considering wider social and political issues. Including new chapters on cultural principles from other disciplines, cultural diversity, and international perspectives, the text has been completely updated to include new research and guidelines for practice and education.

Routledge

July 2017:305

Hb: 978-1-138-62719-2: £145

Pb: 978-1-482-24557-8: £44.99

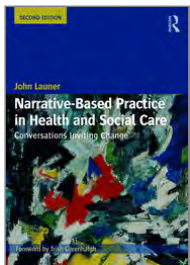
eBook: 978-1-315-38199-2

\* For full contents and more information, visit: [www.routledge.com/9781482245578](http://www.routledge.com/9781482245578)

2ND EDITION

## Narrative-Based Practice in Health and Social Care

Conversations Inviting Change



**John Launer**

This text outlines a vision of how witnessing narratives, paying attention to them, and developing an ability to question them creatively, can make the person's emerging story the central focus of health and social care, and of healing. Giving an account of the practical application of ideas and skills from contemporary narrative studies to health and social care, the book promotes narrative-based practice in everyday encounters with patients and clients, as well as supervision and management, and presents an established model of interactional skills. It is written for students and practitioners across a broad range of professions in primary and secondary health care, and social care.

Routledge

February 2018:164

Hb: 978-1-138-71437-3: £130

Pb: 978-1-138-71435-9: £35.99

eBook: 978-1-315-23112-9

\* For full contents and more information, visit: [www.routledge.com/9781138714359](http://www.routledge.com/9781138714359)

2ND EDITION

## Acute Nursing Care

Recognising and Responding to Medical Emergencies



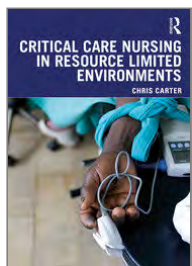
Edited by **Helen Dutton, Ian Peate**

The second edition of this book provides a comprehensive overview of the essential issues in acute care. Topics covered include: recognition and identification of physiological and mental deterioration in adults; identification of disordered physiology that may lead to a medical emergency; relevant anatomy and physiology; pathophysiological changes and actions that need to be taken; immediate recognition and response; investigations, diagnosis and management issues; and teaching and preventative strategies. Including case studies and test yourself questions, this book is an essential tool for student nurses who are required to undertake acute care experiences.

Routledge  
November 2020:602  
Hb: 978-1-138-35200-1: **£130**  
Pb: 978-1-138-35201-8: **£36.99**  
eBook: 978-0-429-43493-8

\* For full contents and more information, visit: [www.routledge.com/9781138352018](http://www.routledge.com/9781138352018)

## Critical Care Nursing in Resource Limited Environments



**Chris Carter**

All hospitals have critically ill patients, and their management depends upon the resources available. This book provides guidance on the unique challenges for nurses working in resource limited environments. Highlighting the realities of working in the developing world, the text prepares readers to consider how best to utilize their skills and deliver safe patient care. Each easy-to-read chapter provides core knowledge as well as useful ideas and solutions. It is an invaluable guide for nurses working in critical care and acute areas in resource limited environments. It can also be used to support educational courses and pre-deployment training.

Routledge  
June 2019:356  
Hb: 978-1-138-09350-8: **£130**  
Pb: 978-1-138-09351-5: **£44.99**  
eBook: 978-1-315-10677-9

\* For full contents and more information, visit: [www.routledge.com/9781138093515](http://www.routledge.com/9781138093515)

4TH EDITION

## Intensive Care Nursing

A Framework for Practice



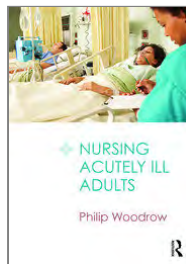
**Philip Woodrow**

This new edition of Intensive Care Nursing has been revised throughout to ensure the evidence-base is completely up-to-date and the content reflects contemporary best practice. It covers patient-focused issues of bedside nursing; the technical knowledge necessary to care safely for ICU patients; the more common and specialized disease processes and treatments encountered; and how nurses can use their knowledge and skills to develop their own and others' practice. It is essential reading for nurses and health professionals working with seriously ill patients, particularly those undertaking post-registration training in the area.

Routledge  
October 2018:606  
Hb: 978-0-815-38593-6: **£130**  
Pb: 978-1-138-71380-2: **£42.99**  
eBook: 978-1-315-23117-4

\* For full contents and more information, visit: [www.routledge.com/9781138713802](http://www.routledge.com/9781138713802)

## Nursing Acutely Ill Adults



**Philip Woodrow**

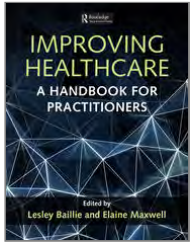
This comprehensive and clinically-focused textbook is designed for student and qualified nurses concerned with caring effectively for deteriorating and acutely ill adults outside of specialist intensive care units. The book contains sections on assessment, the deteriorating patient, breathing, cardiovascular problems, disability and impairment, and maintaining the internal environment. It also includes a full range of pedagogical features. This is the ideal textbook for students taking modules in caring for critically ill adults and qualified nurses working with these patients.

Routledge  
August 2015:372  
Hb: 978-1-138-01887-7: **£160**  
Pb: 978-1-138-01888-4: **£42.99**  
eBook: 978-1-315-77945-4

\* For full contents and more information, visit: [www.routledge.com/9781138018884](http://www.routledge.com/9781138018884)

## Improving Healthcare

A Handbook for Practitioners



Edited by **Lesley Baillie, Elaine Maxwell**

Improving Healthcare is a practical guide, providing healthcare staff with the knowledge and skills to enable them to implement, evaluate and disseminate a quality improvement project in their own workplace. With comprehensive coverage, chapters cover the history, selection and application of quality improvement philosophies and methods in clinical healthcare at team, unit, organisational and system levels. The book also considers social processes of implementation as well as technical aspects of measuring and improving quality.

Routledge

April 2017:192

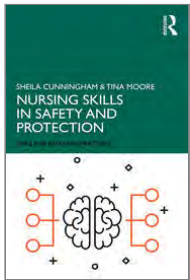
Hb: 978-1-138-70924-9: **£145**

Pb: 978-1-498-74446-1: **£38.99**

eBook: 978-1-315-15182-3

\* For full contents and more information, visit: [www.routledge.com/9781498744461](http://www.routledge.com/9781498744461)

## Nursing Skills in Safety and Protection



**Sheila Cunningham, Tina Moore**

Series: *Skills in Nursing Practice*

People should be cared for in a safe environment that is protected from internal and external harm. This quick reference guide covers vital practical skills for nurses including emergency management and resuscitation, the safe and accurate administration of medicines, infection control, the anatomy and physiology of skin and temperature regulation, and personal care and wound care. Quick and easy to reference, this short, clinically-focused guide is ideal for use on placements or for revision. It is suitable for pre-registration nurses, students on the nursing associate programme and newly qualified nurses.

Routledge

December 2019:76

Hb: 978-1-138-47940-1: **£99.99**

Pb: 978-1-138-47941-8: **£13.99**

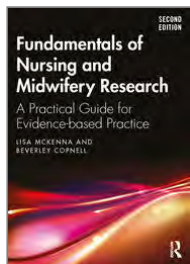
eBook: 978-1-351-06578-8

\* For full contents and more information, visit: [www.routledge.com/9781138479418](http://www.routledge.com/9781138479418)

2ND EDITION

## Fundamentals of Nursing and Midwifery Research

A Practical Guide for Evidence-based Practice



**Lisa McKenna, Beverley Copnell**

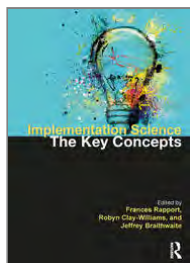
This book presents a unique approach to teaching the principles of health research using practical case studies with which nurses and midwives can engage to gain the skills to read and understand reports, evaluate the quality of research, synthesise different studies and be able to evaluate its effectiveness when applied to clinical practice. Throughout the book, activities, summaries and review questions help ground theory in real life scenarios, showing how evidence-based practice can be applied in every aspect of nursing and midwifery care. It is designed for nurses and midwives, from those just beginning their studies to qualified practitioners undertaking their first research projects.

Routledge  
January 2024:194  
Hb: 978-1-032-53954-6: £130  
Pb: 978-1-032-53953-9: £34.99  
eBook: 978-1-003-41447-6

\* For full contents and more information, visit: [www.routledge.com/9781032539539](http://www.routledge.com/9781032539539)

## Implementation Science

The Key Concepts



*Edited by* **Frances Rapport, Robyn Williams, Jeffrey Braithwaite**

*Series: Routledge Key Guides*

This accessible textbook introduces a wide spectrum of ideas, approaches and examples that make up the emerging field of implementation science, including implementation theory, processes and methods, data collection and analysis, brokering interest on the ground, and sustainable implementation. This comprehensive and enlightening range of ideas and examples brought together in one place is essential reading for all students, researchers and practitioners with an interest in translating knowledge into practice in healthcare.

Routledge  
June 2022:270  
Hb: 978-0-367-62613-6: £130  
Pb: 978-0-367-62611-2: £34.99  
eBook: 978-1-003-10994-5

\* For full contents and more information, visit: [www.routledge.com/9780367626112](http://www.routledge.com/9780367626112)

## Implementation Science

Theory and Application



*Edited by* **Per Nilsen**

This core textbook introduces the key concepts, theories, models and frameworks used in implementation science, and supports readers applying them in research projects. This multidisciplinary text is an essential resource for graduate students taking courses on implementation science from a range of healthcare backgrounds, as well as researchers from medicine, nursing, public health, allied health, economics, political science, sociology and engineering.

Routledge  
May 2024:304  
Hb: 978-1-032-33085-3: £130  
Pb: 978-1-032-33084-6: £34.99

\* For full contents and more information, visit: [www.routledge.com/9781032330846](http://www.routledge.com/9781032330846)

3RD EDITION

## Introducing Research and Evidence-Based Practice for Nursing and Healthcare Professionals



**Jeremy Jolley**

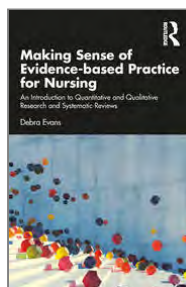
At the heart of this new edition is the view that research is essentially a simple activity, the principles of which can be readily understood by students new to the subject. Each chapter guides the reader to uncover the 'mysteries' of research while demonstrating how research in healthcare is a practical activity, orientated directly to patient care. This book is designed for all students of nursing and allied health professions at any level but who find themselves studying research for the first time.

Routledge  
May 2020:262  
Hb: 978-0-367-47253-5: £130  
Pb: 978-0-367-35053-6: £34.99  
eBook: 978-0-429-32945-6

\* For full contents and more information, visit: [www.routledge.com/9780367350536](http://www.routledge.com/9780367350536)

## Making Sense of Evidence-based Practice for Nursing

An Introduction to Quantitative and Qualitative Research and Systematic Reviews



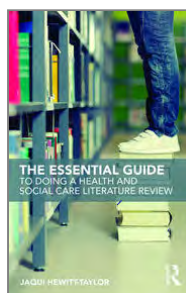
**Debra Evans**

This straightforward guide to evidence-based practice helps you to develop the knowledge and skills necessary to challenge practice that is not underpinned by research and evaluate if interventions are working. Packed with examples from practice across the nursing fields and at different levels, this book is essential for nurses – both student and qualified – who want to increase their confidence when it comes to research appraisal.

Routledge  
September 2022:214  
Hb: 978-0-367-74084-9: £130  
Pb: 978-0-367-74083-2: £34.99  
eBook: 978-1-003-15601-7

\* For full contents and more information, visit: [www.routledge.com/9780367740832](http://www.routledge.com/9780367740832)

## The Essential Guide to Doing a Health and Social Care Literature Review



**Jaqui Hewitt-Taylor**

Written by an established author with long experience of supporting students doing literature reviews, this invaluable text offers logical and insightful advice on all aspects of literature review methodology, from problem identification, to synthesizing information, to forming conclusions. Beginning with a chapter on what makes a good literature review, so that readers are confident about what they're aiming for, subsequent chapters reflect the structure of a typical dissertation by literature review, making the text very easy to navigate.

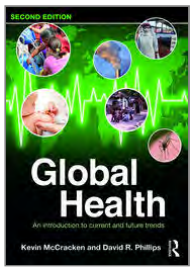
Routledge  
April 2017:218  
Hb: 978-1-138-18691-0: £145  
Pb: 978-1-138-18692-7: £39.99  
eBook: 978-1-315-64347-2

\* For full contents and more information, visit: [www.routledge.com/9781138186927](http://www.routledge.com/9781138186927)

2ND EDITION

## Global Health

An Introduction to Current and Future Trends



**Kevin McCracken, David R. Phillips**

Global Health, second edition, continues to provide readers with a comprehensive, up-to-date and thought-provoking outline and understanding of the constantly evolving global health landscape. New or extended topics in this edition include; emerging and re-emerging infectious disease threats; terrorism, global conflict and health; the UN Sustainable Development Goals; Universal Health Coverage; information technology; palliative and end-of-life care; substance abuse; and, ethical issues in global health.

Routledge

June 2017:466

Hb: 978-1-138-91274-8: £175

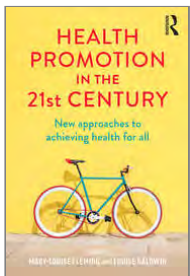
Pb: 978-1-138-91275-5: £42.99

eBook: 978-1-315-69180-0

\* For full contents and more information, visit: [www.routledge.com/9781138912755](http://www.routledge.com/9781138912755)

## Health Promotion in the 21st Century

New approaches to achieving health for all



*Edited by* **Mary-Louise Fleming, Louise Baldwin**

An introduction to health promotion in Australia which addresses the complex local and international causes of ill health, and the range of strategies which can be employed to develop effective and sustainable health promotion interventions.

Routledge

February 2020:312

Hb: 978-0-367-71831-2: £130

Pb: 978-1-760-87514-5: £34.99

eBook: 978-1-003-11591-5

\* For full contents and more information, visit: [www.routledge.com/9781760875145](http://www.routledge.com/9781760875145)

## Key Themes in Public Health



**Miranda Thurston**

This text comprises a series of introductory essays exploring key themes and concepts in public health. The themes discussed include: determinants of health, globalisation, evidence, climate change, ethics, development, poverty, risk and population. Presenting provocative ways of thinking about key ideas in a concise fashion, each essay provides a basic grounding in the relevant theme as well as a departure point for further study. It provides an accessible overview for students new to public health who want to get to grips with the full range and complexity of this diverse and multidisciplinary field.

Routledge

June 2014:238

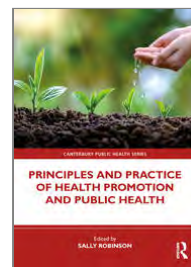
Hb: 978-0-415-67381-5: £160

Pb: 978-0-415-67382-2: £42.99

eBook: 978-1-315-77010-9

\* For full contents and more information, visit: [www.routledge.com/9780415673822](http://www.routledge.com/9780415673822)

## Principles and Practice of Health Promotion and Public Health



*Edited by* **Sally Robinson**

*Series: Canterbury Public Health Series*

Principles and Practice of Health Promotion and Public Health brings together the disciplines and fields of study that inform the work of promoting health into one book and provides many examples of practice. Both are core texts for those studying health promotion or public health, and supplementary texts for students of healthcare and social care. They are ideal for public health practitioners and members of the wider public health workforce.

Routledge

December 2022:438

Hb: 978-1-032-41124-8: £120

Pb: 978-0-367-42344-5: £34.99

eBook: 978-0-367-82369-6

\* For full contents and more information, visit: [www.routledge.com/9780367423445](http://www.routledge.com/9780367423445)

## Priorities for Health Promotion and Public Health

Explaining the Evidence for Disease Prevention and Health Promotion



*Edited by* **Sally Robinson**

*Series: Canterbury Public Health Series*

Priorities for Health Promotion and Public Health brings together the evidence behind the UK's public health priorities into one comprehensible textbook. Priorities for Health Promotion and Public Health is an ideal companion for busy practitioners who work across the wider sectors that support people's health and wellbeing. It is also a core textbook for students new to health promotion and public health.

Routledge

March 2021:532

Hb: 978-0-367-82028-2: £130

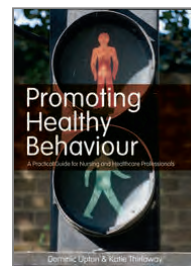
Pb: 978-0-367-42341-4: £36.99

eBook: 978-0-367-82368-9

\* For full contents and more information, visit: [www.routledge.com/9780367423414](http://www.routledge.com/9780367423414)

## Promoting Healthy Behaviour

A Practical Guide for Nursing and Healthcare Professionals



**Dominic Upton, Katie Thirlaway**

Lifestyle diseases are the scourge of the modern Western world. Smoking, eating badly, not exercising, excessive drinking: these are but a few of the major challenges facing the NHS. People understand why these habits are bad for them, and most people understand how to tackle them – so why is it that so many people don't have a healthy lifestyle? And, more importantly, how can we change this? This book is designed for healthcare professionals of all types, at any stage in their career. It addresses the role psychology can play in reversing poor lifestyles, putting theory into practice in the most effective and simple ways.

Routledge

April 2010:248

Pb: 978-0-273-72385-1: £39.99

eBook: 978-1-315-84716-0

\* For full contents and more information, visit: [www.routledge.com/9780273723851](http://www.routledge.com/9780273723851)



## Practice Supervision and Assessment in Nursing, Health and Social Care



Edited by **Mark Wareing**

This is an essential guide for all health and social work practitioners supporting an increasing number of learners and pre-registration students engaging in practice-based and work-based learning. Applying educational learning theory to underpin the role and practice of the contemporary Practice Supervisor, this accessible book presents strategies for practice learning and personal development. Designed for nurses, midwives, social workers, therapists and department practitioners who support learners in the workplace, this text is particularly relevant to registrants completing Practice Supervisor preparation and pre-registration students taking modules on supporting learning.

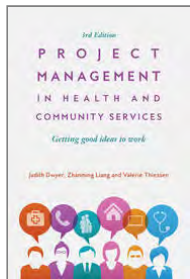
Routledge  
July 2024:232  
Hb: 978-1-032-41541-3: **£130**  
Pb: 978-1-032-41538-3: **£34.99**

\* For full contents and more information, visit: [www.routledge.com/9781032415383](http://www.routledge.com/9781032415383)

3RD EDITION

## Project Management in Health and Community Services

Getting good ideas to work



**Zhanming Liang, Pauline Stanton**

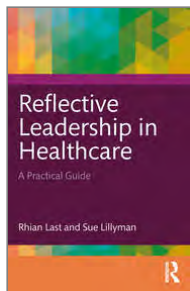
A fully updated edition of this accessible, practical and concise guide to managing projects in the health and community services environments.

Routledge  
June 2019:264  
Hb: 978-0-367-71910-4: **£130**  
Pb: 978-1-760-63281-6: **£34.99**  
eBook: 978-1-003-11689-9

\* For full contents and more information, visit: [www.routledge.com/9781760632816](http://www.routledge.com/9781760632816)

## Reflective Leadership in Healthcare

A Practical Guide



**Rhian Last, Sue Lillyman**

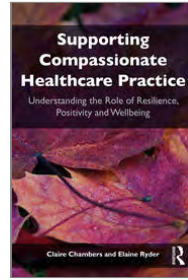
This practical and positive guide shows how good, effective reflection can help people to stay on track, as well as understand what is working well and what might be improved – essential skills for leaders at all levels of practice from newly qualified staff to senior managers. Reflective leadership is fundamental to providing safe, effective healthcare to all patients, as well as enhancing resilience for individuals, teams and organisations. This guide is an essential read for healthcare students and practitioners, no matter at what stage or level they are as a leader.

Routledge  
August 2023:102  
Hb: 978-1-032-34939-8: **£130**  
Pb: 978-1-032-34936-7: **£34.99**  
eBook: 978-1-003-32456-0

\* For full contents and more information, visit: [www.routledge.com/9781032349367](http://www.routledge.com/9781032349367)

## Supporting compassionate healthcare practice

Understanding the role of resilience, positivity and wellbeing



**Claire Chambers, Elaine Ryder**

Compassionate healthcare can be challenging for practitioners to deliver day after day in a context of tight budgets and targets. This text looks at how healthcare professionals can look after themselves in order to maintain and develop their compassionate healthcare practice. It explores thinking around stress management, resilience, wellbeing and positivity, presenting and critiquing the evidence base for these key concepts. Illustrated with numerous case studies and examples, the authors conclude with their framework – RESPECT – for practice.

Routledge  
October 2018:212  
Hb: 978-1-138-09209-9: **£130**  
Pb: 978-1-138-09210-5: **£36.99**  
eBook: 978-1-315-10772-1

\* For full contents and more information, visit: [www.routledge.com/9781138092105](http://www.routledge.com/9781138092105)

## Foundations for 21st-Century Health and Social Care

Theory and Practice for Nursing Associates, Assistant Practitioners, Support Workers and Beyond



Edited by **Lisa Arai**

This comprehensive text introduces health and social care theory and practice for students studying at foundation degree level, including those on nursing associate and assistant practitioner pathways. Clearly presented and reader-friendly, this textbook is an essential companion for health and social care students, including nursing associates and assistant practitioners.

Routledge

November 2023:250

Hb: 978-1-032-05611-1: **£130**

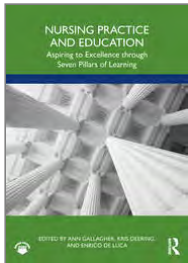
Pb: 978-1-032-05600-5: **£29.99**

eBook: 978-1-003-19833-8

\* For full contents and more information, visit: [www.routledge.com/9781032056005](http://www.routledge.com/9781032056005)

## Nursing Practice and Education

Aspiring to Excellence through Seven Pillars of Learning



Edited by **Ann Gallagher, Kris Deering, Enrico De Luca**

This accessible co-produced textbook presents essential knowledge, skills and values relevant to all undergraduate student nurses up to Masters' level. The chapters include a range of features to help readers apply their learning, including the application of relevant international research and incorporating the voices of students, patients and nurse educators. It enables readers to gain confidence and competence in their practice and serves as an important introduction for student nurses.

Routledge

October 2023:174

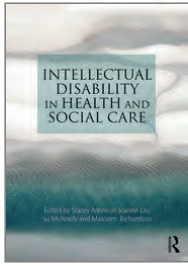
Hb: 978-1-032-48746-5: **£130**

Pb: 978-1-032-48745-8: **£34.99**

eBook: 978-1-003-39056-5

\* For full contents and more information, visit: [www.routledge.com/9781032487458](http://www.routledge.com/9781032487458)

## Intellectual Disability in Health and Social Care



Edited by **Stacey Atkinson, Joanne Lay, Su McAnelly, Malcolm Richardson**

This text provides a comprehensive insight into intellectual disability healthcare. It is aimed at those who are training in the field of intellectual disability nursing and also untrained practitioners who work in both health and social care settings. Exploring how a wide range of biological, health, psychological and social barriers impact upon people with learning disability, it looks at: key principles for practice; assessment, screening and diagnosis across the life course; addressing lifelong health needs; psychological and psychotherapeutic issues; and changing professional roles and models for practice.

Routledge

September 2014:598

Hb: 978-0-415-73389-2: **£150**

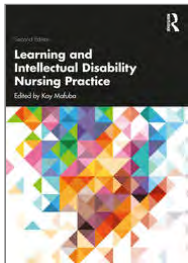
Pb: 978-0-273-76387-1: **£56.99**

eBook: 978-1-315-81912-9

\* For full contents and more information, visit: [www.routledge.com/9780273763871](http://www.routledge.com/9780273763871)

2ND EDITION

## Learning and Intellectual Disability Nursing Practice



**Kay Mafuba**

This well-respected core text provides a comprehensive solid foundation for students of nursing and practitioners who care for and or support people with learning/intellectual disabilities in a range of health and social care settings and scenarios. This text is essential reading for anyone studying learning/intellectual disabilities at undergraduate and post-graduate levels; it will also be a useful resource for the wider family of nursing, as well as health and social care professionals.

Routledge

March 2023:406

Hb: 978-1-032-28357-9: **£120**

Pb: 978-1-032-28276-3: **£38.99**

eBook: 978-1-003-29646-1

\* For full contents and more information, visit: [www.routledge.com/9781032282763](http://www.routledge.com/9781032282763)

2ND EDITION

## A Pocket Guide to Risk Assessment and Management in Mental Health



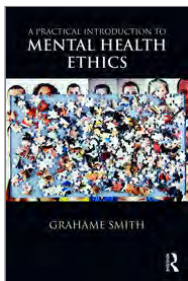
**Chris Hart**

Risk assessment and risk management are top of every mental health trust's agenda. This updated and expanded new edition provides an informative and practical guide to the process of undertaking a risk assessment, arriving at a risk formulation and developing a risk management plan. This concise guidebook is designed for all mental health professionals, and professionals-in-training. It will also be a useful reference for healthcare practitioners who regularly come into contact with people experiencing mental health problems.

Routledge  
December 2023:232  
Hb: 978-0-367-77481-3: **£130**  
Pb: 978-0-367-77478-3: **£34.99**  
eBook: 978-1-003-17161-4

\* For full contents and more information, visit: [www.routledge.com/9780367774783](http://www.routledge.com/9780367774783)

## A Practical Introduction to Mental Health Ethics



**Grahame Smith**

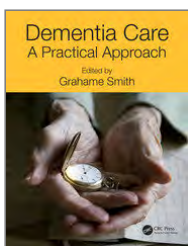
This book is a practical introduction to the skills and knowledge the mental health nurse is professionally required to develop in their journey towards effectively managing complex ethical decisions. Written with the training mental health nurse in mind, this book is a clear and concise guide on how to approach common, ethically-complex situations mental health nurses will eventually find themselves faced with. To ensure professional currency the content of this book is mapped to the NMC's (2010) pre-registration education standards, and uses a scenario-based approach in order to provide a pragmatic and robust resource for pre-registration mental health nursing students.

Routledge  
November 2016:150  
Hb: 978-1-138-84027-0: **£125**  
Pb: 978-1-138-84030-0: **£39.99**  
eBook: 978-1-315-73288-6

\* For full contents and more information, visit: [www.routledge.com/9781138840300](http://www.routledge.com/9781138840300)

## Dementia Care

A Practical Approach



*Edited by* **Grahame Smith**

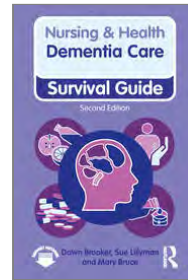
This practical text offers a comprehensive introduction to dementia care. The book is shaped by the requirements for compassion in practice and a multidisciplinary approach, with chapters underpinned by key policies and strategies. Taking a strengths approach, the book gives practitioners the tools to help their patients live well with their condition and is essential reading for all health care students.

Routledge  
July 2016:201  
Pb: 978-1-482-24573-8: **£35.99**  
eBook: 978-1-315-38207-4

\* For full contents and more information, visit: [www.routledge.com/9781482245738](http://www.routledge.com/9781482245738)

2ND EDITION

## Dementia Care, 2nd ed



**Dawn Brooker, Sue Lillyman, Mary Bruce**

*Series: Nursing and Health Survival Guides*

Ideal for quick reference, this pocket-sized guide puts all the crucial information on caring for patients with dementia at your fingertips. All health and social care professionals involved in the care of dementia patients will find this book a valuable resource, while it is an essential guide for students on placement in this area.

Routledge  
August 2022:86  
Pb: 978-1-032-21765-9: **£8.99**  
eBook: 978-1-003-26994-6

\* For full contents and more information, visit: [www.routledge.com/9781032217659](http://www.routledge.com/9781032217659)

4TH EDITION

## Depression in New Mothers, Volume 1

Causes, Consequences, and Risk Factors



**Kathleen Kendall-Tackett**

Depression in New Mothers, Volume 1: Causes, Consequences, and Risk Factors provides a comprehensive, evidence-based approach to understanding symptoms and risk factors of depression, anxiety, and posttraumatic stress disorder (PTSD) in perinatal women, which are common complications of childbirth. Depression in New Mothers, Volume 1 includes mothers' stories throughout. Each chapter highlights key research findings and clinical takeaways. It is an essential resource for all healthcare practitioners working with mothers in the perinatal period, including nurses, midwives, doctors, lactation consultants and psychologists.

Routledge  
November 2023:218  
Hb: 978-1-032-53277-6: **£130**  
Pb: 978-1-032-53275-2: **£31.99**  
eBook: 978-1-003-41124-6

\* For full contents and more information, visit: [www.routledge.com/9781032532752](http://www.routledge.com/9781032532752)

4TH EDITION

## Depression in New Mothers, Volume 2

Screening, Assessment, and Treatment Alternatives



**Kathleen A. Kendall-Tackett**

This fourth edition of Depression in New Mothers, Volume 2: Screening, Assessment, and Treatment Alternatives provides a comprehensive and evidence-based approach to understanding the assessment for treatment and treatment of postpartum depression. Depression in New Mothers, Volume 2 (4th Edition) includes more case illustrations throughout and retains its focus on moving research into practice. It is an essential resource for all healthcare practitioners working with mothers in the perinatal period, including mental health providers, nurses, midwives, doctors, lactation consultants, and peer supporters.

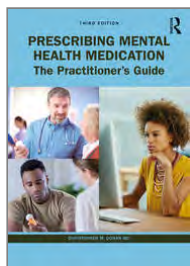
Routledge  
April 2024:188  
Hb: 978-1-032-52077-3: **£130**  
Pb: 978-1-032-52074-2: **£31.99**

\* For full contents and more information, visit: [www.routledge.com/9781032520742](http://www.routledge.com/9781032520742)

3RD EDITION

## Prescribing Mental Health Medication

The Practitioner's Guide



**Christopher Doran MD**

Prescribing Mental Health Medication is a comprehensive text for all practitioners who treat mental disorders with medication. This new edition is fully updated and includes additional chapters on combining medications, combining medications and psychological therapies, innovative treatments and complementary therapies. This practical text explains the entire process of medication assessment, management and follow up for general medical practitioners, mental health practitioners, students, residents, prescribing nurses and others perfecting this skill.

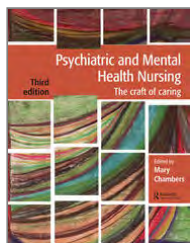
Routledge  
August 2021:570  
Hb: 978-0-367-46692-3: **£130**  
Pb: 978-0-367-46691-6: **£52.99**  
eBook: 978-1-003-03043-0

\* For full contents and more information, visit: [www.routledge.com/9780367466916](http://www.routledge.com/9780367466916)

3RD EDITION

## Psychiatric and Mental Health Nursing

The craft of caring



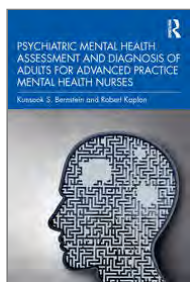
*Edited by* **Mary Chambers**

This new edition of a bestselling, evidence-based textbook provides a comprehensive overview of psychiatric and mental health nursing. Always keeping patients and their recovery at the center of care and with service user perspectives integrated throughout, the holistic approach will help nurses to gain the tools and understanding required to work in this complex area.

Routledge  
March 2017:864  
Hb: 978-1-138-62634-8: **£150**  
Pb: 978-1-482-22195-4: **£42.99**  
eBook: 978-1-315-38187-9

\* For full contents and more information, visit: [www.routledge.com/9781482221954](http://www.routledge.com/9781482221954)

## Psychiatric Mental Health Assessment and Diagnosis of Adults for Advanced Practice Mental Health Nurses



**Kunsook S. Bernstein, Robert Kaplan**

This text provides a comprehensive and evidence-based introduction to psychiatric mental health assessment and diagnosis in advanced nursing practice. This is an essential text for all those undertaking Psychiatric Mental Health Nurse Practitioner programs and a valuable reference for advanced practice nurses in clinical practice.

Routledge  
July 2022:176  
Hb: 978-0-367-68455-6: **£130**  
Pb: 978-0-367-68448-8: **£39.99**  
eBook: 978-1-003-13759-7

\* For full contents and more information, visit: [www.routledge.com/9780367684488](http://www.routledge.com/9780367684488)

## Textbook of Dementia Care

An Integrated Approach



*Edited by* **Graham Jackson, Debbie Tolson**

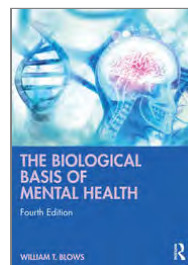
Dementia has become a priority for health and social care services across the world, as people live longer lives. This evidence-based textbook gives an overview of the whole topic of dementia, with an emphasis on practice. Taking a collaborative approach, it is written by authors from a wide range of health and social care backgrounds and includes the perspectives of people with dementia, as well as family carers. Designed for professionals undertaking further study in dementia care, this book will also support pre-registration students undertaking placements in the area and constitute an important reference for the workplace.

Routledge  
April 2019:216  
Hb: 978-1-138-22923-5: **£110**  
Pb: 978-1-138-22924-2: **£29.99**  
eBook: 978-1-315-38984-4

\* For full contents and more information, visit: [www.routledge.com/9781138229242](http://www.routledge.com/9781138229242)

4TH EDITION

## The Biological Basis of Mental Health



**William T. Blows**

This book explores the underlying biology and neuroscience associated with mental health and wellbeing. This unique textbook is an essential read for all healthcare students, practitioners and educators with an interest in mental health and neuroscience.

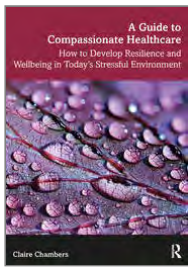
Routledge  
November 2021:468  
Hb: 978-0-367-56319-6: **£130**  
Pb: 978-0-367-56318-9: **£48.99**  
eBook: 978-1-003-09727-3

\* For full contents and more information, visit: [www.routledge.com/9780367563189](http://www.routledge.com/9780367563189)



## A Guide to Compassionate Healthcare

How to Develop Resilience and Wellbeing in Today's Stressful Environment



**Claire Chambers**

A Guide to Compassionate Healthcare looks at how to maintain wellbeing in today's challenging healthcare environments, enabling practitioners to make a positive difference to the care environment whilst providing compassionate care to patients. This is essential reading for all those working in healthcare today who are passionate about compassionate care and want to ensure that they remain positive and well, particularly newly qualified staff.

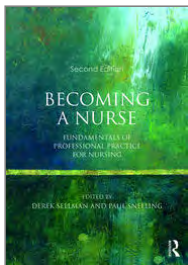
Routledge  
May 2024:338  
Hb: 978-1-138-09339-3: £130  
Pb: 978-1-138-09340-9: £36.99

\* For full contents and more information, visit: [www.routledge.com/9781138093409](http://www.routledge.com/9781138093409)

2ND EDITION

## Becoming a Nurse

Fundamentals of Professional Practice for Nursing



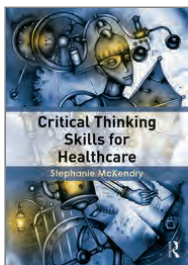
*Edited by* **Derek Sellman, Paul Snelling**

Becoming a Nurse will demystify what you need to know while preparing you to meet NMC standards and become a confident, practising professional. This new edition has been thoroughly updated throughout, and includes four new chapters on psychosocial concepts for nursing; sociological concepts for nursing; spiritual care; and preceptorship and transition. Like the previous edition the book also covers: law, ethics and policy; management and leadership; communication, interpersonal skills and interprofessional working; evidence-based practice; medicines management; public health; and professional development.

Routledge  
October 2016:558  
Hb: 978-0-415-73404-2: £170  
Pb: 978-0-273-78621-4: £42.99  
eBook: 978-1-315-69343-9

\* For full contents and more information, visit: [www.routledge.com/9780273786214](http://www.routledge.com/9780273786214)

## Critical Thinking Skills for Healthcare



**Stephanie McKendry**

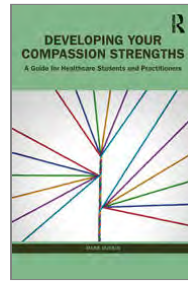
Thinking critically is an essential skill for students and healthcare practitioners. This book will help you to identify, transfer and build on the critical skills you already have to help you find, understand and evaluate the evidence that underpins your academic work and healthcare practice.  
@contents:1. Taking a Critical Approach in Everyday Life 2. So What is Critical Thinking? 3. Taking a Critical Approach in Your Reading 4. Taking a Critical Approach in Assessments 5. Building a Rational and Credible Argument 6. Taking a Critical Approach in Reflection and Reflective Assessments

Routledge  
July 2015:122  
Hb: 978-1-138-78751-3: £120  
Pb: 978-1-138-78752-0: £29.99  
eBook: 978-1-315-76640-9

\* For full contents and more information, visit: [www.routledge.com/9781138787520](http://www.routledge.com/9781138787520)

## Developing Your Compassion Strengths

A Guide for Healthcare Students and Practitioners



**Mark Durkin**

This practical book suggests ways in which healthcare students and practitioners can develop their compassion strengths. Highlighting the concept of compassion strengths, and compassion as a way of being, this is an essential read for healthcare students and practitioners, whether involved in direct patient care or management.

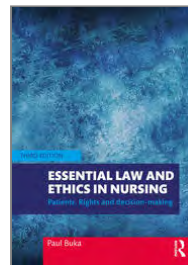
Routledge  
April 2023:198  
Hb: 978-1-032-23245-4: £120  
Pb: 978-1-032-23208-9: £34.99  
eBook: 978-1-003-27642-5

\* For full contents and more information, visit: [www.routledge.com/9781032232089](http://www.routledge.com/9781032232089)

3RD EDITION

## Essential Law and Ethics in Nursing

Patients, Rights and Decision-Making



**Paul Buka**

This thoroughly updated third edition lays a solid foundation for understanding the intersection of law, ethics and the rights of the patient, in the context of everyday nursing and health care practice. This is essential reading for nurses, and an important reference for midwives and allied health professionals.

Routledge  
July 2020:196  
Hb: 978-0-367-26244-0: £110  
Pb: 978-0-367-26245-7: £29.99  
eBook: 978-0-429-29218-7

\* For full contents and more information, visit: [www.routledge.com/9780367262457](http://www.routledge.com/9780367262457)

## Nursing Ethics, 1880s to the Present

An Archaeology of Lost Wisdom and Identity



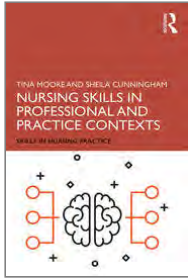
**Marsha Fowler**

This important text draws on decades of research, arguing that modern nursing germinated and grew an ethics from its own native soil, that is a rich, fulsome and philosophically informed; grounded in the tradition, and practice of nursing. This systematic and comprehensive book is an essential contribution for students and scholars of nursing ethics.

Routledge  
April 2024:424  
Hb: 978-1-032-20072-9: £130  
Pb: 978-1-032-20071-2: £39.99

\* For full contents and more information, visit: [www.routledge.com/9781032200712](http://www.routledge.com/9781032200712)

## Nursing Skills in Professional and Practice Contexts



**Tina Moore, Sheila Cunningham**

*Series: Skills in Nursing Practice*

The professional role of the nurse is at the very foundation of good care management and provision, and it is imperative that you have a sound understanding of various ethical, legal and professional issues you will face during your career. This competency-based pocket guide covers: professional issues and accountability; communication; the patient journey; diagnostic testing; care planning; managing and leading in the clinical environment; and end of life care. Quick and easy to reference, this short, clinically-focused text is ideal for use on placements or for revision.

Routledge

December 2019:64

Hb: 978-1-138-47948-7: **£99.99**

Pb: 978-1-138-47949-4: **£13.99**

eBook: 978-1-351-06562-7

\* For full contents and more information, visit: [www.routledge.com/9781138479494](http://www.routledge.com/9781138479494)

## Reflection for Nursing Life

Principles, Process and Practice



**John McKinnon**

This accessible text is designed to support a deeper understanding of the value of reflection and its relationship with the needs of modern practice. Beginning with discussions of self-awareness and the reflective cycle, it goes on to explore ideas about critical incidents, critical reflection models and transformational learning. It integrates cutting-edge neuro-scientific research and thinking about emotional labour and intelligence in healthcare with mainstream reflective practice, drawing on both new and established ways of guiding learning and professional judgment.

Routledge

February 2016:150

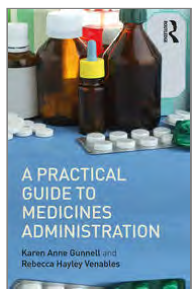
Hb: 978-1-138-78758-2: **£160**

Pb: 978-1-138-78759-9: **£35.99**

eBook: 978-1-315-76632-4

\* For full contents and more information, visit: [www.routledge.com/9781138787599](http://www.routledge.com/9781138787599)

## A Practical Guide to Medicine Administration



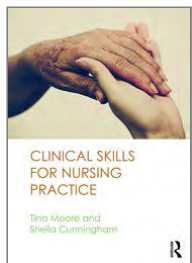
Rebecca Hayley Venables, Karen Anne Gunnell

It is important that medicines are administered correctly, in order to provide correct drug doses, yet not all healthcare professionals are expert in the area. This book provides a definitive guide to best practice in administering medicinal formulations. Acting as a quick reference handbook for administration techniques in both the simulated and real practice environment, it enables readers to advise patients on the correct use of their formulation. It is a key resource for both student and practising pharmacists who counsel and advise patients on the use of their medicines. It will also be a useful reference for nurses, nursing associates, assistant practitioners and healthcare assistants.

Routledge  
July 2018:116  
Hb: 978-1-138-30116-0: £130  
Pb: 978-1-138-30117-7: £31.99  
eBook: 978-0-203-73271-7

\* For full contents and more information, visit: [www.routledge.com/9781138301177](http://www.routledge.com/9781138301177)

## Clinical Skills for Nursing Practice



Edited by Tina Moore, Sheila Cunningham

This comprehensive text introduces the core clinical skills and competencies a newly-qualified nurse is required to have for professional practice. It is divided into five sections looking at: Care and Compassion and Communication; Essential Skills; Organisational Aspects of Care; Safety and Protection; and Nutrition and Fluid Balance. Designed to allow readers to develop and enhance their clinical skills with one key textbook, each chapter contains learning outcomes, recommendations for practice, case studies, activities, 'clinical significance' highlights and step-by-step guides to important procedures.

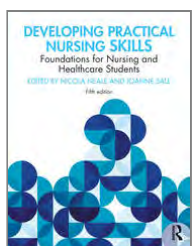
Routledge  
November 2016:620  
Hb: 978-1-138-79119-0: £175  
Pb: 978-0-273-76794-7: £51.99  
eBook: 978-1-315-52877-9

\* For full contents and more information, visit: [www.routledge.com/9780273767947](http://www.routledge.com/9780273767947)

5TH EDITION

## Developing Practical Nursing Skills

Foundations for Nursing and Healthcare Students



Edited by Nicola Neale, Joanne Sale

Developing Practical Nursing Skills helps you learn and perfect the practical skills required to become a qualified nurse. Patient-focussed and adopting a caring approach, this essential text helps you to integrate nursing values alongside physical skills in your daily practice. This is a complete clinical skills resource for all pre-registration nursing students. It is also a useful text for nursing associate and healthcare support workers.

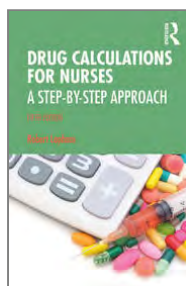
Routledge  
May 2022:870  
Hb: 978-0-367-89660-7: £130  
Pb: 978-0-367-89661-4: £42.99  
eBook: 978-1-003-02066-0

\* For full contents and more information, visit: [www.routledge.com/9780367896614](http://www.routledge.com/9780367896614)

5TH EDITION

## Drug Calculations for Nurses

A Step-by-Step Approach



Robert Lapham

This new edition of Drug Calculations for Nurses teaches healthcare professionals how to perform drug calculations with confidence and competence. It provides step-by-step guidance to carry out accurate drug calculations, with units and drug strengths clearly explained. Designed for students and practitioners in nursing, midwifery and allied health, this textbook enables readers to improve their numeracy skills for clinical practice and develop their understanding of the broader context for these calculations.

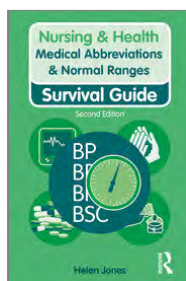
Routledge  
July 2021:414  
Hb: 978-0-367-52235-3: £130  
Pb: 978-0-367-52232-2: £19.99  
eBook: 978-1-003-05706-2

\* For full contents and more information, visit: [www.routledge.com/9780367522322](http://www.routledge.com/9780367522322)

2ND EDITION

## Medical Abbreviations & Normal Ranges

Survival Guide



Helen Jones

Series: Nursing and Health Survival Guides

Part of the skill of nursing and healthcare involves being able to decipher and understand the meanings of results and abbreviations. Fully updated, this second edition is a handy survival guide which will supply you with up-to-date information and help you understand this language, so that you can provide appropriate holistic care to your patients.

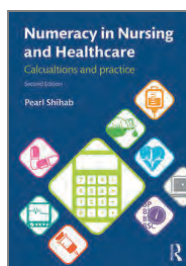
Routledge  
May 2019:68  
Pb: 978-1-138-35197-4: £8.99  
eBook: 978-0-429-43494-5

\* For full contents and more information, visit: [www.routledge.com/9781138351974](http://www.routledge.com/9781138351974)

2ND EDITION

## Numeracy in Nursing and Healthcare

Calculations and Practice



Pearl Shihab

If you need to brush up your maths skills, this is the perfect textbook to help you through your nursing programme. The text starts out with basic arithmetic and works up to more advanced principles like SI units, drug administration, common clinical measurements and how to understand statistics. 1. Basic Arithmetic Skills 2. Decimals and Other Fractions 3. SI Units 4. Drug Calculations 5. Drug Concentrations 6. Per Cent, Percentage and Ratios 7. Intravenous Fluid and Drug Administration 8. Common Clinical Measurements 9. Physiological Measurements 10. Statistics and Reading Research Articles

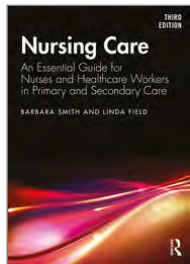
Routledge  
January 2014:272  
Hb: 978-0-415-74043-2: £150  
Pb: 978-1-447-92256-8: £36.99  
eBook: 978-1-315-73509-2

\* For full contents and more information, visit: [www.routledge.com/9781447922568](http://www.routledge.com/9781447922568)

3RD EDITION

## Nursing Care

An Essential Guide for Nurses and Healthcare Workers in Primary and Secondary Care



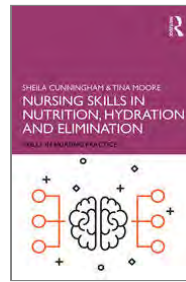
**Barbara Smith, Linda Field**

Go 'back to basics' with this concise, clear text on the essentials of nursing care. Fully updated to address the latest NMC and government policy, this new edition is designed to help the student develop a proactive approach to the assessment, planning, implementation and evaluation of the care that they give. The invaluable advice can be applied to all branches of nursing and to all environments where patients are nursed, whether in hospital, at home or care homes.

Routledge  
September 2019:348  
Hb: 978-1-138-38909-0: **£175**  
Pb: 978-1-138-38910-6: **£42.99**  
eBook: 978-0-429-42418-2

\* For full contents and more information, visit: [www.routledge.com/9781138389106](http://www.routledge.com/9781138389106)

## Nursing Skills in Nutrition, Hydration and Elimination



**Sheila Cunningham, Tina Moore**

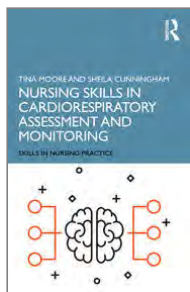
*Series: Skills in Nursing Practice*

The body needs a constant supply of nutrients and water in order to survive, with water is required for the transportation of nutrients to cells and also for the transportation of waste out of the body. This skills-focused pocket guide outlines what you need to know about the anatomy and physiology of the gastrointestinal and renal systems, nutrition, hydration, and elimination to support your patients' health and comfort. Quick and easy to reference, this short, clinically-focused guide is ideal for use on placements or for revision. It is suitable for pre-registration nurses, students on the nursing associate programme and newly qualified nurses.

Routledge  
December 2019:68  
Hb: 978-1-138-47945-6: **£99.99**  
Pb: 978-1-138-47946-3: **£13.99**  
eBook: 978-1-351-06570-2

\* For full contents and more information, visit: [www.routledge.com/9781138479463](http://www.routledge.com/9781138479463)

## Nursing Skills in Cardiorespiratory Assessment and Monitoring



**Tina Moore, Sheila Cunningham**

*Series: Skills in Nursing Practice*

Organisms need to be able to maintain nearly constant internal environments in order to survive, grow and function effectively and efficiently. This practical pocket guide covers the anatomy and physiology of the cardiovascular and respiratory systems, taking vital signs, nursing skills for cardiovascular and respiratory health, and cannulation and venepuncture. Quick and easy to reference, this short, clinically-focused guide is ideal for use on placements or for revision. It is suitable for pre-registration nurses, students on the nursing associate programme and newly qualified nurses.

Routledge  
May 2021:112  
Hb: 978-1-138-47930-2: **£48.99**  
Pb: 978-1-138-47932-6: **£13.99**  
eBook: 978-1-351-06606-8

\* For full contents and more information, visit: [www.routledge.com/9781138479326](http://www.routledge.com/9781138479326)

## Nursing Skills in Safety and Protection



**Sheila Cunningham, Tina Moore**

*Series: Skills in Nursing Practice*

People should be cared for in a safe environment that is protected from internal and external harm. This quick reference guide covers vital practical skills for nurses including emergency management and resuscitation, the safe and accurate administration of medicines, infection control, the anatomy and physiology of skin and temperature regulation, and personal care and wound care. Quick and easy to reference, this short, clinically-focused guide is ideal for use on placements or for revision. It is suitable for pre-registration nurses, students on the nursing associate programme and newly qualified nurses.

Routledge  
December 2019:76  
Hb: 978-1-138-47940-1: **£99.99**  
Pb: 978-1-138-47941-8: **£13.99**  
eBook: 978-1-351-06578-8

\* For full contents and more information, visit: [www.routledge.com/9781138479418](http://www.routledge.com/9781138479418)

## Nursing Skills in Control and Coordination



**Tina Moore, Sheila Cunningham**

*Series: Skills in Nursing Practice*

Looking at how a variety of biological systems control and coordinate all physical actions, this quick reference book covers the nervous system and neurological assessment, caring for the unconscious patient and dealing with pain. Quick and easy to reference, this short, clinically-focused guide is ideal for use in practice. It is suitable for pre-registration nurses, students on the nursing associate programme and newly qualified nurses.

Routledge  
May 2021:108  
Hb: 978-1-138-47936-4: **£48.99**  
Pb: 978-1-138-47937-1: **£13.99**  
eBook: 978-1-351-06590-0

\* For full contents and more information, visit: [www.routledge.com/9781138479371](http://www.routledge.com/9781138479371)

## Nursing Skills in Supporting Mobility



**Sheila Cunningham, Tina Moore**

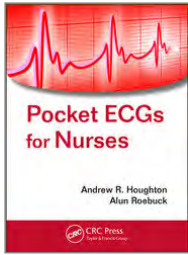
*Series: Skills in Nursing Practice*

Quick and easy to reference, this short, clinically-focused guide is ideal for use on placements or for revision. It is suitable for pre-registration nurses, students on the nursing associate programme and newly qualified nurses.

Routledge  
May 2021:84  
Hb: 978-1-138-47952-4: **£48.99**  
Pb: 978-1-138-47955-5: **£13.99**  
eBook: 978-1-351-06558-0

\* For full contents and more information, visit: [www.routledge.com/9781138479555](http://www.routledge.com/9781138479555)

## Pocket ECGs for Nurses



**Andrew R. Houghton, Alun Roebuck**

Written in plain language with clear explanations, bullet lists and summaries throughout, this book will benefit nurses as well as paramedics and other allied health professionals in recording and reading ECGs. The book begins by covering the basics of cardiac anatomy and physiology and how these relate to the ECG. It then guides nurses on how to perform a high-quality ECG recording, interpret it and make sense of common ECG abnormalities. The book also includes a guide to ambulatory and bedside monitoring and useful chapter summaries.

Routledge

November 2015:268

Hb: 978-1-138-45448-4: **£125**

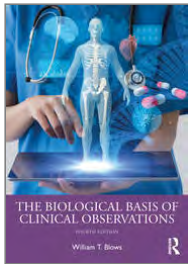
Pb: 978-1-498-70593-6: **£31.99**

eBook: 978-0-429-25748-3

\* For full contents and more information, visit: [www.routledge.com/9781498705936](http://www.routledge.com/9781498705936)

4TH EDITION

## The Biological Basis of Clinical Observations



**William T. Blows**

Fully updated for its fourth edition, The Biological Basis of Clinical Observations provides readers with the understanding needed to perform clinical observations, make accurate judgements about the patient's condition and make good decisions concerning patient care. The Biological Basis of Clinical Observations is a unique text which integrates explanations of essential procedures with the biological knowledge that underpins practice. It is essential reading for all nursing and healthcare students preparing for clinical practice.

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<b>A.</b> .....	5	Health and Wellbeing for Babies and Children . . . . .	5	Practice Supervision and Assessment in Nursing, Health and Social Care . . . . .	12
Acute Nursing Care . . . . .	8	Health Promotion in the 21st Century . . . . .	11	Prescribing Mental Health Medication . . . . .	16
A Guide to Compassionate Healthcare . . . . .	17	<b>I.</b> .....		Principles and Practice of Health Promotion and Public Health . . . . .	11
Alcohol and Drug Misuse . . . . .	2	Implementation Science . . . . .	10	Priorities for Health Promotion and Public Health . . . . .	11
A Pocket Guide to Risk Assessment and Management in Mental Health . . . . .	15	Improving Healthcare . . . . .	10	Project Management in Health and Community Services . . . . .	12
A Practical Guide to Medicine Administration . . . . .	19	Intellectual Disability in Health and Social Care . . . . .	14	Promoting Healthy Behaviour . . . . .	11
A Practical Introduction to Mental Health Ethics . . . . .	15	Intensive Care Nursing . . . . .	8	Psychiatric and Mental Health Nursing . . . . .	16
A Textbook of Community Nursing . . . . .	2	Introducing Pharmacology . . . . .	4	Psychiatric Mental Health Assessment and Diagnosis of Adults for Advanced Practice Mental Health Nurses . . . . .	16
<b>B.</b> .....		Introducing Research and Evidence-Based Practice for Nursing and Healthcare Professionals . . . . .	10	<b>R.</b> .....	
Becoming a Nurse . . . . .	17	Introduction to Anatomy and Physiology for Healthcare Students . . . . .	3	Reflection for Nursing Life . . . . .	18
Breastfeeding for Public Health . . . . .	5	<b>K.</b> .....		Reflective Leadership in Healthcare . . . . .	12
<b>C.</b> .....		Key Themes in Public Health . . . . .	11	<b>S.</b> .....	
Care Planning . . . . .	4	<b>L.</b> .....		Specialist Mental Healthcare for Children and Adolescents . . . . .	6
Children and Young People's Nursing . . . . .	5	Learning and Intellectual Disability Nursing Practice . . . . .	14	Supporting compassionate healthcare practice . . . . .	12
Clinical Assessment . . . . .	4	<b>M.</b> .....		Supporting Survivors of Sexual Violence and Abuse . . . . .	2
Clinical Skills for Nursing Practice . . . . .	19	Making Sense of Evidence-based Practice for Nursing . . . . .	10	<b>T.</b> .....	
Critical Care Nursing in Resource Limited Environments . . . . .	8	Managing Long-term Conditions and Chronic Illness in Primary Care . . . . .	10	Textbook of Dementia Care . . . . .	16
Critical Thinking Skills for Healthcare . . . . .	17	Mary D. Sheridan's Play in Early Childhood . . . . .	6	The Biological Basis of Clinical Observations . . . . .	21
Cultural Awareness in Nursing and Health Care . . . . .	7	Mary Sheridan's From Birth to Five Years . . . . .	6	The Biological Basis of Mental Health . . . . .	16
<b>D.</b> .....		Medical Abbreviations & Normal Ranges . . . . .	19	The Essential Guide to Doing a Health and Social Care Literature Review . . . . .	10
Dementia Care . . . . .	15	<b>N.</b> .....			
Dementia Care, 2nd ed . . . . .	15	Narrative-Based Practice in Health and Social Care . . . . .	7		
Depression in New Mothers, Volume 1 . . . . .	15	Non-Medical Prescribing . . . . .	4		
Depression in New Mothers, Volume 2 . . . . .	15	Numeracy in Nursing and Healthcare . . . . .	19		
Developing Practical Nursing Skills . . . . .	19	Nursing Acutely Ill Adults . . . . .	8		
Developing Your Compassion Strengths . . . . .	17	Nursing Care . . . . .	20		
Drug Calculations for Nurses . . . . .	19	Nursing Ethics, 1880s to the Present . . . . .	17		
<b>E.</b> .....		Nursing Older People . . . . .	2		
Essential Law and Ethics in Nursing . . . . .	17	Nursing Practice and Education . . . . .	13		
Essential Nursing Care for Children and Young People . . . . .	5	Nursing Skills in Cardiorespiratory Assessment and Monitoring . . . . .	20		
<b>F.</b> .....		Nursing Skills in Control and Coordination . . . . .	20		
Foundations for 21st-Century Health and Social Care . . . . .	13	Nursing Skills in Nutrition, Hydration and Elimination . . . . .	20		
From Birth to Five Years . . . . .	5	Nursing Skills in Professional and Practice Contexts . . . . .	18		
From Birth to Sixteen . . . . .	5	Nursing Skills in Safety and Protection . . . . .	9		
Fundamentals of Nursing and Midwifery Research . . . . .	10	Nursing Skills in Safety and Protection . . . . .	20		
<b>G.</b> .....		Nursing Skills in Supporting Mobility . . . . .	20		
Global Health . . . . .	11	<b>P.</b> .....			
<b>H.</b> .....		Physiology and Anatomy for Nurses and Healthcare Practitioners . . . . .	3		
Handbook of Contraception and Sexual Health . . . . .	2	Pocket ECGs for Nurses . . . . .	21		

<b>A.</b> .....			
Arai . . . . .	13	Hart . . . . .	15
Atkinson, Lay, McAnelly, Richardson . . . . .	14	Hewitt-Taylor . . . . .	10
		Holland . . . . .	7
<b>B.</b> .....		Houghton, Roebuck . . . . .	21
Baillie, Maxwell . . . . .	9	Howard . . . . .	6
Bernstein, Kaplan . . . . .	16	<b>J.</b> .....	
Blows . . . . .	16	Jackson, Tolson . . . . .	16
Blows . . . . .	21	Jolley . . . . .	10
Brooker, Lillyman, Bruce . . . . .	15	Jones . . . . .	19
Buka . . . . .	17		
		<b>K.</b> .....	
<b>C.</b> .....		Kendall-Tackett . . . . .	15
Carrier . . . . .	2	Kendall-Tackett . . . . .	15
Carter . . . . .	8		
Chambers . . . . .	17	<b>L.</b> .....	
Chambers . . . . .	16	Lapham . . . . .	19
Chambers, Ryder . . . . .	12	Lapworth, Cook . . . . .	4
Chilton, Bain . . . . .	2	Last, Lillyman . . . . .	12
Clancy, McVicar . . . . .	3	Launer . . . . .	7
Cowie . . . . .	5	Liang, Stanton . . . . .	12
Cunningham, Moore . . . . .	20		
Cunningham, Moore . . . . .	20	<b>M.</b> .....	
Cunningham, Moore . . . . .	20	Mafuba . . . . .	14
		McCracken, Phillips . . . . .	11
<b>D.</b> .....		McDougall, Cotgrove . . . . .	6
David, Wilson, Woollands, Wilson, Woollands, Barrett . . . . .	4	McFadden . . . . .	4
Davies, Davies . . . . .	5	McKendry . . . . .	17
Doran MD . . . . .	16	McKenna, Copnell . . . . .	10
Dosdale, Senior, Shotton, Skarparis . . . . .	2	McKinnon . . . . .	18
Durkin . . . . .	17	Moore, Cunningham . . . . .	20
Dutton, Peate . . . . .	8	Moore, Cunningham . . . . .	20
		Moore, Cunningham . . . . .	18
<b>E.</b> .....		Moore, Cunningham . . . . .	19
Elbourne, le May . . . . .	2	Musgrave . . . . .	5
Evans . . . . .	10	<b>N.</b> .....	
Everett . . . . .	2	Neale, Sale . . . . .	19
		Nilsen . . . . .	10
<b>F.</b> .....			
Fleming, Baldwin . . . . .	11	<b>P.</b> .....	
Fowler . . . . .	17	Pooler . . . . .	4
<b>G.</b> .....		<b>R.</b> .....	
Gallagher, Deering, De Luca . . . . .	13	Rapport, Williams, Braithwaite . . . . .	10
		Rassool . . . . .	2
		Robinson . . . . .	11
		Robinson . . . . .	11
		<b>S.</b> .....	
		Sellman, Snelling . . . . .	17
		Sharma, Cockerill . . . . .	5
		Sharma, Cockerill, Sanctuary . . . . .	6
		Shihab . . . . .	19
		Smith . . . . .	15
		Smith . . . . .	15
		Smith, Field . . . . .	20
		Spiro . . . . .	5
		Sturgeon . . . . .	3
		<b>T.</b> .....	
		Thurston . . . . .	11
		Thurston . . . . .	5
		<b>U.</b> .....	
		Upton, Thirlaway . . . . .	11
		<b>V.</b> .....	
		Venables, Gunnell . . . . .	19
		<b>W.</b> .....	
		Wareing . . . . .	12
		Woodrow . . . . .	8
		Woodrow . . . . .	8

