

Routledge

# Sport, Leisure, Tourism, Hospitality and Events Catalogue

July - December 2024  
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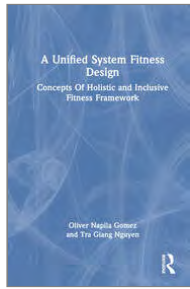
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## A Unified System Fitness Design

Concepts Of Holistic and Inclusive Fitness Framework



**Tra Giang Nguyen , Oliver Napila Gomez**

Unified Systems Fitness Design proposes a new fitness framework that encompasses all fitness indicators in a holistic and comprehensive manner, striving to provide a comprehensive and inclusive definition of physical fitness, one that considers all attributes contributing to overall well-being, crafting a flexible framework that can adapt to diverse contexts and purposes of physical fitness assessments.

Routledge  
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## Agency and Institutions in Sport



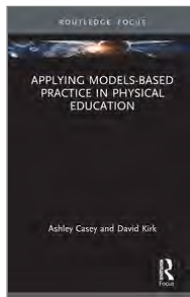
**Edited by Mathew Dowling** Anglia Ruskin University, UK, **Jonathan Robertson , Marvin Washington** University of Alberta, Canada, **Becca Leopkey , Dana Ellis**

This book offers a unique insight into the role of individuals and organisations in shaping institutional arrangements within the context of sport. Institutional approaches can be used to examine the complex relationships between sport organisations and their broader environment and can help explain some of the most fundamental questions about the nature of how sport is organised. The chapters in this book bridge the theoretical divide between mainstream management and sport management to help facilitate a joint venture for future research. The chapters in this book were originally published as a special issue of European Sport Management Quarterly

Routledge  
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Hb: 978-1-032-82219-8: £135

\* For full contents and more information, visit: [www.routledge.com/9781032822198](http://www.routledge.com/9781032822198)

## Applying Models-based Practice in Physical Education



**Ashley Casey , David Kirk** University of Strathclyde, UK

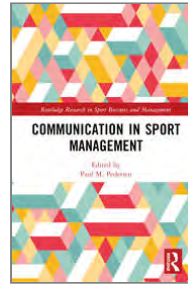
*Series: Routledge Focus on Sport Pedagogy*

This book is a concise, practical introduction to Models-based Practice (MbP), a transformative approach to physical education and sport pedagogy that uses multiple pedagogical models in the design and delivery of physical education programs. Applying Models-based Practice in Physical Education is intended for current and prospective teachers of physical education who are responsible for organising and enacting programmes at all grade levels. It will also be of interest to researchers, students and other sport pedagogy practitioners such as coaches who are looking for new and innovative ways of working with children and young people.

Routledge  
May 2024:92  
Hb: 978-0-367-36556-1: £48.99  
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\* For full contents and more information, visit: [www.routledge.com/9780367365561](http://www.routledge.com/9780367365561)

## Communication in Sport Management



*Edited by Paul M. Pedersen* Indiana University, USA

*Series: Routledge Research in Sport Business and Management*

This book presents cutting-edge perspectives on communication in sport management, a core component of contemporary sport business. Offering an important snapshot of the state of the art in sport communication, this book is fascinating reading for any advanced student, researcher, policy maker, or practitioner working in sport business and management, sport media, digital media, public relations, or broadcasting.

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2ND EDITION

## Comparative Elite Sport Development

Systems, Structures and Public Policy



*Edited by Jonathan Grix* Manchester Metropolitan University, UK, **Paul Michael Brannagan** Manchester Metropolitan University, UK, **Barrie Houlihan** Loughborough University, UK

Now in a fully revised, extended and updated new edition, this is the only book to offer a comparative overview of the development of elite sport systems around the world. Introducing the foundational concepts and principles of elite sport policy and development, and showing how those policies shape global sport, this book is fascinating reading for all students, researchers, policy-makers and practitioners working in sport development, sport policy, sport management, event management, public policy, or political science.

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4TH EDITION

## Conditioning for Strength and Human Performance



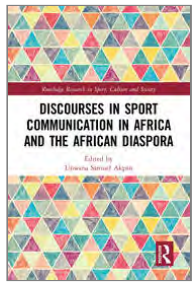
*Edited by T. Jeff Chandler* Jacksonville State University, USA, **W. Britt Chandler , Chris Bishop**

This new edition updates the reader with new developments in the field and focuses on the information a strength and conditioning coach needs to be informed and successful. With a new flow of chapters and modifications to existing chapters, the topics are organized to be relevant and useful to all readers. Providing balanced content to meet the needs of the professor and the student in the field of strength and conditioning, this book is designed for an academic class in strength and conditioning in the final year of an undergraduate program or the first year of a graduate program.

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## Discourses in Sport Communication in Africa and the African Diaspora



Edited by **Unwana Samuel Akpan** University of Lagos, Nigeria

Series: *Routledge Research in Sport, Culture and Society*

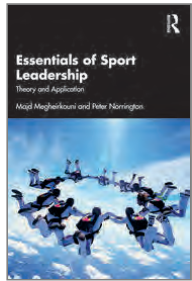
This book explores sport communication in Africa and the African diaspora. Drawing on multi-disciplinary perspectives, it deepens our understanding of the importance of sport in African society as well as the profound and growing influence of the African diaspora in world sport, as athletes, scholars, leaders, and business and media professionals. This is fascinating reading for anybody with an interest in social-cultural issues in sport, the business and management of sport, sport and the media, African studies or development studies.

Routledge  
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## Essentials of Sport Leadership

Theory and Application



Edited by **Majd Megheirkouni** Leeds Trinity University, UK, **Peter Norrington**

This is a complete, step-by-step, reader-friendly introduction to leadership theories and their application in sport organizations. It outlines key concepts and approaches to leadership, clearly explains how they relate to sport, and shows how sport managers can use leadership theory to develop and improve their professional practice. This is an essential textbook for any sport leadership course, valuable reading for anybody with an interest in leadership theory or contemporary sport management, and a useful handbook for anybody working in sport or event management who wants to become a better manager.

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## Exercise Immunology



Edited by **James Turner**, **Guillaume Spielmann**, **John Campbell**

Exercise immunology is a discipline at the nexus of exercise physiology and immunology that aims to characterize the effects of exercise on immune competency in health and disease. This new edition of Exercise Immunology provides an evidence-based introduction to the effects that individual bouts of exercise and exercise training have on the characteristics and functioning of the immune system.

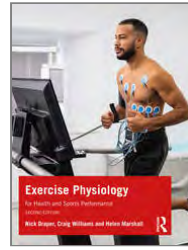
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2ND EDITION

## Exercise Physiology

for Health and Sports Performance



Edited by **Nick Draper** University of Canterbury, New Zealand, **Craig Williams**, **Helen Marshall** University of Canterbury, New Zealand

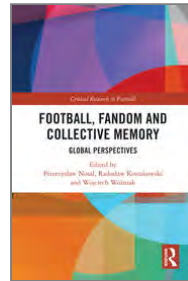
Exercise Physiology: For Health and Sports Performance brings together all the essential human anatomy and applied physiology that students of exercise science, physical education and sports coaching will need to know. Written in a friendly, accessible style and containing a wide range of features to help develop understanding, this book provides a complete one-stop-shop for exercise physiology broken down into three fundamental sections; Foundations of Exercise Physiology, Applied Exercise Physiology and the new part three – Exercise Prescription.

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## Football, Fandom and Collective Memory

Global Perspectives



Edited by **Przemysław Nosal** Adam Mickiewicz University, Poland, **Radosław Kossakowski** University of Gdansk, Poland, **Wojciech Woźniak** University of Łódź, Poland

Series: *Critical Research in Football*

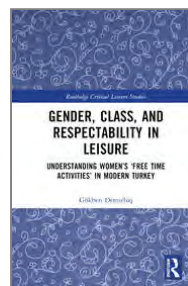
This book examines the topic of identity and collective memory in football fandom. Drawing on global research in history, sociology and political science, the book looks at how, where and why football fans and supporters' groups introduce particular role models into their self-identity and performative narratives. This is fascinating reading for anybody with an interest in the sociology, culture or politics of sport, or in fandom, identity, nationalism more broadly in sociology, political science or history.

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## Gender, Class, and Respectability in Leisure

Understanding Women's 'Free Time Activities' in Modern Turkey



Edited by **Gökben Demirbaş** Trakya University, Turkey

Series: *Routledge Critical Leisure Studies*

This book interrogates the role of gender and class in shaping women's everyday leisure practices. Drawing on empirical research in urban Turkey, the book explores how leisure is perceived and practised by women within their communities. This book is fascinating reading for anybody with an interest in leisure studies, women's studies, sociology, cultural studies or Middle East studies.

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## Governance, Regulation and Management of Global Sport Organisations



**Emmanuel Bayle** UNIL - Université de Lausanne, Switzerland

*Series: Routledge Research in Sport Business and Management*

This book is a bold and ambitious analysis of the challenges facing global sport in the 21st century and how those challenges can be met through good governance, management and regulation. Offering a new vision for global sport, this is essential reading for advanced students, researchers, policymakers or practitioners working in sport management, governance or policy, or with a general interest in strategy, governance or public policy.

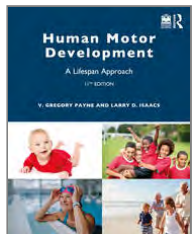
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11TH EDITION

## Human Motor Development

A Lifespan Approach



**V. Gregory Payne, Larry D. Isaacs**

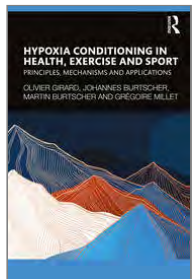
Human Motor Development: A Lifespan Approach, 11th Edition, provides an overview of the academic field of study known as human motor development, the examination of lifelong changes in human movement. The book uses a holistic approach and emphasizes the importance of intellectual, social, and physical development and their impact on human motor development at all ages. The unique approach of this book includes the relationships between motor development and critical interactions with cognitive, social, and physical changes across the lifespan.

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## Hypoxia Conditioning in Health, Exercise and Sport

Principles, Mechanisms and Applications



*Edited by* **Olivier Girard, Johannes Burtscher, Martin Burtscher, Grégoire Millet**

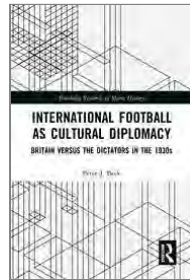
Therapeutic Use of Hypoxia: Principles, Mechanisms and Applications delivers an understanding of systemic and molecular mechanisms involved in hypoxia adaptations and examines the most promising forms of hypoxia conditioning with a view to create performance-enhancing strategies for athletes as well as an offering an examination on clinical applications for numerous pathologies.

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## International Football as Cultural Diplomacy

Britain Versus the Dictators in the 1930s



**Peter J. Beck** Kingston University, UK

*Series: Routledge Research in Sports History*

Drawing on wide-ranging archival research, this authoritative new history examines the cultural diplomatic role played by British football in international affairs, British foreign policy, and international football during the 1930s. Offering readers an informed historical perspective on some of the modern world's most significant issues, from the divide between dictatorships and liberal democracies to the use of sport as cultural diplomacy or cultural propaganda, this book is fascinating reading for anybody with an interest in the history of Britain, sport history, football, international politics, diplomacy or international institutions.

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## Leadership in Sport Governance



**Ian O'Boyle** University of South Australia, **Joshua McLeod** Deakin University, Australia, **Nick Takos** UniSA Business, University of South Australia

This is a concise introduction to leadership and governance theory and how they are applied in sport. Presenting a series of case studies from around the world, the book offers a detailed guide to best practice in the leadership of sport boards and organisations. Full of illuminating cases, data and examples, this is invaluable reading for any course in sport business and management, and a useful primer for any sport business professional looking to improve their professional knowledge.

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## Makofsky's Spinal Manual Therapy

An Introduction to Soft Tissue Mobilization, Spinal Manipulation, Therapeutic and Home Exercises



**Mark Gugliotti, Howard W. Makofsky**

Makofsky's Spinal Manual Therapy: An Introduction to Soft Tissue Mobilization, Spinal Manipulation, Therapeutic and Home Exercises, Third Edition, is an easy-to-follow manual of clinical techniques for the spine, pelvis, and temporomandibular joint. The text provides "tools" rather than "recipes" and immerses the reader in the process of "thinking as a manual therapist," rather than functioning as a technician. This fully revised edition continues to mirror courses on the introduction to spinal manual therapy and will be key reading for physical therapy curriculums, as well as appreciated by clinicians when entering clinical practice.

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## Managing and Developing Sports Officials

Officiating Excellence



Edited by **Tom Webb** Coventry University, UK, **David J. Hancock** Memorial University of Newfoundland, Canada, **Pamm Phillips** Deakin University, Australia, **Jacob K. Tingle** Trinity University, USA

This book offers an evidence-based guide to the development, management and retention of sports officials. Drawing on research at all levels of sport, from grassroots to professional, the book focuses on best practice, for sports officials and for anybody involved in the management or training of sports officials. This is an essential reference for all sports officials and for practitioners and policy-makers working in sports organisations at all levels.

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5TH EDITION

## Managing Sport Organizations

Responsibility for performance



**Dan Covell** University of Western New England, USA, **Sharienne Walker** Western New England University, USA

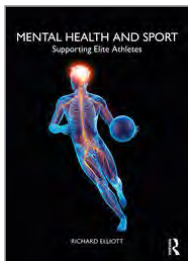
Now in a fully revised and updated fifth edition, *Managing Sport Organizations* introduces the fundamentals of sport management across every industry sector, from youth and intercollegiate sport to professional leagues, and from community level sport to international sport. No other textbook combines the rigor of the business school with the creativity and dynamism of modern sport business, making this the perfect foundation for any course in sports management, sports administration or sport business. This book is accompanied by ancillary materials including a test bank, presentation slides, and chapter outlines.

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## Mental Health and Sport

Supporting Elite Athletes



**Richard Elliott** School of Management, University of Bath

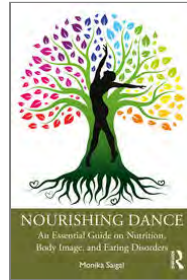
This book examines the interplay between mental health and elite sport. It provides a foundational understanding of mental health, by introducing some of the challenges that elite athletes can face during their careers and offers some recommendations that can be used to help support the mental health of athletes.

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## Nourishing Dance

An Essential Guide on Nutrition, Body Image, and Eating Disorders



**Monika Saigal**

*Nourishing Dance: An Essential Guide on Nutrition, Body Image, and Eating Disorders* is written with an insider's understanding of the unique needs and pressures of the dance world and the expertise of an eating disorder specialist, dietician, clinician, and educator. This much needed resource provides research-based, practical approaches to help dancers fuel optimally, nourish a peaceful relationship with food, and nurture more positive and resilient body image.

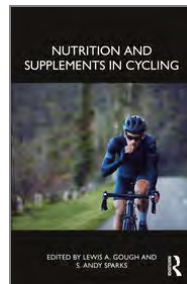
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## Nutrition and Supplements in Cycling

Edited by **Lewis A. Gough**, **S. Andy Sparks**



*Nutrition and Supplements in Cycling* provides a blueprint for all the key nutritional aspects a cyclist should consider from health to macro- and micro-nutrients, and the finer details, such as sports supplements to improve competitive performance. As a result, cyclists and coaches can use this book as a handbook to help with supporting their own (or their athletes) health and performance through evidence-based nutrition.

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## Optimising Female Athletic Performance

**Jess Pinchbeck**, **Candice Lingam-Willgoss**, **Simon Rea** The Open University, UK



*Optimising Female Athletic Performance* presents a comprehensive overview of the wide range of factors that underpin female athletic performance based on the most up to date research. This book draws from the disciplines of anatomy, physiology, psychology, and sociology to develop an integrated approach and illustrates how female athletes can be safely prepared for training and performance in a way that benefits their health and optimises their performance. The book covers the specific challenges active females encounter as they move through their lives from childhood, puberty, adolescence, adulthood, potentially motherhood, and on to the menopausal stage.

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## Participatory Research in Sport and Physical Activity



Edited by **Kyle A. Rich** Brock University, Canada, **Robyn Smith** Brunel University London, UK, **Audrey R. Giles** University of Ottawa, Canada

Series: *Qualitative Research in Sport and Physical Activity*

This is the first book to focus on participatory research in the context of sport and physical activity. It explores the transformative potential of participatory research methods and provides an introduction to the practicalities of 'doing' participatory research in sport and physical activity. This book is an invaluable resource for students and researchers working in sport studies, the sociology of sport, sport and exercise psychology, sport management and policy, and human movement and health studies more broadly. It will be particularly useful for those interested in diverse and inclusive approaches to qualitative research methodologies.

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## Physiological and Functional Assessment of Professional Football Players



Edited by **Moisés de Hoyo**, **Borja Sañudo**, **Redha Taïar**, **Luis Carrasco Páez**

Physiological and Functional Assessment of Professional Football Players presents a science-based approach to enhance athletes' performance and prevent muscle injuries. Professional football players undergo a rigorous competitive season with frequent and numerous competitions, exposing them to significant stress that can detrimentally affect their performance and lead to serious injuries in extreme cases. In order to avert such negative outcomes, coaches and team staff must formulate preventive training programs tailored to the unique characteristics and needs of each player.

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3RD EDITION

## Positive Youth Development through Sport



Edited by **Nicholas L. Holt** University of Calgary, Canada, **Meghan H. McDonough** University of Calgary, Canada

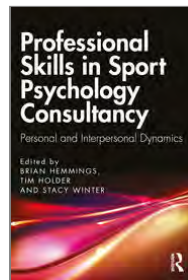
Cutting through the political rhetoric about the power of sport as a tool for social change and personal improvement, this book offers insight into how and why participating in sport can be good for children and young people. This is invaluable reading for all students, researchers, educators, practitioners, programmers and policy makers with an interest in youth sport.

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## Professional Skills in Sport Psychology Consultancy

Personal and Interpersonal Dynamics



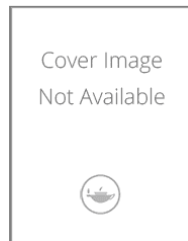
Edited by **Brian Hemmings** St Mary's University, Twickenham, UK, **Tim Holder**, **Stacy Winter**

Professional Skills in Sport Psychology Consultancy enhanced sport psychology consultancy through raising awareness of intrapersonal and interpersonal professional practice skills. The book chapters focus on the aspiring practitioner's personal and professional development when working with all kinds of recipients of psychological support in sport including individual athletes, teams, coaches, parents, and administrators.

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2ND EDITION

## Research Methods for Sport Management



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Now in a fully revised and updated second edition, Research Methods for Sport Management provides a complete introduction to qualitative, quantitative and mixed methods for sport management students and practitioners. With improved features to enhance teaching and learning, including a research flow chart, review questions, topical case studies and PowerPoint slides, this is an essential textbook for any research methods course taken as part of a degree course in sport business and management, sport development or sport marketing, and an invaluable toolkit for any managers, leaders or analysts working in the sport industry.

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## Routledge Handbook of Esports

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The Routledge Handbook of Esports offers the first fully comprehensive, interdisciplinary study of esports, one of the fastest growing sectors of the contemporary sports and entertainment industries. Global in coverage, the book emphasizes the multifaceted nature of esports and explores the most pressing issues defining the competitive video gaming landscape today. Explaining technical terms and gaming jargon in a user-friendly manner, and maintaining a balanced tone throughout, this handbook is essential reading for any student or researcher with an interest in esports, gaming, or sport studies, and for any practitioner or policy-maker working in the esports industry.

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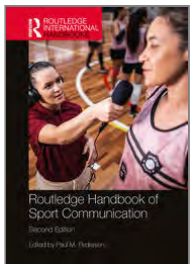
This is the first book to explore the numerous ways in which mobile technologies and social media are influencing our outdoor experiences. This is essential reading for anybody with an interest in outdoor studies, outdoor education, adventure education, leisure studies, tourism, environmental studies, environmental education, or science, technology and society studies.

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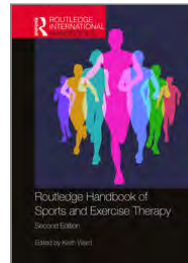
This is the first book to explore in breadth and in depth the complex intersections between sport, leisure and social justice. The Routledge Handbook of Sport, Leisure and Social Justice is an indispensable resource for any advanced student, researcher, policymaker, practitioner, or activist with an interest in the sociology, culture, politics, history, development, governance, media and marketing, business and management of sport and leisure.

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## Routledge Handbook of the Global South in Sport for Development and Peace



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Series: *Routledge International Handbooks*

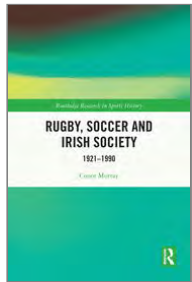
This book explores the field of Sport for Development and Peace (SDP), putting Global South voices and perspectives at the centre of the analysis. Arranged into geographical sections covering Africa, Asia, South America, North America and Oceania, the book presents original research in Global South countries or by Global South researchers and practitioners, sometimes in collaboration with colleagues from the Global North. A landmark publication in the field of sport for development and peace, this book is essential reading for any advanced student, research, practitioner or policy-maker with an interest in the value of sport in international development.

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1921-1990



**Conor Murray** Dublin City University, Ireland

Series: *Routledge Research in Sports History*

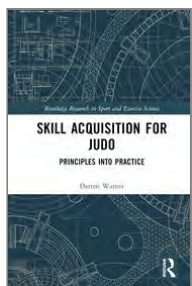
This book is the first academic all-island history of either rugby union or association football, two of the three most popular male sporting pastimes in Ireland, across the seven decades that followed the political partition of that country between 1920 and 1922. Shining important new light on the interactions between Irish rugby and football and the political, social, economic and cultural trends of Ireland in the twentieth century, this book is fascinating reading for anybody with an interest in the history of sport, Ireland or the UK.

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## Skill Acquisition for Judo

Principles into Practice



**Darren Warner**

Series: *Routledge Research in Sport and Exercise Science*

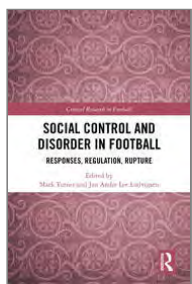
Skill Acquisition for Judo blends theory and application by chronologically establishing the theoretical foundations underpinning skill acquisition before exploring its impact on the developing judoka. The book bridges the gap between theory and applied practice, exploring insights into the training methods of judo coaches throughout the world, providing practical examples of applied ecological dynamics, manipulating training constraints to develop their athletes and deliver performance through the talent development pathway.

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## Social Control and Disorder in Football

Responses, Regulation, Rupture



Edited by **Mark Turner** Manchester Metropolitan University, UK, **Jan Andre Lee Ludvigsen** Liverpool John Moores University, UK

Series: *Critical Research in Football*

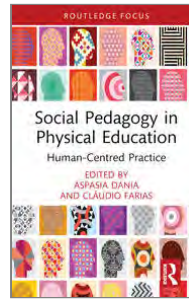
This is the first book to focus on the interrelated issues of social control and disorder in football. It shows how the 'beautiful game' illuminates our understanding of the mechanisms and techniques of social control and regulation in contemporary societies. This is an invaluable resource for students, researchers, or the general reader with an interest in the sociology of sport, criminology, sport management and sports law.

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## Social Pedagogy in Physical Education

Human-Centred Practice



Edited by **Aspasia Dania** National and Kapodistrian University of Athens, Greece, **Cláudio Farias** University of Porto, Portugal

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This book examines social pedagogy within the context of physical education, enabling more inclusive, and meaningful educational experiences for all students. It introduces the key concepts of social pedagogy and outlines practical strategies for implementing social pedagogy in physical education. Concise, practical, and full of real-world examples, this is essential reading for any student, pre-service and in-service physical education teacher or coach working with children or young people across various educational levels and country contexts.

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## Sport Coach Education, Development, and Assessment

International Perspectives



Edited by **Liam McCarthy**

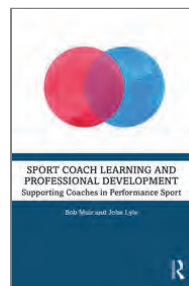
Sport Coach Education, Development, and Assessment offers a range of coach assessment ideas and practices from leaders in the coach education and development field. A combination of theory- and practice-focused chapters aims to stimulate thoughts, dialogue, and actions. This book is designed to offer support and guidance to sport coaches who are engaged in assessment, coach educators/developers who are delivering assessment activities, and programme designers/policy-architects who are creating learning opportunities for coaches.

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## Sport Coach Learning and Professional Development

Supporting Coaches in Performance Sport



**Bob Muir, John Lyle**

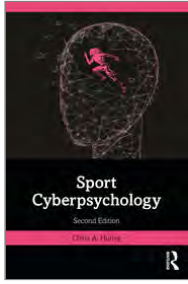
Sport Coach Learning and Professional Development instead describes the genesis and theoretical foundations of an emerging workflow for supporting sport coaches learning and professional development in performance and high-performance sport. A clear exposition and critical insight into coaches' learning and professional development, and of coaching practice, provides the foundations for an Embedded, Relational and Emergent Coach Learning and Professional Development Strategy.

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2ND EDITION

## Sport Cyberpsychology



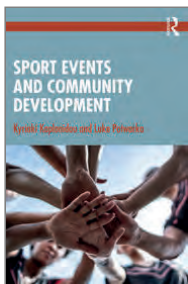
**Olivia A. Hurley**

The new edition is the only textbook in this field that provides a detailed overview of theories, concepts and research findings specifically related to the discipline of sport cyberpsychology. It covers topics that include performance-enhancing technologies, social media use by athletes and sport personnel (e.g., sport officials) and the role of technology in sport psychology consulting. Problematic behaviours athletes may encounter or engage in within the online world, such as their experiences with cyberbullying and online gambling respectively, are discussed.

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## Sport Events and Community Development



**Kyriaki Kaplanidou** University of Florida, USA, **Luke R. Potwarka** University of Waterloo, Canada

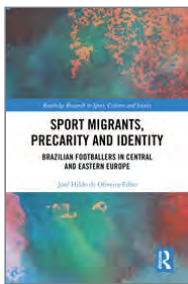
This book examines the relationships between sport event hosting and community development goals. With sport events proliferating around the world, from major events to local events, the book explains how community goals can be embedded into sports event planning, and how events at all levels can be most effectively leveraged to achieve positive outcomes and legacies for local communities.

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## Sport Migrants, Precarity and Identity

Brazilian Footballers in Central and Eastern Europe



**José Hildo de Oliveira Filho** Charles University in Prague, Czech Republic

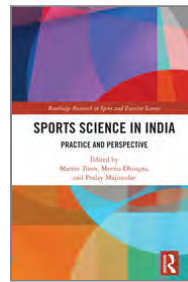
This book takes a close look at the experiences of migrant athletes, their precarious careers, and at what this can tell us about wider themes of globalisation, identity, race, gender, and the body. Presenting a more nuanced, ground-level perspective on sports migration and the sociological dialogue between identity, culture and the body, this book is fascinating reading for anybody with an interest in the socio-cultural study of sport, migration, globalisation or global inequalities.

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## Sports Science in India

Practice and Perspective



*Edited by* **Martin Toms** University of Birmingham, UK, **Meenu Dhingra**, **Pralay Majumdar**

*Series: Routledge Research in Sport and Exercise Science*

Sport Science in India: Practice and Perspective brings together key Indian academics and experts in the field of sports science (in its broadest sense) to produce summaries of the existing international research in fundamental topics of sport science with a focus on India in such a way that it can be used by students, researchers and practitioners to help develop these areas in both an applied and theoretical level.

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## Systems Thinking Methods in Sport

Practical Guidance and Case Study Applications



**Scott Mclean**, **Mitchell Naughton**, **Gemma Read**, **Neville A. Stanton** Professor, Transportation Research Group, University of Southampton, UK, **Adam Hulme** University of the Sunshine Coast, Australia, **Guy Walker** Associate Professor, School of the Built Environment, Heriot-Watt University, UK, **Paul Salmon**

This book presents, for the first time, a practical guide to applying contemporary systems thinking methods in sport, as well as case study applications demonstrating how their outputs can be translated in practice. The methods described in this book can be used for better understanding the systemic influences in a broad range of sports contexts including performance, injury, team functioning, decision making, adverse incidents, sports organization design and redesign, and proactive risk assessments.

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## The 2022 FIFA World Cup in Qatar

Global and Local Perspectives



*Edited by* **Nikolay Kozhanov** Qatar University, Qatar, **Mahfoud Amara** Qatar University, Qatar, **Mahjoob Zweiri** Qatar University, Qatar

*Series: Routledge Research in Sport, Culture and Society*

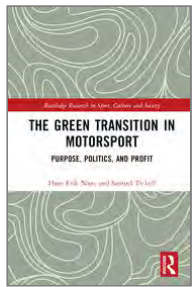
This book offers in-depth analysis of the 2022 FIFA World Cup in Qatar. The first World Cup to be held in the Middle East, this was a unique sporting mega-event, and the book explores its wider significance across political, socio-cultural, economic, organisational and historical dimensions. Making sense of the world's biggest sports event in an era in which sport has become a source of soft power for states around the world, this book is fascinating reading for anybody with an interest in the politics of sport, sport business and management, sport for development, event studies, or the relationships between sport and wider society.

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## The Green Transition in Motorsport

Purpose, Politics, and Profit



**Hans Erik Næss** Kristiania University College, Norway,  
**Samuel Tickell** University of Münster, Germany

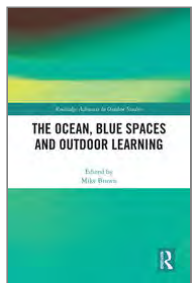
Series: *Routledge Research in Sport, Culture and Society*

This book is a critical exploration of motorsport's contribution to 'the green transition', understood as a societal shift towards a fossil-free future, a circular economy, and greater social inclusiveness. Representing a unique case study of the impact of elite sport on wider society, this book is fascinating reading for anybody with an interest in motorsport, sport business, sustainable business, or environment, society and culture.

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This book explores the educational dimension of people's engagement with the ocean. Across formal, informal and nonformal learning contexts, it examines how experiences of the ocean and 'blue spaces' help us to understand ourselves, others, and our place within the natural environment, and the place of the ocean in our socio-cultural and political life.

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## The Routledge Handbook of Coach Development in Sport



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The Routledge Handbook of Coach Development in Sport is a comprehensive text that underscores the importance of learning and context for those who sculpt the environment in which people of all ages develop in and through sport. This book provides an international reference point that brings together leading scholars and practitioners from across the globe to provide an overview of the theories and practices of coaches and coach developers that are impacting the quality of sporting environments.

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## The Science and Physiology of Flexibility and Stretching

Implications and Applications in Sport Performance and Health



**David Behm**

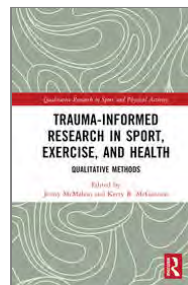
The Science and Physiology of Flexibility and Stretching is the most up-to-date and comprehensive book to cover the underlying physiology and psychology of flexibility enhancing techniques, critically assessing why, when, and how we should stretch, as well as offering a highly illustrated, practical guide to stretching exercises. This revised new edition not only updates the present information but adds new chapters on areas such as foam rolling, vibration, global effects of stretching, alternative methods to increase flexibility (e.g., resistance training) and others.

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## Trauma-Informed Research in Sport, Exercise, and Health

Qualitative Methods



Edited by **Jenny McMahon** University of Tasmania, Australia, **Kerry R. McGannon** Laurentian University, Canada

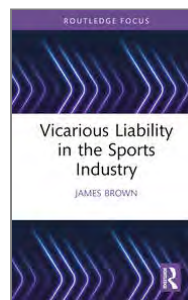
Series: *Qualitative Research in Sport and Physical Activity*

This book examines trauma research in the context of sport, exercise and health. It outlines evidence-based trauma-informed research practices which qualitative researchers can use when conducting trauma research, to prevent causing further harm to participants while maintaining a strengths-based approach. This is important reading for any researcher with an interest in trauma not only in sport, exercise, and health research but qualitative research contexts more broadly. It is a valuable resource for anyone working in athlete welfare, sport and exercise psychology, youth sport, sport development, physical activity and health, disability, gender, safeguarding or social work.

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## Vicarious Liability in the Sports Industry



**James Brown** Manchester Metropolitan University, UK

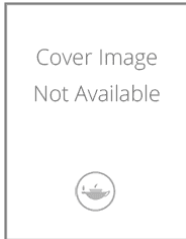
Series: *Ethics and Sport*

This timely book is the first to critically examine the doctrine of vicarious liability in the context of the sports industry. This book is important reading for any student, researcher or practitioner interested in sports law, tort law, private law theory, socio-legal studies, jurisprudence, gender studies and sports ethics.

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## Women's Football



Edited by **Jacky Forsyth** School of Psychology, Sport and Exercise, Staffordshire University, UK, **Claire-Marie Roberts** Faculty of Health & Applied Sciences, University of the West of England, UK

Women's Football provides a thorough, yet straightforward and accessible, analysis of the key physiological, biomechanical and social-psychological issues that can be applied to achieve women's footballing development.

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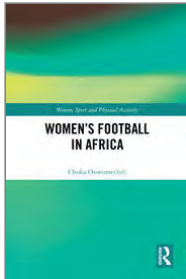
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## Women's Football in Africa



**Chuka Onwumechili** Howard University, USA

*Series: Women, Sport and Physical Activity*

This is the first book to take an in-depth look at women's football in Africa. Exploring the history, contemporary landscape and future development of the women's game on the African continent, the book offers an important new perspective on the rise of women's sport more broadly. This is fascinating reading for anybody with an interest in football, sport history, women's sport, Africa, development studies, or the relationships between sport and wider society.

Routledge

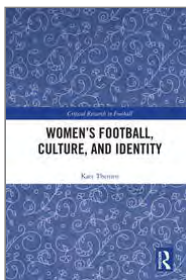
July 2024:176

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\* For full contents and more information, visit: [www.routledge.com/9781032665610](http://www.routledge.com/9781032665610)

## Women's Football, Culture, and Identity



**Kate Themen** Manchester Metropolitan University, UK

*Series: Critical Research in Football*

This book examines the experiences of amateur players in women's football, challenging conventional discourses that centre male, masculine and heterosexual identities and offering a new narrative that re-positions women's voices. This is fascinating reading for anybody with an interest in football, women's sport, the sociology of sport or gender studies.

Routledge

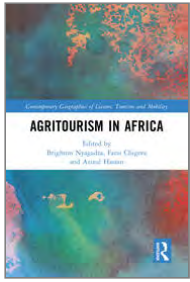
May 2024:180

Hb: 978-1-032-33008-2: £135

eBook: 978-1-003-31772-2

\* For full contents and more information, visit: [www.routledge.com/9781032330082](http://www.routledge.com/9781032330082)

## Agritourism in Africa



Edited by **Brighton Nyagadza**, **Farai Chigora**, **Azizul Hassan** UK Tourism Society

Series: *Contemporary Geographies of Leisure, Tourism and Mobility*

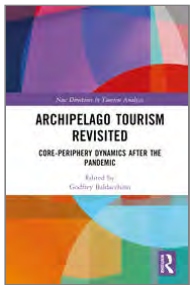
This insightful, timely and multi-faceted book offers significant insight into the role and complex dynamics of agritourism in Africa. This volume will be of pivotal interest to students, researchers and scholars of Tourism, African Studies and Development Studies.

Routledge  
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Hb: 978-1-032-69617-1: £130

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## Archipelago Tourism Revisited

Core-Periphery Dynamics after the Pandemic



Edited by **Godfrey Baldacchino**

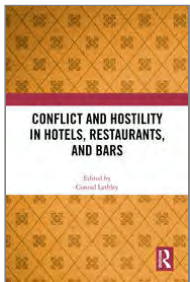
Series: *New Directions in Tourism Analysis*

This timely and innovative book explores the dynamics of inter-island/island-island tourism – also known as archipelago tourism – on the cusp of the post-pandemic epoch. The volume will be of interest to students, researchers, policy makers and academics in the fields of tourism policy and planning, sustainability, island studies and development studies.

Routledge  
September 2024:288  
Hb: 978-1-032-58677-9: £135

\* For full contents and more information, visit: [www.routledge.com/9781032586779](http://www.routledge.com/9781032586779)

## Conflict and Hostility in Hotels, Restaurants, and Bars



Edited by **Conrad Lashley**

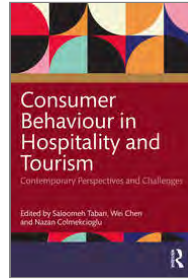
This book critically explores conflict and hostility in a range of hospitality settings and from a broad stakeholder perspective. Written by leading international academics, this significant volume will be of interest to students, researcher and academics interested in critical hospitality studies, sociology and business, as well as anthropology and culture studies.

Routledge  
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Hb: 978-1-032-42732-4: £125  
eBook: 978-1-003-36403-0

\* For full contents and more information, visit: [www.routledge.com/9781032427324](http://www.routledge.com/9781032427324)

## Consumer Behaviour in Hospitality and Tourism

Contemporary Perspectives and Challenges



Edited by **Saloomeh Tabari**, **Wei Chen** Sheffield Hallam University, UK, **Nazan Colmekcioglu**

This insightful and expert-led volume presents a holistic view of the latest, cutting-edge global research on trends and changes in consumer behaviour in hospitality and tourism, with focus on the effects of the COVID-19 pandemic and its impacts on purchase patterns within the industries. This book is of pivotal interest for students, scholars and researchers interested in consumer behaviour within the tourism and hospitality industries, as well as providing a useful tool for professionals to develop appropriate strategies that meet the evolving needs of consumers in the market.

Routledge  
October 2024:302  
Pb: 978-1-032-63776-1: £36.99  
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\* For full contents and more information, visit: [www.routledge.com/9781032637761](http://www.routledge.com/9781032637761)

## Critical Inclusive Tourism

Empowering Marginalized Groups



Edited by **Catheryn Khoo**, **Prachi Thakur**, **Paolo Mura**, **Jess Sanggeyong Je**, **Mona Yang**

This groundbreaking book addresses the longstanding lack of consensus surrounding the approach to marginalization in tourism. The chapters identify critical components and question the legitimacy of who qualifies as marginalized. Crucially, the book formulates effective solutions to address marginalization within the tourism context. The chapters unravel the multifaceted dimensions of marginalization, providing a nuanced and informed perspective that contributes significantly to the ongoing discourse on inclusivity and equity within tourism knowledge. The chapters in this book were originally published as a special issue of *Tourism Recreation Research*.

Routledge  
September 2024:248  
Hb: 978-1-032-75448-2: £130

\* For full contents and more information, visit: [www.routledge.com/9781032754482](http://www.routledge.com/9781032754482)

## Entrepreneurial Innovation in the International Business of Tourism



Edited by **María Jesús Jerez-Jerez**, **Pantea Froudi** Middlesex University London, UK

Series: *Routledge Critical Studies in Tourism, Business and Management*

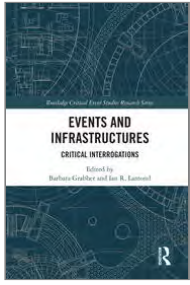
This international case study book provides 28 expertly curated case studies on entrepreneurship and innovation in tourism, each with detailed implementation instructions for the instructor to maximise student participation and learning. With reflective questions throughout to aid both in-class discussion and self-study, this book is an ideal study resource for use in higher and vocational education, and its unique, teaching-led approach positions it as a vital study tool for instructors and students alike.

Routledge  
May 2024:328  
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\* For full contents and more information, visit: [www.routledge.com/9781032440132](http://www.routledge.com/9781032440132)

## Events and Infrastructures

### Critical Interrogations



Edited by **Barbara Grabher**, **Ian R. Lamond** Leeds Beckett University, UK

Series: *Routledge Critical Event Studies Research Series*.

Innovative and the first of its kind, this informative and multidisciplinary book explores the socio-cultural significance inherent in event infrastructures. By bringing together theoretical as well as empirical readings on the question of event infrastructures from a critical point of view, the debates are relevant to practitioners, researchers, as well as undergraduate and postgraduate students in the field of events, leisure, tourism, anthropology, sociology, geography, and urban planning - among others.

Routledge  
May 2024:232  
Hb: 978-1-032-43869-6: £135  
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\* For full contents and more information, visit: [www.routledge.com/9781032438696](http://www.routledge.com/9781032438696)

## From Overtourism to Sustainability Governance

### A New Tourism Era



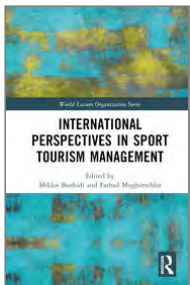
Edited by **Harald Pechlaner**, **Elisa Innerhofer**, **Julian Philipp**

Insightful and international in scope, this significant volume explores the transition from overtourism to sustainability governance and elaborates perspectives for developing resilient destinations. This will be of pivotal interest to academics, researchers, and practitioners in the fields of tourism, over- and mass-tourism, as well as sustainability governance.

Routledge  
June 2024:296  
Hb: 978-1-032-43136-9: £135

\* For full contents and more information, visit: [www.routledge.com/9781032431369](http://www.routledge.com/9781032431369)

## International Perspectives in Sport Tourism Management



Edited by **Miklos Banhidi**, **Farhad Moghimehfar**

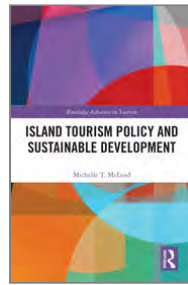
Series: *World Leisure Organization Series*

This timely book critically explores the past, present and future trends and needs of sport tourism development from a global perspective. This significant and insightful volume will be of pivotal interest to academics, students and professionals in the field of sport tourism, as well as related areas such as development studies, psychology, sociology and geography.

Routledge  
August 2024:252  
Hb: 978-1-032-76016-2: £130

\* For full contents and more information, visit: [www.routledge.com/9781032760162](http://www.routledge.com/9781032760162)

## Island Tourism Policy and Sustainable Development



**Michelle T. McLeod**

Series: *Advances in Tourism*

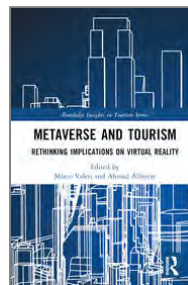
This insightful and timely book is the first of its kind to explore specific policies, issues, challenges, and practices that will enhance the sustainable development of tourism in island destinations, including island nations, twin-island nations, and sub-national island jurisdictions (SNIJs). This significant book offers insight into best practices and will be of interest to academics, researchers, policy makers and students of tourism policy, planning, and sustainable development.

Routledge  
July 2024:186  
Hb: 978-1-032-56359-6: £130  
eBook: 978-1-003-43511-2

\* For full contents and more information, visit: [www.routledge.com/9781032563596](http://www.routledge.com/9781032563596)

## Metaverse and Tourism

### Rethinking Implications on Virtual Reality



Edited by **Marco Valeri**, **Ahmad Albattat**

Series: *Routledge Insights in Tourism Series*

This innovative and timely book presents an in-depth analysis of how the metaverse revolutionizes tourism management, transforms consumer behaviour and motivates tourists to visit destinations. This book will be of pivotal interest for students, scholars and academics in the fields of tourism planning and policy, tourism economics, tourism behaviour and tourism development, as well as those with an interest in these areas more generally.

Routledge  
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Hb: 978-1-032-80470-5: £130

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### 3RD EDITION

## Planning Research in Hospitality and Tourism



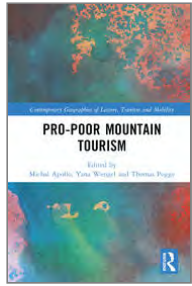
**Levent Altınay** Oxford Brookes University, UK,  
**Alexandros Paraskevas** University of West of London,  
UK, **Faizan Ali**

Planning Research in Hospitality and Tourism, 3rd Edition is an accessible, concise and practical guide to planning, conducting and analysing research in tourism and hospitality. Enriched with insightful case studies throughout, this volume is essential reading for all tourism and hospitality researchers.

Routledge  
June 2024:372  
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## Pro-Poor Mountain Tourism



Edited by **Michal Apollo**, **Yana Wengel**, **Thomas Pogge**

Series: *Contemporary Geographies of Leisure, Tourism and Mobility*

This timely and interdisciplinary book is the first to examine mountain tourism and local communities with a pro-poor lens. By drawing on human geography, political and social science, ethics and moral philosophy and empirical research, the volume explores how mountain tourism can be used to fight poverty and inequality in mountain regions. This volume will be of pivotal interest to scholars and practitioners from the fields of geography and tourism studies, ethics, and development economics, as well as policymakers, aid agencies, and general readers interested in sustainable development in mountain regions.

Routledge  
October 2024:264  
Hb: 978-1-032-49199-8: £135  
\* For full contents and more information, visit: [www.routledge.com/9781032491998](http://www.routledge.com/9781032491998)

## Protected Areas, Sustainable Tourism and Community Livelihood Linkages



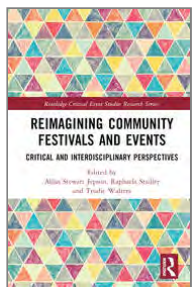
Edited by **Moren T. Stone**, **Lesego S. Stone**, **Gyan Nyaupane**

The book adopts an interdisciplinary approach to understand social-ecological systems that explain the relationship between protected areas, tourism, and community livelihoods linkages. The book provides a platform for dialogue to develop a better understanding of the complex relationships between protected areas, tourism, and community livelihoods linkages. Due to the role tourism plays in poverty alleviation, conservation, empowerment and addressing other environmental and social challenges, the book also connects tourism with the UN Sustainable Development Goals. The chapters in this book were originally published as a special issue of *Journal of Sustainable Tourism*.

Routledge  
October 2024:228  
Hb: 978-1-032-83175-6: £135  
\* For full contents and more information, visit: [www.routledge.com/9781032831756](http://www.routledge.com/9781032831756)

## Reimagining Community Festivals and Events

Critical and Interdisciplinary Perspectives



Edited by **Allan Stewart Jepson**, **Raphaela Stadler**, **Trudie Walters** University of Otago, Dunedin, New Zealand

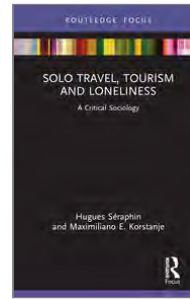
Series: *Routledge Critical Event Studies Research Series*.

This book celebrates and builds on Alan Clarke (1956-2021) and Allan Jepson's 2015 book *Exploring Community Festivals and Events*. It showcases how far the study of community festivals and events has come in the intervening years, and in so doing it is a response to recent calls for researchers to take a more critical approach to event studies. This volume will appeal to students and researchers in the fields of critical event studies, cultural studies, place-making, tourism, music, sociology and geography. Several chapters also provide insights and key learnings for those lecturing and working in event management, and industry professionals.

Routledge  
May 2024:242  
Hb: 978-1-032-55251-4: £135  
eBook: 978-1-003-42976-0  
\* For full contents and more information, visit: [www.routledge.com/9781032552514](http://www.routledge.com/9781032552514)

## Solo Travel, Tourism and Loneliness

A Critical Sociology



**Hugues Séraphin** University of Winchester,  
**Maximiliano E. Korstanje** University of Palermo, Argentina

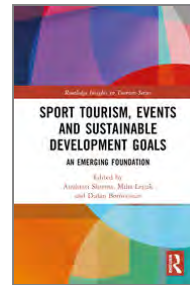
Series: *Routledge Focus on Tourism and Hospitality*

This timely and topical book presents a unique critical exploration of the sociology of single travel and theory of consumption in relation to loneliness and tourism. This volume is a pivotal resource for students, scholars and academics with an interest in tourism and mobility studies, international relations, development economics, crisis management, sociology and public policy. The book may also be of professional interest to practitioners and policymakers dedicated to tourism sociology and sociology of tourism consumption.

Routledge  
July 2024:110  
Hb: 978-1-032-81710-1: £49.99  
\* For full contents and more information, visit: [www.routledge.com/9781032817101](http://www.routledge.com/9781032817101)

## Sport Tourism, Events and Sustainable Development Goals

An Emerging Foundation



Edited by **Anukrati Sharma** University of Kota, India,  
**Miha Lesjak** University of Primorska, **Dušan Borovcanin** Singidunum University

Series: *Routledge Insights in Tourism Series*

Readers of this book will gain a deep understanding of how sport tourism and events can serve as powerful catalysts for achieving Sustainable Development Goals. Through a rich array of case studies, innovative strategies, and expert insights, the book provides a roadmap for harnessing the full potential of these sectors to promote social, economic, and environmental sustainability. Benefit from a multidisciplinary approach that integrates theory and practice, offering actionable solutions for scholars, practitioners, and policymakers alike.

Routledge  
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\* For full contents and more information, visit: [www.routledge.com/9781032471495](http://www.routledge.com/9781032471495)

## The Routledge Handbook of Events and Sustainability



Edited by **Julie Whitfield**, **Mary Beth Gouthro**, **Miguel Moital**

This book provides a comprehensive overview and systematic guide to the current state of knowledge on events and sustainability. Offering multidisciplinary insights from leading scholars, the book explores contemporary issues, challenges and trends. This handbook will be of pivotal interest to scholars, students and policy-makers working in events, tourism, and hospitality management.

Routledge  
October 2024:370  
Hb: 978-1-032-21632-4: £215  
\* For full contents and more information, visit: [www.routledge.com/9781032216324](http://www.routledge.com/9781032216324)



## The Routledge Handbook of Tourism and Indigenous Peoples



Edited by **Richard Butler**, **Anna Carr**

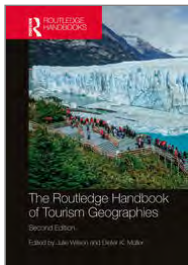
The Routledge Handbook of Tourism and Indigenous Peoples presents an up-to-date, critical and comprehensive overview of established and emerging themes around Indigeneity and connections between Indigenous peoples and tourism development. This handbook fills a notable gap by offering a critical and detailed understanding of the role of Indigenous practitioners and societies in tourism and how they interact within the tourism nexus. It will be of interest to scholars, students, tourism practitioners and policymakers working in tourism, development studies, anthropology, human geography and sociology.

Routledge  
July 2024:560  
Hb: 978-1-032-13654-7: £215

\* For full contents and more information, visit: [www.routledge.com/9781032136547](http://www.routledge.com/9781032136547)

2ND EDITION

## The Routledge Handbook of Tourism Geographies



Edited by **Julie Wilson** Universitat Oberta de Catalunya, Spain, **Dieter K. Müller**

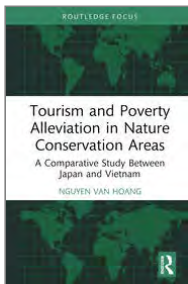
The Routledge Handbook of Tourism Geographies, 2nd Edition offers a comprehensive re-evaluation of the recent developments, conceptual, theoretical, and empirical debates, and critical issues in this field of study. Written by leading scholars in the tourism geographies field, this text is an invaluable resource for students, researchers and scholars working in the areas of tourism, geography and related disciplines, encouraging dialogue across areas of study.

Routledge  
October 2024:460  
Hb: 978-1-032-26051-8: £215

\* For full contents and more information, visit: [www.routledge.com/9781032260518](http://www.routledge.com/9781032260518)

## Tourism and Poverty Alleviation in Nature Conservation Areas

A Comparative Study Between Japan and Vietnam



**Nguyen Van Hoang**

Series: *Routledge Insights in Tourism Series*

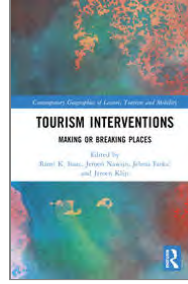
This timely book delves into the intricate relationship between tourism and poverty with a specific focus on nature conservation areas, using case studies of island economies in a developed country, Japan, and a developing one, Vietnam. This volume is a pivotal resource for scholars in tourism, particularly those focused on teaching and researching tourism geographies and sustainable development. It holds particular significance for scholars examining emerging nations across Asia.

Routledge  
May 2024:116  
Hb: 978-1-032-80412-5: £48.99  
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\* For full contents and more information, visit: [www.routledge.com/9781032804125](http://www.routledge.com/9781032804125)

## Tourism Interventions

Making or Breaking Places



Edited by **Rami K. Isaac**, **Jeroen Nawijn**, **Jelena Farkić**, **Jeroen Klijs**

Series: *Contemporary Geographies of Leisure, Tourism and Mobility*

This book brings together in one volume, the various types of interventions that can steer tourism towards positive impacts (and/or prevent negative impacts) on the destinations where tourism is taking place. This book provides students, researchers and academics new insight and understanding of how best to sustainably develop, promote and manage tourism, and how to help destinations become more resilient in the face of future crises.

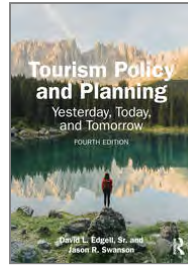
Routledge  
July 2024:276  
Hb: 978-1-032-58211-5: £135  
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\* For full contents and more information, visit: [www.routledge.com/9781032582115](http://www.routledge.com/9781032582115)

4TH EDITION

## Tourism Policy and Planning

Yesterday, Today, and Tomorrow



**David L. Edgell, Sr.**, **Jason R. Swanson** University of Kentucky, USA

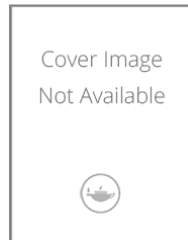
This book offers an introduction to the Tourism policy process and how policies link to the strategic tourism planning function as well as influence planning at the local, national and international level. This 4th edition has been fully revised and updated to reflect the many important developments in the travel and tourism industry and subsequent new policies and present planning process issues in relation to crises and in particular Covid 19. Accessible and up-to-date, Tourism Policy and Planning provides students with an essential introduction and examination of important policy and planning issues in tourism globally.

Routledge  
June 2024:208  
Pb: 978-1-032-40271-0: £47.99  
Hb: 978-1-032-40270-3: £125  
eBook: 978-1-003-35224-2

\* For full contents and more information, visit: [www.routledge.com/9781032402710](http://www.routledge.com/9781032402710)

## Tourism, Global Crises and Justice

Tourism Transition to a More Just and Sustainable Future



Edited by **Raymond Rastegar** Griffith University, Australia, **Freya Higgins-Desbiolles**, **Lisa Ruhanen**

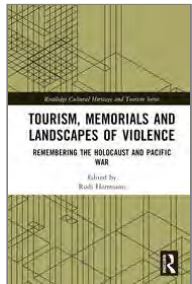
This book gathers theoretical and empirical studies exploring the link between global crises, sustainable tourism and the justice challenges being faced by vulnerable groups, individuals, and society. The chapters in this edited volume present a discussion of pertinent themes that consider just transformations, issues of climate justice, diverse worldviews and knowledges, possibilities for solidarity through tourism, and concerns with power and decolonisation. The chapters in this book were originally published in the Journal of Sustainable Tourism.

Routledge  
September 2024:298  
Hb: 978-1-032-79541-6: £135

\* For full contents and more information, visit: [www.routledge.com/9781032795416](http://www.routledge.com/9781032795416)

## Tourism, Memorials and Landscapes of Violence

Remembering the Holocaust and the Pacific War



Edited by **Rudi Hartmann**

Series: *Routledge Cultural Heritage and Tourism Series*

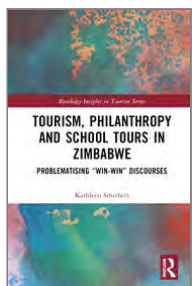
The book focuses on tourism, memorial sites of the Holocaust and the Pacific War and the management practices for the visitors that they attract. It provides an account of landscapes of violence as millions of people in Central and Eastern Europe, China, Japan and the United States were affected by wars, conflicts and crises.

Routledge  
September 2024:244  
Hb: 978-0-367-42358-2: £135

\* For full contents and more information, visit: [www.routledge.com/9780367423582](http://www.routledge.com/9780367423582)

## Tourism, Philanthropy and School Tours in Zimbabwe

Problematizing “Win-Win” Discourses



**Kathleen Smithers** Charles Sturt University

Series: *Routledge Insights in Tourism Series*

This book explores the phenomena of school tours and tourism. It explores tensions of authenticity and artificiality in the school site being both a place of community learning and a spectacle for tourism consumption. Through the example of a school in Matabeleland North, Zimbabwe, the book examines the act of a school tour, whose main aim is to providing fund for the school. It offers a unique interdisciplinary lens, that examines both the school as a tourism destination and as a site of learning.

Routledge  
August 2024:166  
Hb: 978-1-032-52707-9: £130

\* For full contents and more information, visit: [www.routledge.com/9781032527079](http://www.routledge.com/9781032527079)

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